



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT &
APPLIED SCIENCES

Criterion VII Institutional Values and Best Practices

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

RAJAGIRI VALLEY P.O, KAKKANAD, KERALA 682039

An ISO 9001 : 2015 Certified Institution

Affiliated to Mahatma Gandhi University, Kottayam and Approved by AICTE

7.2

Best Practices

7.2.1

Best Practice 1

RISE

RCMAS Integrative and Sustainable Education

Submitted to



Best Practice 1

RISE- RCMAS Integrative and Sustainable Education

In the pursuit of excellence in education, Rajagiri College proudly presents RISE (RCMAS Integrative and Sustainable Education) as its flagship best practice. RISE encompasses all the activities and principles on which the vision and mission of the college is instituted that aim to nurture students both academically and personally. Through this best practice, the institution looks forward to cultivating a culture where education is not just a means to an end but a lifelong journey that breathes life into every aspect of an individual's existence. The initiative is structured around the seven key areas of Integrative Learning:

1. Responsive Learning Environment
2. Relaxation & Tension Reduction
3. Movement & Physical Encoding
4. Empowering Language & Behaviour
5. Choice & Perceived Control
6. Complex & Challenging Cognitive Activity and
7. Intuition & Integration

In an era marked by rapid technological advancements and pressing environmental challenges, educational institutions bear the crucial responsibility of shaping informed, responsible and capable future leaders. The College, with its rich and robust tradition of excellence and innovation based on the CMI philosophy of education recognizes this imperative and has pledged to champion sustainable education through RISE which serves as an umbrella term that integrates academic activities, green and sustainable campus initiatives, extracurricular and club activities, value added courses, extensive internship programmes, and the like to ensure a well-rounded and impactful education to prepare students for a sustainable future. RISE also exemplifies the furtherance of global sustainability goals. The initiative can be looked upon as a proactive approach to addressing environmental challenges and instilling ecological responsibility. By implementing a range of



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challenges and instilling ecological responsibility. By implementing a range of sustainable practices and educational programmes, RISE actively contributes to multiple SDGs enhancing the environmental performance and cultivating a culture of sustainability among its students, faculty and staff. The HEI was recognised as the **Peace League Institution** for promoting and supporting the Sustainable Development Goals of the UN and India's G20 Presidency in the **International Peace20 Youth Summit 2023**.



Objectives :

1. To ensure high academic standards through personalised teaching methods, experiential learning and continuous assessment.
2. To promote mental and physical wellbeing of students by incorporating relaxation techniques, physical fitness sessions, cultural activities, fine arts and mental health awareness campaigns.
3. To encourage sustainable practices through initiatives like Rajeevani and NSS promoting environmental conservation and awareness among students and the staff.

4. To promote career readiness and professional development through internships, pre-placement training sessions and strong industry connections.
5. To nurture lifelong learning, critical thinking and holistic development in students to empower them to become responsible global citizens.
6. To foster a sense of social responsibility and community engagement among students and faculty.

Context:

Rajagiri College, located in a rapidly developing industrial area, has positioned itself as a leader in providing integrative and sustainable education for its students. The academic journey of every student is strengthened by a focus on mental and physical wellbeing, environmental sustainability and career readiness. More than simply meeting the demands of our current society, this approach empowers students to confront the challenges of tomorrow with confidence and resilience.

In response to the escalating challenges of environmental degradation, resource scarcity and persistent socio-economic inequalities, the college recognizes the crucial role educational institutions play in fostering sustainable development. This recognition extends beyond the classroom, as the college prioritises a holistic approach that encourages active student participation in co-curricular and extracurricular activities. Such activities encompassing athletics, artistic endeavours and community service, provide opportunities to cultivate essential skills in teamwork, leadership and creative problem-solving. The college acknowledges that Integrative and Sustainable Education is not merely about acquiring knowledge. By integrating principles of education and sustainability from *Deeksharambham* to *Samavarthanam* through *Student Support Services*, *Teaching-Learning Support Services*, *Rajeevani*, and *Tree of Life*, the college empowers students to develop into responsible, innovative and ethical leaders of tomorrow. This comprehensive approach fosters a vibrant campus environment that demonstrably embodies the institution's mission of nurturing academic excellence and holistic development to create socially responsible graduates.



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Practice:

1. Responsive Learning Environment

The campus, nestled in a biodiverse region, not only serves as an academic hub but also as a sanctuary for diverse flora and fauna with features like the **Shalabhodyan** (butterfly garden), **Pachakkarithottam** (vegetable garden), **Nakshatravanam** (tree garden of birth stars), and **Oushadodhyan** (herbal garden) foster ecological awareness and provide therapeutic benefits through the initiative **Rajeevani**. Incorporating proper energy, water conservation and waste management systems, Rajagiri College integrates sustainable practices into its daily operations. **NSS**, **Nature Club**, **Bridge Courses** and **Remedial coaching** ensure personalised learning experiences, complemented by **Experiential Learning** (*Anubhava*) methods that cater to diverse learning styles. **Student Internships** provide practical insights, bridging theory with real-world applications, while continuous assessments help maintain academic rigour and support student success.

Core Area 1	Responsive Learning Environment
SDG Addressed	SDG 4, SDG 6, SDG 7, SDG 9, SDG 11, SDG 12, SDG 13, SDG 15
Key Initiatives	Impact
Technology-enhanced Learning	<ul style="list-style-type: none"> All programmes make use of ICT tools for instruction. 14 ICT awareness initiatives were organised. Significant increase in student satisfaction.
Rajeevani <ul style="list-style-type: none"> Nature Club, Haritha Karma Sena, NSS Environmental Studies in curriculum 	<ul style="list-style-type: none"> Increase in campus biodiversity by 15% 40 trees planted in the last FY and 100 % survival rates of trees. Significant reduction in energy consumption with solar plant, biogas plant and electric vehicle charging unit.



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	<ul style="list-style-type: none"> ● 44 student-led green initiatives conducted. ● More than 120 hours of community service completed by each NSS volunteer.
<p>Personalised Learning Pathways</p> <ul style="list-style-type: none"> ● Remedial coaching ● Bridge courses ● Internships ● Value-added/Certificate courses 	<ul style="list-style-type: none"> ● More than 325 students complete Internships every year. ● Significant increase in student performance and pass percentage. ● An average of 1000 student enrolment for Value added courses every year.

❖ **ICT Tools**

All programmes of the College make use of various ICT tools for instruction in classrooms and computer labs



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Students during a session in the Computer Lab



College faculty harness the power of ICT to create immersive learning experiences and improve student concentration



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Students of BA Animation exploring their creativity in the Stop Motion Lab




Animation Students discussing their project in the lab



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❖ Remedial Coaching

Notice for the conduct Of Remedial Coaching 23-24




RAJAGIRI COLLEGE
OF MANAGEMENT & APPLIED SCIENCES

Date:12/09/2023

NOTICE

Remedial Classes for the 2nd and 3rd year students shall commence from Thursday, 14th September 2023. Departments shall prepare the timetable for conducting the remedial sessions. College bus facility will be provided to Vytilla and Kalamassery.

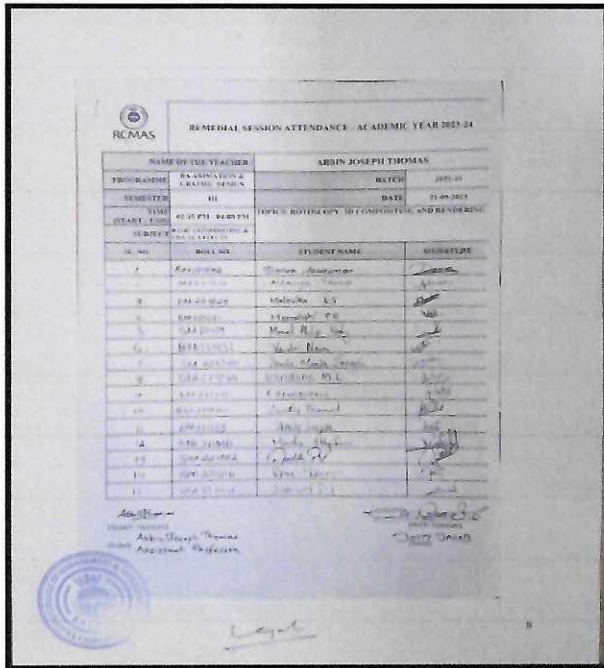


PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley P. O., Kakkannad - 682 039



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Attendance Sheet of Remedial Coaching

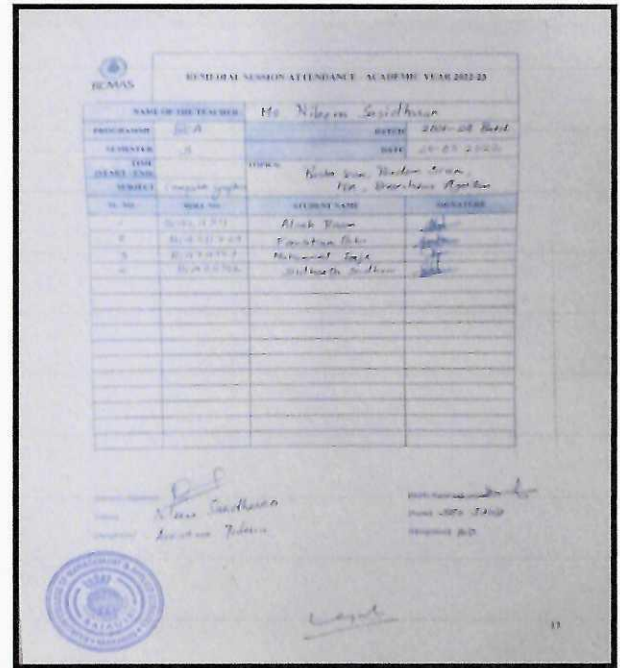


RCMAS
REMEDIAL SESSION ATTENDANCE - ACADEMIC YEAR 2023-24

NAME OF THE TEACHER: ARDIN JOSEPH THOMAS

PROGRAMME	B.A. IN VISUAL COMMUNICATIONS	DATE	2023-24
SEMESTER	III	DATE	21-09-2023
TIME	07:30 PM - 08:30 PM	TITLE	REVISION: BIOLOGY, TOXICOLOGY AND REPRODUCTION
STAFF	ARJUN K. P. / ARDIN JOSEPH THOMAS		
Sl. No.	Roll No.	STUDENT NAME	SIGNATURE
1	2301001	Arjun K P	[Signature]
2	2301002	Arjun K P	[Signature]
3	2301003	Arjun K P	[Signature]
4	2301004	Arjun K P	[Signature]
5	2301005	Arjun K P	[Signature]
6	2301006	Arjun K P	[Signature]
7	2301007	Arjun K P	[Signature]
8	2301008	Arjun K P	[Signature]
9	2301009	Arjun K P	[Signature]
10	2301010	Arjun K P	[Signature]
11	2301011	Arjun K P	[Signature]
12	2301012	Arjun K P	[Signature]
13	2301013	Arjun K P	[Signature]
14	2301014	Arjun K P	[Signature]
15	2301015	Arjun K P	[Signature]
16	2301016	Arjun K P	[Signature]
17	2301017	Arjun K P	[Signature]
18	2301018	Arjun K P	[Signature]
19	2301019	Arjun K P	[Signature]
20	2301020	Arjun K P	[Signature]

Signature: Ardin Joseph Thomas
Principal: Arjun K P



RCMAS
REMEDIAL SESSION ATTENDANCE - ACADEMIC YEAR 2023-24

NAME OF THE TEACHER: Mr. Nibaran Sengupta

PROGRAMME	B.A.	DATE	2023-24
SEMESTER	II	DATE	21-09-2023
TIME	07:30 PM - 08:30 PM	TITLE	REVISION: BIOLOGY, TOXICOLOGY AND REPRODUCTION
STAFF	ARBUN K. P. / ARDIN JOSEPH THOMAS		
Sl. No.	Roll No.	STUDENT NAME	SIGNATURE
1	2301001	Arjun K P	[Signature]
2	2301002	Arjun K P	[Signature]
3	2301003	Arjun K P	[Signature]
4	2301004	Arjun K P	[Signature]
5	2301005	Arjun K P	[Signature]
6	2301006	Arjun K P	[Signature]
7	2301007	Arjun K P	[Signature]
8	2301008	Arjun K P	[Signature]
9	2301009	Arjun K P	[Signature]
10	2301010	Arjun K P	[Signature]
11	2301011	Arjun K P	[Signature]
12	2301012	Arjun K P	[Signature]
13	2301013	Arjun K P	[Signature]
14	2301014	Arjun K P	[Signature]
15	2301015	Arjun K P	[Signature]
16	2301016	Arjun K P	[Signature]
17	2301017	Arjun K P	[Signature]
18	2301018	Arjun K P	[Signature]
19	2301019	Arjun K P	[Signature]
20	2301020	Arjun K P	[Signature]

Signature: Nibaran Sengupta
Principal: Arjun K P

❖ Value-added Courses

An average of 1000 students enrol for various Value added/Certificate courses every year.

2023-2024							
	Name of Certificate/ Value added course offered and online courses of MOOCs, SWAYAM, NPTEL etc. where the students of the institution have enrolled and successfully completed	Course Code (if any)	Year of offering/study	Period (from date - to date)	Duration of course	Number of students enrolled in the year	Number of Students completing the course in the year
1	Value Added Course in Digital Marketing	AD01DM01	2023-2024	15.10.2023 to 23.02.2024	100 Hours	92	92
2	Value Added Course in Microsoft Excel (MO-200)	AD01ME01	2023-2024	11.09.2023 to 22.11.2023	30 Hours	148	148
3	Value Added Course in Business Analytics	AD01EA01	2023-2024	11.09.2023 to 13.01.2024	100 Hours	142	142
4	Value Added Course in VR Developer	AD01VR01	2023-2024	27.7.2023 to 05.12.2023	100 Hours	22	22
5	Value Added Course in Unity Certified User: Associate Artist	AD01AA01	2023-2024	27.07.2023 to 13.12.2023	100 Hours	11	11
6	Value Added Course in Capital Markets	AD01CM01	2023-2024	16.11.2023 to 10.01.2024	30 Hours	24	24
7	Value Added Course in Logistics and Supply Chain Management	AD01LS01	2023-2024	12.10.2023 to 08.12.2023	30 Hours	45	45



Arjun K P

	A	B	C	D	E	F	G	H
25	20	Certificate Course in Advanced Python for Data Analysis	CS23CC02	2023-2024	06.04.2024 to 07.05.2024	30 Hours	62	62
26	21	Certificate Course in Robotics	CS23CC03	2023-2024	12.02.2024 to 16.02.2024	30 Hours	66	66
27	22	Certificate Course in Grammar and Comprehension	EN23CC01	2023-2024	07.10.2023 to 06.11.2023	30 Hours	48	48
28	23	Certificate Course in Reporting for Media	EN23CC02	2023-2024	23.09.2023 to 26.10.2023	30 Hours	50	50
29	24	Certificate Course in Copywriting and Copy Editing	EN23CC03	2023-2024	19.10.2023 to 23.11.2023	30 Hours	40	40
30	25	Certificate Course in Research Methodology	CO23CC01	2023-2024	10.01.2024 to 23.02.2024	30 Hours	365	363
31	26	Certificate Course in Legal Contract Drafting	CO23CC02	2023-2024	06.11.2023 to 15.12.2023	40 Hours	241	238
32	27	Certificate Course in International Financial Reporting Standards	CC23CC03	2023-2024	12.09.2023 to 27.10.23	30 Hours	172	165
33	28	Certificate Course in Yoga	AD01BY01	2023-2024	04.09.2023 to 12.10.2023	30 Hours	1	1
34							1926	1901



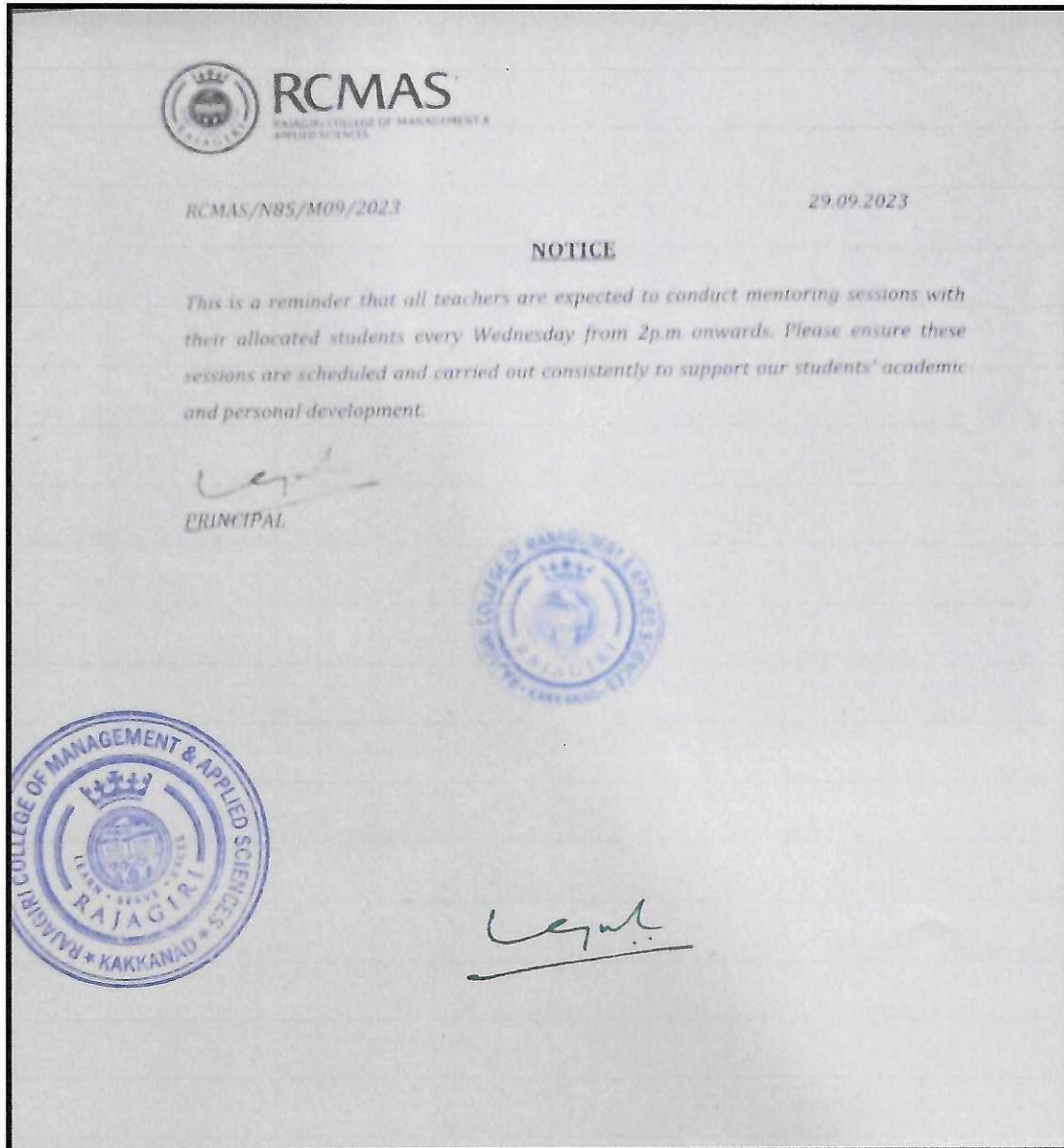
Sample Certificate issued for Value-added Course in Business Analytics



Principal

❖ **Mentoring Sessions**

Notice for the conduct of Mentoring Sessions





Attendance sheet of Mentoring sessions

ATTENDANCE STATEMENT-MENTORING-REPORT


RCMAS MENTORING REPORT - ACADEMIC YEAR 2023-24

S. NO	PROGRAMM	BATCH	SEMESTER	ROLLING	NAME OF THE MENTEE	DATE	TIME (START-END)	REMARKS
1	B.Com	2016	2	20230101	Vandana Arun	11/01/23	2.00-3.00	
2	B.Com	2016	2	20230102	Indira Saji	11/01/23	2.00-3.00	
3	B.Com	2016	2	20230103	Santhya Arun	11/01/23	2.00-3.00	
4	B.Com	2016	2	20230104	Aradhya Arun	11/01/23	2.00-3.00	
5	B.Com	2016	2	20230105	Aradhya Arun	11/01/23	2.00-3.00	
6	B.Com	2016	2	20230106	Aradhya Arun	11/01/23	2.00-3.00	
7	B.Com	2016	2	20230107	Aradhya Arun	11/01/23	2.00-3.00	
8	B.Com	2016	2	20230108	Aradhya Arun	11/01/23	2.00-3.00	
9	B.Com	2016	2	20230109	Aradhya Arun	11/01/23	2.00-3.00	
10	B.Com	2016	2	20230110	Aradhya Arun	11/01/23	2.00-3.00	
11	B.Com	2016	2	20230111	Aradhya Arun	11/01/23	2.00-3.00	
12	B.Com	2016	2	20230112	Aradhya Arun	11/01/23	2.00-3.00	
13	B.Com	2016	2	20230113	Aradhya Arun	11/01/23	2.00-3.00	
14	B.Com	2016	2	20230114	Aradhya Arun	11/01/23	2.00-3.00	
15	B.Com	2016	2	20230115	Aradhya Arun	11/01/23	2.00-3.00	

RCMAS ATTENDANCE STATEMENT - MENTORING - ACADEMIC YEAR 2023-24

S. NO	PROGRAMM	BATCH	SEMESTER	ROLLING	NAME OF THE MENTEE	DATE	TIME (START-END)	REMARKS
1	B.Com	2016	2	20230101	Vandana Arun	11/01/23	2.00-3.00	
2	B.Com	2016	2	20230102	Indira Saji	11/01/23	2.00-3.00	
3	B.Com	2016	2	20230103	Santhya Arun	11/01/23	2.00-3.00	
4	B.Com	2016	2	20230104	Aradhya Arun	11/01/23	2.00-3.00	
5	B.Com	2016	2	20230105	Aradhya Arun	11/01/23	2.00-3.00	
6	B.Com	2016	2	20230106	Aradhya Arun	11/01/23	2.00-3.00	
7	B.Com	2016	2	20230107	Aradhya Arun	11/01/23	2.00-3.00	
8	B.Com	2016	2	20230108	Aradhya Arun	11/01/23	2.00-3.00	
9	B.Com	2016	2	20230109	Aradhya Arun	11/01/23	2.00-3.00	
10	B.Com	2016	2	20230110	Aradhya Arun	11/01/23	2.00-3.00	
11	B.Com	2016	2	20230111	Aradhya Arun	11/01/23	2.00-3.00	
12	B.Com	2016	2	20230112	Aradhya Arun	11/01/23	2.00-3.00	
13	B.Com	2016	2	20230113	Aradhya Arun	11/01/23	2.00-3.00	
14	B.Com	2016	2	20230114	Aradhya Arun	11/01/23	2.00-3.00	
15	B.Com	2016	2	20230115	Aradhya Arun	11/01/23	2.00-3.00	

RCMAS



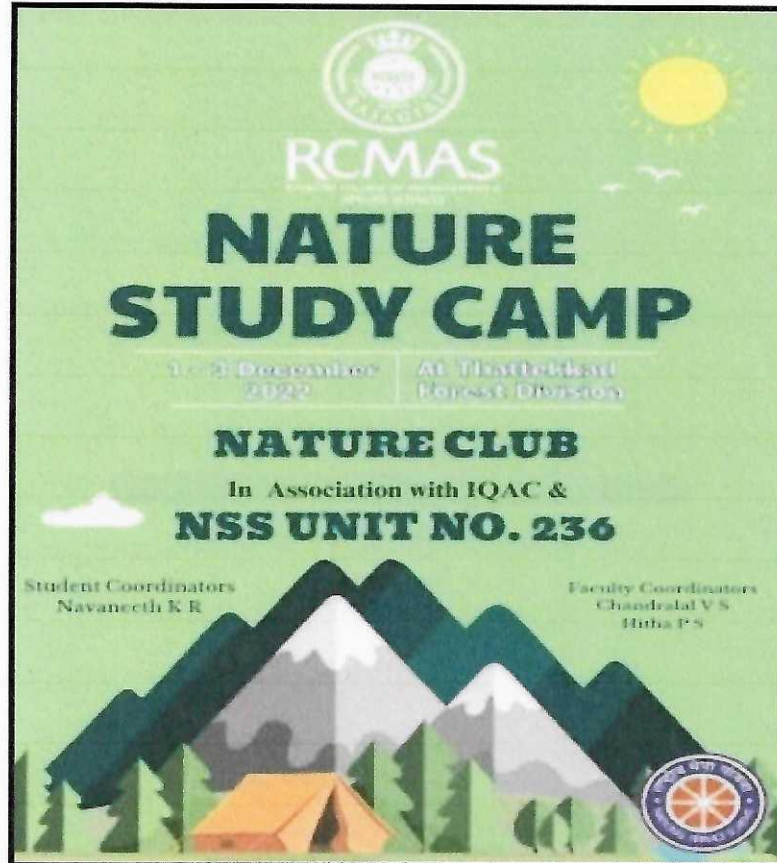
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❖ **Nature Club & NSS**

Poster of Nature Study Camp by NSS Unit

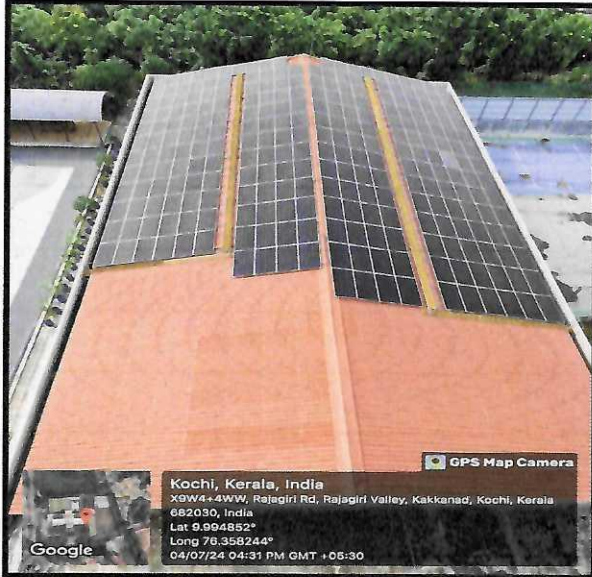


NSS Nature Camp to Thattekkad Bird Sanctuary on 3 December 2022



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❖ Sustainable Practices as part of Rajeevani (Green Initiatives)



Effective Energy & Water conservation techniques in college campus- Solar Panels and Mazhakkuzhi



Biogas Plant within the college campus



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2. Relaxation & Tension Reduction

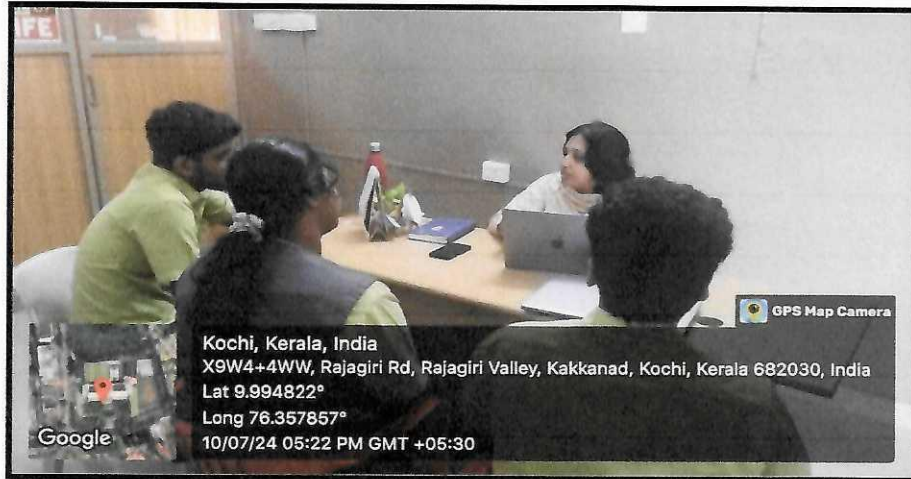
The **Tree of Life: Centre for Happiness and Wellbeing** serves as a compassionate hub dedicated to nurturing students' holistic wellbeing. Located centrally on campus, this supportive space offers **confidential counselling services, guided meditations, mindfulness practices** and peer emotional support through *Koode* -the Peer Counselling Club. Inspired by the symbolic *Tree of Life*, it symbolises growth, resilience, and interconnectedness within the RCMAS community. Students benefit from stress reduction through the **Animal Ark**, the pet zoo and activities of **Cuddles and Tails: Friends for Life**, the Animal Club.

Core Area 2	Relaxation & Tension Reduction
SDG Addressed	SDG 3, SDG 15
Key Initiatives	Impact
<p>1. Tree of Life: Centre for Happiness and Well being</p> <ul style="list-style-type: none"> • Counselling services, Guided Meditations, Mindfulness sessions • <i>Koode</i>- Peer Counselling Club 	<ul style="list-style-type: none"> • Over 130 students effectively utilised counselling in 2023. • Student testimonials of reduced stress levels and increased concentration. • Good score in emotional well-being and happiness index of faculty and students as per the happiness survey conducted.
<p>2. Cuddles and Tails, the Animal Club</p>	<ul style="list-style-type: none"> • Stress relief. • Over 70 active student members in the club.

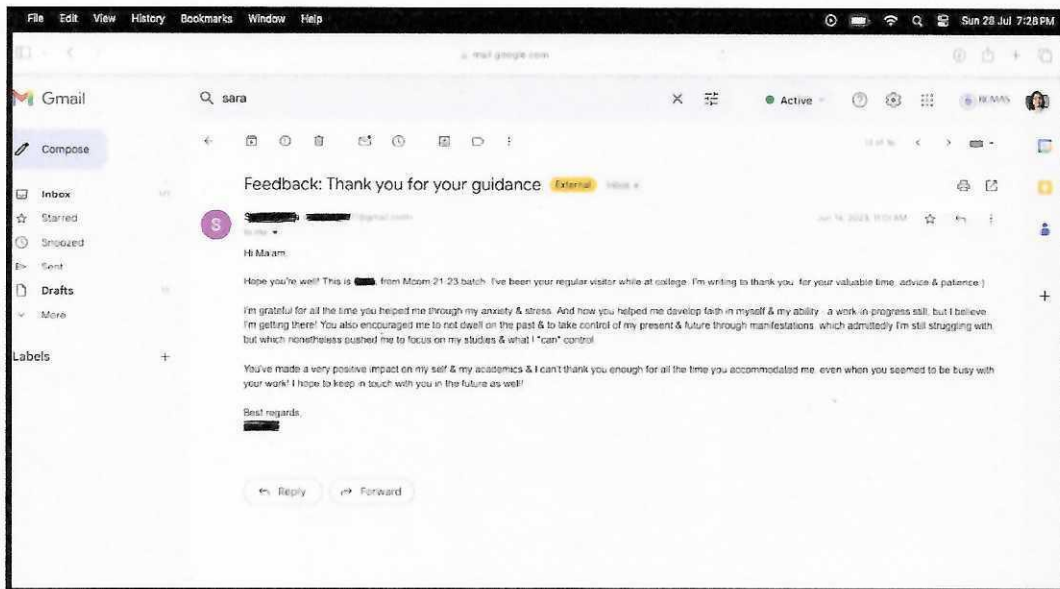


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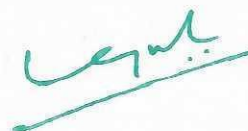
❖ **Counselling Services**



Counselling services offered to students to manage stress and promote well-being.



Student Testimonial of gratitude after a successful counselling session

❖ **Koode- Peer counselling Club**

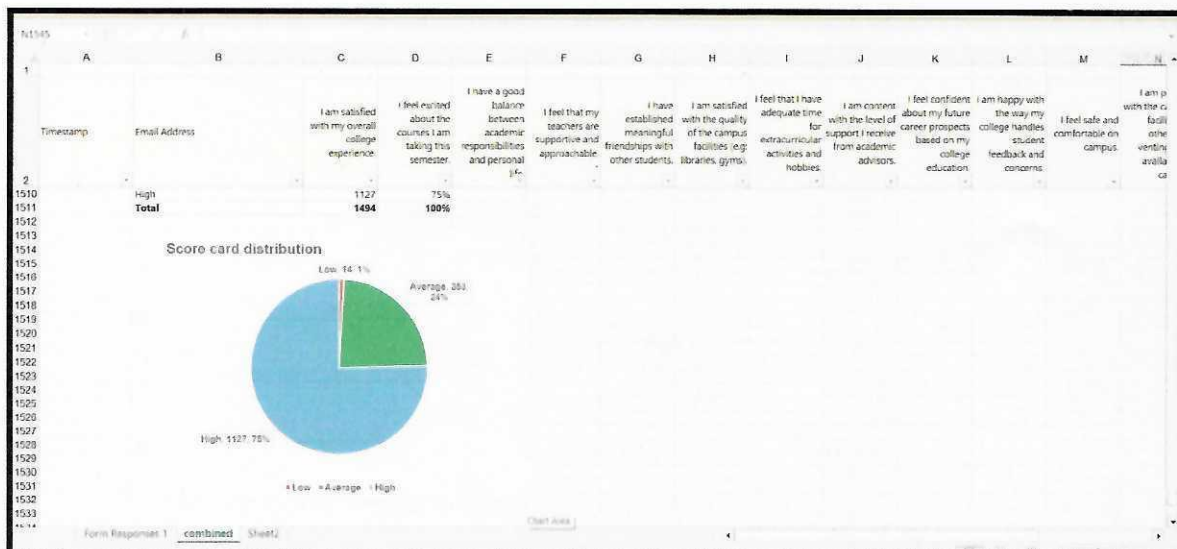
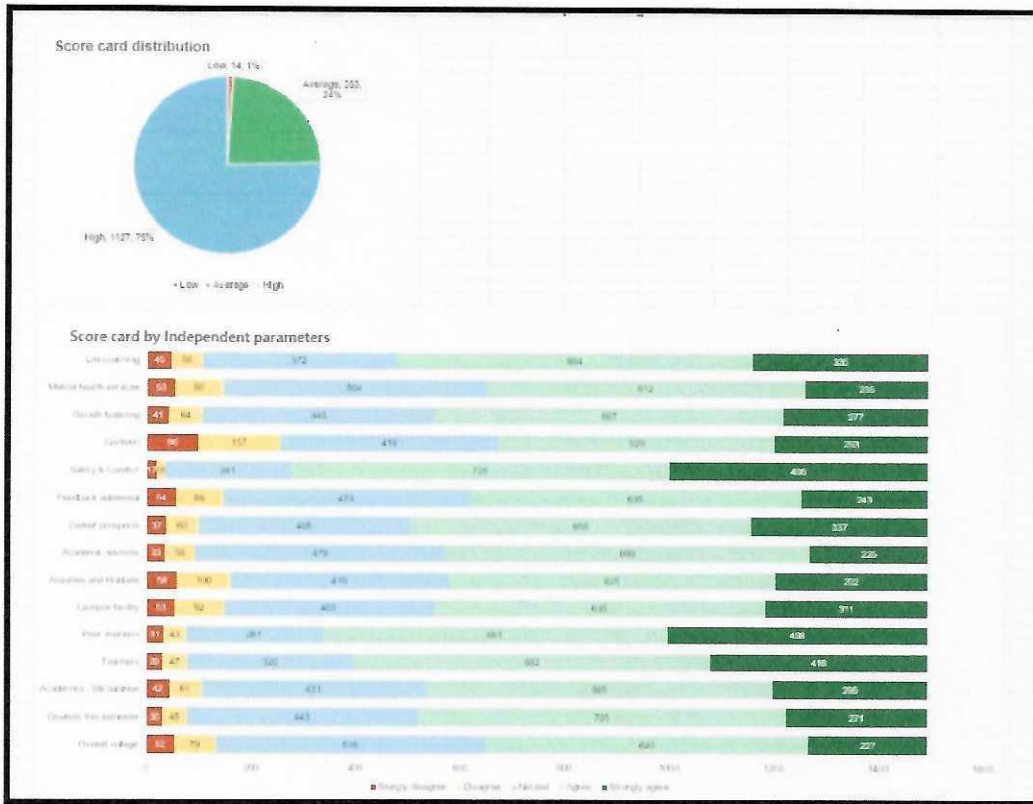
Poster of peer counselling initiative under "Tree of Life"



Photos of "Koode" launch in the campus portico



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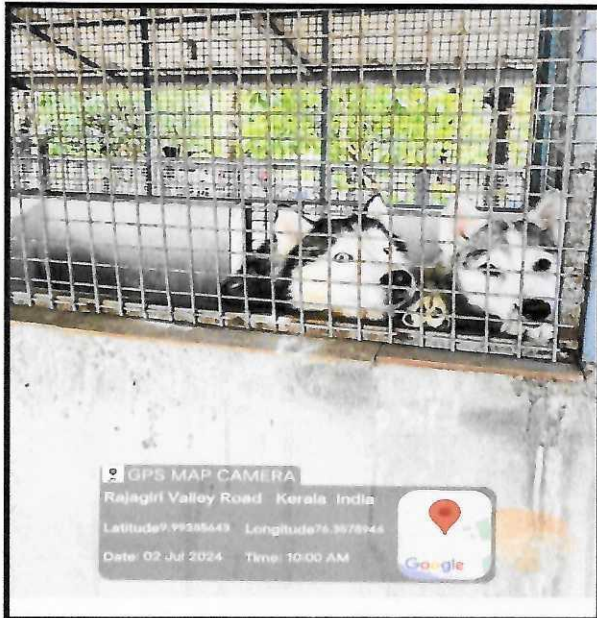
Good score in Emotional well-being and Happiness index of faculty and students as per the Happiness Survey conducted



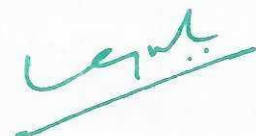
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❖ **Cuddles and Tails (Animal Club)**

Cuddles and Tails club and Animal Ark (Pet Zoo) provide stress relief for faculty and students through animal interaction.



College Animal Ark



Sl.No	Name	Class	Year	Day of Visit
1	Abhijith G	Bcom FT and L	1ST YEAR	13 08.2024
2	Abhimanue dileep	B Com LM and FT	1ST YEAR	
3	Abhinandh jose	Bcom loqistics	1ST YEAR	
4	Abhirami K Thilakan	BAA	1ST YEAR	
5	Abiramy Sreekumar	M2C	3RD YEAR	16 08 2024
6	Adarsh B Menon	BBA	1ST YEAR	
7	Adnan Faisal	B com M and FT	1ST YEAR	
8	Aisha Nazrin MS	Bcom A and FM	1ST YEAR	
9	Aiswarya Jyothi	BCA	3RD YEAR	20 08.2024
10	ALWIN MANOJ	BBA	1ST YEAR	
11	Amina Saleem	BBA	2ND YEAR	
12	Amit Samuel Thomas	BCOM M and FT	1ST YEAR	
13	Ananya Elizabeth Arun	BCA	2ND YEAR	23 08 2024
14	Andriea Marshal	BBA	3RD YEAR	
15	Aneena Edathanal	M1C	3RD YEAR	
16	Angelina Mary Joseph	BCA	2ND YEAR	
17	Anjana A	BCA	3RD YEAR	27 08 2024
18	ANNA MARIYA BIBIN	BCA	3RD YEAR	
19	Anupama S	M2L	2ND YEAR	
20	Ariun Shaji	M2C	2ND YEAR	
21	Asher Sibin	M2C	3RD YEAR	30 08.2024
22	Ashna fathima k.A	B Com A and FT	1ST YEAR	
23	Asna sameer	BA english	1ST YEAR	
24	Asuthosh Krishnan C	BAA	2ND YEAR	
25	Aswin sha	BA AGD	1ST YEAR	03 09.2024
26	Avighna D	BBA	1ST YEAR	
27	Basil Aju Varghese	BBA	1ST YEAR	
28	Chrsty K Bastin	M2T	3RD YEAR	
29	CLARICE TERESA ELENJIKEL	M1T	3RD YEAR	06 09 2024
30	DIYA MARY DIPU	BA Eng	1ST YEAR	
31	Diya Reji	BAA	3RD YEAR	
32	Enn Arun	BA Eng	1ST YEAR	
33	Fathima M Ameen	M2T	3RD YEAR	19 09.2024
34	Gayathri Anil	BBA	1ST YEAR	
35	Gowris	M2T	2ND YEAR	
36	Gowtham Anilkumar	Bcom A and FT	1ST YEAR	
37	Greata Saij	BAA	2ND YEAR	20 09 2024
38	Hanna Rubin JS	BAE	2ND YEAR	
39	JESLIN CICILY XAVIER	B Com M and FT	1ST YEAR	
40	JOHAN JOSE	BBA	1ST YEAR	
41	K Navaneeth Menon	M2C	2ND YEAR	24 09.2024
42	karthik unnikrishnan	Bcom A and FM	1ST YEAR	
43	Linda Raphi	BAE	2ND YEAR	
44	Liya Ann Johnson	BAA	1ST YEAR	
45	Midhula	BCA	3RD YEAR	27 09.2024
46	mithravinda	M1T	3RD YEAR	
47	Muhammed Ancil cr	M2L	2ND YEAR	
48	NANDANA KRISHNA	BA Eng	1ST YEAR	
49	Nazifa Nazar	First year 303	1ST YEAR	30 09 2024
50	Neriyas Fathima k h	BAA	1ST YEAR	
51	Nidhi Sara Shaji	BAE	2ND YEAR	
52	Nikita Mathew	BAA	1ST YEAR	
53	NITHIL SAJAN	BCA	3RD YEAR	01 10 2024
54	NIYA ROGI	BA AGD	1ST YEAR	
55	Praveena Prasannan	BA Eng	1ST YEAR	
56	Rahul R Mallan	M1C	3RD YEAR	
57	Rinya Mary Thomas	BBA	1ST YEAR	30 09 2024
58	Sandhya N Menon	BBA	3RD YEAR	
59	Shreya Sreeram	BBA-1st year	1ST YEAR	
60	Sivani R	BBA	3RD YEAR	
61	Sneha Harish	BBA	3RD YEAR	27 09.2024
62	Sneha Rose Shine	BBA	1ST YEAR	
63	Sooryaprabha Jayachandran	BAA	1ST YEAR	
64	Sreya P Zachariah	BBA	1ST YEAR	
65	Sruthi Sudhakaran	BAA	1ST YEAR	30 09 2024
66	Tarun Aby Skariah	BCOM M and FT	1ST YEAR	
67	Thara Sara Kurian	BA Eng	1ST YEAR	
68	Uma Raiesh	BCOM M and FT	1ST YEAR	
69	Vaisakh krishna	BBA	3RD YEAR	01 10 2024
70	Vaishnav S Kumar	BBA	1ST YEAR	
71	VISHNUPRIYA V	BAE	3RD YEAR	

List of Cuddles and Tails (Animal Club) Members 23-24



Legal

3. Movement & Physical Encoding

Physical fitness is a cornerstone of life at the HEI, where various initiatives promote movement and overall health. The **Physical Education department** with two dedicated faculty provides coaching for game events and regular fitness sessions to support student engagement in sports and physical activities. **Dance Club Natya**, **Yoga Club Prana** and **Sports Club** offer sessions integrating movement for physical well-being and mental clarity. The **Fit India** initiative encourages regular activity to enhance both physical and emotional health.

Core Area 3	Movement & Physical Encoding
SDG Addressed	SDG 3, SDG 5
Key Initiatives	Impact
<ol style="list-style-type: none"> 1. Department of Physical Education (with two dedicated faculty-male and female) 	<ul style="list-style-type: none"> ● Improvement in student fitness levels. ● Obvious increase of students membership over the years. ● Meritorious achievements in University level sports competitions. ● College has Kabaddi, Badminton, Cricket, Taekwondo, Athletics, Judo, Football and Basketball teams.
<ol style="list-style-type: none"> 2. Indoor and Outdoor Gym 	
<ol style="list-style-type: none"> 3. Sports Club <ul style="list-style-type: none"> ● Coaching for games 	
<ol style="list-style-type: none"> 4. Yoga Club "Prana", Dance Club "Natya" <ul style="list-style-type: none"> ● Addon-courses for Yoga, Workshops, Sessions, <i>Shilpashala</i>, ural Celebrations and Competitions 	<ul style="list-style-type: none"> ● Enhanced physical and emotional health. ● Increased awareness on life-style related health issues. ● Active student participation for all events. ● Fit India Movement Registration done ● 73% increase in student participation in cultural activities in the last year.

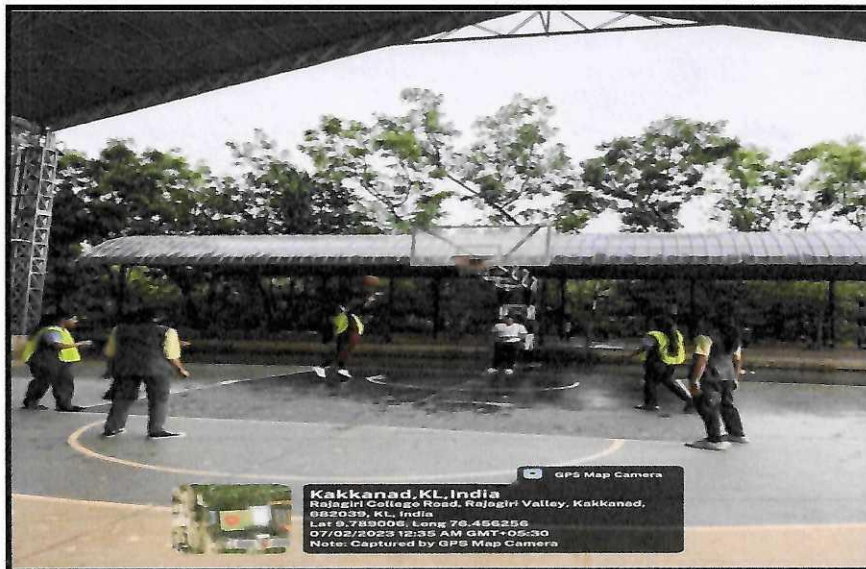


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❖ Sports Club



Women's Table tennis won the second place in the M.G. University championship held at Regional Sports Centre, Kadavanthra 17 Feb 2021




Basketball training given to members of sports club on 7 February 2023






The women's volleyball team of college is a competitive group committed to excellence, teamwork and sportsmanship.



RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES
-Department of Physical Education -



INTER-HOUSE SPORTS EVENTS 2023-24

BASKETBALL





MEN'S RESULTS

1. TULIPS
2. LILACS
3. IRIS
4. ORCHIDS

WOMEN'S RESULTS

1. LILACS
2. IRIS
3. TULIPS
4. ORCHIDS

POINTS TABLE

	44 POINTS
	38 POINTS
	18 POINTS
	8 POINTS

Score table of Inter-house Sports Events 23-24

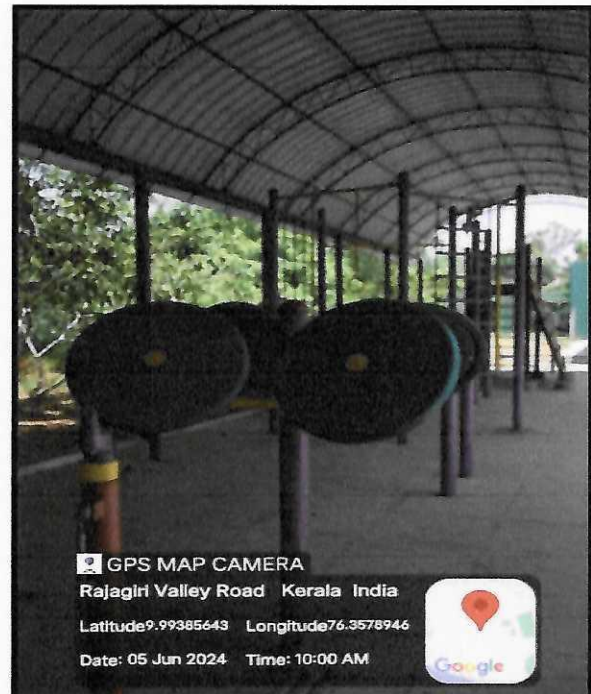
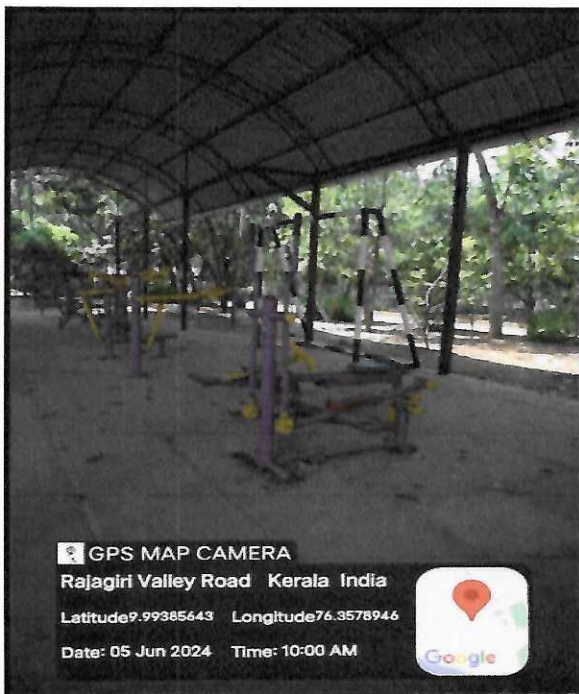


❖ **Yoga Club "Prana"**



A session on Yoga organised on 21 June 2023.

❖ **Outdoor Gym**



Fitness space equipped with various exercise stations and equipment in an open-air setting provides a convenient and refreshing environment for workouts



Legal

4. Empowering Language & Behaviour

Mentoring programmes foster academic and personal growth through faculty guidance, ensuring tailored support and continuous feedback. **Soft Skills Training** sessions further equip students for the professional arena, emphasising ethical communication and conduct. The **Library Advisory Committee**, *Vayanakkottam* (Library Club), *Sakshari* (The Literary & Literacy Club) and *Shreshtam* (Leadership Training Hub) enrich students' language and behaviour through diverse resources, promoting critical thinking and social interaction. Soft skill training through **Value-Added Courses** and **Certificate Programmes** expand students' communicative skills and knowledge, enhancing their academic and professional pursuits. **Debate Clubs**, **Speaker Forums**, **Gender Equity Club** *Ektha*, **Mentoring** and **Parent-Teacher Meetings** complement these efforts, boosting personal growth and leadership qualities among students.

Core Area 4	Empowering Language & Behaviour
SDG Addressed	SDG 4, SDG 5, SDG 10
Key Initiatives	Impact
1. Soft skills training <ul style="list-style-type: none"> Value added Course/Certificate Programme 	<ul style="list-style-type: none"> 13 Soft skills sessions and 78 Value added/Certificate Courses were organised in the past five years. Close to 400 students benefited from soft skills training and over 1000 students on an average complete value added courses every year.
2. Mentoring <ul style="list-style-type: none"> Average student mentor ratio of 1: 30 	<ul style="list-style-type: none"> Significant behaviour improvement in mentored students was noticed by the mentors.
3. Parent Teacher Meetings	<ul style="list-style-type: none"> Excellent parental engagements in academic progress.
4. Library Club, Speaker's Forum, Literary and Literacy Club, Gender Equity	<ul style="list-style-type: none"> Significant improvement in communication and public speaking confidence during inter and intra collegiate fests. Three editions of Literary fest <i>Speranza</i> and

Legat



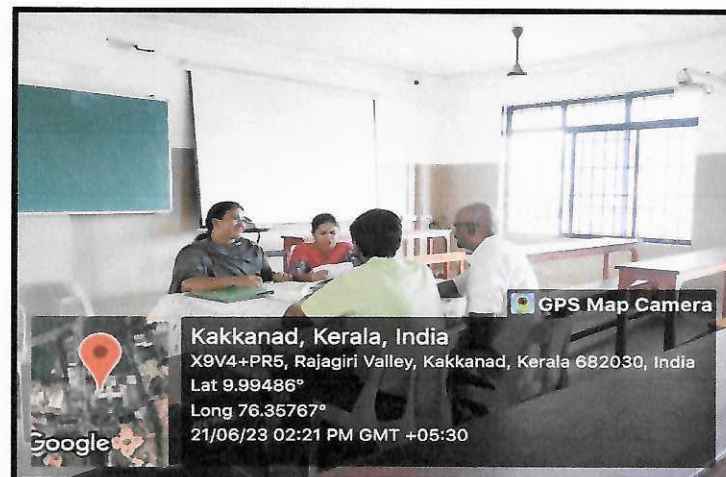
<p>Cell activities</p>	<p>Language game for Inceptra successfully organised with good gender balance in event coordinations.</p> <ul style="list-style-type: none"> • Tripled increase in student-led initiatives for gender inclusivity in the last year.
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❖ **Parent Teacher Association**



PTA meeting of BA English batch, 2019 and Executive meeting conducted in 2024 to discuss various topics regarding academics and other activities regarding the college

❖ **Parent Teacher Meetings**

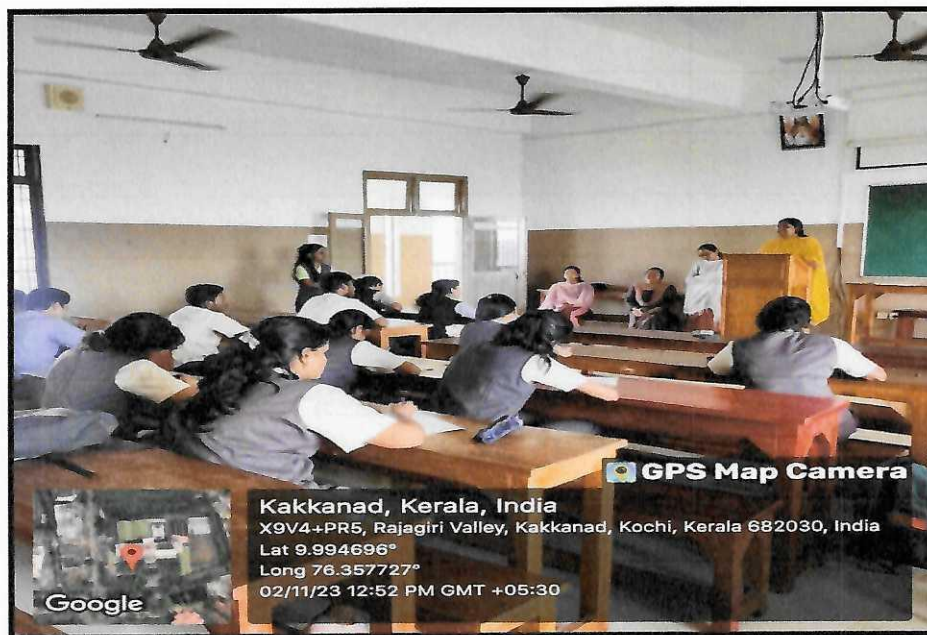
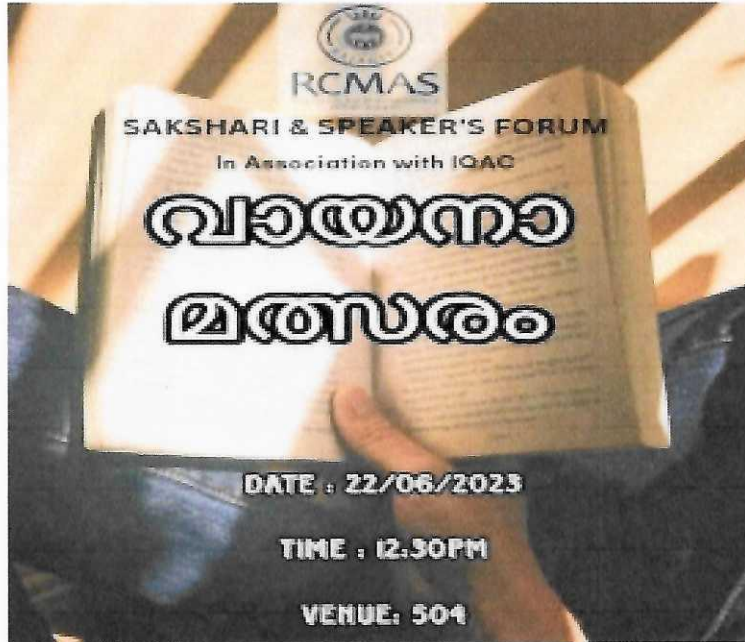


Building stronger student success through collaboration between parents and teachers. PTM conducted by the Commerce department in June 2023.

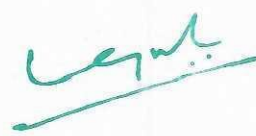


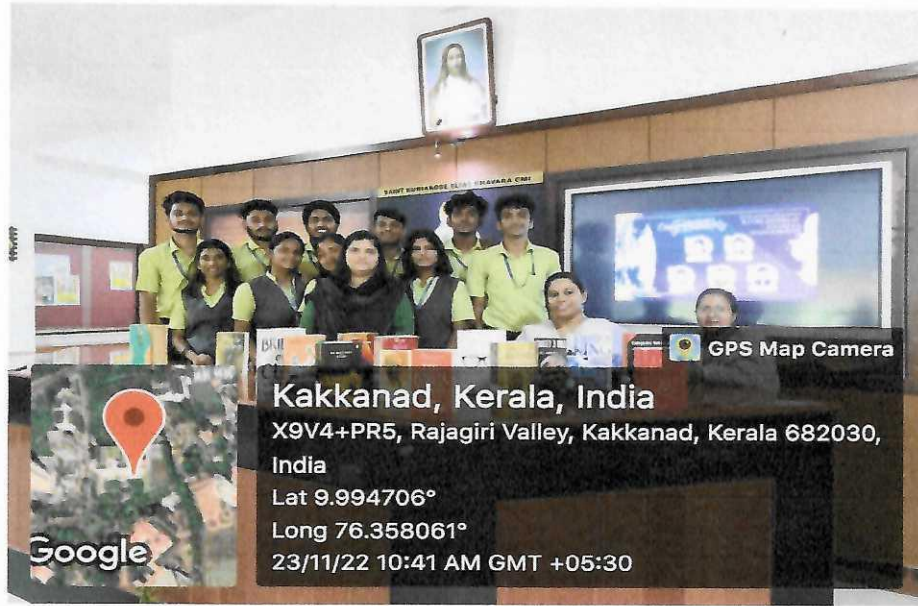
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❖ Club Participation



Sakshari & Speaker's Forum Club conducted a Literary Competition to promote literacy and reading culture on June 22, 2023.





The Library Club along with the Department of English in association with IQAC, organised Library Week from 22 November 2022 to 24 November 2022.

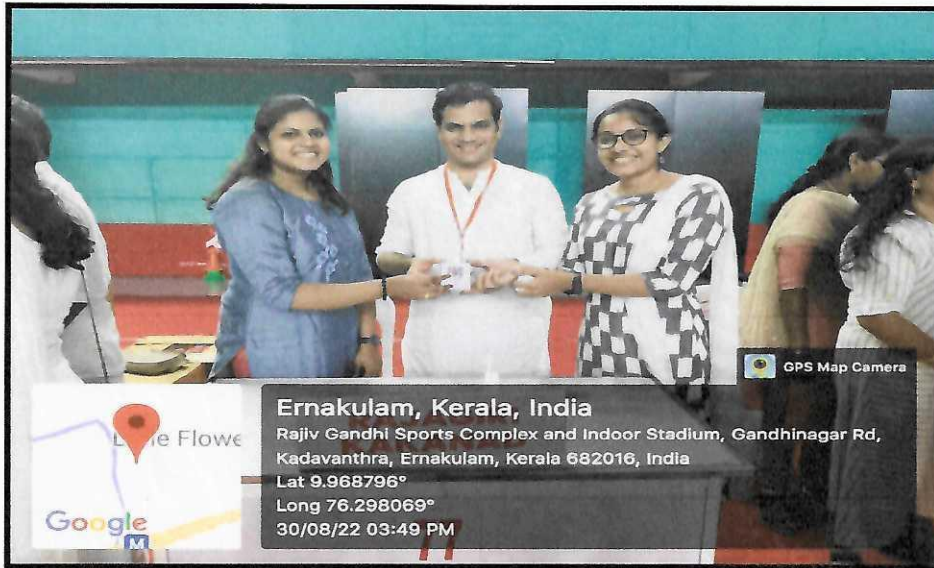


The Department of English successfully organised Speranza 2k19, an Intercollegiate Literary Fest, on August 3rd, 2019.



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❖ **Cup of Life (Menstrual Cup Awareness Campaign)**



Menstrual cups collected from MP Hibi Eden as part of the Cup of Life Campaign on 30 August 2022.



Training session of Cup of Life attended by the students and faculty of Gender Equity Cell at IMA House Kaloor on 25 August 2022



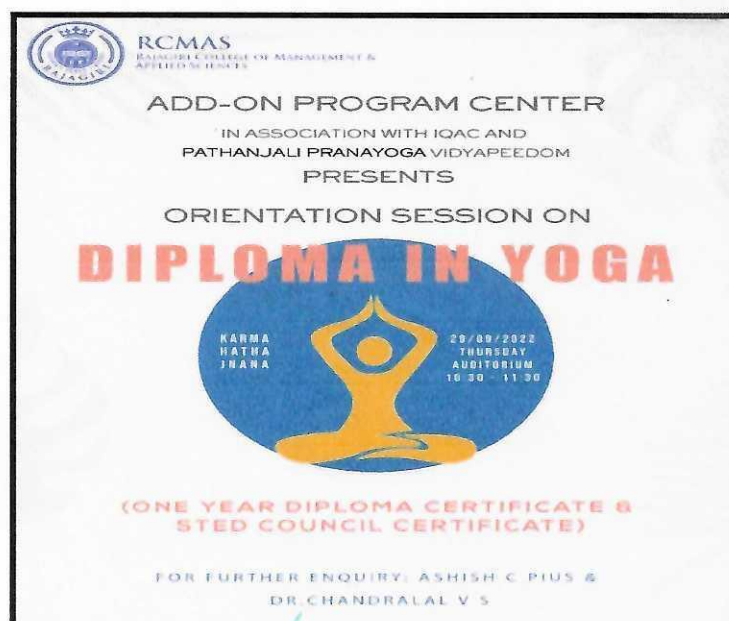
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5. Choice & Perceived Control

Add-On Courses like Business Analytics and Python Programming enhance practical skills, allowing them to pursue their interests and align their studies with their career aspirations. Active participation in *Saarang* (Arts), *Natya* (Dance), *Navarasa* (Drama) , **DIY, Celluloid** (Media) **clubs** provide avenues for students to explore their choice-based passions. **Flexible class schedules** accommodate hassle-free academic and personal commitments of students.

Core Area 5	Choice & Perceived Control
SDG Addressed	SDG 4, SDG 8, SDG 9
Key Initiatives	Impact
1. Add-on courses	<ul style="list-style-type: none"> 1551 students opted for courses outside core discipline last year.
2. Flexible schedules	<ul style="list-style-type: none"> Class schedule from 8.30 am to 1.40 pm allows for better student life balance. Comfortable timing for add-on courses during afternoon sessions and weekends.
3. Club participation in Dance, Drama, Music, DIY (Do-It-Yourself) and Media Clubs	<ul style="list-style-type: none"> Increased student participation in cultural events of choice. Meritorious achievements for Arts competitions at university/Intercollegiate fests.

Poster of Orientation in Diploma in Yoga



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES

ADD-ON PROGRAM CENTER
IN ASSOCIATION WITH IQAC AND
PATHANJALI PRANAYOGA VIDYAPEEDOM
PRESENTS

ORIENTATION SESSION ON
DIPLOMA IN YOGA

KARMA
HATMA
JHANA

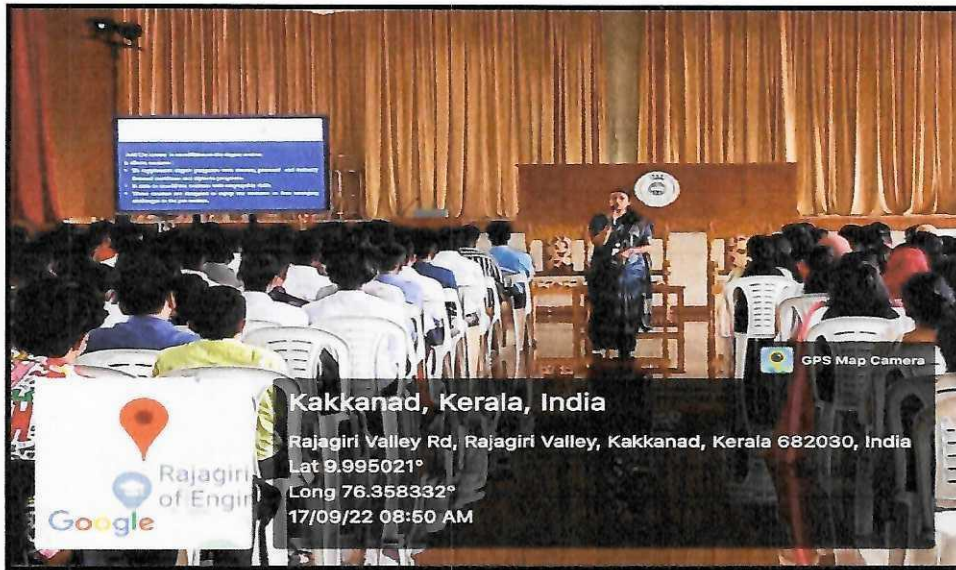
29/09/2022
THURSDAY
AUDITORIUM
10:30 - 11:30

(ONE YEAR DIPLOMA CERTIFICATE &
STED COUNCIL CERTIFICATE)

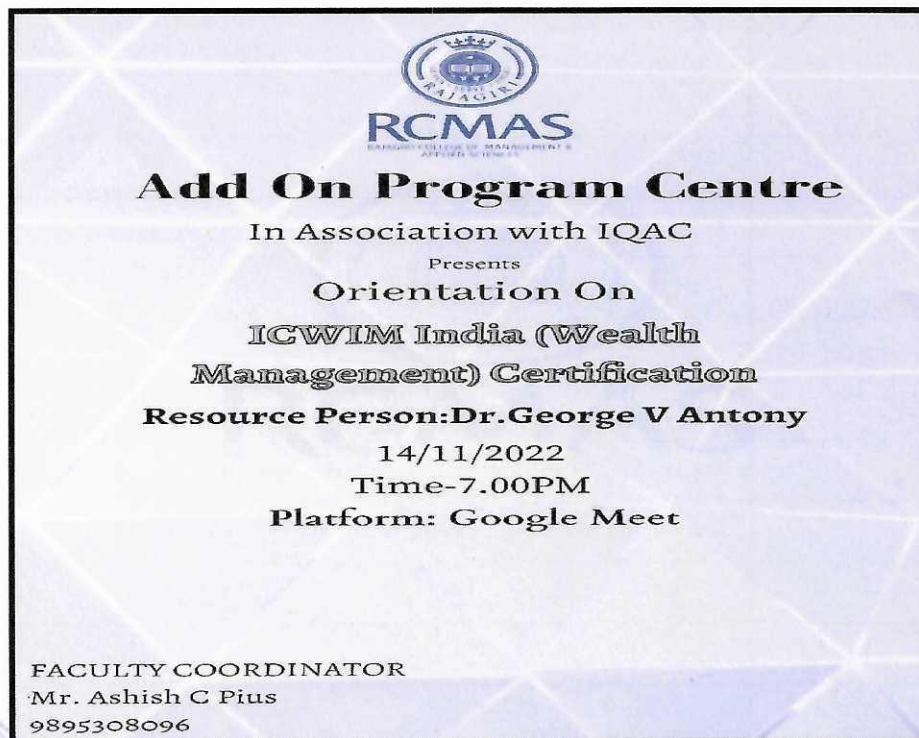
FOR FURTHER ENQUIRY: ASHISH C PIUS &
DR. CHANDRALAL V S



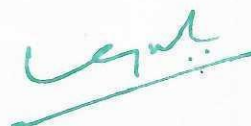
❖ Add-On Courses



Photos of the awareness session conducted on Add-On Courses by faculty Ms. Anila Varghese, Department of Management



Poster of orientation in ICWIM Certification on 14 November 2022

❖ Club Participation



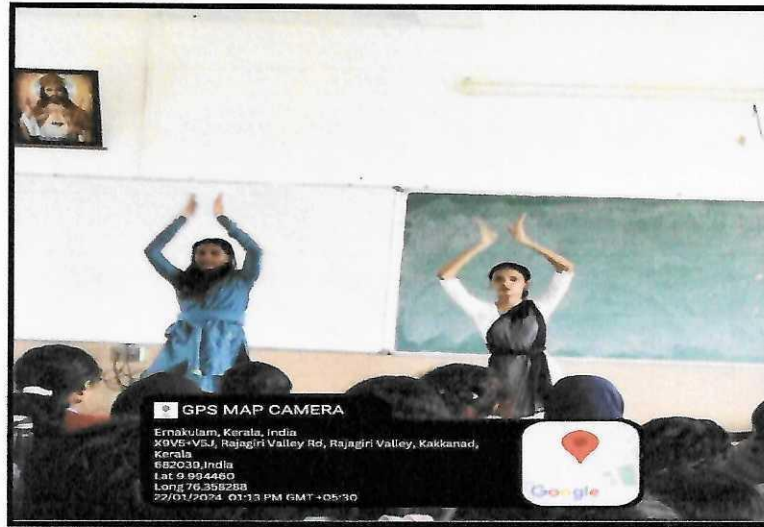
On 16 February 2023, Drama club presented a drama "Riders to the Sea" directed by the faculty Ms. Amala Manavalan



Jazz workshop conducted by Dance club on 9 October 2023



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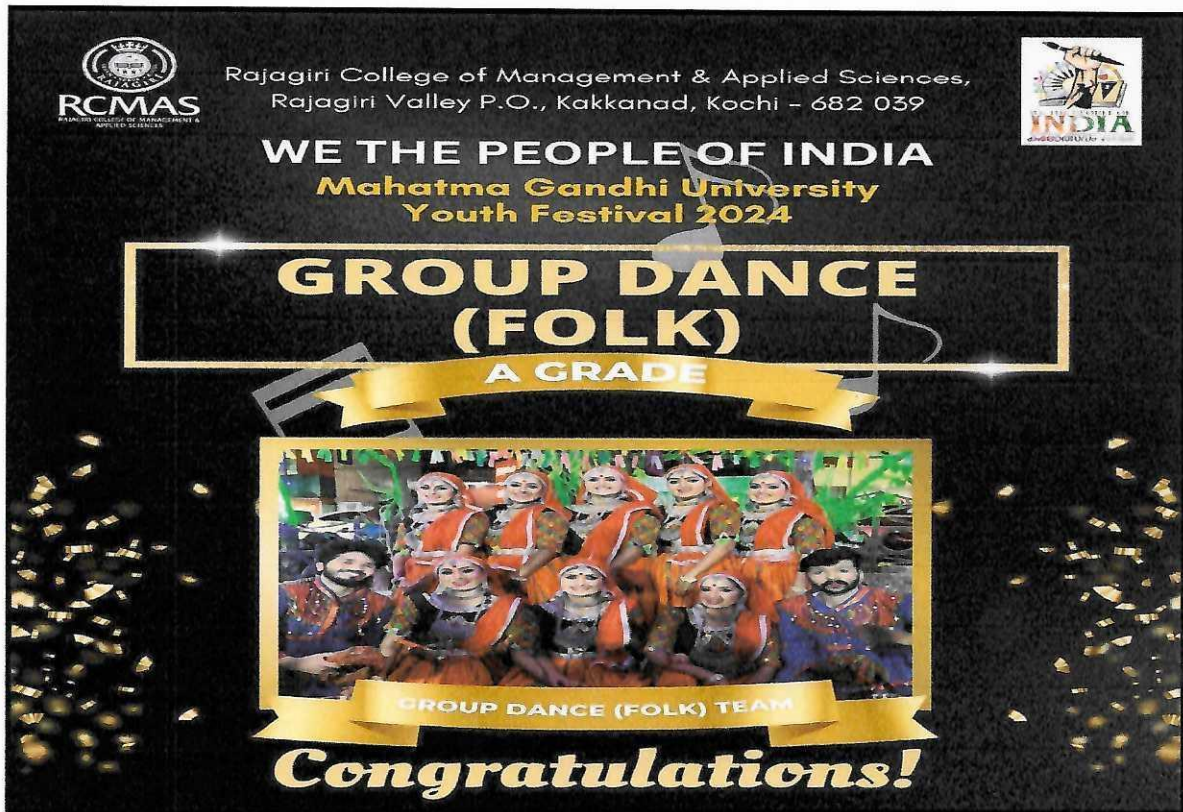
Dance Training programmes conducted by members of Dance Club on 22 January 2024



Band performance by Music Club during College Day held on 7 March 2024




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Rajagiri College of Management & Applied Sciences,
Rajagiri Valley P.O., Kakkanad, Kochi - 682 039

WE THE PEOPLE OF INDIA
Mahatma Gandhi University
Youth Festival 2024

GROUP DANCE (FOLK)
A GRADE



GROUP DANCE (FOLK) TEAM

Congratulations!



Rajagiri College of Management & Applied Sciences,
Rajagiri Valley P.O., Kakkanad, Kochi - 682 039

WE THE PEOPLE OF INDIA
Mahatma Gandhi University
Youth Festival 2024

POSTER DESIGNING
SECOND PRIZE



AAN ANNA ANTONY
BA Animation & Graphic Design

Congratulations!



Art & Cultural achievements in MG University Youth Festival 2024.

Art & Cultural achievements in MG University Youth Festival 2024.

6. Complex & Challenging Cognitive Activity

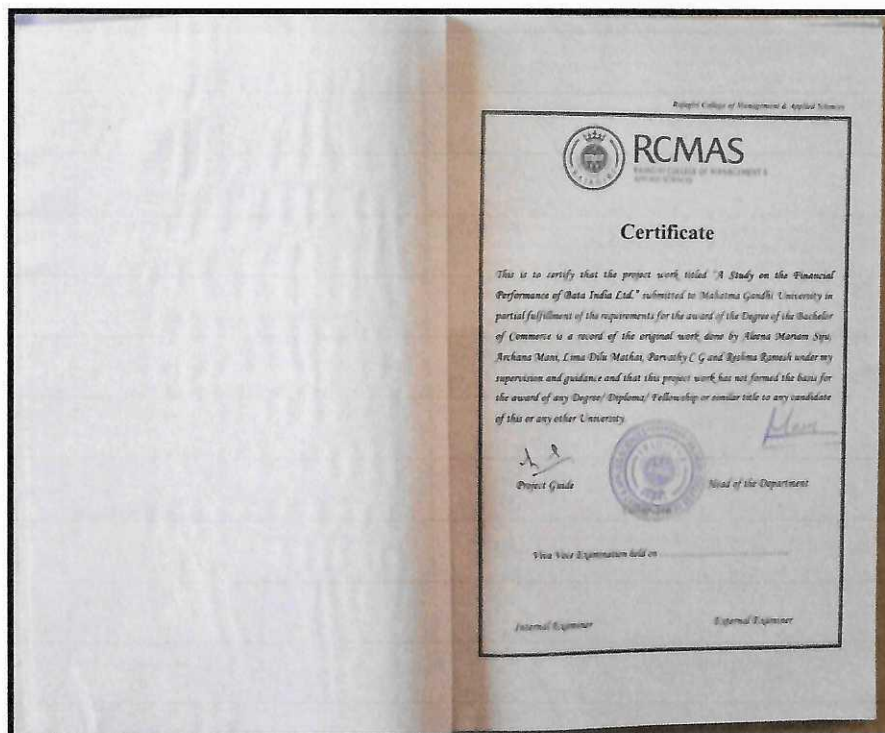
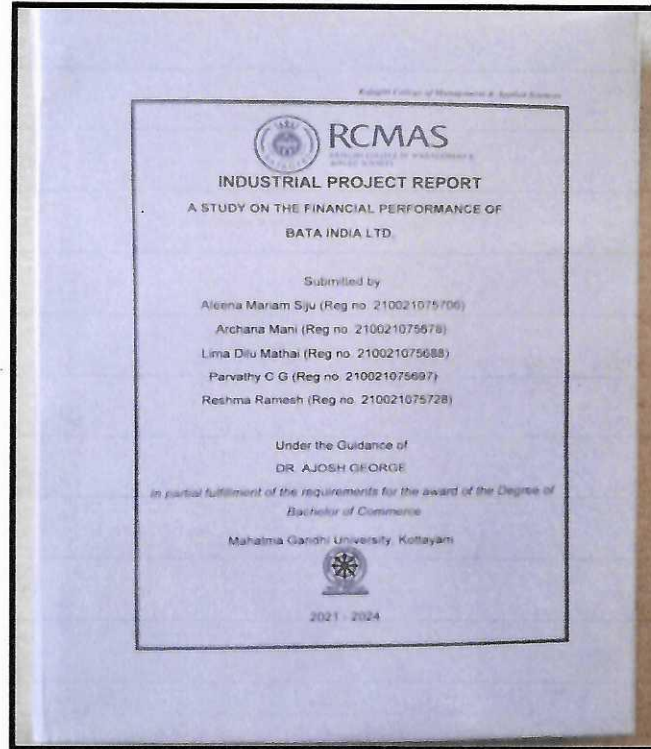
Effective learning is a multifaceted process that encompasses both theoretical knowledge and practical application. Critical thinking serves as a foundation for Experiential Learning, *Anubhava* complemented by the practical application offered through Simulations and Role-playing. Academic competitions provide a platform to assess subject mastery, while Project-based Learning, *Kaushala* fosters collaborative inquiry and research. Peer teaching offers students the opportunity to solidify their understanding of complex concepts through explanation to others.

Core Area 6	Complex & Challenging Cognitive Activity
SDG Addressed	SDG 4, SDG 9
Key Initiatives	Impact
<p>1. Experiential Learning "Anubhava"</p> <ul style="list-style-type: none"> ○ Project-based Learning, "Kaushala" Peer-teaching, Simulations and Role-Playing 	<ul style="list-style-type: none"> ● 635 students completed projects as part of the curriculum. ● Sharpened critical thinking skills.
<p>2. Participation in Academic competitions</p>	<ul style="list-style-type: none"> ● Meritorious achievements in 13 Intercollegiate Fests attended last year. ● Increase in problem-solving abilities.



Legal

❖ **Industrial Project Report**



Industrial project by Commerce students titled 'A study on the Financial Performance of Bata India'



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❖ Peer Teaching



Peer Teaching sessions conducted by students of the Commerce department on 5 October 2023.

❖ Students Newsletter



Newsletter Release of Department of Management on 16 May 2022



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❖ Intercollegiate Fests



Overall Champions in "Tandav 2k22" organised by Sacred Heart College, Thevara



Bagged Overall Championship in "X'LENCIA 2K23" conducted at Bharatha Matha Institute of Management, Thrikkakara



Students participated in REVALOYSIUS 7.0, organised by St. Aloysius College, Thrissur and won the Overall Trophy in February 2024



Won First & Second prizes for Marketing Game in LAQSHYA organised by Naipunnya College, Pongam, Koratty in December 2023



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7. Intuition & Integration

The College fosters Intuition and Integration in education, emphasising connections, relationships, and knowledge synthesis across diverse domains. **Creative Arts Integration** encourages holistic learning experiences, while service learning projects like **Snehakkood** and community engagement initiatives bridge theory with practice, promoting social responsibility. **Experiential Learning** opportunities like **Field Trips** and **MOOC** enrich learning with real-world applications. The college enhances global awareness and intercultural competence, reinforcing the commitment to Sustainable Development Goals (SDGs) through its RISE programme.

Core Area 7	Intuition & Integration
SDG Addressed	SDG 4, SDG 17
Key Initiatives	Impact
1. Experiential Learning "Anubhava" • MOOCs	<ul style="list-style-type: none"> • 1217 students completed MOOC as part of the curriculum.
2. Service Learning Project (e.g., Snehakkoodu)	<ul style="list-style-type: none"> • Significant number of students actively participated in Snehakkood Project in 23-24. • 2 houses built
3. Creative Arts Integration & Ethnic Celebrations	<ul style="list-style-type: none"> • 'Kerala is my High' wall painting • Students actively participated in Throb of Life and won recognition in the 40th Cochin Flower Show 2024. • Screwpine workshop • Ethnic Performances like Pulikali, Alekya Nritya, Poothapattu during celebrations.



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❖ Massive Online Online Course

Mark List-MOOC on Organic Farming

Rajagiri College of Management & Applied Sciences, Kakkanadu


Name	PRN/Reg.No	Proj1 Report	Proj1 Presn	Proj1 Total	Proj2 Report	Proj2 Viva	Proj2 Total	Final Exam
Avan Mija George	210021059262	78	18	96	78	19	97	
Benjamin Francis	210021075679	79	19	98	79	19	98	
Anita Mary	210021059235	78	19	97	77	19	96	
Lydia Varoor Binoy	210021055491	80	18	98	80	20	100	
Elizabeth Sojan	210021055479	78	20	98	75	20	95	
Mariam Liana	210021055514	80	20	100	80	15	95	
Nicole Xavier	210021059278	78	18	96	77	19	96	
Tissa Maria Joseph	210021049272	76	17	93	77	17	94	
ADARSH S	210021072284	70	15	85	74	17	91	
SAFA P S	210021082192	75	19	94	70	20	90	
Navya Madhu	210021082184	72	18	90	75	18	93	
K S Diya Das	210021059244	77	18	95	78	18	96	
Gouri Bhadra D L	210021075734	75	19	94	77	19	96	
Sara Antony	210021019732	70	13	83	68	14	82	
PT SAFRIN NAJARA	210021075725	78	18	96	78	18	96	
KHADEEJA ZAIRA M K	210021059245	78	18	96	79	19	98	
Aphonse Mariya Thomas	210021059233	76	17	93	79	18	97	
Aaliya p.n	210021049243	79	15	94	75	18	93	
Rohan Zachariah Mathew	210021075730	73	16	89	70	14	84	
Amala Thomas	210021082149	70	17	87	72	17	89	
ALEENA SAJU	210021055507	80	20	100	80	18	98	
Sethu Lakshmi PJ	210021049293	77	16	93	76	16	92	
Sreya Sabu	210021049297	77	18	95	77	19	96	
Heiga Naveen	210021049254	78	14	92	75	15	90	
Riya Raj	210021049264	77	17	94	77	18	95	
Smera Sivakumar	210021049269	76	18	94	77	18	95	
AMITH JYOTI	210021072234	79	19	98	78	20	98	
Irfan A.K	210021059243	78	18	96	77	17	94	
AFNAN FARIS	210021059231	78	19	97	78	19	97	

Massive Online Open Course - Students' Mark list



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Mahatma Gandhi University
Established by Kerala State Legislature By The Mahatma University Act 1983 (No. 12 of 1983) as amended 17th April 1985



**Massive Open Online Course
Certificate of Completion**

This certificate is awarded to


RAKESH.V
PRN-210021064231

For successfully completing the Massive Open Online Course on **Organic Farming** 2021 Admission with **4 Credits** in the examination held in 2024


Grade Card

Project 1	Project 2	Final Exam	Total	Grade	Pass/Fail
95	95	76	266	A plus	Pass

Certificate No - **21OFA6143**
Date of Issue - 12-08-2024


Vice Chancellor

75 < 60 - D, 75 < 65 - A plus, 75 < 60 - A only, 70 < 75 - B plus, 70 < 65 - B only, 65 < 75 - C, 65 < 65 - F < 65 - F



*To Validate Certificate

Certificate awarded to students by the University on completion of the course



Legal

❖ **Snehakoodu (Service Learning)**

"Snehakoodu - Home for the Homeless" project aimed to address the critical issue of homelessness within the community, specifically focusing on supporting families living in poverty



Snehakoodu Home for the homeless- House 1

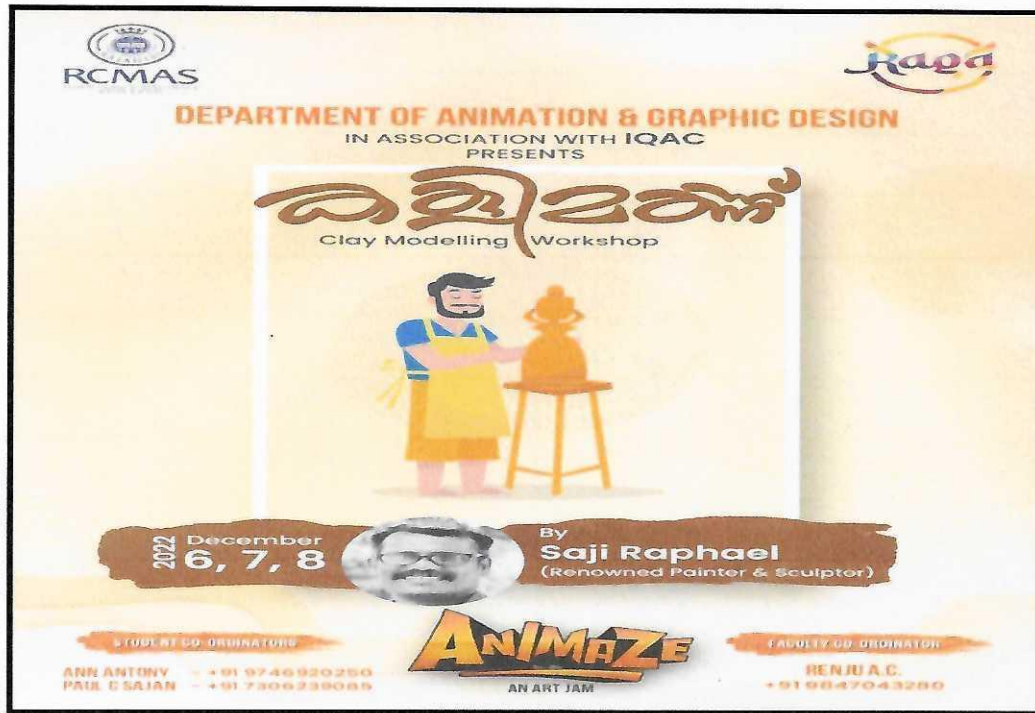


Snehakoodu Home for the homeless- House 2



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❖ Creative Arts Integration



Poster Of Clay Modelling Workshop By Department Of Animation And Graphic Design



Photos of clay models created by students on December 6 to 8, 2022 in the clay modelling workshop.



Saji Raphael

❖ **Throb of Life**

The "Throb of Life" event, organised by the Department of Animation and Graphic Design, showcased the remarkable talents of their students in crafting an awe-inspiring art installation.



Newspaper clipping of the Art Installation made from Recycled Plastic Bottles

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Trophy won for the Installation at the 40th Cochin Flower Show

Evidence of Success

The success of RISE can be evidenced through various metrics and achievements:

- **Fully Solar-powered & Carbon negative** campus in 2023. Significant reduction in the campus carbon footprint through the implementation of solar panels, sensor lights and other energy-saving measures.
- High completion rates for value-added courses with students gaining certifications in additional skills and competencies.
- Successful creation of an inclusive and diverse campus environment where students from various backgrounds thrive together.
- Establishment of collaborations with reputed institutions for academic exchange, research and development programs.



- Positive outcomes from counselling and mentoring programmes, reflected in improved student well-being and academic performance.
- Students winning awards and accolades in various co-curricular and extracurricular activities at intercollegiate, university and national levels of arts and sports.

Problems encountered and Resources required.

- Time constraints in balancing academic and extracurricular activities due to changes in the university academic calendar.

Solutions:

- Attainment of autonomy for flexibility in addressing the problems.



PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkannad - 682 039