

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES ,

KAKKANAD

M G UNIVERSITY

NATIONAL SERVICE SCHEME UNIT NO.236 ANNUAL REPORT 2022-23

NSS UNIT INAUGURATION | RCMAS

RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES, KAKKANAD

INAUGURATION OF NSS UNIT (FUNDED)

INAUGURATION
DR. E. N. SIVADASAN
NSS PROGRAMME CO-ORDINATOR
MG UNIVERSITY

Thursday 13 Oct 2022 9:50 am

CONFERENCE HALL, RCMAS

ANTI-DRUG CAMPAIGN: VIDEO LAUNCH & FELICITATION
Rev. Dr. Mathew Vattathara CMI
Director, RCMAS

PRESIDENTIAL ADDRESS
Rev. Fr. Ajeesh Puthussery CMI
Principal, RCMAS



എൻ.എസ്.എസ്. യൂണിറ്റ് ഉദ്ഘാടനം

കാക്കനാട് രാജഗിരി കോളേജ് ഓഫ് മാനേജ്മെന്റ് ആൻഡ് അപ്ലൈഡ് സയൻസസിൽ എൻ.എസ്.എസ്. ഫണ്ടഡ് യൂണിറ്റ് ഉദ്ഘാടനം നടത്തി. എം.ജി. യൂണിവേഴ്സിറ്റി എൻ.എസ്.എസ്. പ്രോഗ്രാം കോ-ഓർഡിനേറ്റർ ഡോ. ഇ.എൻ. ശിവദാസൻ ഉദ്ഘാടനം നിർവഹിച്ചു. പ്രിൻസിപ്പൽ ഫാ. അജീഷ് പൂതുശ്ശേരി അധ്യക്ഷനായി.



ലഹരിവീര്യമുഖ ബോധവൽകരണത്തിന്റെ ഭാഗമായി വിദ്യാർത്ഥികൾക്കും തയ്യാറാക്കിയ വീഡിയോ പ്രകാശനം കോളേജ് ഡയറക്ടർ ഫാ. ഡോ. മാത്യു വട്ടത്തറ നിർവഹിച്ചു. കോളേജ് ഐ.ക്യൂ.എ.സി. കോ-ഓർഡിനേറ്റർ ജോബി ജേക്കബ്, എൻ.എസ്.

രാജഗിരി കോളേജ് ഓഫ് മാനേജ്മെന്റ് ആൻഡ് അപ്ലൈഡ് സയൻസസിൽ എൻ.എസ്.എസ്. ഫണ്ടഡ് യൂണിറ്റ് ഉദ്ഘാടനം ഡോ. ഇ. എൻ. ശിവദാസൻ നിർവഹിക്കുന്നു

എസ്. പ്രോഗ്രാം ഓഫീസർ ചന്ദ്രലാൽ വി.എസ്., ഫാക്കൽറ്റി ഇൻ ചാർജ്ജ്മാരായ ഹിത പി. എസ്., ഹീരാ ബി., ഡോ. ബിബിൻ ദാസ് യു.ആർ., യൂണിറ്റ് സെക്രട്ടറിമാരായ ജോയൽ ഡാനിയൽ മാത്യു, ദേവിക മോഷി എന്നിവർ പങ്കെടുത്തു. ഫ്ലാഷ് മോബ്ബും കലാപരിപാടികളും സംഘടിപ്പിച്ചിരുന്നു.

The NSS Unit of RCMAS was inaugurated by Dr. E. N Sivadasan, NSS programme coordinator MG University. The presidential address was given by Rev. Fr. Ajeesh Puthussery CMI, Principal. The anti drug campaign was inaugurated by Director Rev. Dr. Mathew Vattathara CMI, by giving a felicitation and launching a video created by NSS volunteers. The program was organized by program officer Dr. Chandralal VS and faculty in charge Heera B, Hitha PS and Dr

Bipin Das. The program was attended by 50 NSS volunteers, IQAC coordinator, HODs and teachers and non teaching staff. The program was followed by cultural events.

ORIENTATION PROGRAM



An orientation was given to the volunteers regarding National Service Scheme on 17th september 2022. The resource person was Mr. Jobin George, NSS district coordinator. Another session, “NAVAPRAYANA” was held on 5th november 2022 by Dr.Ajish.K.R , NSS Kottayam district coordinator.

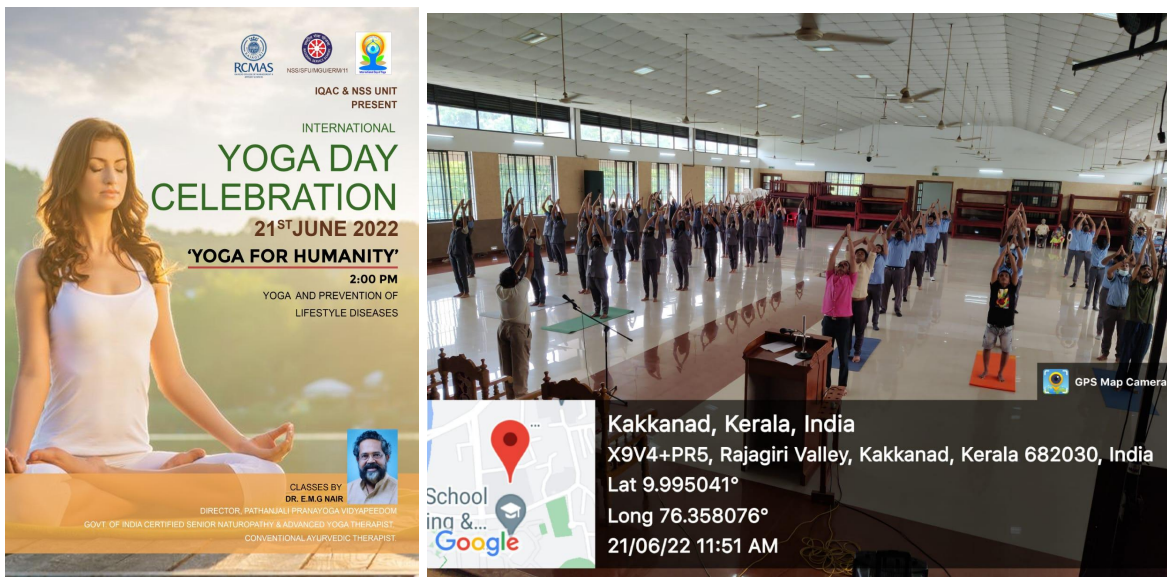
We started our enrollment for the current academic year in September 2022 and 50 students were selected as NSS volunteers.

CAMPUS CLEANUP



We conducted a cleaning drive in our campus on September 24 th and it was inaugurated by Rev. Fr. Ajeesh Puthussery CMI. Through the clean drive “Campus Cleanup” we cleaned fruit garden and sowed the seeds of Amaranthus in the garden.

INTERNATIONAL YOGA DAY



On 21 st June 2022 NSS unit in association with IQAC observed international yoga day by providing sessions to students and teachers. Yoga for humanity: yoga awareness class, practise of yoga asana, pranayama in meditation. A session for students was conducted in the morning and yoga and prevention of lifestyle diseases, a session for teachers were given in the afternoon session. The resource person of the session was Dr. E M G Nair, Director, Pathanjali Pranayoga Vidhyapeedom . He was also Govt. of India certified Senior Naturopathy and Advanced Yoga Therapist and Conventional Ayurvedic Therapist.

“CUP OF LIFE”



NSS Unit in association with Women Cell of the college and IQAC conducted an awareness class on menstrual cup on September 13, 2022. The resource person was Dr. Avani Pillai, Gynaecologist and clinical associate professor, Amrita Institute of Medical sciences, Kochi.

ANTI-DRUG CAMPAIGN



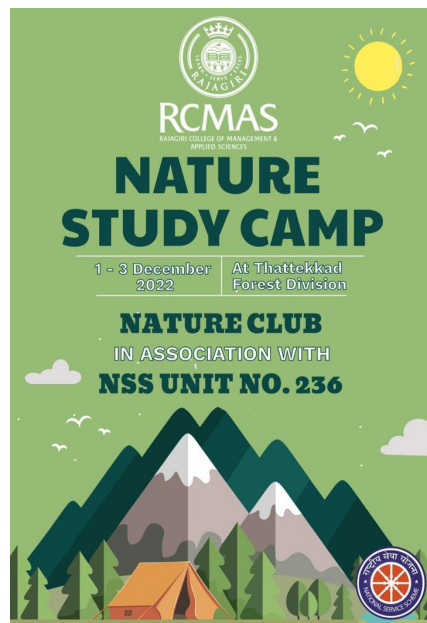
Rajagiri College Of Management And Applied Sciences, Kakkannad NSS Unit No:236 inaugurated our anti-drug campaign with one minute video launch(based on the anti-drug campaign) by Rev. Dr. Mathew Vatathara CMI Director ,RCMAS and Dr. E.N.Sivadasan, NSS Coordinator Mg University on 13th October,2022.As part of the inaugural function NSS Volunteers performed a flash mob and music concert in the college premises. From 14th October, 2022 onwards volunteers made posters to showcase in the notice board. On 25th October, 2022 quiz competition based on anti-drug campaign was conducted and 8 groups participated and 3 teams were awarded first, second and third position. On the 26th of October we conducted a poster designing competition for the students, there were around 25 entries for the same but out of that we awarded prizes for 2 posters. On October 29th the students conducted a musical drama and flash mob at the NGO quarters in Kakkannad and at the post office near Kakkannad bus stand. The program was a huge success as we were successful in gathering attention of the people

around us. The message of the musical drama and flash mob was crystal clear to the audience as the students presented an exquisite performance.

On the 31st morning we started the final day of campaign with a motorbike rally which was inaugurated by our chief guest, the minister of irrigation department, Mr. Roshy Augustine . Moving ahead with the campaign, RCMAS in association with Kerala Kaumudi and the excise department of Kerala conducted an awareness session under the name “Bhodhapavurnami”. The awareness session received a positive response from the audience and we strongly believe that our audience had greater impacts with the session. The session was conducted under the presence of various dignitaries including the Mr. Roshy Augustiane (minister of irrigation) Mr. R Jayachandran (Excise Deputy Commissioner of Ernakulam), Special guest Shri. P V BABY (Assistant Commissioner of Police), Mr. P K Sanu (Kerala Middle zone Excise Officer), Mr. A A Abrahamkutty (Vice Chairman of Thrikkakara Corporation), Rev Dr. Mathew Vattathara CMI (Director RCMAS), Rev Fr. Ajeesh Puthusery (Principal RCMAS) Along with this event an awareness class was given to the students by Mr. K S Ibrahim (Preventive Officer Vimukthi Mission). To motivate the students for their constant involvement in these kinds of programs, the unit awarded the winners of the poster making and quiz competition during the ceremony. (All the posters were displayed during the cycle rally). After the formal meeting was concluded the NSS volunteers staged a musical drama to spread deeper understanding about the negative impacts of drugs, followed to that the students in order to show their support signed on the banner set up by the NSS unit members. Finally the event was concluded by an oath taking ceremony which was led by Mr. R Jayachandran and the students reiterated the same.



NATURE CAMP



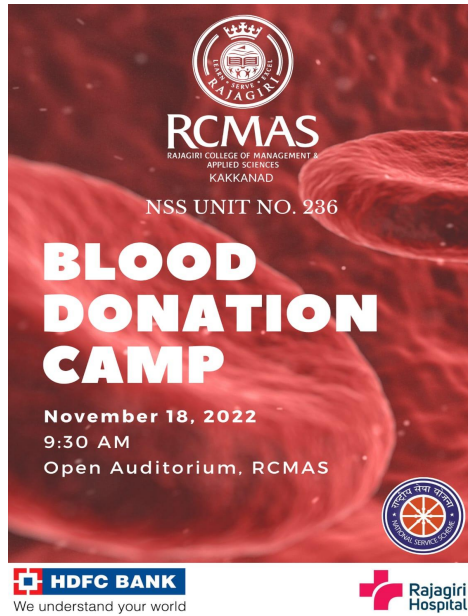
December 1, 2, 3, 2022 NSS volunteers visited Thattekkadu Bird Sanctuary as part of Nature Camp organized by the Forest Department. Volunteers were taken into the deep forest to learn about the various species of birds and animals. They were engaged in bird watching, trekking and butterfly garden visit.

ANTI-DRUG CAMPAIGN PHASE II



On January 17, 2023, we conducted the second phase of the anti drug campaign. The programme named Laharikkethire oru Goal is inaugurated by film actress Sheethal.

BLOOD DONATION CAMP



Remas nss unit no. 236 in association with HDFC bank and Rajagiri hospital had conducted a Blood Donation camp on 18th November 2022. Principal, Fr Ajeesh Puthussery inaugurated the camp. 50 units of blood were collected. Ms. Asha Babu(cluster head, HDFC bank) presided over the function. Mr Shiju(Branch manager, HDFC), Mr Praveen (HDFC bank), Mr Chandralal B S(NSS programme officer,RCMAS) , Ms.Geethu Johny(staff secretary), Ms. Hitha PS, Ms Heera B were present.



WE CARE

NSS , RCMAS had taken up a fundraising initiative for a government initiated project called WE CARE to help people who are in need. An amount of Rs. 31622 was collected and handed over to the university and later the university had handed it over to the state government.

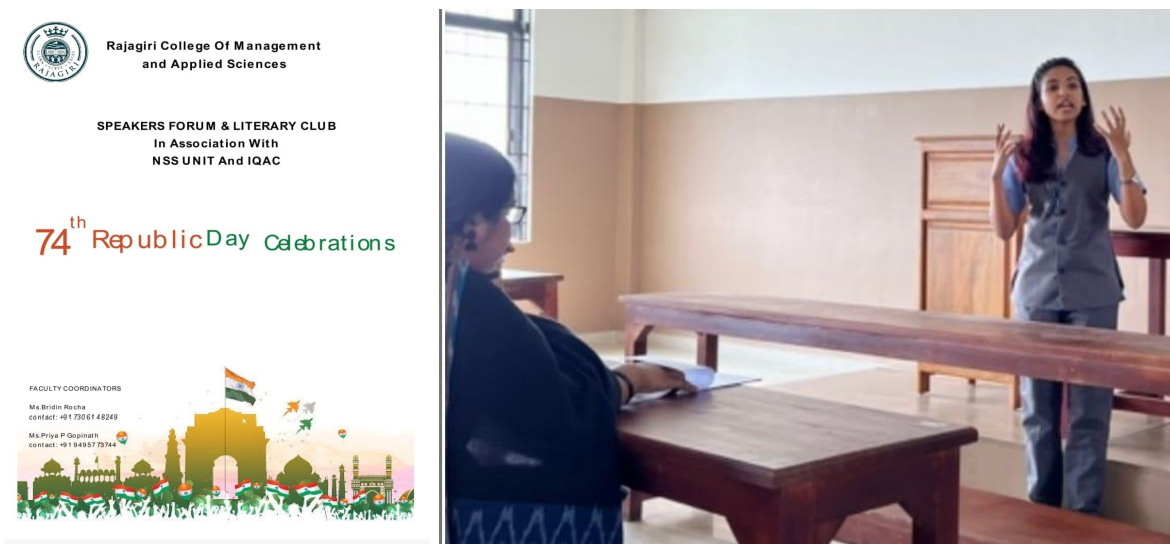
CONSTITUTIONAL DAY



NSS unit (no. 236) in association with Legal Cell and IQAC had conducted a session on Constitutional Awareness to commemorate Constitutional Day, on 28th November 2022. The programme started with a silent prayer. Ms. Sooraja of BCom Marketing (first year) delivered the welcome address. Neha Anto of BCom Finance and Taxation (first year) read the preamble. The venue for the session was conference hall, from 11:00 am-12:00 pm. Around 150 students from various departments attended the session. Dr. Sheeba Pillai, Professor, School of Indian Legal Thought, Kottayam was the resource person. It was definitely fruitful and informative. Through this session, a general idea about the Preamble of Indian Constitution was developed in the minds of all the students. Professor (Dr.) Sheeba Pillai asked all the girls to be very vigilant and to have a clear idea about the laws existing in our country for their protection and justice. She very clearly explained about the 5 main points in the Preamble of Indian Constitution, SOVERIGN, SOCIALIST, SECULAR, DEMOCRATIC, REPUBLIC. The session was very

interesting and informative. The session ended with a vote of thanks proposed by Gayathri K of 1st year BCom Model 1 Computer Applications (first year). Mr Chandralal V S (NSS programme officer, RCMAS), Ms. Raji T (Legal Cell), Ms. Jesmy Jacob (Legal Cell) and Ms. Hitha P S were present.

REPUBLIC DAY CELEBRATION



Speakers forum and Literary club in association with NSS and IQAC had conducted various competitions in connection with the 74th Republic Day celebrations.

Poster designing competition

The topic for the poster designing competition was 'India Today'. Declamation (English)

The competition was conducted. The participants were to say a speech by an Indian freedom fighter. Malayalam extempore, the competition was conducted. The topics were given on the spot.