

— MASTERING — INTERPERSONAL DYNAMICS

A Practical Guide



Sai Parvathy IR

**MASTERING INTERPERSONAL DYNAMICS:
A PRACTICAL GUIDE**

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RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT &
APPLIED SCIENCES

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Mastering Interpersonal Dynamics: A Practical Guide is an essential companion in navigating the intricacies of human interaction in today's interconnected world. From decoding body language to mastering the art of persuasion, this book offers practical strategies and insightful discussions to cultivate positive connections. With a focus on emotional intelligence, readers will unlock the key to building rapport and thriving in personal and professional spheres. Whether you're a seasoned communicator or just starting your journey, this book embarks on a transformative path toward mastery over interpersonal communication.



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Ms. Sai Parvathy I R completed her Post Graduation in English Language and Literature securing second rank from Sri Sathya Sai University and also bagged second position in B.Ed programme from Mahatma Gandhi University. She has a substantial experience of teaching for over fourteen years at various capacities ranging from Higher Secondary to College Level in to her credit. She has been a faculty at RCMAS since 2015. An Extensive learner and committed facilitator, she trains the students in both the artistry and ability of English Language through the study of literature, communicative English and other forms of culture. Her forte includes Phonetics, Interpersonal Skills, Narratology, Indian Writing in English, Postcolonial Literature, Reading Fiction, Trauma Studies, English Language Teaching, Life writings, Graphic Narratives and Literary Criticism. Furthering a constructive classroom experience, she assists students in the development of intellectual flexibility, creativity and cultural literacy so that they may engage in life long learning. Currently, she is a part-time Research scholar at St. Teresa's (Autonomous) College, Ernakulam under MG University.



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