



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT &
APPLIED SCIENCES

Criterion V

**Student Support and
Progression**

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

RAJAGIRI VALLEY P.O, KAKKANAD, KERALA 682039

An ISO 9001 : 2015 Certified Institution

Affiliated to Mahatma Gandhi University, Kottayam and Approved by AICTE

5.3

Student Participation and Activities

5.3.2

Sports and Cultural Events Report

2020 - 2021

Submitted to



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Dr. Laly Mathew

PRINCIPAL

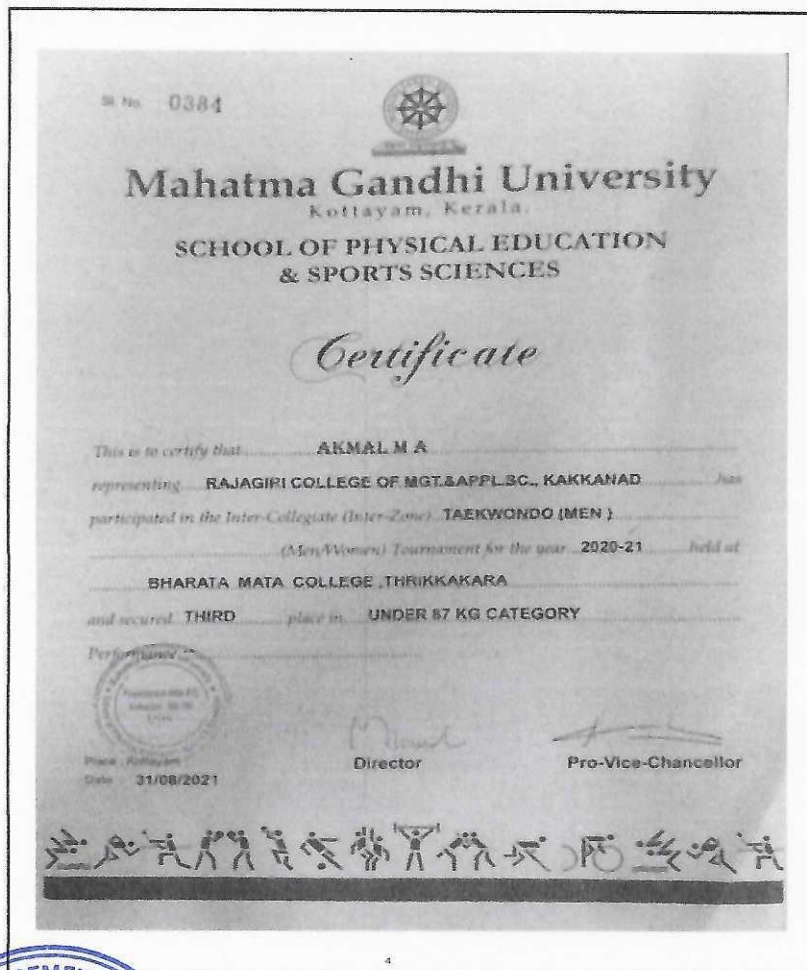
Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkannad - 682 039

1. M G University Inter Collegiate Taekwondo (M) - Under 87 KG Category	
Date	26.07.2021
Organized by	M G University
Number of participants	01

REPORT

Akmal M A of Rajagiri College of Management and Applied Sciences have participated in the M G University Inter collegiate Taekwondo (M) - Under 87 KG Category for the year, 2020-21 held at Bharata Mata College, Thrikkakara.

Participation certificate of M G University Inter Collegiate Taekwondo (M) - Under 87 KG Category



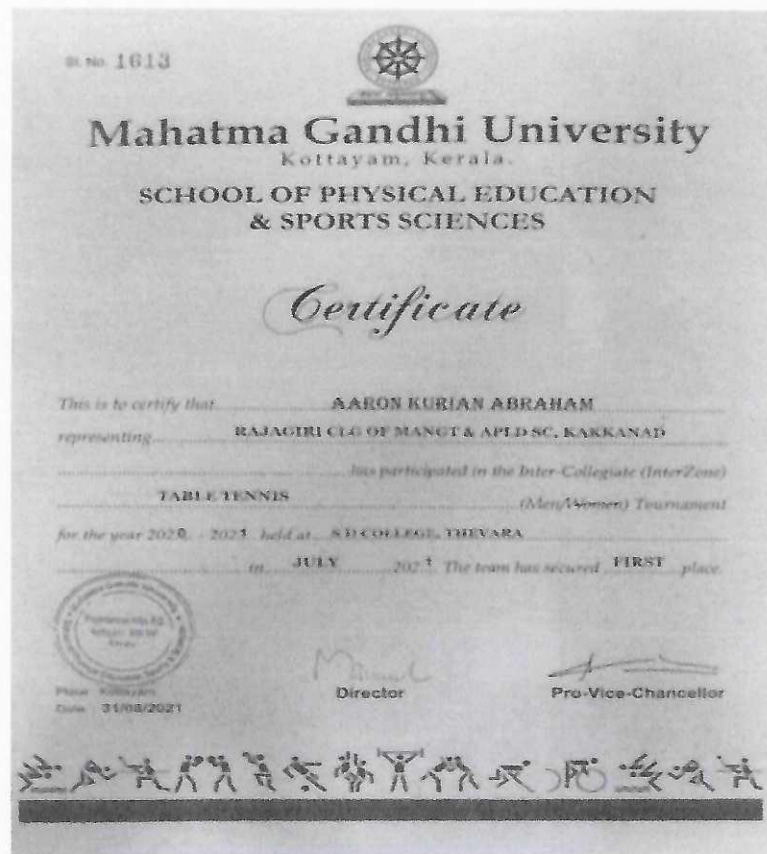
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2. M G University Inter Collegiate Table Tennis (M)	
Date	16-07-2021
Organized by	M G University
Number of participants	05

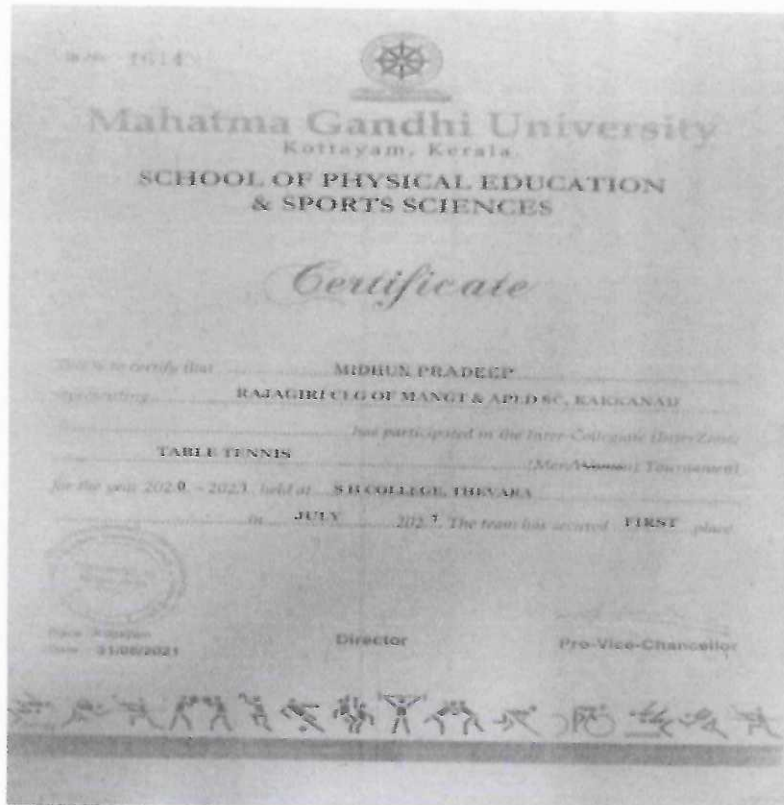
REPORT

Aaron Kurian Abraham, Midhun Pradeep, Fizan Nias, Ashish P Benny, Thomas Roy of Rajagiri College of Management and Applied Sciences have participated in the M G University Inter Collegiate Table Tennis (M) for the year, 2020-21 held at S H College, Thevara.

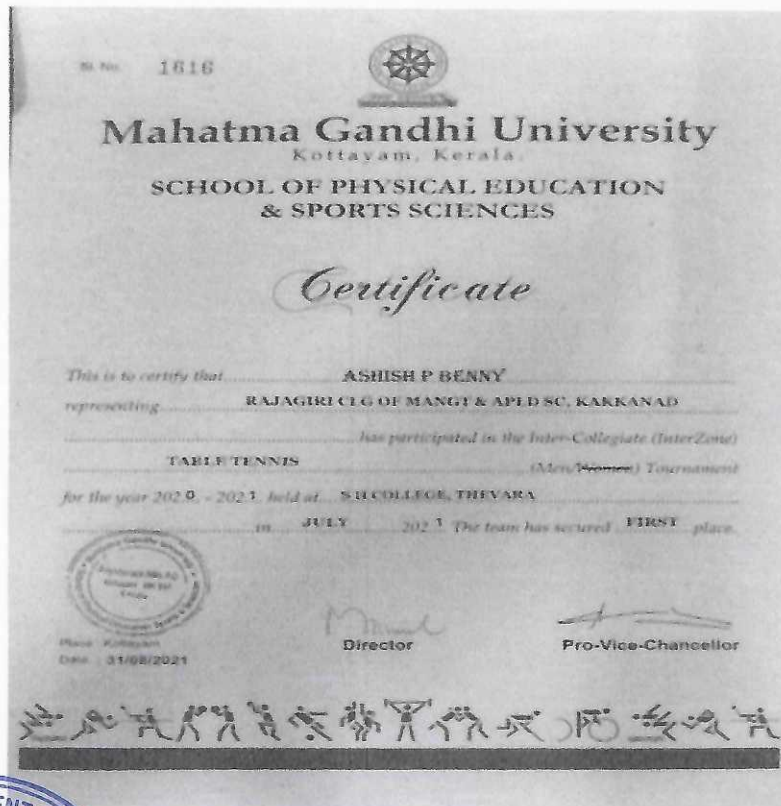
Participation Certificate of M G University Inter Collegiate Table Tennis (M)



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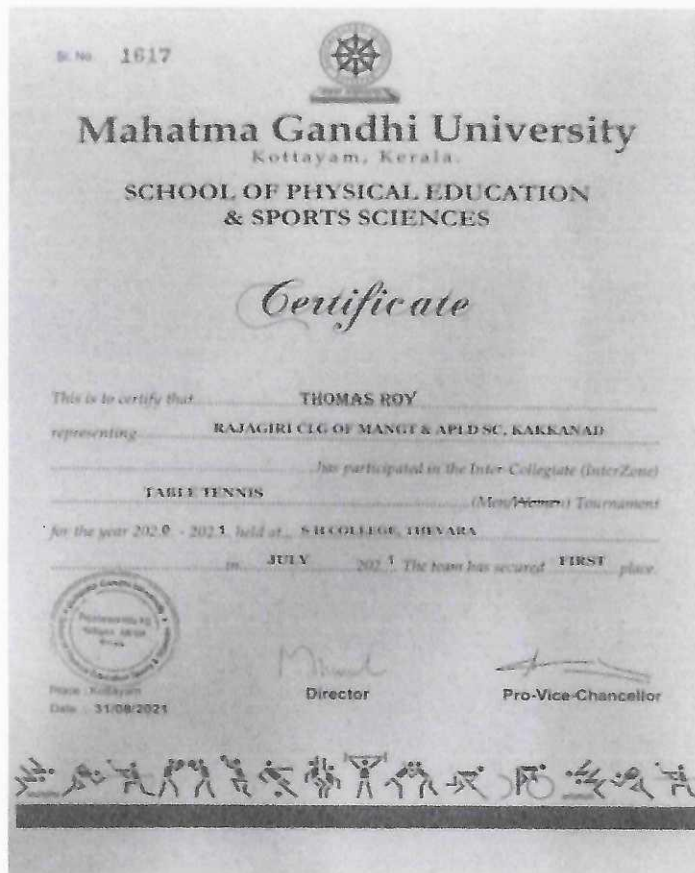
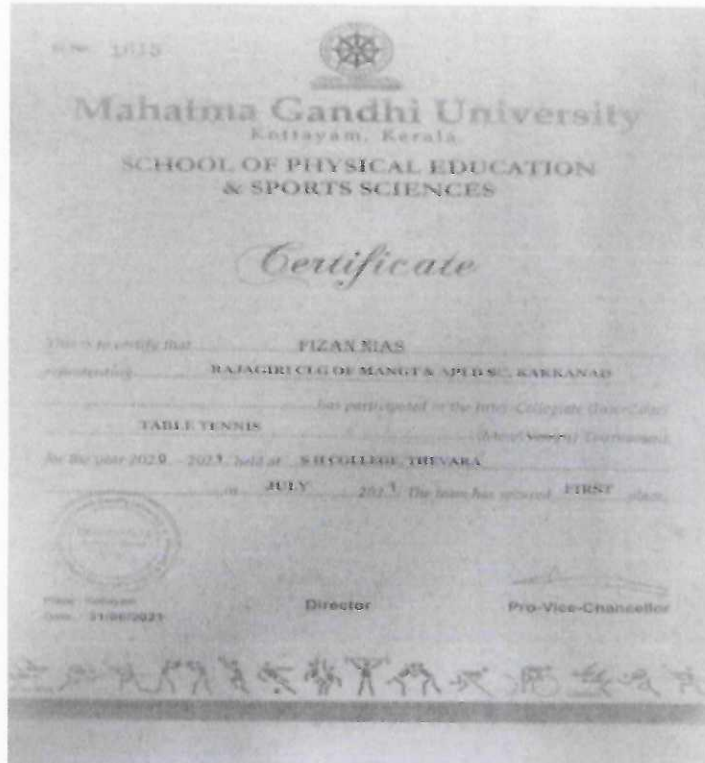
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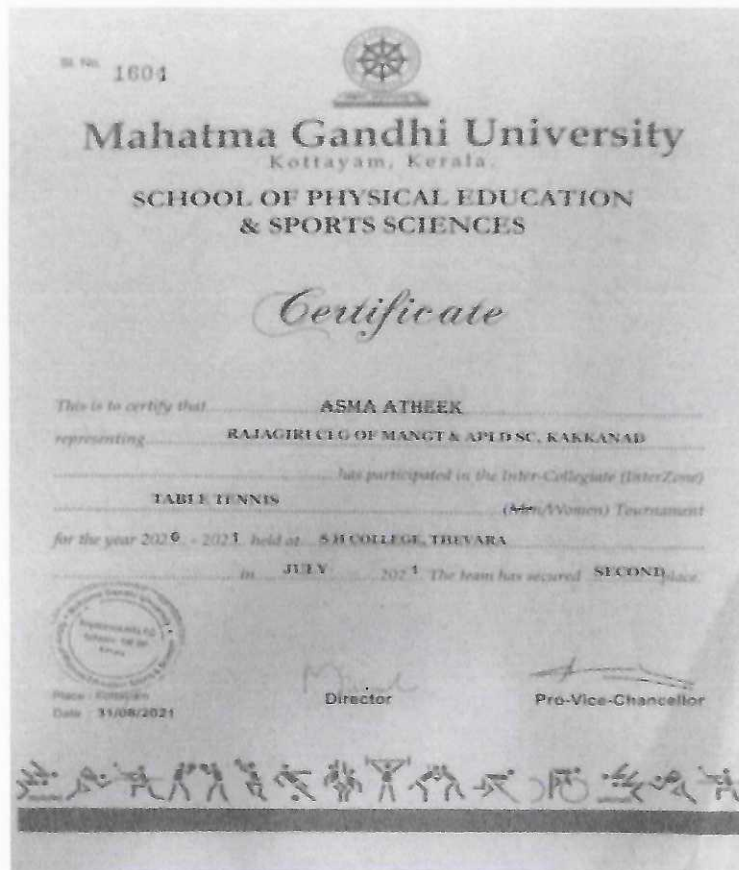
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3. M G University Inter Collegiate Table Tennis (W)	
Date	12.09.2021
Organized by	M G University
Number of participants	05

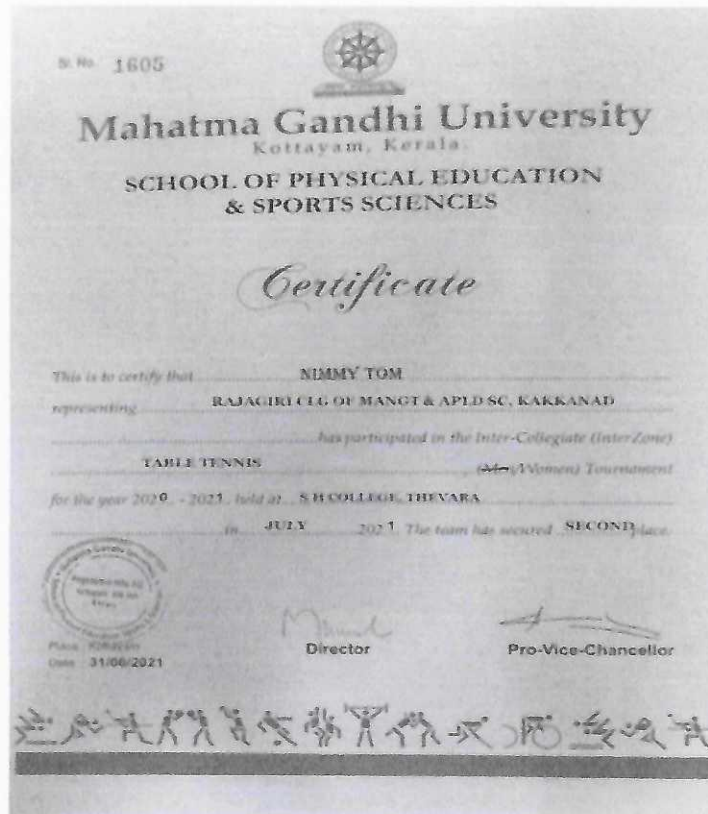
REPORT

Asma Atheek, Nimmy Tom, Neerja Venugopal, Darshana Ramesh, Rosemary Gento of Rajagiri College of Management and Applied Sciences have participated in the M G University Inter Collegiate Table Tennis (W) for the year, 2020-21 held at S H College, Thevara.

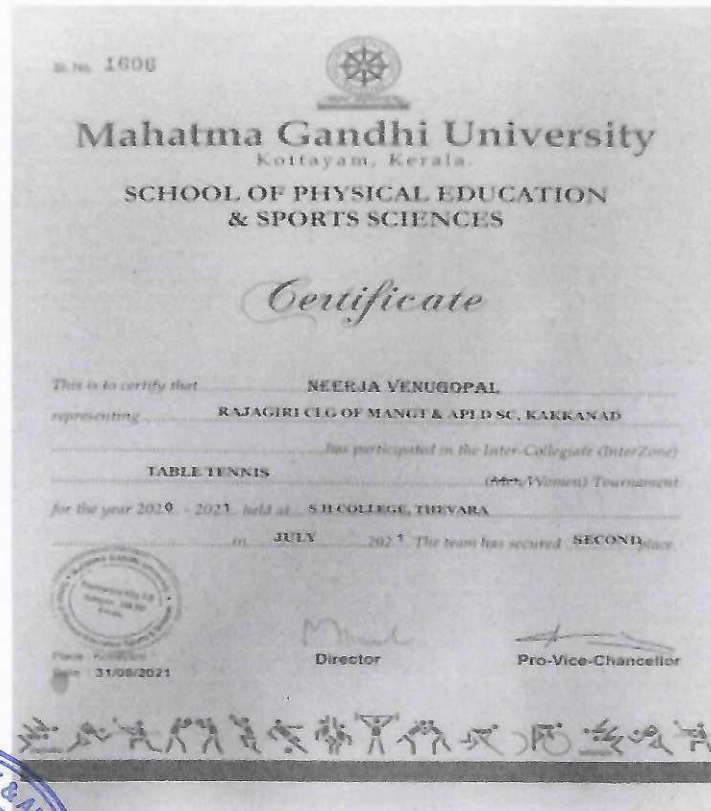
Participation certificate of M Guniversity Inter collegiate Table Tennis (W)



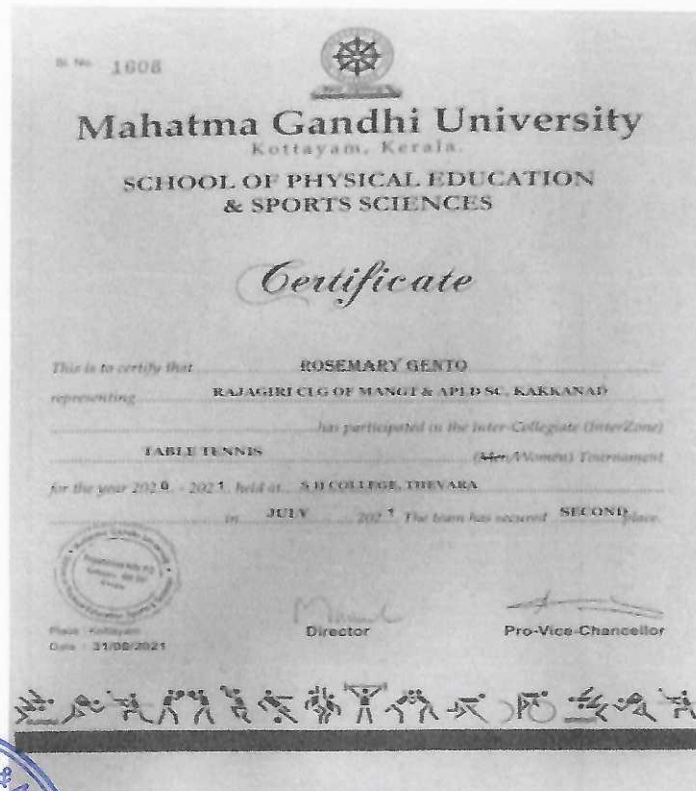
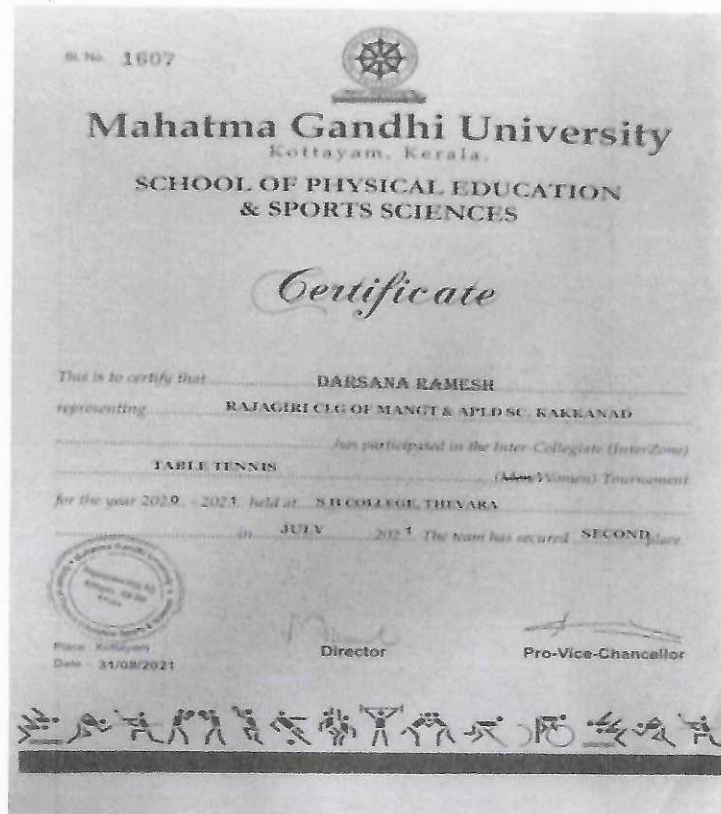
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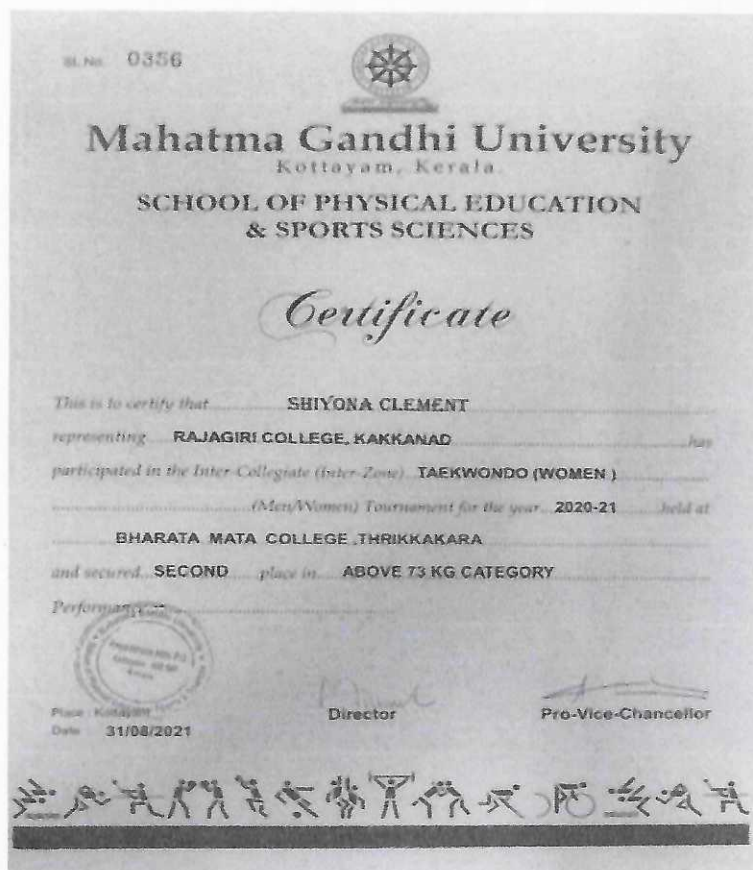
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4. M G University Inter Collegiate Taekwondo (W) - Above 73 KG Category	
Date	26.07.2021
Organized by	M G University
Number of participants	01

REPORT

Shiyona Clement of Rajagiri College of Management and Applied Sciences have participated in the M G University Inter Collegiate Taekwondo (W) - Above 73 KG Category for the year, 2020-21 held at Bharata Mata College, Thrikkakara.

Participation Certificate of M G University Inter Collegiate Taekwondo (W) - Above 73 KG Category



Legal

5. 16th Kerala State Senior & Junior Roll Ball Championship in Senior Boys Category	
Date	05-03-2021 to 07-03-2021
Organized by	Kerala Roll Ball Association
Number of participants	02

REPORT

Shreesh Shaji, Jishnu Prakash of Rajagiri College of Management and Applied Sciences have participated in the 16th Kerala State Senior & Junior Roll Ball Championship in Senior Boys Category for the year, 2020-21 held at Central Stadium Trivandrum.

Participation Certificate of 16th Kerala State Senior & Junior Roll Ball Championship in Senior Boys Category



Legal





KERALA ROLL BALL ASSOCIATION
Reg No. T. 802/2003
Affiliated to Roll Ball Federation of India
Recognized by Ministry of Youth Affairs and Sports, Govt. of India
Recognized by Kerala State Sports Council



**16th KERALA STATE SENIOR & JUNIOR
ROLL BALL CHAMPIONSHIP 2021**

Certificate of Merit/Participation

Serial No. _____

This is to certify that MR. JISHNU PRAKASH J
having date of birth 18 09 2002 of PALAKKAD District has participated in
the 16th Kerala State Senior & Junior Roll Ball Championship 2021 held at Central Stadium,
Trivandrum from 05.03.2021 to 07.03.2021 in SENIOR (Boys) category and secured
FIRST position



Dr. Rajmohan Pillai
President,
Kerala Roll Ball Association



Subramaniam M.P.
Observer
Roll Ball Federation of India



Saj S.
General Secretary
Kerala Roll Ball Association



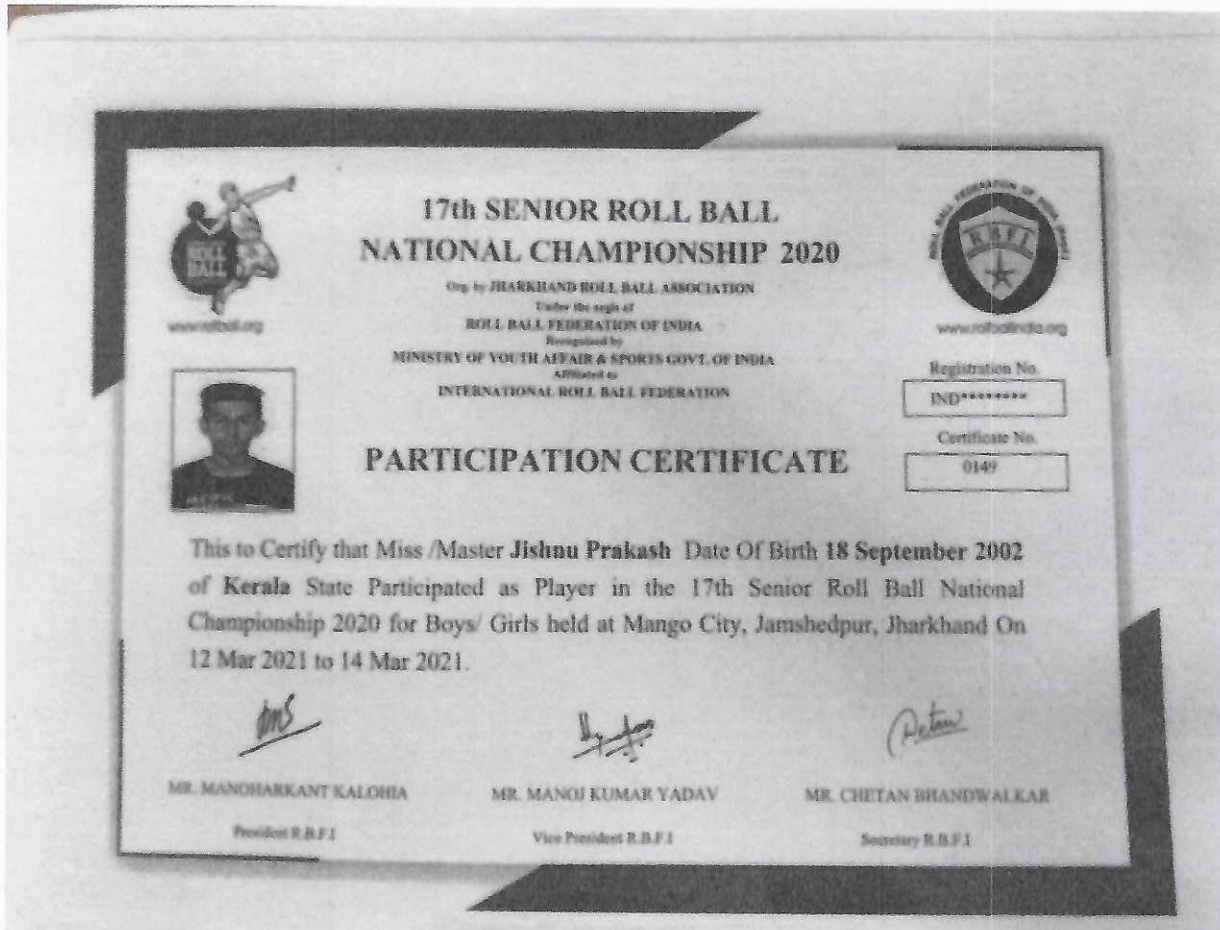
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6. 17th Senior Roll Ball National Championship	
Date	12-03-2021 to 14-03-2021
Organized by	Roll Ball Federation of India
Number of participants	01

REPORT

Jishnu Prakash of Rajagiri College of Management and Applied Sciences have participated in the 17th Senior Roll Ball National Championship for the year, 2020-21 held at Mango City, Jamshedpur, Jharkhand.

Participation Certificate of 17th Senior Roll Ball National Championship



Legal

7. Instrumental Music – AIIMS Online Kalolsavam (Senior Category)	
Date	01-08-2020
Organized by	AIIMS
Number of participants	01

REPORT

Chris Jose Koshy of Rajagiri College of Management and Applied Sciences have participated in the Instrumental Music – AIIMS Online Kalolsavam (Senior Category) for the year, 2020-21.

Participation Certificate of Instrumental Music – AIIMS Online Kalolsavam (Senior Category)



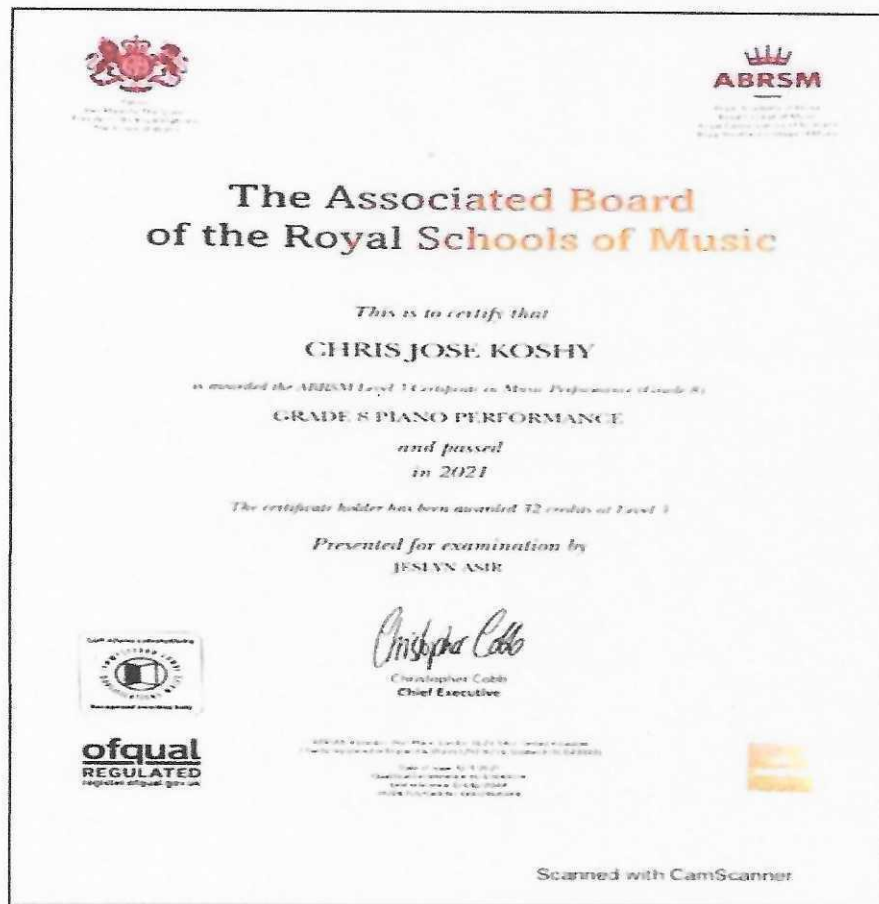
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8. Grade 8 piano performance	
Date	12.01.2021
Organized by	Associated Board of the Royal Schools of Music
Number of participants	01

REPORT

Chris Jose Koshy of Rajagiri College of Management and Applied Sciences have participated in the Grade 8 piano performance for the year, 2020-21.

Participation Certificate of Grade 8 piano performance



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9. Solasta 2K20 – Intra Collegiate Literary Fest	
Date	14.12.2020 – 15.12.2020
Organized by	Department of English, RCMAS
Number of participants	44

REPORT

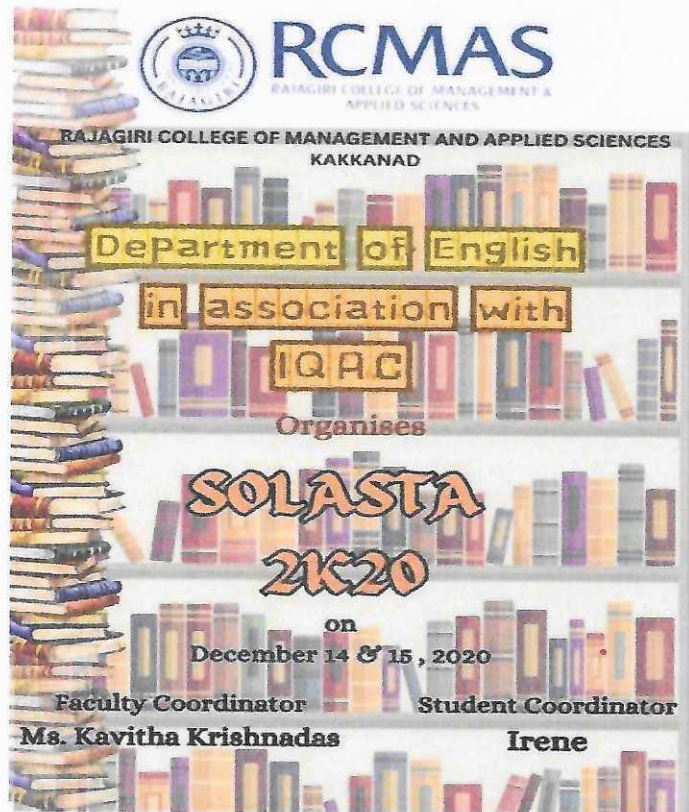
The English Department organized the second edition of intra-collegiate literary fest, Solasta '20 virtually on December 14th and 15th, 2020. The primary objective of the fest was to foster a vibrant literary culture within the college, providing a platform for students to showcase their talents in various literary genres. Additionally, Solasta '20 aimed to enhance critical thinking, communication skills, and creativity among the student body. Solasta '20 proved to be a resounding success, achieving its goal of invigorating the literary spirit within the college.

Photo of the event



Legal

Poster



The poster features a background of a bookshelf filled with books. At the top left is the RCMAS logo. The text on the poster reads: **RCMAS** RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES, RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES KAKKANAD, Department of English in association with IQAC Organises **SOLASTA 2K20** on December 14 & 15, 2020. Faculty Coordinator: Ms. Kavitha Krishnadas, Student Coordinator: Irene.



Legal

10. International Yoga Day- Online Yoga Competition	
Date	21.06.2020
Organized by	Department of Physical Education, RCMAS
Number of participants	18

REPORT

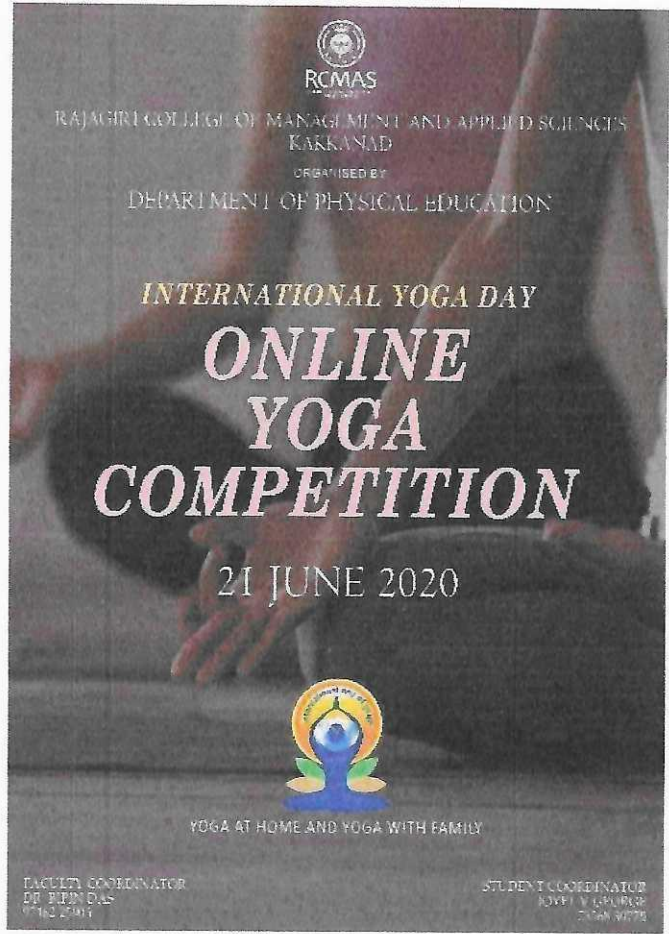
The Department of Physical Education RCMAS jointly organized an online yoga competition to celebrate International Yoga Day, with 18 participants showcasing their yoga skills. The objective was to promote yoga practice among students especially during pandemic time and encourage a healthy lifestyle. Participants were sent 5 selected yoga poses in advance, and they recorded videos of themselves performing the poses. Winners were selected based on video evaluations, considering accuracy, breathing technique, and overall presentation. The competition was a huge success, and we congratulate the winners and thank all participants for their enthusiastic participation.

Photos of the event



Legal

Poster



Dr. Laly Mathew

PRINCIPAL
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