



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT &
APPLIED SCIENCES

Criterion V Student Support and Progression

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

RAJAGIRI VALLEY P.O, KAKKANAD, KERALA 682039

An ISO 9001 : 2015 Certified Institution

Affiliated to Mahatma Gandhi University, Kottayam and Approved by AICTE

5.1

Student Support

5.1.2

Report of Life Skills / Entrepreneurial Skills Enhancement Activities Conducted

2019 - 2024

Submitted to



**Life Skills/Entrepreneurial Skills Enhancement Activities Organized
by the Institution 2019 - 2024**

SL. No.	Year	Programme	Date	Page No.
1.	2023-2024	Workshop on Practice of Yogasana, Pranayama and Meditation	21.06.2023 to 22.06.2023	04 to 10
2.	2023-2024	Seminar on Sustainable Super foods: Millets for Health	21.06.2023 to 23.06.2023	11 to 22
3.	2023-2024	Seminar on Smiling through Struggles: Nurturing Mental Health in Difficult Times	23.06.2023 to 24.06.2023	23 to 36
4.	2023-2024	Workshop on Shutter Success: A Two-Day DSLR Hands- For Entrepreneurial Skills	21.08.2023 to 22.08.2023	37 to 46
5.	2023-2024	Workshop on Nurturing an Entrepreneurial Attitude in Education	14.09.2023 to 15.09.2023	47 to 58
6.	2023-2024	Seminar on Charting Your Path to Professional Development: Empowering Through Life Skills, Upskilling and Reskilling	27.09.2023 to 28.09.2023	59 to 73
7.	2023-2024	Seminar on Alumni Success Stories: Entrepreneurial Skills Unveiled	17.10.2023 to 18.10.2023	74 to 86
8.	2023-2024	Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: "Spark of Success"	20.03.2024 to 21.03.2024	87 to 98
9.	2022-2023	Workshop on Yoga for Humanity	21.06.2022 to 22.06.2022	99 to 105
10.	2022-2023	Seminar on Prevention of Life Style Diseases through Yoga	23.07.2022 to 24.07.2022	106 to 113
11.	2022-2023	Workshop on Clay Sculpt: Unleashing Creativity with Kalimannu	06.12.2022 to 08.12.2022	114 to 128
12.	2022-2023	Workshop on Acting out Language and Life Skills through Theatre	09.01.2023 to 13.01.2023	129 to 144



Legal

13.	2021-2022	Inter-departmental Seminar Commemorating International Yoga Day with Prana Yoga and Life Skills	18.06.2021 to 19.06.2021	145 to 153
14.	2021-2022	Workshop on Pranayama for Mindfulness	21.06.2021 to 22.06.2021	154 to 160
15.	2021-2022	Two Day Workshop on Life Skills on Professional Advancements	07.07.2021 to 08.07.2021	161 to 175
16.	2021-2022	Five Day Workshop on Mastering Self Employment in Crafts	10.07.2021 to 14.07.2021	176 to 183
17.	2021-2022	Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship Abuse	02.09.2021 to 03.09.2021	184 to 197
18.	2021-2022	Seminar on Comprehensive GST Practices: Empowering Student Entrepreneurs	18.11.2021 to 19.11.2021	198 to 209
19.	2021-2022	Stock Trading Workshop for Success in Life: "Empowering Entrepreneurial Skills	02.12.2021 to 03.12.2021	210 to 219
20.	2020-2021	Seminar on HR Analytics for Self-Employment	14.01.2021 to 16.01.2021	220 to 235
21.	2020-2021	Nation wide Seminar on Vital Life Skills: Insight 2021: 'Adapting Business and Workforce Strategies After COVID'	17.01.2021 to 18.01.2021	236 to 244
22.	2020-2021	Workshop on Enhancing Fitness and Life Skills: Zumba Fusion	05.02.2021 to 06.02.2021	245 to 253
23.	2020-2021	Workshop on 'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'	01.03.2021 to 02.03.2021	254 to 261
24.	2019-2020	Life Skill Enhancement Seminar on Road Safety	06.08.2019 to 07.08.2019	262 to 272
25.	2019-2020	Seminar on Green Entrepreneurship: Life Skill Development Initiative	25.11.2019 to 26.11.2019	273 to 284



Handwritten signature in green ink.

26.	2019-2020	Workshop on Physical Fitness and Wellness: Drug-Free Living	22.01.2020 to 23.01.2020	285 to 295
27.	2019-2020	Seminar on Crafting Stories and Shaping News: Creative Entrepreneurship	19.2.2020 to 20.2.2020	296 to 309
28.	2019-2020	Workshop on Entrepreneurial Approaches to Executing Entertainment Programs	24.02.2020 to 25.02.2020	310 to 326



Legal

PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkannad - 682 039

1. Workshop on Practice of Yogasana, Pranayama and Meditation

Programme	Workshop on Practice of Yogasana, Pranayama, and Meditation
Date	21 June 2023 to 22 June 2023
No. of Participants	56 Students
Resource Person	Dr. E.M.G. Nair, Director, Pathanjali Pranayoga Vidyapeedom, Government of India certified Advanced Yoga Therapist
Outcome	Deeper understanding of yoga practices, including asanas, pranayama, and meditation, enhancing their physical and mental well-being.
Organized by	NSS Unit, Department of Physical Education in association with IQAC
Faculty in charge	Dr. Chandralal V.S, Hitha P S
Student in charge	Mr. Navaneeth K R, Ms. Sooraja N P

Rajagiri College of Management and Applied Sciences organized a two-day workshop on the practice of Yogasana, Pranayama, and Meditation from 21st June 2023 to 22nd June 2023. The workshop aimed to promote health and wellness among students, reduce stress, raise awareness about the benefits of yoga, foster community building, appreciate cultural significance, develop skills, encourage inclusivity and participation, and recognize and motivate students for their efforts and achievements.

A total of 56 students participated in the workshop. The event benefited from the expertise of Dr. E.M.G. Nair, Director of Pathanjali Pranayoga Vidyapeedom, Government of India Certified Senior Naturopathy & Advanced Yoga Therapist, and Conventional Ayurvedic Therapist, who provided valuable insights into various yoga practices and their benefits.



Handwritten signature in green ink.

The workshop included a series of engaging sessions covering different yoga postures (asanas), breathing techniques (pranayama), and mindfulness practices (meditation). Participants were guided through the proper techniques and benefits of each practice, helping them to integrate these practices into their daily routines. The workshop successfully met its objectives, with participants gaining a deeper understanding of yoga's positive impact on their physical and mental well-being. The acquired knowledge and experience are expected to significantly enhance the participants' overall wellness, preparing them for a healthier and more balanced lifestyle. The Workshop on the Practice of Yogasana, Pranayama, and Meditation served as a platform for students to engage deeply with the practice of yoga, fostering a culture of health and wellness within the academic community at Rajagiri College.

Photograph of Workshop on Practice of Yogasana, Pranayama, and Meditation



Leena

Brochure of Workshop on Practice of Yogasana, Pranayama, and Meditation



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD
NSS Unit No 236
Department of Physical Education

In Association with IQAC

Organises

Workshop on Practice of Yogasana, Pranayama, & Meditation



Dr. E. M. G. NAIR
DIRECTOR PATHANJALI PRANAYOGA
VEDVAPEEDIAM

An enlightening and interactive session with a certified senior
naturopathy and advanced yoga therapist.

21 June 2023 & 22 June 2023 | Conference Hall, RCMAS

Faculty Coordinator:
Dr. Chidambaram V.S.

Student Coordinators:
Ms. Sanyukta N.P.
Ms. Anandapriya K.R.

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkannad, Kerala - 682 039

0484 295 5270, 0484 295 9926 www.rajagiri.academy.edu.in
office@rajagiri.academy.edu.in | principal@rajagiri.academy.edu.in

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

Immerse yourself in the profound practices of Yogasana, Pranayama, and Meditation through this transformative workshop. Discover how these ancient disciplines can harmonize the body, mind, and spirit for overall well-being and inner peace. Join us for a workshop that nurtures both body and mind, promoting overall wellness and inner harmony.



Workshop on Practice of Yogasana, Pranayama & Meditation

Key Highlights:

Session 1: Yogasana (Yoga Postures)

Explore a series of yoga postures designed to enhance flexibility, strength, and balance.

Session 2: Pranayama (Breath Control Techniques)

Learn various Pranayama techniques to optimize breathing patterns, increase vitality, and calm the mind.

Session 3: Meditation (Mindfulness Practice)

Experience guided meditation sessions aimed at cultivating inner stillness, clarity, and emotional resilience.



NSS Unit No: 236



Legal

Certificate of Workshop on Practice of Yogasana, Pranayama, and Meditation



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

CERTIFICATE
of Participation

This is to certify that

Sandhya N Menon of BBA
has actively participated in the Life Skill Development
programme titled
Workshop on Practice of Yogasana, Pranayama and Meditation
organised by
NSS Unit 236 and Department of Physical Education
from 21-06-2023 to 22-06-2023


Coordinator


Head of the Department


Principal



Legal

Attendance Statement of Workshop on Practice of Yogasana, Pranayama, and Meditation

Sl.No	Name	Course	Signature	Signature
1	DEVIKA MOSHI	BAE	[Signature]	[Signature]
2	GANGA PRADEEP	M2L	[Signature]	[Signature]
3	SANDHYA N MENON	BBA	[Signature]	[Signature]
4	SOORAJA N P	M2M	[Signature]	[Signature]
5	AMANDA STELLA	M2M	[Signature]	[Signature]
6	POORNIMA C UNNI	M1T	[Signature]	[Signature]
7	ALIYA NASRIN	BAA	[Signature]	[Signature]
8	ADHILA P A	M1T	[Signature]	[Signature]
9	DHIYA JOHNS	M1T	[Signature]	[Signature]
10	DIYA JEMON	M2T	[Signature]	[Signature]
11	POORNA JANARDHANAN	M2C	[Signature]	[Signature]
12	AKSHARA P K	BCA	[Signature]	[Signature]
13	DEVIKA RATHEESH	M1C	[Signature]	[Signature]
14	ANGEL ROSE SAJU	BCA	[Signature]	[Signature]
15	NEHA A S	M2L	[Signature]	[Signature]
16	SOORYA M	M1C	[Signature]	[Signature]
17	GOWRI NANDANA MOHAN	BCA	[Signature]	[Signature]
18	SREEPRIYA SAJI	M1T	[Signature]	[Signature]
19	GAYATHRI K	M1C	[Signature]	[Signature]
20	ANEETA STEPHEN	BCA	[Signature]	[Signature]
21	REBGA CHERIYAN	BCA	[Signature]	[Signature]
22	SNEHA K J	M1C	[Signature]	[Signature]
23	NEHA BABU	BAE	[Signature]	[Signature]
24	SREENANDA	BAE	[Signature]	[Signature]
25	ANN MARIA JOSE	BBA	[Signature]	[Signature]
26	NEHA JERSON	BBA	[Signature]	[Signature]
27	JEEVA BABU	M2C	[Signature]	[Signature]
28	KEERTHY SUNILRAJ K S	M2M	[Signature]	[Signature]

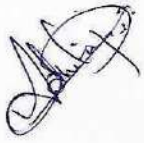

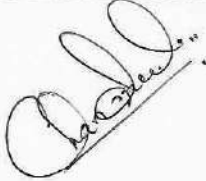


Legal

29	MILAN ABRAHAM SAJU	MIT	MS	MS
30	JOEL JUDE	MIT	MS	MS
31	SIDHARTH VENUGOPAL	BAE	MS	MS
32	ROHITH MENON	BAA	MS	MS
33	NAVANEETH K R	M1C	MS	MS
34	HISHAM JALEEL P	M2L	MS	MS
35	KARTHIKAL P B	BBA	MS	MS
36	ASWIN P	BCA	MS	MS
37	ALAN ALIAS	M1C	MS	MS
38	ABHISHEK J ALAPPAT	M2M	MS	MS
39	VIJAY V K	BCA	MS	MS
40	JOEL DANIEL MATHEWS	BAE	MS	MS
41	HUMAYOON HUSSAIN J S	BAE	MS	MS
42	SIDHARTH ANILKUMAR	MIT	MS	MS
43	JISHNU P NAMBIAR	BBA	MS	MS
44	JOEL JOJI JOSEPH	BCA	MS	MS
45	MOHAMMED RISHAL M	MIT	MS	MS
46	NOEL JOHNY	M1T	MS	MS
47	ALWIN ANTONY	M1T	MS	MS
48	SOORAJ SIVASANKARAN	BCA	MS	MS
49	ABIN BABY	M2C	MS	MS
50	AADI DEV	M2M	MS	MS
51	PEBIN M SUNNY	BBA	MS	MS
52	BLESSON MANU	M2C	MS	MS
53	PAKTHIVA V DILIPKUMAR	M2M	MS	MS
54	ABEL BABU	M1T	MS	MS
55	ABHIMANYU SHEKHAR	BBA	MS	MS
56	NISAMUDHEEN	M2M	MS	MS
57				
58				
59				
60				



Legal

Report submitted by	Adhila P A, Sem 5, BCom Model 1 Finance and Taxation, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala.	
Coordinated by	Ms. Hitha P S, NSS Faculty coordinator, NSS Unit no 236, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Approved by	Dr. Chandralal V S, Programme officer, NSS Unit no 236, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	

23 June 2024



Dr. Laly Mathew
Principal

PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

2. Seminar on Sustainable Super foods: Millets for Health

Programme	Seminar on Sustainable Food: Millets for Health
Date	23 June 2023 to 24 June 2023
No. of Participants	38 students
Resource Person	Dr. Anooja Thomas K, Coordinator of School Food & Science Technology, Former Principal, Baker College for Women, Kottayam
Outcome	Participants received valuable insights from Dr. Anooja Thomas K during the 2-day seminar on Sustainable Foods: Millets for Health. They explored the nutritional benefits of millets, their role in sustainable agriculture, and their potential to boost overall health. The seminar provided practical tips on incorporating millets into diets and promoting their consumption for a sustainable future.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Josmy Mathew and Ms. Diana Joseph, Department of Commerce
Student in charge	Ms. Jubin Thomas Tharayil and Ms. Sara Palat, Department of Commerce

The seminar titled "Sustainable Food: Millets for Health" was conducted on 23rd June 2023, at the College Auditorium, coordinated by Ms. Josmy Mathew and Ms. Diana Joseph, Assistant Professors at RCMAS. The seminar aimed to promote awareness and understanding of millets as sustainable and nutritious superfoods beneficial for health and well-being. Dr. Anooja Thomas K, Coordinator of School Food Science and Technology and Former Principal at MG University, Baker College for Women, Kottayam, served as the resource person, bringing expertise in food science and nutrition to enrich the seminar.



Legal

The seminar schedule encompassed sessions from 9:30 AM to 12:30 PM on 23rd and 24th of June. Topics covered included the nutritional benefits of millets, sustainable farming practices, culinary applications, and the role of millets in promoting food security and biodiversity. Dr. Anooja Thomas K's presentations and interactive discussions provided participants with comprehensive insights into incorporating millets into their diets for improved health outcomes.

Throughout the seminar, 38 participants actively engaged in discussions, workshops, and practical demonstrations aimed at highlighting the versatility and nutritional value of millets. Attendees, comprising students, faculty, and professionals from diverse fields, appreciated the opportunity to learn from Dr. Anooja Thomas K's expertise and the structured approach facilitated by the faculty and student coordinators. By the conclusion of the seminar, participants expressed enthusiasm and commitment to promoting millets as a sustainable dietary choice in their communities and professional spheres.

In conclusion, the "Sustainable Foods: Millets for Health" seminar successfully achieved its objectives of raising awareness about millets' health benefits and promoting sustainable food choices. The collaborative efforts of the faculty coordinators, student coordinators, and the resource person ensured a stimulating and educational experience that empowered participants to advocate for millets as a key component of a healthy and sustainable diet.



Legal

Photographs of Seminar on Sustainable Foods: Millets for Health



Legal

Brochure of Seminar on Sustainable Foods: Millets for Health



**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Department of Commerce
in association with

Internal Quality Assurance Cell (IQAC)

Organises
**Seminar on Sustainable Foods :
Millets for Health**



RESOURCE PERSON

Dr. Anooja Thomas K

Assistant Professor,
Faculty Associate Professor in Dept. of Home Science,
CMM College, Kanganjilur



Faculty coordinator

Ms. Anooja Thomas K (04842955270 & 9048899026)
Ms. Divya Jazal P (04842955270)

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkannad, Kerala - 682039

0484 295 5270, 9048899026
office@rajagiricollege.edu.in

Student coordinator

Ms. Anooja Thomas K (04842955270 & 9048899026)
Ms. Divya Jazal P (04842955270)

www.rajagiricollege.edu.in
commerce@rajagiricollege.edu.in

A seminar to explore the nutritional benefits and environmental advantages of incorporating millets into your diet. Learn how these superfoods contribute to a healthier lifestyle and sustainable agriculture.

23 & 24 June 2023

Auditorium, RCMAS

**Day 1 & 2
(9.30 am to 12.30 pm)**

Topics covering includes the nutritional benefits of millets, sustainable farming practices, culinary applications, and the role of millets in promoting food security and biodiversity. Dr. Anooja Thomas K's presentations and interactive discussions might help provide participants with comprehensive insights into incorporating millets into their diets for improved health outcomes.

Highlighting the versatility and nutritional value of millets, Dr. Anooja Thomas K's expertise and the structured approach facilitated by the faculty and student coordinators. By the conclusion of the seminar, participants expressed enthusiasm and commitment to promoting millets as a sustainable dietary choice in their communities and professional spheres.

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

The Department of Commerce, established in 2005, has rapidly expanded to become a hub of academic excellence and professional training. Initially focused on undergraduate education, offering six UG courses and one PG course. With a robust faculty team of 31 members, The Department of Commerce aims to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extracurricular activities.

1.1 Vision of the Department:
To empower our students with knowledge, skills and ethical grounding to excel in the global economy.

Mission of the Department:
To cultivate socially responsible commerce professionals capable of addressing global challenges sustainably.

Vision

Raising awareness about millet's health benefits and promoting sustainable food choices. The collaborative efforts of the faculty coordinators, student coordinators, and the resource person ensured a stimulating and educational experience that empowered participants to advocate for millets as a key component of a healthy and sustainable diet.

Mission

In conclusion, the participants expressed enthusiasm and commitment to promoting millets as a sustainable dietary choice in their communities and professional spheres.

Legal



Certificate of Seminar on Sustainable Foods: Millets for Health



RCMAS

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

CERTIFICATE OF PARTICIPATION

This is to certify that

Lana Khalid, B. Com Model II Marketing

has actively participated in the **Life Skill Development**
programme titled

Seminar on Sustainable Food : Millets for Health
organised by

Department of Commerce

from 23.06.2023 to 24.06.2023


Coordinator


Head of the Department


Principal



Lana Khalid

**Attendance Statement of Seminar on Sustainable Food
(Day 1)**

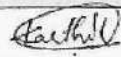

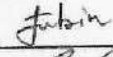

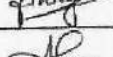
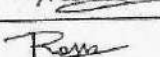
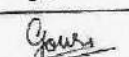
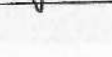


RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	23.06.2023
Title of Programme	Seminar on Sustainable Food :Millets for Health
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Karthik Kishor	B. Com Model II Finance and Taxation	
2	Noel S Joseph	B. Com Model II Finance and Taxation	
3	Jubin Thomas Tharayil	B. Com Model II Finance and Taxation	
4	Sara Palat	B. Com Model II Finance and Taxation	
5	Finny Kurian	B. Com Model II Finance and Taxation	
6	Aleena Saju	B. Com Model II Finance and Taxation	
7	Ross Elsa Roy	B. Com Model II Finance and Taxation	
8	Gouri Bhadra D L	B. Com Model I Finance and Taxation	



Legal

9	R Vaisakh	B. Com Model I Finance and Taxation	<i>Vaisakh</i>
10	Reema Regi	B. Com Model I Finance and Taxation	<i>Reema Regi</i>
11	Varsha Ajay	B. Com Model I Computer Applications	<i>Varsha</i>
12	Neha Susan Baby	B. Com Model I Computer Applications	<i>Neha</i>
13	Tiara Babu	B. Com Model I Computer Applications	<i>Tiara</i>
14	Aiswarya K	B. Com Model I Computer Applications	<i>Aiswarya</i>
15	Vignesh Venugopal	B. Com Model I Computer Applications	<i>Vignesh</i>
16	Adithyan Manoj	B. Com Model I Computer Applications	<i>Adithyan</i>
17	Sooraj Sibi	B. Com Model I Computer Applications	<i>Sooraj</i>
18	Nima R Mechery	B. Com Model I Computer Applications	<i>Nima R Mechery</i>
19	Rose Saiolin	B. Com Model I Computer Applications	<i>Rose</i>
20	Neha Ann Iype	B. Com Model I Computer Applications	<i>Neha Ann</i>
21	Mohammed Danish	B. Com Model II Computer Applications	<i>Mohammed Danish</i>
22	Riya Raj	B. Com Model II Computer Applications	<i>Riya Raj</i>
23	Shinz M S	B. Com Model II Computer Applications	<i>Shinz</i>
24	John Paul	B. Com Model II Computer Applications	<i>John Paul</i>
25	Swetha Jayan	B. Com Model II Computer Applications	<i>Swetha</i>
26	Sidharth Krishna M M	B. Com Model II Computer Applications	<i>Sidharth Krishna</i>
27	Anishka Shaji	B. Com Model II Logistics Management	<i>Anishka Shaji</i>
28	Devadath Veppil Siraj	B. Com Model II Logistics Management	<i>Devadath</i>
29	Christo George Sebastian	B. Com Model II Logistics Management	<i>Christo</i>
30	Irene C Prince	B. Com Model II Logistics	<i>Irene Prince</i>



Legal 17

		Management	
31	Thameem Hadhi P A	B. Com Model II Logistics Management	<i>Thameem</i>
32	Rickin Tom	B. Com Model II Marketing	<i>Rickin</i>
33	Shreya Srinivas	B. Com Model II Marketing	<i>Shreya Srinivas</i>
34	Praveen Zachariah	B. Com Model II Marketing	<i>Praveen</i>
35	Sana Khalid	B. Com Model II Marketing	<i>Sana Khalid</i>

Ms. Josmy Mathew *Josmy*

Ms. Diana Joseph *Diana*

Name of Event Coordinator / Coordinators

with Signature



Legal



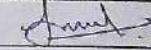







**Attendance statement of Seminar on Seminar on Sustainable Food
(Day 2)**



**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Date	24.06.2023 (Day 2)
Title of Programme	Seminar on Sustainable Food :Millets for Health
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Karthik Kishor	B. Com Model II Finance and Taxation	
2	Noel S Joseph	B. Com Model II Finance and Taxation	
3	Jubin Thomas Tharayil	B. Com Model II Finance and Taxation	
4	Sara Palat	B. Com Model II Finance and Taxation	
5	Finny Kurian	B. Com Model II Finance and Taxation	
6	Aleena Saju	B. Com Model II Finance and Taxation	
7	Ross Elsa Roy	B. Com Model II Finance and Taxation	
8	Gouri Bhadra D L	B. Com Model I Finance and Taxation	
9	R Vaisakh	B. Com Model I Finance and Taxation	
10	Reema Regi	B. Com Model I Finance and Taxation	





9	R Vaisakh	B. Com Model I Finance and Taxation	<i>Vaisakh</i>
10	Reema Regi	B. Com Model I Finance and Taxation	<i>Reema Regi</i>
11	Varsha Ajay	B. Com Model I Computer Applications	<i>Varsha</i>
12	Neha Susan Baby	B. Com Model I Computer Applications	<i>Neha</i>
13	Tiara Babu	B. Com Model I Computer Applications	<i>Tiara</i>
14	Aiswarya K	B. Com Model I Computer Applications	<i>Aiswarya</i>
15	Vignesh Venugopal	B. Com Model I Computer Applications	<i>Vignesh</i>
16	Adithyan Manoj	B. Com Model I Computer Applications	<i>Adithyan</i>
17	Sooraj Sibi	B. Com Model I Computer Applications	<i>Sooraj</i>
18	Nima R Mechery	B. Com Model I Computer Applications	<i>Nima R Mechery</i>
19	Rose Saiolin	B. Com Model I Computer Applications	<i>Rose</i>
20	Neha Ann Iype	B. Com Model I Computer Applications	<i>Neha Ann</i>
21	Mohammed Darish	B. Com Model II Computer Applications	<i>Mohammed Darish</i>
22	Riya Raj	B. Com Model II Computer Applications	<i>Riya Raj</i>
23	Shinz M S	B. Com Model II Computer Applications	<i>Shinz</i>
24	John Paul	B. Com Model II Computer Applications	<i>John Paul</i>
25	Swetha Jayan	B. Com Model II Computer Applications	<i>Swetha</i>
26	Sidharth Krishna M M	B. Com Model II Computer Applications	<i>Sidharth Krishna</i>
27	Anishka Shaji	B. Com Model II Logistics Management	<i>Anishka Shaji</i>
28	Devadath Veppil Siraj	B. Com Model II Logistics Management	<i>Devadath</i>
29	Christo George Sebastian	B. Com Model II Logistics Management	<i>Christo</i>
30	Irene C Prince	B. Com Model II Logistics	<i>Irene C Prince</i>



Legal

		Management	
31	Thameem Hadhi P A	B. Com Model II Logistics Management	<i>Thameem</i>
32	Rickin Tom	B. Com Model II Marketing	<i>Rickin Tom</i>
33	Shreya Srinivas	B. Com Model II Marketing	<i>Shreya Srinivas</i>
34	Praveen Zachariah	B. Com Model II Marketing	<i>Praveen</i>
35	Sana Khalid	B. Com Model II Marketing	<i>Sana Khalid</i>


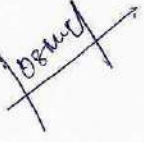

Ms. Josmy Matthew *Josmy*
Ms. Diana Joseph *Diana*



Name of Event Coordinator / Coordinators
with Signature



Legal

Report submitted by	Ms. Jubin Thomas Tharayil and Ms. Sara Palat, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Josmy Mathew and Ms. Diana Joseph, Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HOD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

26 June 2023



Dr. Laly Mathew
Principal

PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039

3. Seminar on Smiling through Struggles: Nurturing Mental Health in Difficult Times

Programme	Seminar on Smiling through Struggles: Nurturing Mental Health in Difficult Times
Date	23 June 2023 to 24 June 2023
No. of Participants	40 Students
Resource Person	Ms. Raji Anil Kumar, Teacher at Sacred Heart CMI Public School
Outcome	Participants gained a better understanding of mental health challenges and were equipped with effective tools to nurture their mental well-being during difficult times and to foster a supportive environment, encouraging individuals to smile through their struggles and prioritize their mental health.
Organized by	Department of English, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39, Kerala
Faculty in charge	Ms. Sai Parvathi I R, Department of English
Student in charge	Mr. Aphrem Basil, BAE VI Semester, Department of English

The Department of English at Rajagiri College of Management and Applied Sciences organized a two-day Seminar on Smiling through Struggles: Nurturing Mental Health in Difficult Times on the 23rd and 24th of June 2023. The seminar aimed to raise awareness about the significance of mental health, equip participants with tools and techniques for coping with stress and difficulties and foster a supportive community where individuals can share experiences and encourage each other. A total of 40 students participated in the seminar. The



Legat

seminar benefited from the expertise of Ms. Raji Anil Kumar, Teacher at Sacred Heart CMI Public School . Ms. Raji brought valuable insights into the session by sharing her own life experiences as she overcame her difficult times.

The seminar included a series of enriching sessions which focused on the importance of maintaining mental health during challenging periods. The event aimed to provide attendees with practical strategies and insights to manage stress, build resilience, and find positivity amidst adversity.

The organizing committee extends sincere appreciation to Ms. Raji for her invaluable contributions. Special thanks to Ms. Sai Parvathy I R, and the student coordinator, Mr. Aphrem Basil, for their dedicated efforts in ensuring the success of the seminar.

The Seminar served as a platform to highlight the critical importance of maintaining mental well-being during life's challenges. Through informative presentations, practical strategies, and interactive sessions, participants gained valuable insights and tools to manage stress, build resilience, and find positivity amidst adversity. Overall, the seminar made a significant impact by equipping attendees with the knowledge and confidence to nurture their mental health through life's inevitable struggles.




Legal

**Photographs of Seminar on Smiling through Struggles: Nurturing
Mental Health in Difficult Times**




Legal

**Brochure of Seminar on Smiling through Struggles:
Nurturing Mental Health in Difficult Times**



FACULTY COORDINATOR:
Ms. Sai Parvathy I R
+91 7736232090


STUDENT COORDINATOR:
Aphrem Basil
+91 9847606266



**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Department of English
In association with
Internal Quality Assurance Cell (IQAC)
organizes

Seminar on
**Smiling through Struggles: Nurturing
Mental Health in Difficult Times**



Resource Person
Ms. Raji Anil Kumar
Teacher at Sacred Heart C.M.I Public School

Conference Hall
23 & 24 June 2023

Rajagiri College of Management and Applied Sciences, Rajagiri Valley P.O., Kakkannad, Kozhikode. Phone: 0484-2955270. Website: www.rajagiricollege.edu.in

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

The Department of English, institutionalised in 2015, focuses on equipping students with essential skills in Language, Communication, and Journalism. It is our pride to announce that we will be hosting a seminar on smiling through struggles: nurturing mental health in difficult times. The Event will take place from 23rd June to 24th June 2023.

Day 1 (11:00 AM - 12:30 PM)
Importance of Mental Health

Students will gain a better understanding of mental health challenges. Encouraging open conversation about mental health and offering support can create a safe and understanding environment for students.

Day 2 (10:30 AM - 1:00 PM)
Life story of Ms. Raji Anil Kumar

How she overcame cancer, the strength portrayed by her and the inspiration it offers to others facing the similar challenges.

By Attending this Seminar:

- Talk about your thoughts, feelings and concerns in a safe and confidential environment.
- Gain insight in your emotions and behaviours, learn how to manage stress, anxiety or depression and develop healthier ways of thinking.
- Mental Health sessions can help you build self awareness, improve your relationship and enhance your overall quality of life.
- This session can provide you with support, guidance, and coping strategies to help you navigate challenges and improve your mental health.



Legal

**Certificate of Seminar on Smiling through Struggles:
Nurturing Mental Health in Difficult Times**



Laly Mathew

Attendance Statement of Seminar on Smiling through Struggles: Nurturing Mental Health in Difficult Times (Day 1)


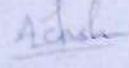





RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	23.06.2023 (Day 1)
Title of Programme	Seminar on Smiling through Struggles: Nurturing Mental Health in Difficult Times
Department/Organising Cell	Department of English in association with IQAC and Library Club
Venue	Conference Hall

LIST OF ATTENDEES

SL NO.	NAME	PROGRAMME	SIGNATURE
1	Aaron Varkey Aju	BA English Literature, Communication and Journalism (Triple Main)	
2	Achyuth Anil	BA English Literature, Communication and Journalism (Triple Main)	
3	Alan Susan Saji	BA English Literature, Communication and Journalism (Triple Main)	
4	Aleena Arif	BA English Literature, Communication and Journalism (Triple Main)	
5	Aleena Augustine	BA English Literature, Communication and Journalism (Triple Main)	














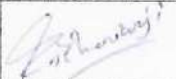




6	Alena Ann Vinod	BA English Literature, Communication and Journalism (Triple Main)	<i>Alena Ann</i>
7	Aman K Sajith	BA English Literature, Communication and Journalism (Triple Main)	<i>AMANKS</i>
8	Angelina Alson	BA English Literature, Communication and Journalism (Triple Main)	<i>Angelina</i>
9	Anna Susan K B	BA English Literature, Communication and Journalism (Triple Main)	<i>Anna Susan</i>
10	Anusha Gilu	BA English Literature, Communication and Journalism (Triple Main)	<i>Anusha Gilu</i>
11	Aradhana Mary George	BA English Literature, Communication and Journalism (Triple Main)	<i>Aradhana</i>
12	Athena Sajith	BA English Literature, Communication and Journalism (Triple Main)	<i>Athena</i>
13	Aysha Mol	BA English Literature, Communication and Journalism (Triple Main)	<i>Aysha</i>
14	Balagopal C J	BA English Literature, Communication and Journalism (Triple Main)	<i>Absent</i>
15	Devika Moshi	BA English Literature, Communication and Journalism (Triple Main)	<i>Devika Moshi</i>
16	Farha Fathima	BA English Literature, Communication and Journalism (Triple Main)	<i>Farha</i>
17	Gia Prabhu	BA English Literature, Communication and Journalism (Triple Main)	<i>Gia Prabhu</i>
18	H S Gopika	BA English Literature, Communication and Journalism (Triple Main)	<i>H S Gopika</i>
19	Hanna Susan Thomas	BA English Literature, Communication and Journalism (Triple Main)	<i>Hanna Susan</i>
20	Hil Jean	BA English Literature, Communication and Journalism (Triple Main)	<i>Hil Jean</i>








Legal

21	Humayoon Hussam JS	BA English Literature, Communication and Journalism (Triple Main)	
22	Iapynbianglang Kharbuli	BA English Literature, Communication and Journalism (Triple Main)	
23	Jenna Anna Paul	BA English Literature, Communication and Journalism (Triple Main)	
24	Joanna Tojo	BA English Literature, Communication and Journalism (Triple Main)	
25	Joel Daniel Mathews	BA English Literature, Communication and Journalism (Triple Main)	
26	Kokila P L	BA English Literature, Communication and Journalism (Triple Main)	
27	Leo S Alex	BA English Literature, Communication and Journalism (Triple Main)	Absent
28	Mehrin Abdul Razack	BA English Literature, Communication and Journalism (Triple Main)	
29	Melinda Joji	BA English Literature, Communication and Journalism (Triple Main)	
30	Nandini Brarath	BA English Literature, Communication and Journalism (Triple Main)	
31	Neha Babu	BA English Literature, Communication and Journalism (Triple Main)	
32	Nimisha Sabu	BA English Literature, Communication and Journalism (Triple Main)	
33	Renya Rashid	BA English Literature, Communication and Journalism (Triple Main)	
34	Ria Ros Roy	BA English Literature, Communication and Journalism (Triple Main)	
35	Rose Maria Reji	BA English Literature, Communication and Journalism (Triple Main)	





36	Sania Suresh	BA English Literature, Communication and Journalism (Triple Main)	
37	Sidharth Venugopal P	BA English Literature, Communication and Journalism (Triple Main)	
38	Sreenanda M	BA English Literature, Communication and Journalism (Triple Main)	
39	Tara Cicily Abraham	BA English Literature, Communication and Journalism (Triple Main)	
40	Varsha Susan Varghese	BA English Literature, Communication and Journalism (Triple Main)	


Ms. Sai Parvathy I R

Name of Event Coordinator with Signature





**Attendance Statement of Seminar on Smiling through Struggles:
Nurturing Mental Health in Difficult Times (Day 2)**


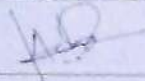
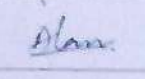
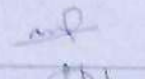



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	24.06.2023 (Day 2)
Title of Programme	Seminar on Smiling through Struggles: Nurturing Mental Health in Difficult Times
Department/Organising Cell	Department of English in association with IQAC and Library Club
Venue	Conference Hall

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aaron Varkey Aju	BA English Literature, Communication and Journalism (Triple Main)	
2	Achyuth Anil	BA English Literature, Communication and Journalism (Triple Main)	
3	Alan Susan Saji	BA English Literature, Communication and Journalism (Triple Main)	
4	Aleena Arif	BA English Literature, Communication and Journalism (Triple Main)	
5	Aleena Augustine	BA English Literature, Communication and Journalism (Triple Main)	




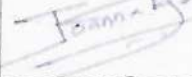


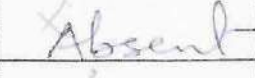
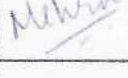

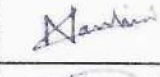


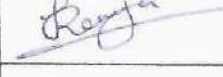






6	Alena Ann Vinod	BA English Literature, Communication and Journalism (Triple Main)	<i>Alena Ann</i>
7	Aman K Sajith	BA English Literature, Communication and Journalism (Triple Main)	<i>Aman K S</i>
8	Angelina Alson	BA English Literature, Communication and Journalism (Triple Main)	<i>Angelina</i>
9	Anna Susan K B	BA English Literature, Communication and Journalism (Triple Main)	<i>Anna Susan</i>
10	Anusha Gilu	BA English Literature, Communication and Journalism (Triple Main)	<i>Anusha Gilu</i>
11	Aradhana Mary George	BA English Literature, Communication and Journalism (Triple Main)	<i>Aradhana</i>
12	Athena Sajith	BA English Literature, Communication and Journalism (Triple Main)	<i>Athena</i>
13	Aysha Mol	BA English Literature, Communication and Journalism (Triple Main)	<i>Aysha</i>
14	Balagopal C J	BA English Literature, Communication and Journalism (Triple Main)	<i>Absent</i>
15	Devika Moshi	BA English Literature, Communication and Journalism (Triple Main)	<i>Devika</i>
16	Farha Fathima	BA English Literature, Communication and Journalism (Triple Main)	<i>Farha</i>
17	Gia Prabhu	BA English Literature, Communication and Journalism (Triple Main)	<i>Gia Prabhu</i>
18	H S Gopika	BA English Literature, Communication and Journalism (Triple Main)	<i>H S Gopika</i>
19	Hanna Susan Thomas	BA English Literature, Communication and Journalism (Triple Main)	<i>Hanna</i>
20	Hil Jean	BA English Literature, Communication and Journalism (Triple Main)	<i>Hil Jean</i>








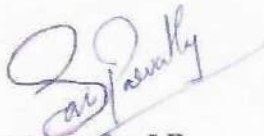
Legal

21	Humayoon Hussain JS	BA English Literature, Communication and Journalism (Triple Main)	
22	Japynbianglang Kharbuli	BA English Literature, Communication and Journalism (Triple Main)	
23	Jenna Anna Paul	BA English Literature, Communication and Journalism (Triple Main)	
24	Joanna Tojo	BA English Literature, Communication and Journalism (Triple Main)	
25	Joel Daniel Mathews	BA English Literature, Communication and Journalism (Triple Main)	
26	Kokila P L	BA English Literature, Communication and Journalism (Triple Main)	
27	Leo S Alex	BA English Literature, Communication and Journalism (Triple Main)	
28	Mehrin Abdul Razack	BA English Literature, Communication and Journalism (Triple Main)	
29	Melinda Joji	BA English Literature, Communication and Journalism (Triple Main)	
30	Nandini Brarath	BA English Literature, Communication and Journalism (Triple Main)	
31	Neha Babu	BA English Literature, Communication and Journalism (Triple Main)	
32	Nimisha Sabu	BA English Literature, Communication and Journalism (Triple Main)	
33	Renya Rashid	BA English Literature, Communication and Journalism (Triple Main)	
34	Ria Ros Roy	BA English Literature, Communication and Journalism (Triple Main)	
35	Rose Maria Reji	BA English Literature, Communication and Journalism (Triple Main)	








36	Sania Suresh	BA English Literature, Communication and Journalism (Triple Main)	
37	Sidharth Venugopal P.	BA English Literature, Communication and Journalism (Triple Main)	
38	Sreenanda M	BA English Literature, Communication and Journalism (Triple Main)	
39	Tara Cicily Abraham	BA English Literature, Communication and Journalism (Triple Main)	
40	Varsha Susan Varghese	BA English Literature, Communication and Journalism (Triple Main)	


Ms. Sai Parvathy I R

Name of Event Coordinator with Signature





Report submitted by	Mr. Aphrem Basil, BAE VI Semester, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Coordinated by	Ms. Sai Parvathy I R, Assistant Professor, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Approved by	Ms. Martina A.A, HoD & Assistant Professor, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	

26 June 2023



Dr. Laly Mathew

Principal

PRINCIPAL

Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

4. Workshop on Shutter Success: A Two-Day DSLR Hands - For Entrepreneurial Skills

Programme	Shutter Success: Two-Day DSLR Hands on Workshop for Entrepreneurial Skills
Date	August 21st and 22nd 2023
No. of Participants	147
Outcome	The "Shutter Success" workshop is to see participants confidently leveraging DSLR photography to enhance their entrepreneurial ventures, effectively driving business growth through compelling visual storytelling.
Organized by	Photography Club - Shutterbugs, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39 & Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O
Faculty in charge	Mr. Abbin Joseph Thomas. Assistant Professor, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences Mr. Christy Babu Lukose, Assistant Professor, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Rajagiri Valley
Student in charge	Mr. Adwaid A V, BA Animation and Graphic Design 2022-25 Batch Mr. Athul K M, BA Animation and Graphic Design 2021-24 Batch

On August 21st and 22nd 2023, the Shutterbugs Photography Club and Department of animation and graphic design of Rajagiri College of Management and Applied Sciences organized a dynamic two-day workshop titled "Shutter Success: DSLR Hands-On Workshop for Entrepreneurial Skills." The event saw an impressive turnout of 147 participants, all eager to develop their photography skills and explore the entrepreneurial opportunities within the field.




The workshop was meticulously planned and executed, providing attendees with a comprehensive learning experience.

Inaugural Session

The workshop began with an inaugural session, presided over by Dr. Laly Mathew, Principal of Rajagiri College of Management and Applied Sciences. In her opening speech, Dr. Laly Mathew highlighted the significance of integrating technical skills with entrepreneurial acumen. She applauded the Shutterbugs club for their initiative in organizing a workshop that combined both elements encouraging students to leverage their talents in the competitive world of business.

Day 1: Photography Fundamentals and Practical Training (21.08.2023)

Introduction to DSLR Photography

The first session of the day was led by Mr. Don Roy, Canon Expert - V Traders and Mr. Vinod, Canon Expert, V Traders. They provided a thorough introduction to DSLR photography, covering essential topics such as camera settings, exposure, and composition. The instructors emphasized the importance of understanding the technical aspects of photography to capture high-quality images.

Hands-On Practical Training

Participants were then divided into small groups for hands-on practical training. This segment allowed them to apply the theoretical knowledge they had gained. The instructors guided the participants through various exercises helping them to become familiar with their DSLR cameras and experiment with different settings. The interactive nature of this session ensured that participants could ask questions and receive immediate feedback.

Entrepreneurial Insights in Photography

The day concluded with a session focused on the entrepreneurial aspects of photography. Guest speakers, including successful freelance photographers and photography business owners, shared their experiences and insights. They discussed topics such as building a personal brand, marketing strategies, and the importance of networking in the photography industry. This session provided valuable information for participants aspiring to turn their passion for photography into a viable career.

Day 2: Advanced Techniques and Business Strategies (22.08.2023)



Advanced Photography Techniques

The second day of the workshop began with advanced photography techniques, led by Mr. Don Roy, Canon Expert - V Traders and Mr. Vinod, Canon Expert, V Traders. Topics covered included portrait photography, landscape photography and product photography. The instructors demonstrated various lighting setups, posing techniques and tips for capturing stunning images in different environments.

Post-Processing and Editing

Following the advanced techniques session, participants were introduced to post-processing and editing using industry-standard software. The instructors demonstrated how to enhance images, correct colors and use creative effects to achieve a polished final product. This session was crucial for participants to understand the importance of post-processing in the professional photography workflow.

Developing a Photography Business Plan

The afternoon session focused on developing a photography business plan. Participants were guided through the steps of creating a business plan, including market research, defining target audiences, setting pricing strategies, and identifying revenue streams. This practical exercise helped participants to outline clear, actionable plans for their photography ventures.

Photo Walk and Portfolio Review

To wrap up the workshop, participants embarked on a photo walk around the campus, capturing images that showcased their newly acquired skills. Upon returning, they presented their best shots for a portfolio review. The instructors provided constructive feedback, highlighting strengths and suggesting areas for improvement. This session was invaluable for participants to refine their techniques and gain confidence in their abilities.

Conclusion

The "Shutter Success: DSLR Hands-On Workshop for Entrepreneurial Skills" concluded with a closing ceremony, where participants received certificates of completion. The event was a resounding success, with attendees expressing their appreciation for the comprehensive and engaging learning experience. The workshop not only enhanced their technical photography skills but also equipped them with the entrepreneurial knowledge necessary to pursue a career in photography.



Legal

Acknowledgments

The success of the workshop was made possible by the dedicated efforts of the resource persons and organizers. Special thanks to Mr. Abbin Joseph Thomas and Mr. Christy Babu Lukose, Assistant Professors from the Department of Animation and Graphic Design for their invaluable support and guidance. The student in charge, Mr. Adwaid A V from the BA Animation and Graphic Design 2022-25 Batch, and Mr. Athul K M from the BA Animation and Graphic Design 2021-24 Batch, played a crucial role in coordinating the event and ensuring its smooth execution.

Impact and Future Prospects

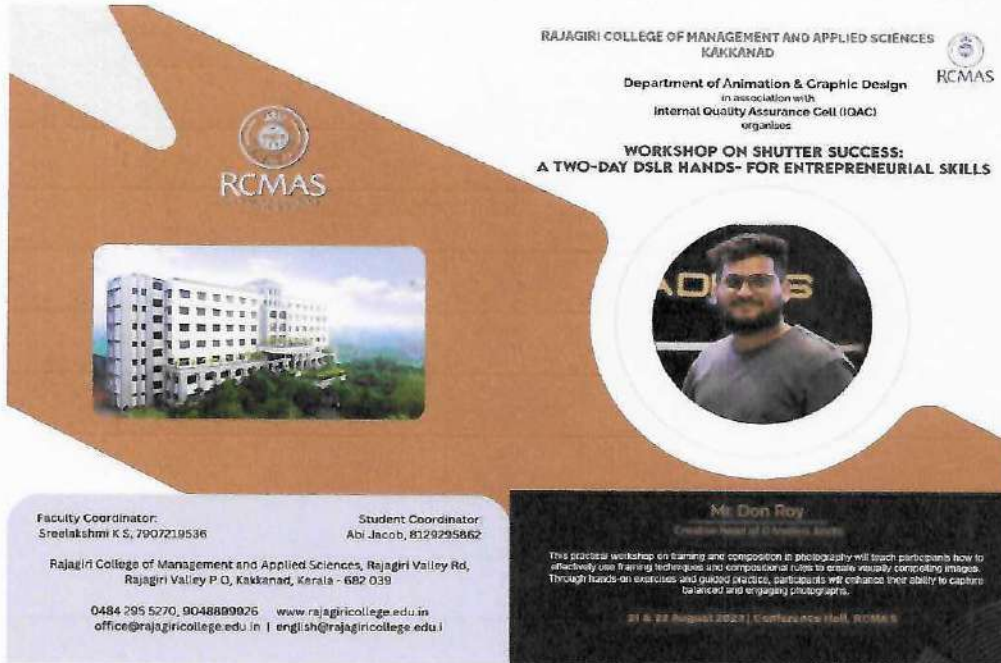
The workshop not only enhanced the technical and entrepreneurial skills of the participants but also fostered a deeper passion for photography. It provided a platform for budding photographers to connect, share ideas, and learn from professionals. The success of this event has set the stage for future workshops and collaborations, further strengthening the photography culture at Rajagiri College of Management and Applied Sciences. The Shutterbugs club aims to continue its efforts in promoting photography as an art form and a viable career path.

In summary, the "Shutter Success: DSLR Hands-On Workshop for Entrepreneurial Skills" was a landmark event that left a lasting impression on all attendees, fostering a community of enthusiastic and skilled photographers at Rajagiri College.



A handwritten signature in green ink, appearing to read "Vignesh", is written over a horizontal line.



**Brochure of Shutter Success: A Two-Day DSLR Hands-On
Workshop for Entrepreneurial Skills (Day1)**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Department of Animation & Graphic Design
in association with
Internal Quality Assurance Cell (IQAC)
organizes

**WORKSHOP ON SHUTTER SUCCESS:
A TWO-DAY DSLR HANDS- FOR ENTREPRENEURIAL SKILLS**

Mr. Don Roy
Creative Head of Animation & Graphic Design

This practical workshop on framing and composition in photography will teach participants how to effectively use framing techniques and compositional rules to create visually compelling images. Through hands-on exercises and guided practice, participants will enhance their ability to capture balanced and engaging photographs.

21 & 22 August 2021 | Conference Hall, RCMAS

Faculty Coordinator:
Sreelakshmi K.S, 7907219536

Student Coordinator:
Abi Jacob, 8129295862

Rajagiri College of Management and Applied Sciences, Rajagiri Valley Rd,
Rajagiri Valley P O, Kakkanad, Kerala - 682 039

0484 295 5270, 9048889026 www.rajagiricollege.edu.in
office@rajagiricollege.edu.in | english@rajagiricollege.edu.in

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkanad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kurlakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

The Department of Animation and Graphic Design, institutionalised in 2016 with the aim of nurturing creative talent and providing industry-relevant education, the department offers various courses tailored to meet the demands of the animation and multimedia industry.

1 DAY 1 (9.30 AM TO 04.00 PM)

Fundamentals of Photography

Introduction to Photography
Camera Basics and Settings (Aperture, Shutter Speed, ISO)
Understanding Exposure
Composition and Framing Techniques
Lighting Essentials (Natural and Artificial Light)

2 DAY 2 (9.30 AM TO 04.00 PM)

Advanced Techniques and Creative Development

Advanced Techniques and Creative Development
Introduction to Photography
Camera Basics and Settings (Aperture, Shutter Speed, ISO)
Understanding Exposure
Composition and Framing Techniques
Lighting Essentials (Natural and Artificial Light)

OBJECTIVE:

Improved technical skills in camera handling, lighting, and composition, alongside enhanced creative development and post-processing abilities. Participants often leave with a stronger portfolio, newfound inspiration, and increased confidence in their photographic talents. Additionally, the workshop provides valuable networking opportunities, constructive feedback, and practical hands-on experience, all of which can contribute to both personal growth and career advancement in the field of photography.



Legal

**Attendance Statement of Shutter Success: A Two-Day DSLR
Hands - On Workshop for Entrepreneurial Skills (Day1)**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
SHUTTER SUCCESS: TWO-DAY DSLR HANDS ON WORKSHOP FOR
ENTREPRENEURIAL SKILLS
DATE : 21/08/2023 (MONDAY)
VENUE : CONFERENCE HALL
ATTENDANCE SHEET

SL NO	NAME	BATCH	PROGRAMME	SIGN
1	Aiden Anthony Feric	1 year	M2C	<i>[Signature]</i>
2	K Vignesh	1 st year	M2C	<i>[Signature]</i>
3	Antony Shion Saju	1 st year	M2C	<i>[Signature]</i>
4	Rijul Sanjeev	1 st year	M2C	<i>[Signature]</i>
5	Joe Joseph Joyal	1 st year	BA English	<i>[Signature]</i>
6	Edward Za Robince	2 nd year	BBA	<i>[Signature]</i>
7	Anamiga V	2 nd year	M2C	<i>[Signature]</i>
8	Richard Charles	2 nd year	M2C	<i>[Signature]</i>
9	Aareth Paul Kurikose	2 nd yr	M2C	<i>[Signature]</i>
10	Neha Atho	2 nd year	M1C	<i>[Signature]</i>
11	Sivani R.	2 nd year	BBA	<i>[Signature]</i>
12	Abhinav A Nair	1 st year	BCOM (far)	<i>[Signature]</i>
13	Adish Suresh	1 st year	M1I	<i>[Signature]</i>
14	Mohammed Yaseen K J	1 st year	M1I	<i>[Signature]</i>



[Handwritten Signature]

**Attendance Statement of Shutter Success: A Two-Day DSLR Hands -
On Workshop for Entrepreneurial Skills (Day2)**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
SHUTTER SUCCESS: TWO-DAY DSLR HANDS ON WORKSHOP FOR
ENTREPRENEURIAL SKILLS
DATE : 22/08/2023 (TUESDAY)
VENUE : CLASSROOM NO 603
ATTENDANCE SHEET

SL NO	NAME	BATCH	PROGRAMME	SIGN
1	EVA ANNA SHIBU	1 st year BBA	BBA GD	<i>[Signature]</i>
2	Roshna Suresh	1 st year	BA-AGD	<i>[Signature]</i>
3	Aiden Anthony Felix	1 st year	M2C	<i>[Signature]</i>
4	k.vignesh	1 st year	M2C	<i>[Signature]</i>
5	Antony shron Saju	1 st year	M2C	<i>[Signature]</i>
6	Rijul Sanjeev	1 st year	M2C	<i>[Signature]</i>
7	Joe Joseph Joyal	1 st year	BA English	<i>[Signature]</i>
8	Edward Zac Robinson	2 nd year	BBA	<i>[Signature]</i>
9	Anamika V	2 nd year	M2C	<i>[Signature]</i>
10	RICHARD CHARLES	2 nd year	M2C	<i>[Signature]</i>
11	ANRETH PAUL	2 nd year	M2C	<i>[Signature]</i>
12	Neha Anilo	2 nd year	M2C	<i>[Signature]</i>
13	Sivani R.	2 nd year	BBA	<i>[Signature]</i>
14	Abhinav A Nair	1 st year	M2C	<i>[Signature]</i>



[Handwritten Signature]

**Certificate of Shutter Success: A Two-Day DSLR Hands-On
Workshop For Entrepreneurial Skills**



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

CERTIFICATE OF PARTICIPATION

THIS IS TO CERTIFY THAT NEHA ANTO

..... Msc - 2nd year

HAS ACTIVELY PARTICIPATED IN THE ENTREPRENEURSHIP SKILL DEVELOPMENT
PROGRAMME TITLED

Shutter Success: DSLR Hands on Workshop for Entrepreneurial Skills

ORGANISED BY

Department of Animation and Graphic Design

FROM 21.08.2021 TO 22.08.2021



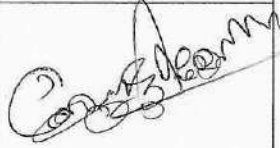
 COORDINATOR

 HEAD OF THE DEPARTMENT

 PRINCIPAL



Legal

<p>Report submitted by</p>	<p>Mr. Adwaid A V, BA Animation and Graphic Design 2022-25 Batch, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Kakkanad</p>	
<p>Coordinated by</p>	<p>Mr. Abbin Joseph Thomas, Assistant Professor and Photography Club In charge, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Kakkanad & Mr. Christy Babu Lukose, Assistant Professor and Photography Club Additional Coordinator, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Kakkanad</p>	
<p>Approved by</p>	<p>Mr. Jotty Jacob, HoD & Assistant Professor, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Kakkanad</p>	

29 August 2023




Dr. Laly Mathew

Principal

PRINCIPAL

Rajagiri College of Management & Applied Sciences

Rajagiri Valley, P. O., Kakkanad - 682 039

5. Workshop on Nurturing an Entrepreneurial Attitude in Education

Programme	Workshop on Nurturing an Entrepreneurial Attitude in Education
Date	14 September 2023 to 15 September 2023
No. of Participants	40 Students
Resource Person	Ms. Akshita Agarwal, Head of Training, Communication & Customer Care
Outcome	Led by Akshitha Agarwal, this three-day workshop equipped participants with strategies to foster entrepreneurial mind sets in education. Educators gained skills in integrating creativity, critical thinking, and problem-solving into curricula, preparing students for innovation-driven futures.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Mr. Ashish C Pius. Department of Commerce
Student in charge	Mr. Noel Joseph and Mr. Harsh George Paul, Department of Commerce

The "Workshop on Nurturing an Entrepreneurial Attitude in Education" took place on September 14-15, 2023, at Conference Hall, organized by Mr. Ashish C Pius, Assistant Professor at RCMAS. The workshop aimed to instill an entrepreneurial mindset among participants, emphasizing innovation, creativity, and strategic thinking essential for entrepreneurial success in various educational contexts. Ms. Akshita Agarwal, Head of Training at Communication & Customer Care, served as the resource person, bringing expertise in entrepreneurship and educational development to enrich the workshop.

The workshop sessions were structured from 9:30 AM to 11:30 AM on the first day and from 10:00 AM to 12:30 PM on the second day. Topics covered included fostering creativity,



(Handwritten signature)

identifying entrepreneurial opportunities, developing business acumen, and overcoming challenges in entrepreneurial ventures. Ms. Akshita Agarwal's interactive sessions and practical insights provided participants with valuable strategies and frameworks to cultivate an entrepreneurial attitude and translate innovative ideas into tangible outcomes.

With 40 enthusiastic participants in attendance, comprising students and educators keen on exploring entrepreneurship, the workshop facilitated lively discussions, case studies, and hands-on activities. Participants actively engaged in brainstorming sessions and group exercises aimed at applying entrepreneurial principles to educational settings. By the conclusion of the workshop, attendees expressed appreciation for the comprehensive learning experience and their readiness to integrate entrepreneurial thinking into their academic and professional pursuits.

In conclusion, the "Nurturing an Entrepreneurial Attitude in Education" workshop successfully achieved its objectives of fostering creativity and innovation among participants while equipping them with practical skills and strategies for entrepreneurial endeavors. The collaborative efforts of the faculty coordinator, student coordinators, and the expertise of Ms. Akshita Agarwal ensured a stimulating and enriching workshop that empowered participants to embrace entrepreneurial opportunities and contribute effectively to the educational landscape.



Photograph of Workshop on Nurturing an Entrepreneurial Attitude in Education



Handwritten signature in green ink.

Poster of Workshop on Nurturing an Entrepreneurial Attitude in Education




RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Department of Commerce
in association with
Internal Quality Assurance Cell (IQAC)
organises

Workshop

Entrepreneurial Attitude in Education



Resource Person
Mr. Akshitha Agarwal

Conference Hall

 **09:30 AM To 11:30 PM | 14 & 15 September , 2023**

Faculty Coordinator:
Mr. Ashish C. Pius 9895308096

Student Coordinator:
Mr. Noel Joseph 9895308096
Mr. Hans George Pius 9895308096



Legal

Brochure of Workshop on Nurturing an Entrepreneurial Attitude in Education



Rajagiri college of management and applied sciences
Kakkanad

Department of commerce
in association with IQAC

Organises

Workshop on Nurturing an Entrepreneurial Attitude in Education

Resource Person



Venue:
Conference hall

Ms. Akshita Agarwal, Head of Training, Communication & Customer Care

Faculty coordinator:
Mr. Ashish C Pius
ph: 9946300006

Student Faculty:
Mr. Noel Joseph 9622771167
Mr. Harsh 9922493300

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkanad, Kerala - 682 039
0484 295 5270, 9048899926 www.rajagiricollege.edu.in
commerce@rajagiricollege.edu.in

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkanad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

DEPARTMENT OF COMMERCE
About the Department:

The Department of Commerce, established in 2005, will rapidly expand to become a hub of academic excellence and professional training. Initially focused on undergraduate education, it will offer six UG courses and one PG course. With a robust faculty team of 31 members, the Department of Commerce will aim to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extracurricular activities.

Vision of the Department:

To empower our students with knowledge, skills, and ethical grounding to excel in the global economy.

Mission of the Department:

To cultivate socially responsible commerce professionals capable of addressing global challenges sustainably.

Objectives

The workshop aimed to instill an entrepreneurial mindset among participants, emphasizing innovation, creativity, and strategic thinking essential for entrepreneurial success in various educational contexts. Ms. Akshita Agarwal, Head of Training at Communication & Customer Care, served as the resource person, bringing expertise in entrepreneurship and educational development to enrich the workshop.

Day 1 (9:30AM - 11:30AM)

Introduction to Entrepreneurial Mindset & Integrating Creativity into Curriculum

Introduction to the significance of an entrepreneurial mindset, understanding the benefits of integrating creativity into curriculum and Strategies for fostering an innovative and inclusive environment

Day 2 (10:00AM - 12:30PM)

Developing Critical Thinking Skills & Encouraging Risk-Taking and Adaptability

Focusing on Enhancing critical thinking skills to navigate linguistic diversity, Encouraging risk-taking and adaptability in diverse linguistic environments and Practical applications and case studies to illustrate successful integration of linguistic diversity



Legal

**Certificate of Workshop on Nurturing an
Entrepreneurial Attitude in Education**



[Signature]

Attendance Statement of Workshop on Nurturing an Entrepreneurial Attitude in Education (Day 1)

		Taxation	
9	Anisha Annie Binu	B. Com Model II Finance and Taxation	Anisha
10	Adhila P A	B. Com Model I Finance and Taxation (SF)	Adhila
11	Farzan C A	B. Com Model I Finance and Taxation (SF)	Farzan
12	Noel Johny	B. Com Model I Finance and Taxation (SF)	Noel
13	Shaun Antony Dixon	B. Com Model I Finance and Taxation (SF)	Shaun
14	Nikitha Peethambaran	B. Com Model I Finance and Taxation (SF)	Nikitha Peethambaran
15	Neya Sijo	B. Com Model I Finance and Taxation (SF)	Neya
16	Abhinand Sujith	B. Com Model II Marketing	Abhinand
17	Adithya Balachandran	B. Com Model II Marketing	Adithya
18	Adrian V Peter	B. Com Model II Marketing	Adrian
19	Adnan Shaji	B. Com Model II Marketing	Adnan
20	Amanda Stella	B. Com Model II Marketing	Amanda
21	Safa Zubair	B. Com Model II Computer Applications	Safa
22	Blesson Manu	B. Com Model II Computer Applications	Blesson
23	Krishnaveni	B. Com Model II Computer Applications	Krishnaveni
24	Tony Joseph Rufus	B. Com Model II Computer Applications	Tony
25	Rosu Paul	B. Com Model II Computer Applications	Rosu
26	Wafa Sha	B. Com Model II Computer Applications	Wafa
27	Abhay Antony	B. Com Model II Logistics Management	Abhay
28	Muhammed Omar Mukthar	B. Com Model II Logistics Management	Omar
29	Muhammed Nishal	B. Com Model II Logistics Management	Nishal
30	Peter Eldhos	B. Com Model II Logistics Management	Peter Eldhos
31	K S Harigovind	B. Com Model II Logistics Management	Harigovind



Legal

32	Catharine Maria Nobin	B. Com Model I Computer Applications	<i>Catharine</i>
33	Ranjini Krishnakumar	B. Com Model I Computer Applications	<i>Ranjini</i>
34	Neha Anto	B. Com Model I Computer Applications	<i>Neha</i>
35	Sona Joseph	B. Com Model I Computer Applications	<i>Sona</i>
36	Rahul Ramesh	B. Com Model I Computer Applications	<i>Rahul Ramesh</i>
37	Neha A L	B. Com Model I Computer Applications	<i>Neha</i>
38	Navya Saji	B. Com Model I Computer Applications	<i>Navya</i>
39	Sandra T John	B. Com Model I Computer Applications	<i>Sandra</i>
40	Adithyan Manoj	B. Com Model I Computer Applications	<i>Adithyan</i>

Mr. Ashish. C. Pius *Ashish*

Name of Event Coordinator / Coordinators
with Signature



Legal

**Attendance Statement of Workshop on Nurturing an
Entrepreneurial Attitude in Education (Day 2)**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	15.09.2023 (Day - 2)
Title of Programme	Workshop on Nurturing an Entrepreneurial Attitude in Education
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Conference Hall

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Minza Haris	B. Com Model II Finance and Taxation	<i>Minza</i>
2	Gopika Sajeev	B. Com Model II Finance and Taxation	<i>Gopika</i>
3	Apurva Krishnan	B. Com Model II Finance and Taxation	<i>Apurva</i>
4	Hormise Jose	B. Com Model II Finance and Taxation	<i>Hormise</i>
5	Devraj.S.Lal	B. Com Model II Finance and Taxation	<i>Devraj</i>
6	Noel S Joseph	B. Com Model II Finance and Taxation	<i>Noel</i>
7	Sanju John Varghese	B. Com Model II Finance and Taxation	<i>Sanju</i>
8	Harsh George Paul	B. Com Model II Finance and Taxation	<i>Harsh</i>



Legal

		Taxation	
9	Anisha Annie Binu	B. Com Model II Finance and Taxation	Anisha
10	Adhila P A	B. Com Model I Finance and Taxation (SF)	Sathish
11	Farzan C A	B. Com Model I Finance and Taxation (SF)	Farzan
12	Noel Johny	B. Com Model I Finance and Taxation (SF)	Noel
13	Shaun Antony Dixon	B. Com Model I Finance and Taxation (SF)	Shaun
14	Nikitha Peethambaran	B. Com Model I Finance and Taxation (SF)	Nikitha Peetha
15	Neya Sijo	B. Com Model I Finance and Taxation (SF)	Neya
16	Abhinand Sujith	B. Com Model II Marketing	Abhinand
17	Adithya Balachandran	B. Com Model II Marketing	Adithya
18	Adrian V Peter	B. Com Model II Marketing	Adrian
19	Adnan Shaji	B. Com Model II Marketing	Adnan
20	Amanda Stella	B. Com Model II Marketing	Amanda
21	Safa Zubair	B. Com Model II Computer Applications	Safa
22	Blesson Manu	B. Com Model II Computer Applications	Blesson
23	Krishnaveni	B. Com Model II Computer Applications	Krishnaveni
24	Tony Joseph Rufus	B. Com Model II Computer Applications	Tony
25	Rosu Paul	B. Com Model II Computer Applications	Rosu
26	Wafa Sha	B. Com Model II Computer Applications	Wafa Sha
27	Abhay Antony	B. Com Model II Logistics Management	Abhay
28	Muhammed Omar Mukthar	B. Com Model II Logistics Management	Omar
29	Muhammed Nishal	B. Com Model II Logistics Management	Nishal
30	Peter Eldhos	B. Com Model II Logistics Management	Peter Eldhos
31	K S Harigovind	B. Com Model II Logistics Management	Harigovind



Legal




32	Catharine Maria Nobin	B. Com Model I Computer Applications	<i>Catharine</i>
33	Ranjini Krishnakumar	B. Com Model I Computer Applications	<i>Ranjini</i>
34	Neha Anto	B. Com Model I Computer Applications	<i>Neha</i>
35	Sona Joseph	B. Com Model I Computer Applications	<i>Sona</i>
36	Rahul Ramesh	B. Com Model I Computer Applications	<i>Rahul Ramesh</i>
37	Neha A L	B. Com Model I Computer Applications	<i>Neha</i>
38	Navya Saji	B. Com Model I Computer Applications	<i>Navya</i>
39	Sandra T John	B. Com Model I Computer Applications	<i>Sandra</i>
40	Adithyan Manoj	B. Com Model I Computer Applications	<i>Adithyan</i>

Mr. Ashish. C. Pius *Ashish*

Name of Event Coordinator / Coordinators
with Signature



Legal

Report submitted by	Mr. Noel Joseph and Mr. Harsh George Paul, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Mr. Ashish C Pius, Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

16 September 2023



Dr. Laly Mathew
Principal

PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

6. Seminar on Charting Your Path to Professional Development: Empowering Through Life Skills, Upskilling and Reskilling

Programme	Seminar on Charting Your Path to Professional Development: Empowering Through Life Skills, Upskilling and Reskilling
Date	27 September 2023 to 28 September 2023
No. of Participants	30 students
Resource Person	Dr. Raji Mohan, HOD & Assistant Professor, St.Xavier's College for Women , Aluva
Outcome	The session gave importance to Professional Development.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Aswathy K M. Department of Commerce
Student in charge	Mr. Afnas V N and Ms. Neha Ann Iype, Department of Commerce

The seminar titled "Charting Your Path to Professional Development: Empowering Through Life Skills, Upskilling and Reskilling" took place on September 27-28, 2023, at the College Auditorium, organized by Ms. Aswathy K M, Assistant Professor at RCMAS. The seminar aimed to equip participants with the necessary life skills and strategies for continuous professional growth through upskilling and reskilling initiatives. Dr. Raji Mohan, HOD and Assistant Professor at St. Xavier's College for Women, Aluva, served as the resource person, bringing expertise in education and career development to enrich the seminar.

With 30 enthusiastic participants in attendance, the seminar featured sessions from 9:30 AM to 12:30 PM each day. Topics covered included personal development planning, identifying skill gaps, and leveraging educational opportunities for career advancement. Dr. Raji Mohan's



(Handwritten signature in green ink)

presentations and interactive discussions provided valuable insights into the evolving landscape of skills required in today's competitive job market.

Participants actively engaged in workshops and group activities designed to enhance their understanding of personal and professional development strategies. The seminar provided a platform for networking and exchanging ideas among participants from diverse academic and professional backgrounds. By the conclusion of the seminar, participants expressed gratitude for the practical guidance and actionable insights received, affirming their commitment to implementing strategies learned to advance their careers effectively.

In summary, the "Seminar on Charting Your Path to Professional Development" seminar was instrumental in empowering participants with the knowledge and skills necessary for continuous learning and growth in their professional journeys. The collaborative efforts of the faculty coordinator, student coordinators, and the resource person ensured a successful and enriching experience aimed at fostering career resilience and preparedness in today's dynamic workforce landscape.



Legal

Photograph of Seminar on Charting Your Path to Professional Development



Handwritten signature in green ink.

Poster of Seminar on Charting Your Path to Professional



The poster features the RCMAS logo at the top center. Below it, the text reads: "RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES KAKKANAD", "Department of Commerce", "in association with Internal Quality Assurance Cell (IQAC) organises". A blue button contains the word "Seminar". Below this, the theme "Empowering Through Life Skills, Upskilling and Reskilling" is written. A circular portrait of Dr. Raji Mohan is shown, with a blue button below it labeled "Resource Person" and the name "Dr. Raji Mohan". A location pin icon is followed by the text "Auditorium". At the bottom, a calendar icon is followed by "09:30 AM To 12:30 PM | 27 & 28 September, 2023".



Faculty Coordinator:

Ms. Aswathy K M 7012970586

Student Coordinator:

Tanya Pillai 8921942701

Nisamudheen T F 9948366665



Brochure of Seminar on Charting Your Path to Professional

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Department of Commerce

in association with

Internal Quality Assurance Cell (IQAC)

organises

Seminar on Charting Your Path to Professional Development: Empowering Through Life Skills, Upskilling and Reskilling



Dr. Raji Mohan

HoD & Assistant Professor, St. Xavier's College for Women, Aluva

27 sept – 9.30 am to 12.30 pm

28 sept – 9.30 am to 12.30 pm

Venue : Auditorium

Faculty coordinator

Ms. Aswathy KM

Student coordinator

Ms. Tanya Pious & Mr. Nishamudheen T.P

Rajagiri College of Management and Applied Sciences, Rajagiri Valley Rd, Rajagiri Valley

P.O. Kakkannad, Kerala - 682 039

0484-2955270, 0484-2955270

www.rajagiricollege.edu.in

rajagiricollege@rajagiricollege.edu.in

rajagiricollege@rajagiricollege.edu.in



The seminar titled "Charting Your Path to Professional Development: Empowering Through Life Skills, Upskilling and Reskilling" will take place on September 27-28, 2023, at Classroom 406, organized by Ms. Aswathy K M, Assistant Professor at RCMAS. The seminar will be aiming to equip participants with the necessary life skills and strategies for continuous professional growth through upskilling and reskilling initiatives. Dr. Raji Mohan, HoD and Assistant Professor at St. Xavier's College for Women, Aluva, will be serving as the resource person, bringing expertise in education and career development to enrich the seminar.

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students. The Department of Commerce, established in 2005, has rapidly expanded to become a hub of academic excellence and professional training. Initially focused on undergraduate education, offering six UG courses and one PG course. With a robust faculty team of 31 members. The Department of Commerce aims to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extracurricular activities.

Vision of the Department:

To empower our students with knowledge, skills and ethical grounding to excel in the global economy.

Mission of the Department:

To cultivate socially responsible commerce professionals capable of addressing global challenges sustainably.

Objectives

- **Enhancing Understanding:** Participants will engage in workshops and group activities aimed at deepening their understanding of personal and professional development strategies.
- **Networking and Idea Exchange:** We will provide a platform for participants from diverse academic and professional backgrounds to network and exchange ideas.
- **Practical Guidance:** Participants will be offered practical guidance and actionable insights to help them advance their careers effectively.
- **Empowerment:** We will empower participants with the knowledge and skills necessary for continuous learning and growth in their professional journeys.
- **Career Resilience:** We will foster career resilience and preparedness in today's dynamic workforce landscape through collaborative efforts of faculty coordinators, student coordinators, and resource persons.



Legal

Certificate of Seminar on Charting Your Path to Professional Development



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

CERTIFICATE OF PARTICIPATION

This is to certify that

Nicob Xavier, B.Com Model II Marketing
has actively participated in the **Life Skill Development** programme titled
Seminars on Charting Your Path to Professional Development: Empowering Through Life Skills, Upskilling and Reskilling
organised by
Department of Commerce
from 27.09.2023 to 28.09.2023


COORDINATOR


HEAD OF THE DEPARTMENT


PRINCIPAL





Attendance Statement of Seminar on Charting Your Path to Professional Development (Day 1)









RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD








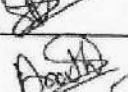









Date	27.09.2023 to 28.09.2023
Title of Programme	Seminar on Charting Your Path to Professional Development : Empowering Through Life Skills, Upskilling and Reskilling
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Srikesh M Pai	B. Com Model II Finance and Taxation	
2	Rose Ann Martin	B. Com Model II Finance and Taxation	
3	Rehaan Aleem	B. Com Model II Finance and Taxation	
4	Nandhana Rajesh	B. Com Model II Finance and Taxation	
5	Geenet George	B. Com Model II Finance and Taxation	
6	Christene Elen Jacob	B. Com Model II Finance and Taxation	





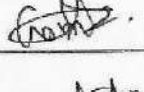



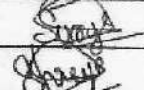

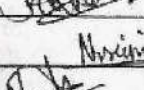
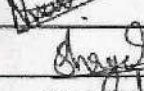
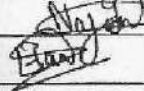

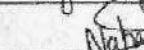







Legal

		Taxation	
7	Anisha Annie Binu	B. Com Model II Finance and Taxation	
8	Ross Elsa Roy	B. Com Model II Finance and Taxation	
9	Sanju John Varghese	B. Com Model II Finance and Taxation	
10	Alisha Mary Alex	B. Com Model II Finance and Taxation	
11	Alex Antony	B. Com Model II Finance and Taxation	
12	Abel Elias Lajji	B. Com Model II Finance and Taxation	
13	Sneha Merin Saji	B. Com Model II Finance and Taxation	
14	Sruthy Sreeram	B. Com Model II Finance and Taxation	
15	J S Arathy	B. Com Model I Finance and Taxation (SF)	
16	Diya Mariya Jebi	B. Com Model I Finance and Taxation (SF)	
17	Reshma Ramesh	B. Com Model I Finance and Taxation (SF)	
18	Reema Regi	B. Com Model I Finance and Taxation (SF)	
19	R Vaisakh	B. Com Model I Finance and Taxation (SF)	
20	P T Safrin Hajara	B. Com Model I Finance and Taxation (SF)	
21	Pavithra D	B. Com Model I Finance and Taxation (SF)	
22	Olivia Sabu	B. Com Model I Finance and Taxation (SF)	
23	Nikhitha Peethambharan	B. Com Model I Finance and	







Handwritten signature in green ink.

		Taxation (SF)	
24	Merin Tom Ozhukayil	B. Com Model I Finance and Taxation (SF)	
25	Maanav Thampi	B. Com Model I Finance and Taxation (SF)	
26	Liz Mathew	B. Com Model I Finance and Taxation (SF)	
27	Joel K Binu	B. Com Model I Finance and Taxation (SF)	
28	Gourija M S	B. Com Model I Finance and Taxation (SF)	
29	Joel Johnny	B. Com Model I Finance and Taxation (SF)	
30	Malavika Chumane	B. Com Model II Marketing	
31	S M Ihaad Imran	B. Com Model II Marketing	
32	Chris Paul Geemon	B. Com Model II Marketing	
33	Tanya Pillai	B. Com Model II Marketing	
34	T Gokul	B. Com Model II Marketing	
35	Surya Narayan P	B. Com Model II Marketing	
36	Shreya Srinivas	B. Com Model II Marketing	
37	Sana Khalid	B. Com Model II Marketing	
38	Parveen Zachariah	B. Com Model II Marketing	
39	Nisamudheen T F	B. Com Model II Marketing	
40	Nicole Xavier	B. Com Model II Marketing	
41	Shreya Cheruppolil Aji	B. Com Model II Marketing	
42	Nayonita Suresh	B. Com Model II Marketing	
43	Elana Babu Philip	B. Com Model II Marketing	
44	Ferez Paul Kurian	B. Com Model II Marketing	
45	Nayana Shajan P	B. Com Model II Marketing	
46	Nahala Shajahan	B. Com Model II Marketing	

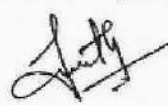


Legal

47	Mohammad Faheem Faisel	B. Com Model II Marketing	
48	Mohamed Hafis P N	B. Com Model II Marketing	
49	Hadi Bin Tharikh	B. Com Model II Marketing	
50	Adheena Rosemary Joy	B. Com Model II Marketing	

Ms Aswathy - K. M.

Name of Event Coordinator / Coordinators
with Signature

Aswathy K.M






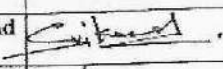




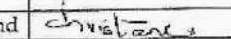
Attendance Statement of Seminar on Charting Your Path to Professional Development (Day 2)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD










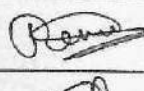


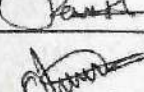




Date	28.09.2023 (Day - 2)
Title of Programme	Seminar on Charting Your Path to Professional Development : Empowering Through Life Skills, Upskilling and Reskilling
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Srikesh M Pai	B. Com Model II Finance and Taxation	
2	Rose Ann Martin	B. Com Model II Finance and Taxation	
3	Rehaan Aleem	B. Com Model II Finance and Taxation	
4	Nandhana Rajesh	B. Com Model II Finance and Taxation	
5	Geenet George	B. Com Model II Finance and Taxation	
6	Christene Elen Jacob	B. Com Model II Finance and Taxation	















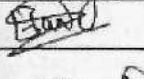










Legal

		Taxation	
7	Anisha Annie Binu	B. Com Model II Finance and Taxation	
8	Ross Elsa Roy	B. Com Model II Finance and Taxation	
9	Sanju John Varghese	B. Com Model II Finance and Taxation	
10	Alisha Mary Alex	B. Com Model II Finance and Taxation	
11	Alex Antony	B. Com Model II Finance and Taxation	
12	Abel Elias Lalji	B. Com Model II Finance and Taxation	
13	Sneha Merin Saji	B. Com Model II Finance and Taxation	
14	Sruthy Sreeram	B. Com Model II Finance and Taxation	
15	J S Arathy	B. Com Model I Finance and Taxation (SF)	
16	Diya Mariya Jebi	B. Com Model I Finance and Taxation (SF)	
17	Reshma Ramesh	B. Com Model I Finance and Taxation (SF)	
18	Reema Regi	B. Com Model I Finance and Taxation (SF)	
19	R Vaisakh	B. Com Model I Finance and Taxation (SF)	
20	P T Safrin Hajara	B. Com Model I Finance and Taxation (SF)	
21	Pavithra D	B. Com Model I Finance and Taxation (SF)	
22	Olivia Sabu	B. Com Model I Finance and Taxation (SF)	
23	Nikhitha Peethambharan	B. Com Model I Finance and	







Legal

		Taxation (SF)	
24	Merin Tom Ozhukayil	B. Com Model I Finance and Taxation (SF)	
25	Maanav Thampi	B. Com Model I Finance and Taxation (SF)	
26	Liz Mathew	B. Com Model I Finance and Taxation (SF)	
27	Joel K Binu	B. Com Model I Finance and Taxation (SF)	
28	Gourija M S	B. Com Model I Finance and Taxation (SF)	
29	Joel Johnny	B. Com Model I Finance and Taxation (SF)	
30	Malavika Chumane	B. Com Model II Marketing	
31	S M Ihaad Imran	B. Com Model II Marketing	
32	Chris Paul Geemon	B. Com Model II Marketing	
33	Tanya Pillai	B. Com Model II Marketing	
34	T Gokul	B. Com Model II Marketing	
35	Surya Narayan P	B. Com Model II Marketing	
36	Shreya Srinivas	B. Com Model II Marketing	
37	Sana Khalid	B. Com Model II Marketing	
38	Parveen Zachariah	B. Com Model II Marketing	
39	Nisamudheen T F	B. Com Model II Marketing	
40	Nicole Xavier	B. Com Model II Marketing	
41	Shreya Cheruppolil Aji	B. Com Model II Marketing	
42	Nayonita Suresh	B. Com Model II Marketing	
43	Elana Babu Philip	B. Com Model II Marketing	
44	Ferez Paul Kurian	B. Com Model II Marketing	
45	Nayana Shajan P	B. Com Model II Marketing	
46	Nahala Shajahan	B. Com Model II Marketing	




Legal

47	Mohammad Faheem Faisel	B. Com Model II Marketing	
48	Mohamed Hafis P N	B. Com Model II Marketing	
49	Hadi Bin Tharikh	B. Com Model II Marketing	
50	Adheena Rosemary Joy	B. Com Model II Marketing	




Ms Aswathy - K. M.

Name of Event Coordinator / Coordinators
with Signature

Aswathy K M






Report submitted by	Mr. Afnas V N and Ms. Neha Ann Iype, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Aswathy K M, Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

30 September 2023



Dr. Laly Mathew

Principal

PRINCIPAL

Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039

7. Seminar on Alumni Success Stories: Entrepreneurial Skills Unveiled

Programme	Seminar on Alumni Success Stories: Entrepreneurial Skills Unveiled
Date	17 and 18 October 2023
No. of Participants	65 Students
Resource Person	Ms. Vrinda Prasanth Bose, Director 3VEES International Pvt Ltd
Outcome	Participants gained practical insights into entrepreneurship from Ms. Vrinda Prasanth Bose's success story and expertise. They were inspired to pursue entrepreneurial endeavors with confidence, equipped with essential skills in business planning, financial management, and marketing strategies
Organized by	Department of Management, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Anila Varghese, Assistant Professor, Department of Management
Student in charge	Ms. Jahnvi Dutt, BBA Semester 5, Department of Management

The Department of Management at Rajagiri College of Management and Applied Sciences organized an inspiring event titled "Seminar on Alumni Success Stories: Entrepreneurial Skills Unveiled" on 17th and 18th October 2023. The seminar aimed to highlight the entrepreneurial journey of an esteemed alumni and provide insights into essential skills for aspiring entrepreneurs.



Ms. Vrinda Prasanth Bose, Director of 3VEES International Pvt Ltd, served as the distinguished resource person for the seminar. Drawing from her rich experience and success in entrepreneurship, Ms. Bose shared valuable insights, strategies, and challenges faced during her entrepreneurial journey. Her engaging sessions captivated 65 students from various disciplines who attended the event with enthusiasm.

One of the significant outcomes of the seminar was the empowerment of participants with practical entrepreneurial skills and knowledge. Ms. Bose's sessions covered crucial aspects such as ideation, business planning, financial management, marketing strategies, and risk assessment. Students gained a deeper understanding of the entrepreneurial ecosystem and learned practical approaches to turning innovative ideas into successful ventures.

The seminar also served as a source of inspiration for aspiring entrepreneurs among the participants. Ms. Bose's success story and personal anecdotes motivated students to pursue their entrepreneurial dreams with determination and resilience. Many students expressed a newfound confidence in their ability to navigate the challenges of starting and managing their own businesses in the future.

The event was organized meticulously by the Department of Management, under the guidance of Ms. Raji T, a dedicated faculty member who ensured seamless coordination and impactful execution of the seminar. Ms. Jahnvi Dutt, a proactive student from the 5th semester of BBA, played a crucial role as the student in charge, contributing to the logistical arrangements and ensuring the smooth conduct of the sessions.

"Entrepreneurial Skills Unveiled: Success Story of an Alumni" seminar was a testament to Rajagiri College's commitment to nurturing entrepreneurial spirit and providing practical insights to students. It equipped participants with valuable entrepreneurial skills, inspired them to pursue innovative ventures, and reaffirmed the college's role in fostering holistic development and career readiness among its students. Such initiatives continue to empower future generations of entrepreneurs and contribute to the broader entrepreneurial ecosystem.



Vrinda Prasanth Bose

**Photograph of Seminar on Alumni Success
Stories: Entrepreneurial Skills Unveiled**



Legal

Brochure of Seminar on Alumni Success Stories: Entrepreneurial Skills Unveiled






**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Department of Management
in association with

Internal Quality Assurance Cell (IQAC)
organizes

Entrepreneurial Skills Unveiled: Lessons From a High Flyer's Success Story



Resource Person

Ms. Vrinda Prasanth Bose, Director 3VEES International PVT LTD

Faculty Coordinator:
Ms. Anu Verghese +91 88516 52038

Student Coordinator:
Snehal P N +91 88516 52048

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkannad, Kerala - 682 039

 0484 295 5270, 9449099245  www.rajagiricollege.in
 office@rajagiricollege.in  management@rajagiricollege.in

Discover invaluable entrepreneurial insights and strategies gleaned from a high achiever's journey to success in this enlightening session.

17 and 18 October 2023 | Auditorium, RCMAS

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Karakalose Elias Cheloud. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto 'Learn, Serve, Excel' and aims to nurture the moral, social, and cultural foundation of its students.

With a focused vision of imparting solid foundation in Management principles, theories and practices and to equip students for challenging Entrepreneurial and Managerial positions, the Department of Management was established in July 2005.

Since its inception, holistic empowerment of the student community is given utmost importance. Various Curricular and Co-Curricular programs are designed and implemented in the department to enhance the knowledge, skills and attitudes of the students and to prepare them for Higher Studies as well as the Corporate World.

Objective

The objective of the event is to empower participants with practical insights into entrepreneurship through Ms. Vrinda Prasanth Bose's success story and expertise. It aims to inspire attendees to pursue entrepreneurial ventures confidently by equipping them with essential skills in business planning, financial management, and marketing strategies. Additionally, the event seeks to foster a supportive environment that encourages networking and collaboration, facilitating connections between aspiring entrepreneurs and industry professionals for mutual growth and development.

Day 1 (9:30 AM - 12:30 PM)

Fundamentals of Effective Communication and Empathy in Industry Relations

Delves into the mindset essential for entrepreneurship, exploring creativity, risk-taking, and resilience through case studies and interactive discussions. Participants will uncover strategies for ideation, opportunity recognition, and initial business planning, inspired by real-life success stories.

Day 2 (10:00 AM - 11:30 AM)

Mastering Persuasive Storytelling and Tailoring Messages

Focuses on scaling business operations, fostering innovation, and adapting to market changes. Workshops will cover leadership essentials, strategic decision-making, and effective team-building practices. Participants will gain insights into sustaining momentum, overcoming challenges, and driving sustainable growth in their ventures.



**Attendance Statement of Seminar on Alumni Success
Stories: Entrepreneurial Skills Unveiled (Day 1)**



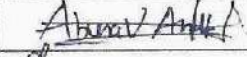

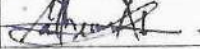


RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD








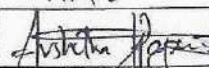
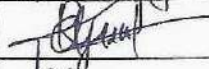
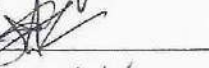



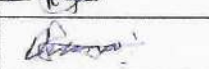


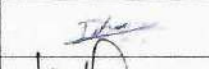
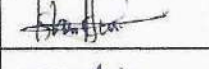

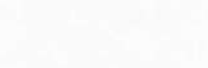
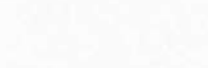
Date	17.10.2023 & 18.10.2023
Title of Programme	Entrepreneurial Skills Unveiled: Lessons From a High Flyer's Success Story
Department/Organising Cell	Department of Management in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	A. Abhinav	BBA	
2	Abdul Gafoor P	BBA	
3	Abdul Hadi C F	BBA	
4	Abhinav Anil	BBA	
5	Abhinav V Nair	BBA	
6	Aby Abraham Mathew	BBA	



Legal

7	Adil Aboobacker	BBA	
8	Adithya Hiron	BBA	
9	Akshay S Panikulam	BBA	
10	Alen Varghese	BBA	
11	Allen Renson	BBA	
12	Amalu Thomas	BBA	
13	Ameliya Treesa Rajan	BBA	
14	Anas Malik	BBA	
15	Arishith S Kumar	BBA	
16	Arshia Rajeev	BBA	
17	Arvin Cyriac	BBA	
18	Ashish Soney	BBA	
19	Austin Sunil	BBA	
20	Balasanakar Ajith	BBA	
21	Devanand S Pai	BBA	
22	Devanarayanan B	BBA	
23	Fidhayeen K N	BBA	
24	Haripriya P M	BBA	
25	Isha Rafeek	BBA	
26	Ishaan Kurian Joshy	BBA	
27	Jahnvi Dutt .M	BBA	



Legal

28	Jethin Rozario	BBA	<i>Jethin</i>
29	Johann Noby Eralil	BBA	<i>Johann Noby Eralil</i>
30	Joseph Benjamin	BBA	<i>Joseph</i>
31	Joseph Jins	BBA	<i>Joseph</i>
32	Joseph Kolattukudy	BBA	<i>Joseph</i>
33	Joseph Saju	BBA	<i>Joseph</i>
34	Abhimanyu Shekhar K	BBA	<i>Abhimanyu</i>
35	Kester Jaimon Joseph	BBA	<i>Kester</i>
36	Kurian George Kalarickal	BBA	<i>Kurian</i>
37	Malaika Elizabeth Titus	BBA	<i>Malaika</i>
38	Malavika Mohan	BBA	<i>Malavika</i>
39	Mereena. L	BBA	<i>Mereena</i>
40	Minna Maria Robin	BBA	<i>Minna</i>
41	Mishal K Abdul Salam	BBA	<i>Mishal</i>
42	Muhammed Swalih M H	BBA	<i>Muhammed</i>
43	Nameera Ali	BBA	<i>Nameera</i>
44	Namita Krishnan	BBA	<i>Namita</i>
45	Navya Madhu	BBA	<i>Navya</i>
46	Neeha Sara Varghese	BBA	<i>Neeha</i>
47	Nina Alaine	BBA	<i>Nina</i>
48	Nisliya . K . N	BBA	<i>Nisliya</i>

49	Niya Ann Sanil	BBA	<i>Niya</i>
50	Poulvin Poly	BBA	<i>Pou</i>
51	Ricky Jose	BBA	<i>Ricky</i>
52	Ron P Jomon	BBA	<i>Ron</i>
53	Safa . P . S	BBA	<i>Safa</i>
54	Safrin Ameen	BBA	<i>Safrin</i>
55	Sahad P N	BBA	<i>Sahad</i>
56	Sahadiya Abdu	BBA	<i>Sahadiya</i>
57	Sandra Jose	BBA	<i>Sandra</i>
58	Sanjana Primal	BBA	<i>Sanjana</i>
59	Sarang Gireesh	BBA	<i>Sarang</i>
60	Shawn Stanley	BBA	<i>Shawn</i>
61	Sreelakshmi Rajesh	BBA	<i>Sreelakshmi</i>
62	Sreya T A	BBA	<i>Sreya</i>
63	Uthara S	BBA	<i>Uthara</i>
64	Terese Thomas Pattara	BBA	<i>Terese</i>
65	Thara Jacob	BBA	<i>Thara</i>

Anila Varghese

Ms. Anila Varghese

Name of Event Coordinator with Signature



Legal

Attendance Statement of Seminar on Alumni Success Stories: Entrepreneurial Skills Unveiled (Day 2)









RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD








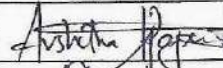

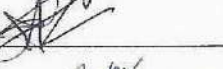

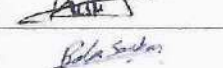

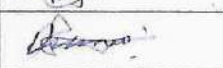



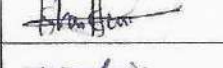


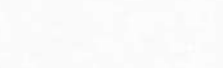
Date	18.10.2023 (Day 2)
Title of Programme	Entrepreneurial Skills Unveiled: Lessons From a High Flyer's Success Story
Department/Organising Cell	Department of Management in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	A. Abhinav	BBA	
2	Abdul Gafoor P	BBA	
3	Abdul Hadi C F	BBA	
4	Abhinav Anil	BBA	
5	Abhinav V Nair	BBA	
6	Aby Abraham Mathew	BBA	



Legal

7	Adil Aboobacker	BBA	
8	Adithya Hiron	BBA	
9	Akshay S Panikulam	BBA	
10	Alen Varghese	BBA	
11	Allen Renson	BBA	
12	Amalu Thomas	BBA	
13	Ameliya Treesa Rajan	BBA	
14	Anas Malik	BBA	
15	Arishuth S Kumar	BBA	
16	Arshia Rajeev	BBA	
17	Arvin Cyriac	BBA	
18	Ashish Soney	BBA	
19	Austin Sunil	BBA	
20	Balasankar Ajith	BBA	
21	Devanand S Pai	BBA	
22	Devanarayanan B	BBA	
23	Fidhayeem K N	BBA	
24	Haripriya P M	BBA	
25	Isha Rafeek	BBA	
26	Ishaan Kurian Joshy	BBA	
27	Jahnavi Dutt .M	BBA	



Legal

28	Jethin Rozario	BBA	<i>Jethin</i>
29	Johann Noby Eralil	BBA	<i>Johann Noby Eralil</i>
30	Joseph Benjamin	BBA	<i>Joseph Benjamin</i>
31	Joseph Jins	BBA	<i>Joseph Jins</i>
32	Joseph Kolattukudy	BBA	<i>Joseph Kolattukudy</i>
33	Joseph Saju	BBA	<i>Joseph Saju</i>
34	Abhimanyu Shekhar K	BBA	<i>Abhimanyu Shekhar K</i>
35	Kester Jaimon Joseph	BBA	<i>Kester Jaimon Joseph</i>
36	Kurian George Kalarickal	BBA	<i>Kurian George Kalarickal</i>
37	Malaika Elizabeth Titus	BBA	<i>Malaika Elizabeth Titus</i>
38	Malavika Mohan	BBA	<i>Malavika Mohan</i>
39	Mereena. L	BBA	<i>Mereena. L</i>
40	Minna Maria Robin	BBA	<i>Minna Maria Robin</i>
41	Mishal K Abdul Salam	BBA	<i>Mishal K Abdul Salam</i>
42	Muhammed Swalih M H	BBA	<i>Muhammed Swalih M H</i>
43	Nameera Aii	BBA	<i>Nameera Aii</i>
44	Namita Krishnan	BBA	<i>Namita Krishnan</i>
45	Navya Madhu	BBA	<i>Navya Madhu</i>
46	Neeha Sara Varghese	BBA	<i>Neeha Sara Varghese</i>
47	Nina Alaine	BBA	<i>Nina Alaine</i>
48	Nisliya . K . N	BBA	<i>Nisliya . K . N</i>



Legal

49	Niya Ann Sanil	BBA	<i>Niya</i>
50	Poulvin Poly	BBA	<i>Pou</i>
51	Ricky Jose	BBA	<i>Ricky</i>
52	Ron P Jomon	BBA	<i>Ron</i>
53	Safa . P . S	BBA	<i>Safa</i>
54	Safrin Ameen	BBA	<i>Safrin</i>
55	Sahad P N	BBA	<i>Sahad</i>
56	Sahadiya Abdu	BBA	<i>Sahadiya</i>
57	Sandra Jose	BBA	<i>Sandra</i>
58	Sanjana Primal	BBA	<i>Sanjana</i>
59	Sarangi Gireesh	BBA	<i>Sarangi</i>
60	Shawn Stanley	BBA	<i>Shawn</i>
61	Sreelakshmi Rajesh	BBA	<i>Sreelakshmi</i>
62	Sreya T A	BBA	<i>Sreya</i>
63	Uthara S	BBA	<i>Uthara</i>
64	Terese Thomas Pattara	BBA	<i>Terese</i>
65	Thara Jacob	BBA	<i>Thara</i>

Anila Varghese

Ms. Anila Varghese

Name of Event Coordinator with Signature



Legal

Report submitted by	Mr. Sahad P N, BBA Semester 5, Department of Management, Rajagiri College of Management and Applied Sciences, Kakkanad.	
Coordinated by	Ms. Anila Varghese, Assistant Professor, Department of Management, Rajagiri College of Management and Applied Sciences, Kakkanad.	
Approved by	Ms. Megha Mohan, HOD & Assistant Professor, Department of Management, Rajagiri College of Management and Applied Sciences, Kakkanad.	

19 October 2023



Dr. Laly Mathew

Principal

PRINCIPAL

Rajagiri College of Management & Applied Sciences

Rajagiri Valley. P. O., Kakkanad - 682 039

8. Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: "Spark of Success"

Programme	Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: "Spark of Success"
Date	20 March 2024 to 21 March 2024
No. of Participants	30 Students
Resource Person	Dr. Sudha Sajeev, Service Coordinator Brennan
Outcome	Participants in two-day seminar conducted by Dr. Sudha Sajeev, Service Coordinator Brennan, empowered students with insights and strategies to foster innovation, drive growth, and create transformative solutions that address real-world challenges in today's dynamic marketplace.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Mary Antony, HOD & Assistant Professor, Department of Commerce
Student in charge	Mr. Aman Jisam and Mr. Madhavan Biju Kumar, Department of Commerce

The "Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: Spark of Success" was held on March 20-21, 2024, at Conference Hall, organized by Ms. Mary Antony, Assistant Professor at RCMAS. The seminar aimed to empower students with essential life skills and entrepreneurial acumen necessary for personal and professional success. Dr. Sudha Sajeev, Service Coordinator at Brennan, served as the resource person, bringing expertise in mentoring and skill development.

The seminar schedule included sessions from 11:00 AM to 12:30 PM on the first day and from 10:00 AM to 12:00 PM on the second day. Topics covered a wide range of subjects including leadership development, financial literacy, creativity, and innovation in entrepreneurship. Dr. Sudha Sajeev's engaging presentations and interactive discussions provided participants with



(Handwritten signature in green ink)

practical insights and strategies to cultivate an entrepreneurial mindset and navigate challenges in today's competitive landscape.

With 30 participants in attendance, including students eager to enhance their entrepreneurial skills and life competencies, the seminar fostered a supportive environment for learning and skill-building. Participants actively engaged in group activities, case studies, and brainstorming sessions designed to encourage critical thinking and problem-solving abilities. By the conclusion of the seminar, participants expressed enthusiasm and appreciation for the valuable knowledge gained, emphasizing their readiness to apply learned skills in their academic and future professional endeavors.

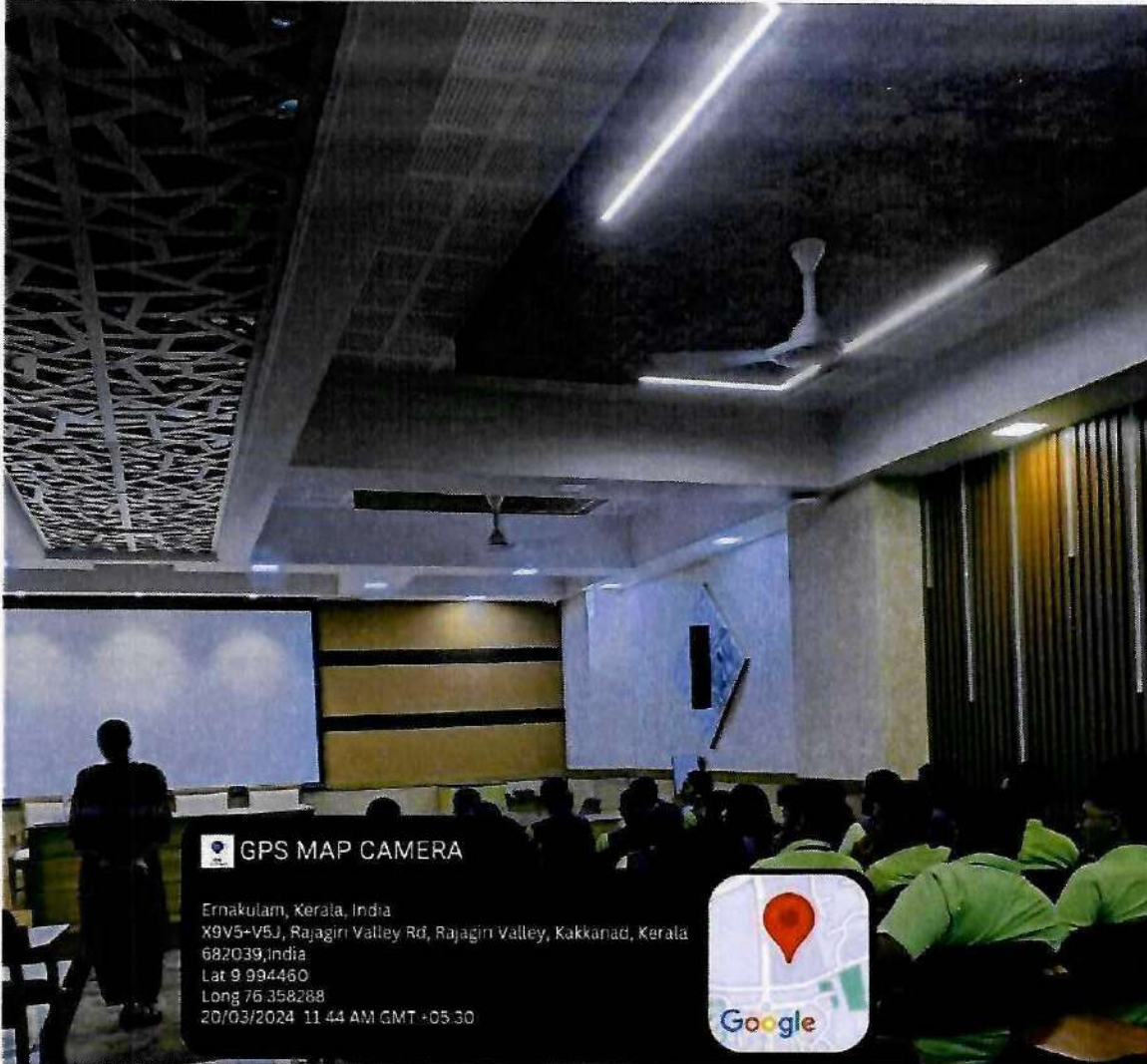
In summary, the "Spark of Success" seminar successfully fulfilled its objective of equipping students with essential life skills and entrepreneurial competencies. The collaborative efforts of the faculty coordinator, student coordinators, and the expertise of Dr. Sudha Sajeew ensured a productive and inspiring seminar experience, empowering participants to embrace opportunities for personal growth and entrepreneurial success in their educational journey and beyond.



Sudha Sajeew



Photograph of Seminar: Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: "Spark of Success"



Legal

Poster of Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: "Spark of Success"




RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Department of Commerce
in association with
Internal Quality Assurance Cell (IQAC)
organises

Seminar

Spark of Success



Resource Person

Dr. Sudha Sajeev

Conference Hall

 **11:00 AM To 12:30 PM | 20 & 21 March , 2024**

Faculty

Student Coordinator:
Mr. Aman Jagan 9567894169
Sr. Madhavan Biju Kumar 730654288



Leyah

Certificate for Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: "Spark of Success"



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

**CERTIFICATE
OF PARTICIPATION**

This is to certify that

Tanya Pillai, B.Com Model II Marketing

has actively participated in the **Entrepreneurship Skill
Development** programme titled

Seminar on Empowering Students with Life Skills and Entrepreneurial Skills:
"Spark of Success"

organised by

Department of Commerce

from 20.03.2024 to 21.03.2024

Mary
Coordinator

Mary
Head of the Department

Leah
Principal



Leah

Attendance Statement of Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: "Spark of Success" (Day 1)

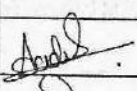

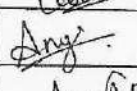

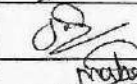





RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	20.03.2024 to 21.03.2024
Title of Programme	Seminar on Empowering Students with Life Skills and Entrepreneurial Skills : "Spark of Success"
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Conference Hall

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aadish Pradeep	B. Com Model II Computer Applications	
2	Devanarayanan P Jayan	B. Com Model II Computer Applications	
3	Catherine Prasad	B. Com Model II Computer Applications	
4	Benfin Antony	B. Com Model II Computer Applications	
5	Anna Jo	B. Com Model II Computer Applications	
6	Aalia P N	B. Com Model II Computer Applications	
7	Jose J Kavalackan	B. Com Model II Computer Applications	
8	Madhavan Biju Kumar	B. Com Model II Computer Applications	



Legal

		Applications	
9	Aman Jisam	B. Com Model II Computer Applications	<i>Aman</i>
10	Sneha Shaji	B. Com Model I Computer Applications	<i>Sneha</i>
11	Sana Salim	B. Com Model I Computer Applications	<i>Sana</i>
12	Sooraj Sibi	B. Com Model I Computer Applications	<i>Sooraj</i>
13	Antony J Ukken	B. Com Model I Computer Applications	<i>Antony</i>
14	Aravind V H	B. Com Model I Computer Applications	<i>Aravind</i>
15	Rakesh V	B. Com Model I Computer Applications	<i>Rakesh</i>
16	Arun Dev	B. Com Model II Logistics Management	<i>Arun</i>
17	Basil Joe Arun	B. Com Model II Logistics Management	<i>Basil</i>
18	Nisin Anil	B. Com Model II Logistics Management	<i>Nisin</i>
19	Harsh George Paul	B. Com Model II Finance and Taxation	<i>Harsh</i>
20	Mithun S	B. Com Model II Finance and Taxation	<i>Mithun</i>
21	Thomas Paul	B. Com Model II Finance and Taxation	<i>Thomas</i>
22	S M Ihaad Imran	B. Com Model II Marketing	<i>Ihaad</i>
23	T Gokul	B. Com Model II Marketing	<i>Gokul</i>
24	Parveen Zachariah	B. Com Model II Marketing	<i>Parveen</i>
25	Tanya Pillai	B. Com Model II Marketing	<i>Tanya</i>
26	Surya Narayan P	B. Com Model II Marketing	<i>Surya</i>
27	Nandhana Shibu	B. Com Model I Finance and Taxation	<i>Nandhana</i>
28	Jerin Johnson	B. Com Model I Finance and Taxation	<i>Jerin</i>
29	Benjamin Francis	B. Com Model I Finance and Taxation	<i>Benjamin</i>
30	Parvathy C G	B. Com Model I Finance and Taxation	<i>Parvathy</i>



Legal

Mary
Ms. Mary Antony.



Name of Event Coordinator / Coordinator with Signature



Mary

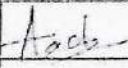



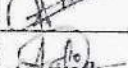



Attendance statement of Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: "Spark of Success" (Day 2)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	21.03.2024 (Day - 2)
Title of Programme	Seminar on Empowering Students with Life Skills and Entrepreneurial Skills: "Spark of Success"
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Conference Hall

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aadish Pradeep	B. Com Model II Computer Applications	
2	Devanarayanan P Jayan	B. Com Model II Computer Applications	
3	Catherine Prasad	B. Com Model II Computer Applications	
4	Benfin Antony	B. Com Model II Computer Applications	
5	Anna Jo	B. Com Model II Computer Applications	
6	Aalia P N	B. Com Model II Computer Applications	
7	Jose J Kavalackan	B. Com Model II Computer Applications	
8	Madhavan Biju Kumar	B. Com Model II Computer Applications	



Legal

		Applications	
9	Aman Jisam	B. Com Model II Computer Applications	<i>Aman</i>
10	Sneha Shaji	B. Com Model I Computer Applications	<i>Sneha</i>
11	Sana Salim	B. Com Model I Computer Applications	<i>Sana</i>
12	Sooraj Sibi	B. Com Model I Computer Applications	<i>Sooraj</i>
13	Antony J Ukken	B. Com Model I Computer Applications	<i>Antony</i>
14	Aravind V H	B. Com Model I Computer Applications	<i>Aravind</i>
15	Rakesh V	B. Com Model I Computer Applications	<i>Rakesh</i>
16	Arun Dev.	B. Com Model II Logistics Management	<i>Arun</i>
17	Basil Joe Arun	B. Com Model II Logistics Management	<i>Basil</i>
18	Nisin Anil	B. Com Model II Logistics Management	<i>Nisin</i>
19	Harsh George Paul	B. Com Model II Finance and Taxation	<i>Harsh</i>
20	Mithun S	B. Com Model II Finance and Taxation	<i>Mithun</i>
21	Thomas Paul	B. Com Model II Finance and Taxation	<i>Thomas</i>
22	S M Ihaad Imran	B. Com Model II Marketing	<i>Ihaad</i>
23	T Gokul	B. Com Model II Marketing	<i>T Gokul</i>
24	Parveen Zachariah	B. Com Model II Marketing	<i>Parveen</i>
25	Tanya Pillai	B. Com Model II Marketing	<i>Tanya</i>
26	Surya Narayan P	B. Com Model II Marketing	<i>Surya</i>
27	Nandhana Shibu	B. Com Model I Finance and Taxation	<i>Nandhana</i>
28	Jerin Johnson	B. Com Model I Finance and Taxation	<i>Jerin</i>
29	Benjamin Francis	B. Com Model I Finance and Taxation	<i>Benjamin</i>
30	Parvathy C G	B. Com Model I Finance and Taxation	<i>Parvathy</i>



Legal

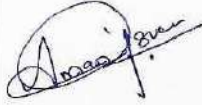


Mary
Ms. Mary Antony



Name of Event Coordinator / Coordinator with Signature



Legal

Report submitted by	Mr. Aman Jisam and Mr. Madhavan Biju Kumar, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Mary Antony, HOD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HOD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

23 March 2024



Dr. Laly Mathew

Principal

PRINCIPAL

Rajagiri College of Management & Applied Sciences

Rajagiri Valley, P. O., Kakkanad - 682 039

9. Workshop on Yoga for Humanity

Programme	Workshop on Yoga for Humanity
Date	21 June 2022 to 22 June 2022
No. of Participants	53 Students
Resource Person	Dr. E.M.G. Nair, Director, Pathanjali Pranayoga Vidyapeedom, Government of India certified Advanced Yoga Therapist
Outcome	Deeper understanding of yoga practices, including asanas, pranayama, and meditation, enhancing their physical and mental well-being.
Organized by	Department of Physical Education in association with IQAC
Faculty in charge	Dr. Chandralal V.S, Dr Bipindas, Ms Hitha P S
Student in charge	Ms. Fiza Farrooq

The Department of Physical Education at Rajagiri College of Management and Applied Sciences organized a two-day workshop on Yoga for Humanity from 21st June 2022 to 22nd June 2022. The workshop aimed to promote health and wellness among students, reduce stress, raise awareness about the benefits of yoga, foster community building, appreciate cultural significance, develop skills, encourage inclusivity and participation, and recognize and motivate students for their efforts and achievements.

A total of 53 students participated in the workshop. The event benefited from the expertise of Dr. E.M.G. Nair, Director of Pathanjali Pranayoga Vidyapeedom, Government of India Certified Senior Naturopathy & Advanced Yoga Therapist, and Conventional Ayurvedic Therapist, who provided valuable insights into various yoga practices and their benefits.

The workshop included a series of engaging sessions covering different yoga postures (asanas), breathing techniques (pranayama), and mindfulness practices (meditation). Participants were guided through the proper techniques and benefits of each practice, helping them to integrate these practices into their daily routines. The workshop successfully met its

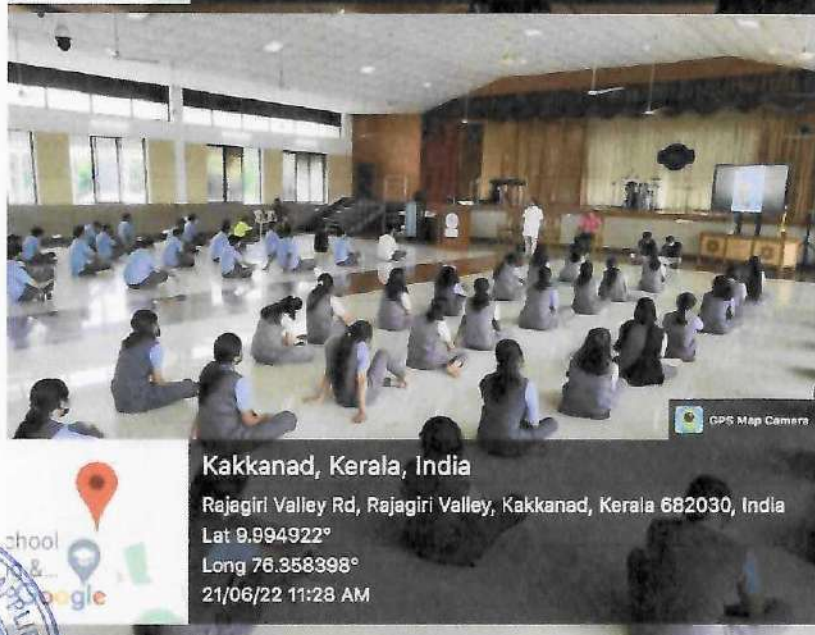


Legal

objectives, with participants gaining a deeper understanding of yoga's positive impact on their physical and mental well-being.

The acquired knowledge and experience are expected to significantly enhance the participants' overall wellness, preparing them for a healthier and more balanced lifestyle. The Workshop on Yoga for Humanity served as a platform for students to engage deeply with the practice of yoga, fostering a culture of health and wellness within the academic community at Rajagiri College.


Photographs of Workshop on Yoga for Humanity



Legal

Brochure of Workshop on Yoga for Humanity



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD
Department of Physical Education
In Association with IQAC

Organizes

Workshop on Yoga for Humanity



RESOURCE PERSON
Dr. E. M. G. MAIR
DIRECTOR, PATHANZALI SRANAYOGA
VEDYAPEDAM

Faculty Coordinator
Dr. Chennappa V.S.

Student Coordinator
Mr. Arjun

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Bld, Rajagiri Valley P.O, Kakkannad, Kerala - 682 039

0484 295 5270, 9648849926 www.rajagiricollege.edu.in
info@rajagiricollege.edu.in / english@rajagiricollege.edu.in

An enlightening and interactive session with a certified senior naturopathy and advanced yoga therapist

21 June 2022 & 22 June 2022 | Auditorium, RCMAS

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

Embark on a journey of compassion and well-being with our workshop on "Yoga for Humanity". This workshop aims to explore how yoga, beyond its physical benefits, can contribute to the welfare of individuals and society at large.

Yoga Workshop on Yoga for Humanity

Key Highlights:

Session 1: Yoga Philosophy and Ethics
Delve into the ethical principles of yoga and its role in promoting compassion, empathy, and social responsibility.

Session 2: Yoga for Mental Health and Emotional Well-being
Discover yoga practices that enhance mental clarity, emotional resilience, and foster a sense of interconnectedness.

Objective:

Objective. To promote health and wellness among students, reduce stress, raise awareness about the benefits of yoga.





Legal

Certificate of Workshop on Yoga for Humanity



RCMAS

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

Kakkanad

**CERTIFICATE
OF PARTICIPATION**

This is to certify that

Mr. Abhimanyu Shekhar of BBA

has actively participated in the **Life Skill Development**
programme titled

Workshop on Yoga for Humanity

organised by

Department of Physical Education

from *21.06.22* to *22.06.22*


Coordinator


Head of the Department


Principal



Legal

Attendance for Workshop on Yoga for Humanity



WORKSHOP ON YOGA FOR HUMANITY

(21.06.22 - 22.06.22)

ATTENDANCE SHEET

Sl.No	Name	Course	Signature
1	ANTONY	M1C	[Signature]
2	FIZA FAROOQ	M2L	[Signature]
3	JANICE ANTONY	BA ENGLISH	[Signature]
4	ALEX ANTONY	M1T	[Signature]
5	VARSHA	M1C	[Signature]
6	ABEL JOSEPH	BA ENGLISH	[Signature]
7	ANSAL	M2L	[Signature]
8	ARVIN CYRIAC	BBA	[Signature]
9	EBIN	M2L	[Signature]
10	FIDHAYEEN	BBA	[Signature]
11	ISABEL	BA ENGLISH	[Signature]
12	ISHA RAJEEQ	BBA	[Signature]
13	MALAIKA ELIZABETH	BBA	[Signature]
14	NEHA ELSY	BA ENGLISH	[Signature]
15	PARVATHY C G	M1T	[Signature]
16	SHARON	M1C	[Signature]
17	ABHIMANYU SHEKHAR	BBA	[Signature]
18	NISAMUDHEEN	M2M	[Signature]
19	JINEESH P	BCA	[Signature]
20	ROSE ANN MARTIN	M1T	[Signature]
21	BLESSON MANU	M2C	[Signature]
22	KEZIA GEORGE	BAA	[Signature]
23	GOWRI NANDANA MOHAN	BCA	[Signature]
24	SHEEPHYIA SAJI	M1T	[Signature]
25	SREENANDA	BAB	[Signature]
26	NEHA JERSON	BBA	[Signature]
27	JEEVA BABU	M2C	[Signature]
28	MILAN ABRAHAM SAJU	M1T	[Signature]



Legal

29	JOEL JUDE	M1T	Joel	Joel
30	ROHITH MENON	BAA	Rohith	Rohith
31	NAVANEETH K R	M1C	Navaneeth	Navaneeth
32	HISHAM JALEEL P	M2L	Hisham	Hisham
33	KARTHIKLAL P B	BBA	Karthik	Karthik
34	ALAN ALIAS	M1C	Alan	Alan
35	SANDHYA N MENON	BBA	Sandhya	Sandhya
36	SOORAJA N P	M2M	Sooraj	Sooraj
37	AMANDA STELLA	M2M	Amanda	Amanda
38	POORNIMA C UNNI	M1T	Poornima	Poornima
39	JOEL JOJI JOSEPH	BCA	Joel	Joel
40	MOHAMMED RISHAL M	M1T	Mohammed	Mohammed
41	NOEL JOHNY	M1T	Noel	Noel
42	ALWIN ANTONY	M1T	Alwin	Alwin
43	SOORAJ SIVASANKARAN	BCA	Sooraj	Sooraj
44	ABIN BABY	M2C	Abin	Abin
45	AADI DEV	M2M	Aadi	Aadi
46	FEBIN M SUNNY	BBA	Febin	Febin
47	ANJALA P M	BAA	Anjala	Anjala
48	ABHISHEK J ALAPPAT	M2M	Abhishek	Abhishek
49	VIJAY V K	BCA	Vijay	Vijay
50	JOEL DANIEL MATHEWS	BAE	Joel	Joel
51	HUMAYOON HUSSAIN J S	BAE	Humayoon	Humayoon
52	SIDHARTH ANILKUMAR	M1T	Sidharth	Sidharth
53	JISHNU P NAMBIAR	BBA	Jishnu	Jishnu
54				
55				
56				
57				
58				
59				
60				



Legal

Report submitted by	Fiza Farooq, Sem 5, B Com Model 2 Logistics Management, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Coordinated by	Ms.Hitha P S,NSS Faculty coordinator ,NSS Unit no 236,Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Approved by	Dr Chandralal V S,Programme officer,NSS Unit no 236,Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	

24 June 2022







Fr. Ajeesh Puthussery CMI

Principal

PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039

10. Seminar on Prevention of Life Style Diseases through Yoga

Programme	Seminar on Prevention of Lifestyle Diseases through Yoga
Date	20 December 2022 to 21 December 2022
No. of Participants	31 Students
Resource Person	Dr. E.M.G. Nair, Director, Pathanjali Pranayoga Vidyapeedom, Government of India certified Advanced Yoga Therapist
Outcome	Deeper understanding of how yoga can prevent lifestyle diseases, enhancing their physical and mental well-being.
Organized by	NSS Unit, Department of Physical Education in association with IQAC
Faculty in charge	Dr. Chandralal V.S., Ms.Hitha P S
Student in charge	Ms. Adhila P A

The NSS Unit no:236 at Rajagiri College of Management and Applied Sciences organized a two-day seminar on the Prevention of Lifestyle Diseases through Yoga from 23rd July 2022 to 24th July 2022. The seminar aimed to educate students on how yoga can be used as a preventive measure against lifestyle diseases, promote health and wellness, reduce stress, raise awareness about the benefits of yoga, and foster community building.

A total of 31 students participated in the seminar. The event benefited from the expertise of Dr. E.M.G. Nair, Director of Pathanjali Pranayoga Vidyapeedom, Government of India Certified Senior Naturopathy & Advanced Yoga Therapist, and Conventional Ayurvedic Therapist, who provided valuable insights into various yoga practices and their benefits in preventing lifestyle diseases.

The seminar commenced with an insightful introduction to yoga, emphasizing its profound impact on both physical and mental health. Participants learned about the fundamental



Legal

principles of yoga and how regular practice contributes to overall well-being. This session focused on practical aspects, demonstrating specific yoga asanas tailored to prevent lifestyle diseases such as diabetes, hypertension, and obesity. Participants engaged in learning various postures and techniques aimed at improving their health and vitality. The final session delved into the therapeutic benefits of yoga in managing stress effectively. Attendees gained insights into how yoga practices can significantly reduce stress levels and enhance their quality of life. The seminar proved to be an enlightening experience, providing attendees with valuable knowledge and practical tools to combat lifestyle diseases through the holistic approach of yoga. Participants left with a deeper understanding of yoga's potential to foster physical fitness, mental resilience, and overall wellness.

The acquired knowledge and experience are expected to significantly enhance the participants' overall wellness, preparing them for a healthier and more balanced lifestyle. The Seminar on the Prevention of Lifestyle Diseases through Yoga served as a platform for students to engage deeply with the practice of yoga, fostering a culture of health and wellness within the academic community at Rajagiri College



Ugath

Photograph of Seminar on Prevention of Life Style Diseases through Yoga



GPS Map
Camera Lite




X9W5+HJ7, Rajagiri Valley, Chittethukara, Ernakulam, Kerala
682030, India


Latitude	Longitude
9.995755101554096°	76.3587142713368°
Local 02:59:56 pm	Altitude 10.92 meters
GMT 09:29:56 am	Tuesday, 20.12.2022



Legal

Brochure of Seminar on Prevention of Lifestyle Diseases through Yoga








RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES KAKKANAD
Department of Physical Education
NSS Unit No 23B
In Association with IQAC

Organizes

Seminar on Prevention of Lifestyle Diseases Through Yoga



Dr. F. M. S. NAIR
DIRECTOR, PATHANJALI PRANAYOGA VIDYARANGAM

Faculty Coordinator:
Dr. Chandrasekhar P.

Student Coordinator:
Ms. Asha R J

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkannad, Kerala - 682 039

Phone: 295 5270, 295559921 www.rajagiricollege.edu.in
e-mail: principal@rajagiricollege.edu.in registrar@rajagiricollege.edu.in

An enlightening and interactive session with a certified senior naturopathy and advanced yoga therapist.

20 December 2022 - 21 December 2022| Auditorium , RCMAS

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kaniakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.




Join us for an enlightening workshop focused on preventing lifestyle diseases through the practice of yoga. This workshop aims to educate participants on the benefits of yoga in maintaining a healthy lifestyle and preventing common diseases associated with modern living.

Key Highlights:

Session 1: Introduction to Yoga and its Health Benefits Explore the fundamentals of yoga and how it promotes physical and mental well-being.

Session 2: Yoga Asanas for Disease Prevention Learn specific yoga postures and techniques that aid in preventing lifestyle diseases such as diabetes, hypertension, and obesity.

Session 3: Yoga and Stress Management Understand how yoga can effectively reduce stress levels and improve overall quality of life.



Legal

**Certificate of Seminar on Prevention of Lifestyle Diseases through
Yoga**



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

CERTIFICATE OF PARTICIPATION

This is to certify that

Ms. Dhya John of B.Com Model I Finance and Taxation
has actively participated in the **Life Skill Development**
programme titled

Prevention of lifestyle Diseases through Yoga
organised by

Department of Physical Education and NSS Unit 236.

from 20.12.22 to 21.12.22


Coordinator


Head of the Department



Principal



Legal

**Attendance of Seminar on Prevention of Lifestyle Diseases
through Yoga**



RCMAS

SEMINAR ON PREVENTION OF LIFESTYLE DISEASES THROUGH YOGA

(21.12.22-22.12.22)

ATTENDANCE SHEET

Sl.No	Name	Course	Signature	
1	DEVIKA MOSEH	BAE	[Signature]	[Signature]
2	SANDHYA N MENON	BBA	[Signature]	[Signature]
3	SOORAJA N P	M2M	[Signature]	[Signature]
4	AMANDA STELLA	M2M	[Signature]	[Signature]
5	POORNIMA C UNNI	M1T	[Signature]	[Signature]
6	DHIYA JOHNS	M1T	[Signature]	[Signature]
7	ADHILA P A	M1T	[Signature]	[Signature]
8	SOORYA M	M1C	[Signature]	[Signature]
9	GOWRI NANDANA MOHAN	BCA	[Signature]	[Signature]
10	SREEPRYA SAJI	M1T	[Signature]	[Signature]
11	SREENANDA	BAE	[Signature]	[Signature]
12	NEHA JERSON	BBA	[Signature]	[Signature]
13	JEEVA BABU	M2C	[Signature]	[Signature]
14	MILAN ABRAHAM SAJU	M1T	[Signature]	[Signature]
15	JOEL JUDE	M1T	[Signature]	[Signature]
16	ROHITH MENON	BAA	[Signature]	[Signature]
17	NAVANEETH K R	M1C	[Signature]	[Signature]
18	HISHAM JALEEL P	M2L	[Signature]	[Signature]
19	KARTHIKLAL P B	BBA	[Signature]	[Signature]
20	ALAN ALIAS	M1C	[Signature]	[Signature]
21	HUMAYOON HUSSAIN J S	BAE	[Signature]	[Signature]
22	VIJAY V K	BCA	[Signature]	[Signature]
23	SIDHARTH ANILKUMAR	M1T	[Signature]	[Signature]
24	JOEL DANIEL MATHEWS	BAE	[Signature]	[Signature]
25	JISHNU P NAMBIAR	BBA	[Signature]	[Signature]
26	JOEL JOJI JOSEPH	BCA	[Signature]	[Signature]
27	MOHAMMED RISHAL M	M1T	[Signature]	[Signature]
28	NOEL JOHNY	M1T	[Signature]	[Signature]



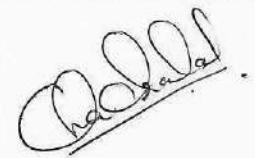


[Handwritten signature in green ink]

29	ABIN BABY	MJC	<i>[Signature]</i>	<i>[Signature]</i>
30	FERIN M SUNNY	BBA	<i>[Signature]</i>	<i>[Signature]</i>
31	AKSHARA	B.A	<i>[Signature]</i>	<i>[Signature]</i>



[Handwritten signature]

Report submitted by	Adhila P A, Sem 5, BCom Model 1 Finance and Taxation, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala.	
Coordinated by	Ms.Hitha P S, NSS Faculty coordinator, NSS Unit no 236, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Approved by	Dr Chandralal V S, Programme officer, NSS Unit no 236, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	

22 December 22





Fr. Ajeesh Puthussery CMI

Principal

PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039

11. Workshop on Clay Sculpt: Unleashing Creativity with Kalimannu

Programme	Workshop on Clay Sculpt: Unleashing Creativity with Kalimannu
Date	06 to 08 December 2022
No. of Participants	60 Students
Resource Person	Mr. Saji Raphael (Renowned Painter & Sculptor), Assistant Professor, St Joseph College of Communication, Changanacherry
Outcome	The outcome of the Kalimannu Clay Modelling Workshop is to see participants confidently applying advanced sculpting techniques and leveraging their newfound skills to innovate in animation, graphic design, and fine arts fields.
Organized by	Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Mr. Renju A.C. Assistant Professor, Department of Animation and Graphic Design, Rajagiri College of Management And Applied Sciences
Student in charge	Ms. Ann Antony Ba Animation and Graphic Design Batch 21-24 & Mr. Paul C Sajan. Ba Animation and Graphic Design Batch 21-24

The workshop aimed to introduce students to clay modelling art, specifically to create miniature characters for their Stop Motion Animation project. Led by Mr. Saji Raphael, the sessions began with a mini pot-making warm-up followed by detailed face modelling, catering to all three batches of the Animation Department and registered students from other departments. Held at the Basketball Indoor Court, RCMAS, the workshop spanned from 9:00 AM to 5:00 PM daily, with a lunch break from 1:00 PM to 1:30 PM. Registration for students outside the Animation Department required a fee of Rs. 500, payable in cash, and included a welcome kit comprising clay and tools. Participants were advised to bring an extra set of clothing suitable for the hands-on clay modelling activities.



Legal

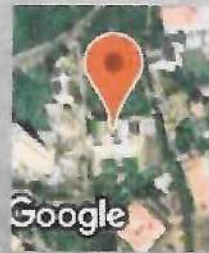
Each workshop day focused on a specific year group of Animation students, allowing registered candidates the flexibility to attend all three days. Participants received hard-copy participation certificates, underscoring their active involvement and commitment to learning. The workshop garnered enthusiastic feedback from both students and attending teachers, highlighting the valuable experience gained and a desire for its continuation in future academic years. Students expressed newfound interest in pottery classes, inspired by their introduction to clay modelling and its creative possibilities. This workshop not only enhanced students' skills in sculptural artistry but also fostered a deeper appreciation for artistic expression within the academic community.

Over three days, students from various academic backgrounds engaged enthusiastically in learning the intricacies of clay sculpting, starting from miniature pot-making to detailed face modelling. The workshop not only achieved its objective of supporting 2nd-year Animation students in their Stop Motion Animation project but also sparked a broader interest in clay artistry among attendees. The positive feedback and requests for future workshops underscored its impact, reaffirming the value of hands-on, creative learning experiences in educational settings.

Photograph of Workshop on Clay Sculpt: Unleashing Creativity with Kalimanu



Legal



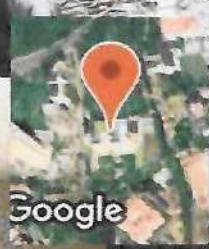
Kochi, Kerala, India

33 #8, 1st Floor, confident Gem, Rajagiri valley, kakkanad-682030 Kochi #8, 1st Floor, confident Gem, Rajagiri valley, kakkanad, Rajagiri Valley, Kochi, Kerala 682030, India

Lat 9.995178°

Long 76.357738°

08/12/22 09:38 AM GMT +05:30



Kochi, Kerala, India

33 #8, 1st Floor, confident Gem, Rajagiri valley, kakkanad-682030 Kochi #8, 1st Floor, confident Gem, Rajagiri valley, kakkanad, Rajagiri Valley, Kochi, Kerala 682030, India

Lat 9.995116°

Long 76.357728°

08/12/22 09:39 AM GMT +05:30



Legal

Brochure of Workshop on Clay Sculpt: Unleashing Creativity with Kalimanu



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES, KAKKANAD

FACULTY COORDINATOR
Mr. Saji Raphael, Assistant Professor
St. Joseph College of Communication, Chengamassery

STUDENT COORDINATOR
Ms. Anu Anil, Assistant Professor
St. Joseph College of Communication, Chengamassery

Address: Rajagiri College of Management and Applied Sciences, Kakkannad, Koochi, Kottayam District, Kerala - 682 039
Phone: 0484 2955270
Email: principal@rajagiricollege.edu.in
www.rajagiricollege.edu.in

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD
Department of Animation & Graphic Design
in association with
**Workshop on Clay Sculpt:
Unleashing Creativity with Kalimanu**



Mr. Saji Raphael,

Assistant Professor,
St. Joseph College of
Communication,
Chengamassery

The 'Workshop on Clay sculpt, Unleashing Creativity with Kalimanu' is an immersive and hands-on program designed to explore the art of clay sculpting. Participants will delve into various techniques and styles of working with clay under the guidance of skilled artisans from Kalimanu. This workshop is ideal for both beginners and experienced artists looking to enhance their sculpting skills and express their creativity. Through practical sessions and expert demonstrations, attendees will learn how to manipulate clay, create detailed sculptures, and finish their pieces with professional techniques. The workshop aims to foster creativity, improve technical proficiency, and inspire participants to create unique clay artworks.

08.12.2022 to 08.12.2022 | Sakshi Ball Court

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2006, is under the guidance of the C.M.I. Fathers, a religious congregation founded by St. Kurianose Elias Chavara, belonging to the Sacred Heart Province of the C.M.I. The college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

The Department of Animation and Graphic Design, instituted in 2016 with the aim of nurturing creative talent and providing industry-relevant education, the department offers various courses tailored to meet the demands of the animation and multimedia industry.

OBJECTIVE:

During the workshop, students will evaluate a solid grasp of fundamental and advanced clay sculpting techniques, enhancing their manual dexterity and artistic sensibility. Participants will develop a keen understanding of working with different types of clay and tools, enabling them to create detailed and imaginative sculptures. Additionally, students will gain confidence in their artistic abilities, foster their creativity, and learn to appreciate the patience and precision required in the art of clay sculpting. The workshop will also provide opportunities for collaborative learning and personalized feedback, contributing to their overall growth as budding artists.

Day 1: Foundations of Clay Sculpting

Morning Session:

Welcome and Introduction: Overview of the workshop and introduction to the facilitators. Introduction to Kalimanu and its philosophy.

Basics of Clay Sculpting: Types of clay and tools.

Fundamental techniques: Kneading, rolling, and pinching. Demonstration and hands-on practice.

Afternoon Session:

Creating Basic Forms:

Techniques for shaping basic forms: cubes, spheres, cylinders, understanding the properties and behavior of clay. Guided practice and individual projects.

Day 2:

**Intermediate
Techniques and
Detailed Sculpting**

Morning Session:

Texture and Detailing: Techniques for adding texture and details to sculptures using different tools to create patterns and effects.

Demonstration followed by hands-on practice.

Afternoon Session:

Human and Animal Figures:

Basics of sculpting human and animal forms. Proportions and anatomy tips.

Guided creation of a simple human or animal figure.

Day 3:

**Advanced
Techniques and
Finishing Touches**

Morning Session:

Advanced Sculpting Techniques: Hollowing, joining pieces, and maintaining structural integrity. Sculpting more complex and dynamic forms.

Individual or group project work.

Afternoon Session:

Finishing and Decorating:

Techniques for smoothing, carving, and adding fine details. Introduction to various finishing techniques (e.g., glazing, painting). Final touches on projects and preparation for drying/firing.

Closing Session:

Showcase and Feedback: Participants present their finished pieces. Group critique and feedback session. Closing remarks and certificate distribution.



Saji Raphael

**Certificate of Workshop on Clay Sculpt: Unleashing Creativity with
Kalimannu**




RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad
CERTIFICATE OF PARTICIPATION
This is to certify that
ANET VARGHESE - BAAD - 51
has actively participated in the **Entrepreneurship Skill Development**
programme titled
Workshop on clay sculpt: Unleashing Creativity with kalimannu
organised by
Department of Animation and Graphic Design
from *06.12.2022* to *08.12.2022*

 Coordinator
 Head of the Department
 Principal




Legal

Attendance Statement of Workshop on Clay Sculpt: Unleashing Creativity with Kalimanu (Day 1)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

Department of ANIMATION AND GRAPHIC DESIGN

BA ANIMATION AND GRAPHIC DESIGN

WORKSHOP ON CLAY SCULPT : UNLEASHING CREATIVITY WITH KALIMANU

DATE : 6-12-2020

ATTENDANCE RECORD - DAY 1

SL. NO.	NAME	PROGRAM	SIGNATURE
1	A ARUNDATHI	B.A Animation and Graphic Design S1	<i>A Arundathi</i>
2	AARSHI SREEJITH	B.A Animation and Graphic Design S1	<i>Aarshi</i>
3	ABDUL KAHAR K.A	B.A Animation and Graphic Design S1	<i>Abdul Kahar</i>
4	ABHINAV P S	B.A Animation and Graphic Design S1	<i>Abhinav</i>
5	ADAM SHEM	B.A Animation and Graphic Design S1	<i>Adam Shem</i>
6	ADONE PHILIP	B.A Animation and Graphic Design S1	<i>Adone Philip</i>
7	ADWAID A.V	B.A Animation and Graphic Design S1	<i>Adwad</i>
8	ALDRIYA TREESA	B.A Animation and Graphic Design S1	<i>Aldriya</i>
9	ALIYA NASRIN P T	B.A Animation and Graphic Design S1	<i>Aliya Nasrin</i>
10	ANET VARGHESE	B.A Animation and Graphic Design S1	<i>Anet</i>
11	ASWIN.A.ANOOB	B.A Animation and Graphic Design S1	<i>Aswin Anoop</i>
12	AZIM K BASHEER	B.A Animation and Graphic Design S1	<i>Azim Basheer</i>
13	DIYA REJI	B.A Animation and Graphic Design S1	<i>Diya Reji</i>
14	HARIKRISHNAN	B.A Animation and Graphic Design S1	<i>Hari</i>
	HELI AN WERCIC	B.A Animation and	



Legat

16	JEEVA B	B.A Animation and Graphic Design S1	<i>Jeeva</i>
17	JENIN MARIA JOSEPH	B.A Animation and Graphic Design S1	<i>Jenin maria</i>
18	KEZIA GEORGE	B.A Animation and Graphic Design S1	<i>Kezia</i>
19	MALAVIKA K J	B.A Animation and Graphic Design S1	<i>Malavika</i>
20	MANUEL PHILIP KOSHY	B.A Animation and Graphic Design S1	<i>Manuel Philip</i>

Faculty Coordinator

[Signature]
Mr. RENJU A C
Asst Professor
Dept of AGD
RCMAS


HOD

[Signature]
Mr. JOTTY JACOB
Asst Professor
Dept of AGD
RCMAS



[Handwritten signature]

Attendance Statement of Workshop on Clay Sculpt: Unleashing Creativity with Kalimanu (Day 2)

 **RCMAS**
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

Department of ANIMATION AND GRAPHIC DESIGN

BA ANIMATION AND GRAPHIC DESIGN

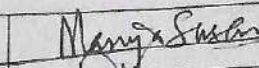





WORKSHOP ON CLAY SCULPT : UNLEASHING CREATIVITY WITH KALIMANU

DATE : 7-10-2022
ATTENDANCE RECORD - DAY 2


SL. NO.	NAME	PROGRAM	SIGNATURE
1	AJSAL PB	B.A Animation and Graphic Design S3	<i>[Signature]</i>
2	ANAKAHA SASI CHERIAN	B.A Animation and Graphic Design S3	<i>[Signature]</i>
3	ANANDU SVIJAYAN	B.A Animation and Graphic Design S3	<i>[Signature]</i>
4	ANJALA PM	B.A Animation and Graphic Design S3	<i>[Signature]</i>
5	APARNA MICHAEL	B.A Animation and Graphic Design S3	<i>[Signature]</i>
6	CATHERIN OSTINE	B.A Animation and Graphic Design S3	<i>[Signature]</i>
7	FIZA SHEREEF	B.A Animation and Graphic Design S3	<i>[Signature]</i>
8	GOPIKRISHNAN R	B.A Animation and Graphic Design S3	<i>[Signature]</i>
9	HALIMA M SADIQUE	B.A Animation and Graphic Design S3	<i>[Signature]</i>
10	HERSCHEL RANA THALIAH	B.A Animation and Graphic Design S3	<i>[Signature]</i>
11	JOHN JUDE	B.A Animation and Graphic Design S3	<i>[Signature]</i>
12	JUDE SEBASTIAN	B.A Animation and Graphic Design S3	<i>[Signature]</i>
13	KRISHNA PRIYA CHANDRAN	B.A Animation and Graphic Design S3	<i>[Signature]</i>
14	KRISHNENDU M K	B.A Animation and Graphic Design S3	<i>[Signature]</i>




Legal

15	MARIA SUSAN GINYOY	B.A Animation and Graphic Design S3	
16	MARIYAM N SHIHABUDEEN	B.A Animation and Graphic Design S3	
17	NIMISHA MOHANDAS	B.A Animation and Graphic Design S3	
18	PAUL CSAJAN	B.A Animation and Graphic Design S3	
19	RAYHAN AMJATH	B.A Animation and Graphic Design S3	
20	REEBAANCIL	B.A Animation and Graphic Design S3	

Faculty Coordinator


Mr. RENJU A C
Asst Professor
Dept of AGD
RCMAS


HOD


Mr. JOTTY JACOB
Asst Professor
Dept of AGD
RCMAS



Legal

Attendance statement of Workshop on Clay Sculpt: Unleashing Creativity with Kalimanu (Day 3)

 **RCMAS**
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

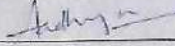




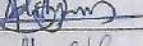

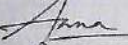

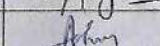




Department of ANIMATION AND GRAPHIC DESIGN

BA ANIMATION AND GRAPHIC DESIGN

WORKSHOP ON CLAY SCULPT : UNLEASHING CREATIVITY WITH KALIMANU

DATE : 5 - 02 - 2020

ATTENDANCE RECORD - DAY 3

SL. NO.	NAME	PROGRAM	SIGNATURE
1	AADHYA SAJ	B.A Animation and Graphic Design S6	
2	ABIN BABU	B.A Animation and Graphic Design S6	
3	ADARSH AUGUSTINE	B.A Animation and Graphic Design S6	
4	ADEEPA P	B.A Animation and Graphic Design S6	
5	ADITHYAN M	B.A Animation and Graphic Design S6	
6	AKSHITA PRADEEP	B.A Animation and Graphic Design S6	
7	ANNA FOBBIN	B.A Animation and Graphic Design S6	
8	ARYA JAYARAJ	B.A Animation and Graphic Design S6	
9	ASHMY ABEESH	B.A Animation and Graphic Design S6	
10	ASWATHY	B.A Animation and Graphic Design S6	
11	ATUL KRISHNA S	B.A Animation and Graphic Design S6	
12	AUGUSTIN JOHN	B.A Animation and Graphic Design S6	
13	BIBIN SIBI	B.A Animation and Graphic Design S6	
14	DAFFODIL VALENTINE GUISTY	B.A Animation and Graphic Design S6	
		B.A Animation and	



Legal

16	FAHAD EBRAHIM KHAN	B.A Animation and Graphic Design S6	<i>Fahad Ebrahim Khan</i>
17	FATHIMA HANIYA K	B.A Animation and Graphic Design S6	<i>Fathima Haniya K</i>
18	FLOYD EMMANUEL LIBERA	B.A Animation and Graphic Design S6	<i>Floyd</i>
19	JOE JOSEPH CHRISTY	B.A Animation and Graphic Design S6	<i>Joe Joseph Christy</i>
20	KISHORE KARTHA	B.A Animation and Graphic Design S6	<i>Kishore</i>

Faculty Coordinator

HOD

Mr. Renju A C
Mr. RENJU A C
Asst Professor
Dept of AGD
RCMAS

Mr. JOTTY JACOB
Asst Professor
Dept of AGD
RCMAS



Legal

Feedback For teaching assistant/ KAKKANAD

Arjun K P
Ajitha K
Krishnakumar MK
Manish Ganon Ganay
Robin sreed
Mythili
Reela Anil
Marsha Dhyerini
Asha Tresa Marud
Aadhya sh
Paul C Rajan
Chyri Emmanuel Libera
Goutham
Uthman Waleed
Dakshini
Nikhil Karthikeyan
Minal Nayyan
GEORGE ORRIS
Fahad Khan
Vinay Jyothi
Ayazma m haid
Ashwajit Abudul
poiana jannis

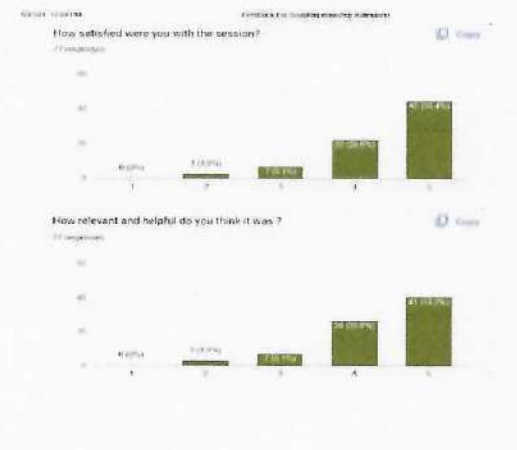
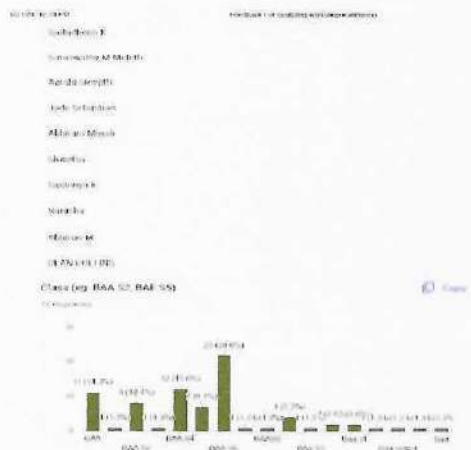
Feedback For teaching assistant/ KAKKANAD

Fathima Huda A
Ananthakrishnan p o
AMER K M
Halima m radhika
KAN ANNA ANTONY
Susan kumar
Anishk Augustine
Anitha Raj
Asya jithan
Anya
anvitha
JASHEEM K
Akshay sreed
Jee
Karim Hussain
Ashraf Kierthi
Joe Joseph christy
Muhammad Mubafah Siddiquan
MUSKAN C
Sneha
Roshin Jude Correya
VINAYAK SANJEEV RIMAB
rafiel

https://www.google.com/forms/d/1u0Ckxk70Z9W9p3gW9y7M9P-G-U7Z0vnuwvudx5

https://www.google.com/forms/d/1u0Ckxk70Z9W9p3gW9y7M9P-G-U7Z0vnuwvudx5

2/11



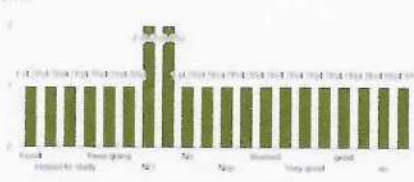
https://www.google.com/forms/d/1u0Ckxk70Z9W9p3gW9y7M9P-G-U7Z0vnuwvudx5

https://www.google.com/forms/d/1u0Ckxk70Z9W9p3gW9y7M9P-G-U7Z0vnuwvudx5

2/11






Legal

Activity to do	Feedback for teaching activities/teachers	Activity to do	Feedback for teaching activities/teachers
Fun and playful		Learning new skills	
Skills		It was my first experience and was also interested to use clay	
New experience		Learned to make sculptures using clay and had a lot of fun till the end of the event	
Handwork		Very good	
Experience with clay		New experience. Learned new things	
Learned to mould a face with clay		It was fun and interesting	
Helped to understand learning		Creating a figure made of clay	
Gifts		Clay modelling takes a lot of effort	
Much useful		Helped to make more things for modelling	
Very good		All can do clay art if they have that interest and passion for it	
Working something out which I have never tried			
If ever a considerable amount			
great session			
Expried how to mould			
It was fun			
Usage of the tools			
WTF			
Had fun			
I CAN UNDERSTAND THE VALUES OF CLAY AND HOW STABLE IT IS			
Had really enjoyed the event			
Not attended			
new experience			
		Any additional comments regarding the sessions ?	
		2 responses	
		 <p>The number of responses received for various feedback items: Fun and playful (2), Skills (1), New experience (2), Handwork (1), Experience with clay (1), Learned to mould a face with clay (1), Helped to understand learning (1), Gifts (1), Much useful (1), Very good (1), Working something out which I have never tried (1), If ever a considerable amount (1), great session (1), Expried how to mould (1), It was fun (1), Usage of the tools (1), WTF (1), Had fun (1), I CAN UNDERSTAND THE VALUES OF CLAY AND HOW STABLE IT IS (1), Had really enjoyed the event (1), Not attended (1), new experience (1).</p>	
		Google Forms	



Legal

Report submitted by	Ms. Ann Antony Ba Animation and Graphic Design Batch 21-24, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Mr. Renju A.C, Assistant Professor, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Mr. Jotty Jacob, HoD & Assistant Professor, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Kakkanad	

13 December 2022





Fr. Ajeesh Puthussery CMI

PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

Principal

12. Workshop on Acting out: Language and Life Skills through Theatre

Programme	Workshop on Acting out: Language and Life Skills on Stage
Date	9 January 2023 to 13 January 2023
No. of Participants	10 Students
Resource Person	Ms. Amala Manavalan, Assistant Professor, RCMAS
Outcome	The workshop empowered participants with enhanced communication abilities and increased emotional intelligence along with practical skills for effective communication and personal growth, ready to apply them in both personal and professional contexts.
Organized by	Department of English, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Salu Varghese, Department of English
Student in charge	Mr. Leo Roy, BAE VI Semester, Department of English

The Department of English at Rajagiri College of Management and Applied Sciences organized a Workshop on Acting out: Language and Life Skills on Stage from 9th to 13th January 2023. The workshop aimed to provide participants with practical techniques for effective communication, both on and off stage. It sought to improve their ability to express thoughts and emotions clearly and creatively. A total of 10 students participated in the workshop. The workshop benefited from the expertise of Ms. Amala Manavalan, Assistant Professor, RCMAS. Ms. Amala brought valuable insights into the session through her knowledge of the theatre and by making the students perform live acts on the stage.

The workshop successfully met its objectives, leaving participants with enhanced language and life skills, and confidence in their ability to communicate effectively and express



Leo Roy

themselves creatively. The interactive nature of the sessions helped participants develop stronger teamwork and collaboration skills. The practical exercises and role-playing activities provided valuable experience in critical thinking and problem-solving.

The organizing committee extends sincere appreciation to Ms. Amala for her invaluable contributions. Special thanks to Ms. Salu Varghese, and the student coordinator, Mr. Leo Roy, for their dedicated efforts in ensuring the success of the seminar.

The workshop proved to be an enlightening and transformative experience for all participants. Through a series of engaging sessions, especially the enactment, attendees were able to harness the power of theatrical techniques to enhance their language abilities and life skills. The workshop successfully fostered a supportive environment where participants could practice and develop crucial communication, empathy, teamwork, and emotional intelligence.

Photographs of Workshop on Acting out: Language and Life Skills on Stage





Handwritten signature in green ink.

Brochure of Workshop on Acting out: Language and Life Skills on Stage

FACULTY COORDINATOR:

Ms. Salu Varghese +9194966 887017

STUDENT COORDINATOR:

Mr. Leo Roy +91 94479 56741

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O. Kakkanad, Kerala - 682 039

☎ 0484 295 2270, +91 90488 99926 🌐 www.rajagiricollege.edu.in

office@rajagiricollege.edu.in | english@rajagiricollege.edu.in



**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Department of English

In association with

Internal Quality Assurance Cell (IQAC)
organises

WORKSHOP ON ACTING OUT: LANGUAGE AND LIFE SKILLS ON STAGE



Ms. Amala Manavalan

Assistant Professor, RCMAS

A dynamic theatre workshop and enactment offering students hands-on experience in theatrical techniques and personal expression.

RCMAS AUDITORIUM
09 JANUARY 2023 - 13 JANUARY 2023
10:00 AM - 12:30 PM

Rajagiri College of Management and Applied Sciences, Kakkanad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

The Department of English, established in 2015, focuses on equipping students with essential skills in Language, Communication, and Journalism. We are pleased to announce our workshop, Acting Out: Language and Life Skills on Stage. Participants will explore theatre and drama fundamentals, engage in intensive practice sessions, and culminate with a dramatic performance to showcase their skills.

OUTCOME

The workshop introduces participants to theatre and drama, followed by intensive practice sessions, culminating in a final drama enactment to showcase their skills.

SESSIONS:

- Day 1: Introduction to theatre and drama, covering basic concepts and techniques.
- Days 2 - 4: Practice sessions where participants rehearse a drama, refining their acting skills and understanding of the play.
- Day 5: Enactment of the drama, allowing participants to perform and showcase their newly acquired skills.



Legal

**Certificate of Workshop on Acting out:
Language and Life Skills on Stage**



Legal

**Attendance Statement of Workshop on Acting out:
Language and Life Skills on Stage (Day 1)**




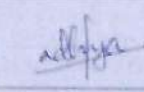



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	09.01.2023 (Day 1)
Title of Programme	Workshop on Acting Out: Language and Life Skills through Theatre
Department/Organising Cell	Department of English in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aaba Sujas	BA English Literature, Communication and Journalism(Triple Main)	
2	Aathira Sathesh	BA English Literature, Communication and Journalism(Triple Main)	
3	Abhidha Zen	BA English Literature, Communication and Journalism(Triple Main)	
4	Adya Arun	BA English Literature, Communication and Journalism(Triple Main)	
5	Aiswarya Praveen	BA English Literature, Communication and Journalism(Triple Main)	



Legal

6	Ajith Soman	BA English Literature, Communication and Journalism(Triple Main)	<i>AS</i>
7	Amala Jom	BA English Literature, Communication and Journalism(Triple Main)	<i>Amala</i>
8	Amala Mary Xavier	BA English Literature, Communication and Journalism(Triple Main)	<i>Amala</i>
9	Anjali K S	BA English Literature, Communication and Journalism(Triple Main)	<i>K.S. Anjali</i>
10	Ann Jacob	BA English Literature, Communication and Journalism(Triple Main)	<i>Ann</i>



Ms. Amala Manavalan

Name of Event Coordinator with Signature



Legal

**Attendance Statement of Workshop on Acting out:
Language and Life Skills on Stage (Day 2)**




RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	10.01.2023 (Day 2)
Title of Programme	Workshop on Acting Out: Language and Life Skills through Theatre
Department/Organising Cell	Department of English in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aaba Sujas	BA English Literature, Communication and Journalism(Triple Main)	
2	Aathira Sathesh	BA English Literature, Communication and Journalism(Triple Main)	
3	Abhidha Zen	BA English Literature, Communication and Journalism(Triple Main)	
4	Adya Arun	BA English Literature, Communication and Journalism(Triple Main)	
5	Aiswarya Praveen	BA English Literature, Communication and Journalism(Triple Main)	



Legal

6	Ajith Soman	BA English Literature, Communication and Journalism (Triple Main)	<i>AS</i>
7	Amala Jom	BA English Literature, Communication and Journalism (Triple Main)	<i>Amala</i>
8	Amala Mary Xavier	BA English Literature, Communication and Journalism (Triple Main)	<i>Amala</i>
9	Anjali K S	BA English Literature, Communication and Journalism (Triple Main)	<i>K Anjali</i>
10	Ann Jacob	BA English Literature, Communication and Journalism (Triple Main)	<i>Ann</i>

Amala
Ms. Amala Manavalan

Name of Event Coordinator with Signature



Legal

**Attendance Statement of Workshop on Acting out:
Language and Life Skills on Stage (Day 3)**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	11.01.2023 (Day 3)
Title of Programme	Workshop on Acting Out: Language and Life Skills through Theatre
Department/Organising Cell	Department of English in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aaba Sujas	BA English Literature, Communication and Journalism(Triple Main)	
2	Aathira Satheesh	BA English Literature, Communication and Journalism(Triple Main)	
3	Abhidha Zen	BA English Literature, Communication and Journalism(Triple Main)	
4	Adya Arun	BA English Literature, Communication and Journalism(Triple Main)	
5	Aiswarya Praveen	BA English Literature, Communication and Journalism(Triple Main)	



Legal

6	Ajith Soman	BA English Literature, Communication and Journalism(Triple Main)	<i>AS</i>
7	Amala Jom	BA English Literature, Communication and Journalism(Triple Main)	<i>Amala</i>
8	Amala Mary Xavier	BA English Literature, Communication and Journalism(Triple Main)	<i>Amalat</i>
9	Anjali K S	BA English Literature, Communication and Journalism(Triple Main)	<i>K.S. Anjali</i>
10	Ann Jacob	BA English Literature, Communication and Journalism(Triple Main)	<i>Ann</i>

Amala

Ms. Amala Manavalan

Name of Event Coordinator with Signature



Legal

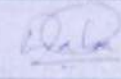
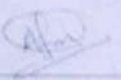

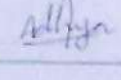
Attendance Statement of Workshop on Acting out: Language and Life Skills on Stage (Day 4)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	12.01.2023 (Day 4)
Title of Programme	Workshop on Acting Out: Language and Life Skills through Theatre
Department/Organising Cell	Department of English in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aaba Sujas	BA English Literature, Communication and Journalism(Triple Main)	
2	Aathira Sathesh	BA English Literature, Communication and Journalism(Triple Main)	
3	Abhidha Zen	BA English Literature, Communication and Journalism(Triple Main)	
4	Adya Arun	BA English Literature, Communication and Journalism(Triple Main)	
5	Aiswarya Praveen	BA English Literature, Communication and Journalism(Triple Main)	





6	Ajith Soman	BA English Literature, Communication and Journalism(Triple Main)	<i>AS</i>
7	Amala Jom	BA English Literature, Communication and Journalism(Triple Main)	<i>Amala</i>
8	Amala Mary Xavier	BA English Literature, Communication and Journalism(Triple Main)	<i>Amala</i>
9	Anjali K S	BA English Literature, Communication and Journalism(Triple Main)	<i>K.S. Anjali</i>
10	Ann Jacob	BA English Literature, Communication and Journalism(Triple Main)	<i>Ann</i>

AM
Ms. Amala Manavalan

Name of Event Coordinator with Signature



Amala

**Attendance Statement of Workshop on Acting out:
Language and Life Skills on Stage (Day 5)**



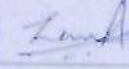
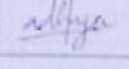


RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	13.01.2023 (Day 5)
Title of Programme	Workshop on Acting Out: Language and Life Skills through Theatre
Department/Organising Cell	Department of English in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aaba Sujas	BA English Literature, Communication and Journalism(Triple Main)	
2	Aathira Satheesh	BA English Literature, Communication and Journalism(Triple Main)	
3	Abludha Zen	BA English Literature, Communication and Journalism(Triple Main)	
4	Adya Arun	BA English Literature, Communication and Journalism(Triple Main)	
5	Aiswarya Praveen	BA English Literature, Communication and Journalism(Triple Main)	

7.



Legal




6	Ajith Soman	BA English Literature, Communication and Journalism (Triple Main)	<i>AS</i>
7	Amala Jom	BA English Literature, Communication and Journalism (Triple Main)	<i>Amala</i>
8	Amala Mary Xavier	BA English Literature, Communication and Journalism (Triple Main)	<i>Amala</i>
9	Anjali K S	BA English Literature, Communication and Journalism (Triple Main)	<i>K.S. Anjali</i>
10	Arn Jacob	BA English Literature, Communication and Journalism (Triple Main)	<i>Arn</i>

AM
Ms. Amala Manavalan

Name of Event Coordinator with Signature



Legal

Report submitted by	Mr. Leo Roy BAE VI Semester, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Coordinated by	Ms. Salu Varghese, Assistant Professor, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Approved by	Ms. Amala Manavalan, HoD & Assistant Professor, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	

9 January 2023







Fr. Ajeesh Puthussery CMI

Principal

PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039

13. Inter-departmental Seminar Commemorating International Yoga Day with Prana Yoga and Life Skills

Programme	Inter - Departmental Seminar Commemorating International Yoga Day with Prana Yoga and Life Skills
Date	18 and 19 June of 2021
No. of Participants	30 students
Resource Person	Dr. E.M.G Nair, Director, Pathanjali, Pranayoga Vidyapeedom, Govt., Of India Certified Senior Naturopathy & Advanced Yoga, Therapist, Conventional, Ayurvedic Therapist.
Outcome	The relevance and importance of Prana Yoga and Life Skills were discussed.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Mr. Chandralal V S, Department of Commerce
Student in charge	Ms. Deepthi Tharol and Mr. Tharak Antony, Department of Commerce

The Department of Commerce at Rajagiri College of Management and Applied Sciences organized a two - day Inter - Departmental Seminar Commemorating International Yoga Day with Prana Yoga and Life Skills on 18th and 19th June of 2021 in the Google Meet - Online platform.

The inter-departmental seminar titled "Commemorating International Yoga Day with Prana Yoga and Life Skills" was organized to celebrate International Yoga Day and to highlight the integration of Prana Yoga with essential life skills. The event brought together faculty, staff, and students from various departments to explore the benefits of yoga and life skills for personal and professional well-being.

The seminar concluded with a summary of key takeaways and a call to action for participants to continue practicing yoga and integrating life skills into their daily routines. Emphasis was placed on the importance of a holistic approach to well-being and the benefits of regular yoga practice.



Legal

This seminar successfully celebrated International Yoga Day by highlighting the benefits of Prana Yoga and life skills. It provided participants with practical strategies for integrating yoga and life skills into their daily lives, promoting holistic well-being and personal development.

Photograph of Inter - Departmental Seminar Commemorating International Yoga Day with Prana Yoga and Life Skills



Legat

**Poster of Inter - Departmental Seminar Commemorating International
Yoga Day with Prana Yoga and Life Skills**



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES
KAKKANAD

**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Department of Commerce

in association with

Internal Quality Assurance Cell (IQAC)

organises

Seminar

International Yoga Day



Resource Person

Dr. E Gopalakrishnan Nair

 **Google Meet**

 **11:00 AM To 12:30 PM | 18 & 19 June , 2021**

Faculty Coordinator:

Mr. Chandretal V S 9895328969

Student Coordinator:

Mr. Harshad R 93950948

Ms. Divya S 94770540



Handwritten signature

Brochure of Inter - Departmental Seminar Commemorating International Yoga Day with Prana Yoga and Life Skills



Resource person



MR. Dr. E Gopalakrishnan Nair,
Pathanjali Pranayoga
Vidyapeedom
Yoga master, Chief
Acharya at Pathanjali
Pranayoga



Contact Us

- Phone:
Faculty in charge:
Mr Chandralal
- Student in charge:
Ms. Deepthi Tharal 7025966018
Mr. Tharak Antony 61449738414
- Email:
commerce@rajagiricollege.edu.in
- Venue:
Google Meet

**International
Yoga Day with
Prana Yoga and
Life Skills**

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkanad, Kerala
682039

Objectives

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkanad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

DEPARTMENT OF COMMERCE

About the Department

The Department of Commerce, established in 2005, will rapidly expand to become a hub of academic excellence and professional training. Initially focused on undergraduate education, it will offer six UG courses and one PG course. With a robust faculty team of 31 members, the Department of Commerce will aim to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extracurricular activities.

1.1 **Vision of the Department**
To empower our students with knowledge, skills, and ethical grounding to excel in the global economy.

****Mission of the Department****
To cultivate socially responsible commerce professionals capable of addressing global challenges sustainably.

Day 1 : 10:30AM to 12.00PM
Introduction to Prana Yoga

- Introduction to Prana Yoga
What it is and its benefits
- Techniques of Pranayama
Breathing exercises to enhance physical and mental well-being
- Understanding Prana: The life force and how it affects our health and well-being
- Yoga Asanas: Learning and practicing various yoga postures


Day 2 : 10:30AM to 12.00PM
Integrating Life Skills through Yoga

- Understanding the essential skills for personal and professional growth
- Techniques for using yoga to reduce stress and improve mental health
- Practices to enhance focus, productivity, and overall well-being in professional settings



Legal

**Certificate of Inter - Departmental Seminar Commemorating
International Yoga Day with Prana Yoga and Life Skills**

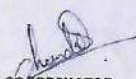



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD


**CERTIFICATE OF
PARTICIPATION**


This is to certify that

Noyal Samy B.Com Model II Marketing
has actively participated in the **Life Skill
Development** programme titled
Inter-departmental Seminar Commemorating
International Yoga Day with Prana Yoga and Life Skills
organised by
Department of Commerce
from 18.06.2021 to 19.06.2021


COORDINATOR


HEAD OF THE DEPARTMENT


PRINCIPAL



Legal

**Attendance Statement of Inter - Departmental Seminar
Commemorating International Yoga Day with Prana Yoga and Life**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	18.06.2021 to 19.06.2021
Title of Programme	Inter-departmental Seminar Commemorating International Yoga Day with Prana Yoga and Life Skills
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Online- Google Meet

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Abinantha G Mahiera	B. Com Model II Finance and Taxation	✓
2	Anagha seby	B. Com Model II Finance and Taxation	✓
3	Denny Lukose	B. Com Model II Finance and Taxation	✓
4	Lidhiya Lixon	B. Com Model II Finance and Taxation	✓
5	Mauliga M	B. Com Model II Finance and Taxation	✓
6	Sandeep Shibu	B. Com Model II Finance and Taxation	✓



Legal

		Taxation	
7	Devika Dileep	B. Com Model I Finance and Taxation (5F)	✓
8	Hanan Fathima K A	B. Com Model I Finance and Taxation (5F)	✓
9	Joel Jaimon	B. Com Model I Finance and Taxation (5F)	✓
10	Karun Joby	B. Com Model I Finance and Taxation (5F)	✓
11	Malavika Hari	B. Com Model I Finance and Taxation (5F)	✓
12	Ajay Dev U	B. Com Model II Marketing	✓
13	Gokul Krishna N R	B. Com Model II Marketing	✓
14	Noyal Sunil	B. Com Model II Marketing	✓
15	Aromal S Madhu	B. Com Model II Marketing	✓
16	Agnel V Joy	B. Com Model II Logistics Management	✓
17	Deepthi Tharol	B. Com Model II Logistics Management	✓
18	Tharak Antony	B. Com Model II Logistics Management	✓
19	Sona Anas	B. Com Model II Logistics Management	✓
20	Gresshma N G	B. Com Model I Computer Applications	✓
21	Joseph K John	B. Com Model I Computer Applications	✓
22	Sanjay Stanly	B. Com Model I Computer Applications	✓
23	Ben Joseph	B. A Animation and Graphic Design	✓
24	Daisy G Devassy	B. A Animation and Graphic	✓


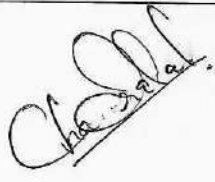

		Design	
25	Devasurya K S	B. A Animation and Graphic Design	✓
26	Kevin Joseph	B. A Animation and Graphic Design	✓
27	Vaishnavi M Nair	B. A English Literature, Communication and Journalism Model III (Triple Main)	✓
28	Smriti S	B. A English Literature, Communication and Journalism Model III (Triple Main)	✓
29	V Sarath	Bachelor of Business Administration	✓
30	U Sreevyas Shenoy	Bachelor of Business Administration	✓

Mr. Chandrabal V.S.




Name of Event Coordinator / Coordinators
with Signature




Report submitted by	Ms. Deepthi Tharol and Mr. Tharak Antony, Department of Computer Science, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Mr. Chandralal V S, Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

21 June 2021







Fr. Ajeesh Puthussery CMI

Principal

PRINCIPAL
Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

14. Workshop on Pranayama for Mindfulness

Program	Workshop on Pranayama for Mindfulness-PRANAYOGA
Date	21 June 2021 to 22 June 2021
No. of Participants	66 Students
Resource Person	Dr. E.M.G. Nair, Director, Pathanjali Pranayoga Vidyapeedom, Government of India certified Advanced Yoga Therapist
Outcome	Deeper understanding of pranayama and meditation, enhancing their mindfulness.
Organized by	Department of Physical Education in association with IQAC
Faculty in charge	Dr. Chandralal V.S.
Student in charge	Ms. Angitha Babu

The Department of Physical Education in association with IQAC, Rajagiri College of Management and Applied Sciences organized a two-day online workshop on Pranayama for Mindfulness from 21st June 2021 to 22nd June 2021. The workshop aimed to promote mental wellness among students and faculty, reduce stress, raise awareness about the benefits of Pranayama and meditation.

A total of 66 students participated in the online workshop. The event benefited from the expertise of Dr. E.M.G. Nair, Director of Pathanjali Pranayoga Vidyapeedom, Government of India Certified Senior Naturopathy & Advanced Yoga Therapist, and Conventional Ayurvedic Therapist, who provided valuable insights into various yoga practices and their benefits.

The workshop included a series of engaging sessions covering different breathing techniques (pranayama) and mindfulness practices (meditation). Participants were guided through the proper techniques and benefits of each practice, helping them to integrate these practices into their daily routines. The workshop successfully met its objectives, with participants gaining a



Legal

deeper understanding of pranayama's positive impact on their physical and mental well-being.



The acquired knowledge and experience are expected to significantly enhance the participants' overall wellness, preparing them for a healthier and more balanced lifestyle. The Workshop served as a platform for students to engage deeply with the practice various breathing techniques, fostering a culture of health and wellness within the academic community at Rajagiri College.


Photograph of Workshop on Pranayama for Mindfulness



Legal


Brochure of Workshop on Pranayama for Mindfulness



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD
Department of Physical Education
In Association with IQAC
organizes

Workshop on Pranayama for Mindfulness-PRANAYOGA



DR. E. M. G. NAIR DIRECTOR
PATHANJALI PRANAYOGA
VEDIPANEEDAM

An enlightening and interactive session with a certified senior naturopathy and advanced yoga therapist.

21 June 2021 & 22 June 2021

Faculty Coordinator
Dr. Manojkumar S

Student Coordinator
Mr. Rajan

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkanad, Kerala - 682 039

PH: 291 3270, 9848809926 www.rajagiricollege.edu.in
eoffice@rajagiricollege.edu.in / english@rajagiricollege.edu.in

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkanad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

Join us online for an enriching workshop that explores the transformative power of Pranayama for mindfulness. Discover practical techniques to harness the breath's potential for enhancing your mental and emotional well-being.

Key Highlights:

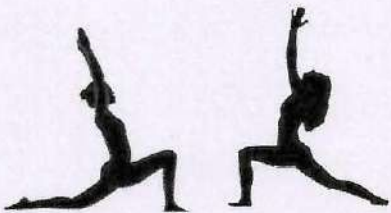
Session 1: Introduction to Pranayama Understand the principles and techniques of Pranayama, the ancient practice of breath control.

Session 2: Benefits of Pranayama for Mindfulness Learn how Pranayama techniques can promote mindfulness, reduce stress, and enhance concentration.

Session 3: Guided Pranayama Practices Experience guided sessions of various Pranayama techniques designed to cultivate inner calm and awareness.

Objective:

To engage deeply with the practice various breathing techniques, fostering a culture of health and wellness within the academic community.



Certificate of Workshop on Pranayama for Mindfulness



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

CERTIFICATE OF PARTICIPATION

This is to certify that Ms. Devika E.G. of BCA
has actively participated in the **Life Skill Development** programme
titled

Pranayama for Mindfulness - Pranayoga
organised by

Department of Physical Education

from 21.06.'21 to 22.06.'21




Coordinator


Head of the Department


Principal



Legal

Attendance Statement of Workshop on Pranayama for Mindfulness



WORKSHOP ON PRANAYAMA FOR MINDFULNESS

(21.06.21-22.06.21)
ATTENDANCE SHEET

Sl.No	Name	Class
1	ANGITHA BABU	M1C2
2	VIVEK NATH V	M1C2
3	AYSHAN ALI	M1C2
4	ARCHANA ANIL	M1C2
5	GAYATHRI SYAMDAS	M1C2
6	AMINA ZULFIKAR	M1C2
7	ADWAID SANTHOSH PILLAI	M1C2
8	ELSA K MARTIN	M1C2
9	ROHAN RENJI JACOB	M1C2
10	GAYATHRI SYAMDAS	M1C2
11	SARIKA SASIKUMAR	M1C2
12	RAZDAN FAZAL	M1C2
13	MARIYA BASTAIN	M1C2
14	K R MARY VALSA	M1C2
15	KRISHNAPRASAD. S	M1T2
16	JOEL JAIMON	M1T2
17	BHAVANA S	M1T2
18	ASWIN SANTHOSH THOMAS	M1T2
19	MUHAMMED VAZEEM	M1T2
20	AYISHA MAHIN	M1T2
21	SARA KOSHY	M1T2
22	NEHA JOHN	M1T2
23	M LAKSHMIPRIYA	M1T2
24	JOSHUA JAMES	M1T2
25	MARY ROSE T TONY	M1T2
26	ASIN KUMAR P	M1T2
27	AMREEN ZAIBA	M1T2
28	SOWPARNIKA NAIR	M1T2
29	DEEPSIKHA	M1T2
30	ANUSHA RAGESH	M2C2
31	AKSHAY SHAJI	M2C2
32	MINHA ANSUDEEN T	M2C2
33	FLEVIYA PAUL	M2C2
34	KRISHNAPRIYA P	M2C2
35	NANDINI MENON P	M2C2
36	HIBA MARYAM ANSAR	M2C2
37	SANJAY ROMY	M2C2
38	ANGELA CHAKKALAKAL THOMSON	M2C2
39	ASWIN MADHU	M2C2
40	CYRIAC BAIJU	M2C2



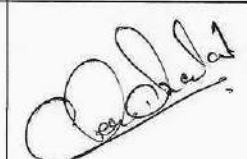


Legal

41	DIYA LIZ BINU	M2C2
42	ASHISH ABIN THOMAS	M2C2
43	AYISHA MAHIN	M2C2
44	MUHAMMED VAZEEM	M2C2
45	AKHIL BAIJU	M2T2
46	ATUL J	M2T2
47	JOEL SAJI	M2T2
48	GANGA MENON	M2T2
49	GINSE KUZHIVELIL	M2T2
50	EBEL C KURIAN	M2T2
51	ALEN ANTONY	M2T2
52	ASLAM ABDUL SALIM	M2T2
53	ES FARZEENA BEEVI	M2T2
54	DONNA SURESH	BAA2
55	ANTON HARDON PERIERA	BAA2
56	RITIKA NELSON	BAA2
57	SHAZAMAN PA	BAA2
58	ANN TREASA JOSEPH	BAE2
59	LEENA JOSHY THOMAS	BAE2
60	SARA BINDY	BAE2
61	GOURI LAKSHMI P J	BAE2
62	SMRITI S	BAE2
63	DEVIKA EG	BCA2
64	ROHITH S NAIR	BCA2
65	SAVIO SIBY	BCA2
66	TOM THOMAS	BCA2



Legal

Report submitted by	Angitha Babu, Sem 3, BCom Model 1 Computer Application, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Coordinated by	Dr Chandralal V S, Programme officer, NSS Unit no 236, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Approved by	Dr Chandralal V S, Programme officer, NSS Unit no 236, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	

23 June 2021







PRINCIPAL

Fr. Ajeesh Puthussery CMI

Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039

Principal

15. Two Day Workshop on Life Skills on Professional Advancements

Programme	Two Day Workshop on Life Skills on Professional Advancements
Date	7 and 8 July 2021
No. of Participants	67 Students
Resource Person	Mr. Louis Juvi, Branch Manager, IBS Kochi
Outcome	Participants acquired essential life skills crucial for professional growth, including time management, effective communication, problem-solving, and resilience. The workshop equipped attendees with practical tools and strategies to enhance their career development and personal effectiveness.
Organized by	Department of Management, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Anila Varghese, Assistant Professor, Department of Management
Student in charge	Mr. Aswin Unnikrishnan, BBA Semester 3, Department of Management

The Department of Management at Rajagiri College of Management and Applied Sciences organized a comprehensive two-day workshop on "Life Skills for Professional Advancements" on the 7th and 8th of July 2021. This workshop aimed to provide students with essential life skills to boost their professional growth and career readiness.

The workshop commenced with an opening ceremony where Ms. Anila Varghese introduced the esteemed resource person, Mr. Louis Juvi, Branch Manager at IBS Kochi. Mr. Juvi delivered an insightful keynote address on the significance of life skills in achieving professional success. Mr. Juvi led the first session on effective communication, emphasizing the importance of verbal



Legal

and non-verbal communication, active listening, and presentation skills. Participants engaged in role-playing activities to practice these skills and received valuable feedback from the expert. The second session focused on enhancing critical thinking abilities. Mr. Juvi introduced various techniques for identifying and analyzing problems, making informed decisions, and applied these through case studies and group discussions. The final session of the day covered emotional intelligence (EI). Participants learned to understand and manage their emotions, develop empathy, and build strong interpersonal relationships. Interactive activities, such as mindfulness exercises and EI assessments, provided participants with a practical understanding of EI.

Day two began with a session on leadership and teamwork. Mr. Juvi explored different leadership styles, team-building strategies, and conflict resolution techniques. Participants took part in team-building exercises and simulations to apply these concepts in a collaborative environment. The next session aimed at improving time management and organizational skills. Key topics included task prioritization, goal setting, planning, scheduling, and overcoming procrastination. Participants were introduced to various productivity tools and created personal action plans to enhance their efficiency. The final session of the workshop focused on stress management techniques. Participants learned to identify sources of stress, practice relaxation exercises, and build resilience. Activities such as guided meditation and sharing personal stress management strategies provided practical tools for managing stress in professional settings.

The workshop concluded with a closing ceremony where certificates of participation were distributed to the students. Feedback was collected, with participants expressing their appreciation for the practical insights and engaging activities. The faculty in charge, Ms. Anila Varghese, thanked Mr. Louis Juvi for his valuable contributions and the students for their active participation.



Luvi

Photograph of Two Day Workshop on Life Skills on Professional Advancements



Legal

Brochure of Two Day Workshop on Life Skills on Professional Advancements



**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Department of Management
in association with

Internal Quality Assurance Cell (IQAC)

organise

Two Day Workshop on Life Skills on Professional Advancements



Resource Person

Mr. Louis Juvil, Branch Manager, IBS Kochi

Faculty Coordinator

Mr. Louis Juvil, Ph: 98491 6236

Student Coordinator

Anna Kurian, Ph: 98491 6236

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley, M. Rajagiri Valley P.O., Kakkannad, Kerala - 682 039

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the OM Fathers, a religious congregation founded by St. Kunikonde Elias Chavara. Belonging to the Sacred Heart Province of the OMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and national foundation of its students.

With a focused vision of imparting solid foundation in Management principles, theories and practices and to equip students for challenging Entrepreneurial and Managerial positions, the Department of Management was established in July 2005.

Since its inception, holistic empowerment of the student community is given utmost importance. Various Curricular and Co-Curricular programs are designed and implemented in the department to enhance the knowledge, skills and attitudes of the students and to prepare them for Higher Studies as well as the Corporate World.

Objective

Participants acquire essential life skills crucial for personal growth, including time management, effective communication, problem-solving, and resilience. The workshop attendees will practice these skills and receive guidance to enhance their career development and personal well-being.

Join us for a comprehensive two-day workshop focused on essential life skills for professional growth. This workshop will cover key areas such as effective communication, time management, leadership, and emotional intelligence.

Day 1 (11:00 AM – 1:00 PM)

Core Professional Skills Introduction

The first day of the "Life Skills for Professional Advancements" workshop begins with an introduction to core professional skills. Participants will learn the basics of effective communication, including clear messaging and active listening. The day also covers goal-setting techniques and time management strategies, helping attendees prioritize tasks and manage their schedules efficiently.

Day 2 (9:00 AM – 11:00 AM)

Advanced Skills for Professional Growth

On the second day, the workshop focuses on advanced skills for professional growth. Sessions include conflict resolution techniques and leadership development. Participants will also be engaged in practical exercises to enhance their problem-solving abilities and adaptability, ensuring they are well-equipped for future career challenges.



Handwritten signature

Certificate of Two Day Workshop on Life Skills on Professional Advancements



RCMAS

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

CERTIFICATE OF PARTICIPATION

This is to certify that

Kesten Jaimon Joseph
has actively participated in the **Life Skill Development**
programme titled

Two Day Workshop on Life Skills on Professional Advancements
organised by


Department of Management

from 01 July 2022 to 02 July 2022


Coordinator


Head of the Department




Principal



Legal

**Attendance Statement of Two Day Workshop on Life Skills on
Professional Advancements (Day 1)**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	07.07.2021 & 08.07.2021
Title of Programme	Two Day Workshop on Life Skills on Professional Advancements
Department/Organising Cell	Department of Management in association with IQAC
Venue	Auditorium



Legal

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	A. Abhinav	BBA	✓
2	Abdul Gafoor P	BBA	Absent
3	Abdul Hadi C F	BBA	Absent
4	Abhinav Anil	BBA	✓
5	Abhinav V Nair	BBA	✓
6	Aby Abraham Mathew	BBA	✓
7	Adil Aboobacker	BBA	✓
8	Adithya Hiron	BBA	✓
9	Akshay S Panikulam	BBA	✓
10	Alen Varghese	BBA	✓
11	Allen Renson	BBA	✓
12	Amalu Thomas	BBA	✓
13	Ameliya Treesa Rajan	BBA	✓
14	Anas Malik	BBA	✓
15	Arishith S Kumar	BBA	✓
16	Arshia Rajeev	BBA	✓
17	Arvin Cyriac	BBA	✓
18	Ashish Soney	BBA	✓



Legal

19	Austin Sunil	BBA	✓
20	Balasankar Ajith	BBA	Absent
21	Devanand S Pai	BBA	✓
22	Devanarayanan B	BBA	✓
23	Fidhayeen K N	BBA	✓
24	Haripriya Pm	BBA	✓
25	Isha Rafeek	BBA	✓
26	Ishaan Kurian Joshy	BBA	✓
27	Jahnvi Dutt .M	BBA	✓
28	Jethin Rozario	BBA	✓
29	Johann Noby Eralil	BBA	✓
30	Joseph Benjamin	BBA	✓
31	Joseph Jins	BBA	✓
32	Joseph Kolattukudy	BBA	✓
33	Joseph Saju	BBA	✓
34	Abhimanyu Shekhar K	BBA	✓
35	Kester Jaimon Joseph	BBA	✓
36	Kurian George Kalarickal	BBA	Absent
37	Malaika Elizabeth Titus	BBA	✓
38	Malavika Mohan	BBA	✓
39	Mereena. L	BBA	✓



Legal

61	Uthara S	BBA	Absent
62	Abdul Hadi C F	BBA	Absent
63	Shakkeeba Faheem	BBA	✓
64	Noopa Anna Justus	BBA	✓
65	Cathelin Pereira	BBA	✓
66	Safrin Ameen	BBA	✓



Ms. Anila Varghese

Name of Event Coordinator with Signature



Legal

**Attendance Statement of Two Day Workshop on Life Skills on
Professional Advancements (Day 2)**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	08.07.2021 (Day 2)
Title of Programme	Two Day Workshop on Life Skills on Professional Advancements
Department/Organising Cell	Department of Management in association with IQAC
Venue	Auditorium



Legal

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	A. Abhinav	BBA	✓
2	Abdul Gafoor P	BBA	Absent
3	Abdul Hadi C F	BBA	Absent
4	Abhinav Anil	BBA	✓
5	Abhinav V Nair	BBA	✓
6	Aby Abraham Mathew	BBA	✓
7	Adil Aboobacker	BBA	✓
8	Adithya Hiron	BBA	✓
9	Akshay S Panikulam	BBA	✓
10	Alen Varghese	BBA	✓
11	Allen Renson	BBA	✓
12	Amalu Thomas	BBA	✓
13	Ameliya Treesa Rajan	BBA	✓
14	Anas Malik	BBA	✓
15	Arishith S Kumar	BBA	✓
16	Arshia Rajeev	BBA	✓
17	Arvin Cyriac	BBA	✓
18	Ashish Soney	BBA	✓



Legal

19	Austin Sunil	BBA	✓
20	Balasankar Ajith	BBA	Absent
21	Devanand S Pai	BBA	✓
22	Devanarayanan B	BBA	✓
23	Fidhayeem K N	BBA	✓
24	Haripriya Pm	BBA	✓
25	Isha Rafeek	BBA	✓
26	Ishaan Kurian Joshy	BBA	✓
27	Jahnvi Dutt .M	BBA	✓
28	Jethin Rozario	BBA	✓
29	Johann Noby Eralil	BBA	✓
30	Joseph Benjamin	BBA	✓
31	Joseph Jins	BBA	✓
32	Joseph Kolattukudy	BBA	✓
33	Joseph Saju	BBA	✓
34	Abhimanyu Shekhar K	BBA	✓
35	Kester Jaimon Joseph	BBA	✓
36	Kurian George Kalarickal	BBA	Absent
37	Malaika Elizabeth Titus	BBA	✓
38	Malavika Mohan	BBA	✓
39	Mereena. L	BBA	✓



Legal

40	Minna Maria Robin	BBA	✓
41	Mishal K Abdul Salam	BBA	✓
42	Muhammed Swalih M H	BBA	✓
43	Nameera Ali	BBA	✓
44	Namita Krishnan	BBA	✓
45	Navya Madhu	BBA	✓
46	Neha Sara Varghese	BBA	✓
47	Nina Elaine	BBA	✓
48	Nisliya . K . N	BBA	✓
49	Niya Ann Sanil	BBA	✓
50	Poulvin Poly	BBA	✓
51	Ricky Jose	BBA	✓
52	Ron P Jomon	BBA	✓
53	Safa . P . S	BBA	✓
54	Safrin Ameen	BBA	✓
55	Sahad Pn	BBA	✓
56	Sahadiya Abdu	BBA	✓
57	Sandra Jose	BBA	✓
58	Sanjana Primal	BBA	✓
59	Sarangi Gireesh	BBA	✓
60	Shawn Stanley	BBA	✓



Legal

61	Uthara S	BBA	Absent
62	Abdul Hadi C F	BBA	Absent
63	Shakkeeba Faheem	BBA	✓
64	Noopa Anna Justus	BBA	✓
65	Cathelin Pereira	BBA	✓
66	Safrin Ameen	BBA	✓






Ms. Anila Varghese

Name of Event Coordinator with Signature



Legal

Report submitted by	Mr. Aswin Unnikrishnan, BBA Semester 3, Department of Management, Rajagiri College of Management and Applied Sciences, Kakkanad.	
Coordinated by	Ms. Anila Varghese, Assistant Professor, Department of Management, Rajagiri College of Management and Applied Sciences, Kakkanad.	
Approved by	Ms. Megha Mohan, HOD & Assistant Professor, Department of Management, Rajagiri College of Management and Applied Sciences, Kakkanad.	

09 July 2021




Fr. Ajeesh Puthussery CMI

Principal

PRINCIPAL

Rajagiri College of Management & Applied Sciences

Rajagiri Valley, P. O., Kakkanad - 682 039



16. Five Day Workshop on Mastering Self Employment in Crafts

Programme	Five Day Workshop on Mastering Self Employment in Crafts
Date	10 th July 2021 to 14 th July 2021
No. of Participants	8 Students
Resource Person	Mr. Christy Babu Lukose, Assistant Professor, Rajagiri College Of Management And Applied Sciences, Rajagiri Valley, kakkanad.
Outcome	It is an opportunity to explore new dimensions of their craft, incorporating digital elements to enhance their performances
Organized by	Department Of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Sreelakashmi K S, Assistant Professor, Rajagiri College Of Management And Applied Sciences, Rajagiri Valley, Kakkanad.
Student in charge	Ms Ganga Suresh, Ba Animation and Graphic Design, Batch 2018-21

The Department of Animation and Graphic Design organized a five-day online workshop titled "Mastering Self Employment in Crafts" from July 10 to July 14, 2021 through Google Meet. The workshop, led by the experienced Mr. Christy Babu Lukose, aimed to equip participants with practical skills and knowledge for self-employment in the crafts industry. The program covered a range of topics including crafting techniques, innovative design, marketing strategies, and business management. Participants engaged in hands-on sessions, received insights into market trends, and learned about effective branding and sales tactics.

Feedback from participants was overwhelmingly positive, highlighting the practical applicability of the skills learned and the expertise of Mr. Christy Babu Lukose. The workshop successfully provided a comprehensive understanding of both the creative and business sides



Christy Babu Lukose

of self-employment in crafts, fostering a creative and entrepreneurial spirit among the attendees.

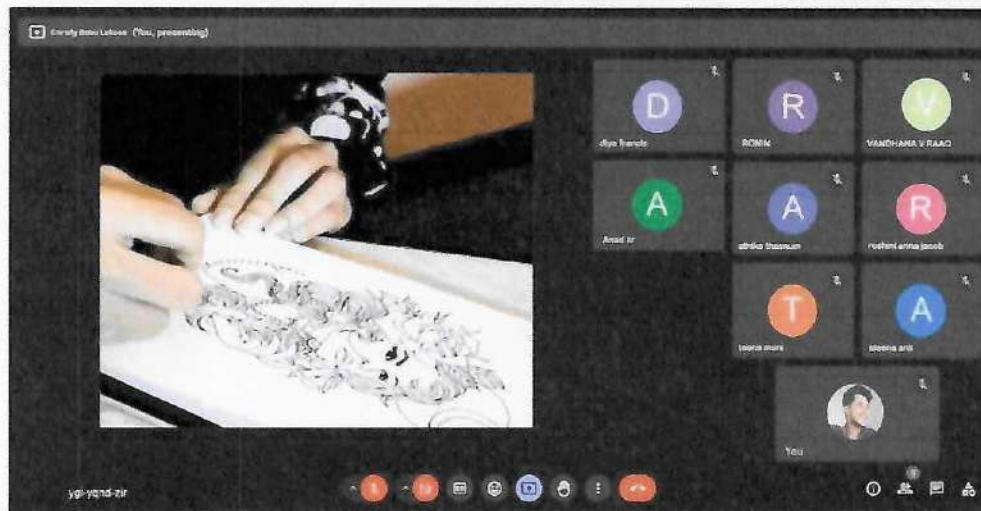
The organizing committee extends sincere appreciation to Mr. Christy Babu Lukose for his invaluable contribution and the participants for their enthusiastic involvement. Special thanks to Ms. Sreelakshmi K S, and the student coordinator, Ms Ganga Suresh, for their dedicated efforts in ensuring the success of the seminar. The workshop concluded with distribution of certificates to the participants

The five days online workshop served as a platform for participants to exhibit their crafting skills and creativity. Knowledge gained from the workshop will empower participants in their academic and professional pursuits, fostering a culture of integrity and excellence within the academic community at Rajagiri College.

Photographs of Five Day Workshop on Mastering Self Employment in Crafts



Christy Babu Lukose



Handwritten signature in green ink.

Brochure of Five Day Workshop On Mastering Self Employment In Craft



Faculty Coordinator:
Veenashree P.S. 9879214336

Student Coordinator:
Abi Jahan, 8129795842

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkannad, Kerala - 682 039

0484 295 5270, 9048809326 | www.rajagiricollege.edu.in
office@rajagiricollege.edu.in | english@rajagiricollege.edu.in



**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Department of Animation and Graphic Design
In Association with
IQAC

FIVE DAY WORKSHOP ON MASTERING SELF EMPLOYMENT IN CRAFTS



Mr. Christy Babu Lakoss

Assistant Professor

Rajagiri College of Management And Applied Sciences, Kakkannad

The Five Day Workshop on Mastering Self Employment in Crafts is an engaging and practical program focused on creating art and crafts from waste materials, emphasizing sustainability and creativity. This workshop is designed for individuals looking to harness their talent to build a successful self-employment venture in the crafts industry.

10 to 15 JULY 2021 | GOOGLE MEET



Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Teachers, a religious congregation founded by St. Karakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto, "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

The Department of Animation and Graphic Design, institutionalised in 2016 with the aim of nurturing creative talent and providing industry relevant education, the department offers various courses tailored to meet the demands of the animation and multimedia industry.

OBJECTIVES

Outcomes ensure that students leave the workshop not only with enhanced artistic abilities but also with the practical knowledge and confidence to turn their creative talents into viable self-employment opportunities.

Day 1 (9.30 am to 04.00)

Introduction to Sustainable Art and Craft

Morning Session: Welcome, workshop overview, and ice-breaking activities. Introduction to the concept of sustainable art and craft, and the importance of recycling and upcycling waste materials.

Afternoon Session: Talent hunt activity - students showcase their current skills and interests in art and craft. Group brainstorming sessions to generate ideas for projects using waste materials.

Day 2 (9.30 am to 04.00 pm)

Exploring Techniques and Skill Enhancement

Morning Session: Hands-on training on basic techniques for creating art and craft from waste materials, such as paper mache, plastic bottle art, and fabric recycling.

Afternoon Session: Advanced techniques session, including mixed media, upcycling, and creating sculptures from found objects. Students practice and experiment with these techniques.

Day 3 (9.30 am to 04.00 pm)

Project Design and Development

Morning Session: Principles of design and composition. Students begin planning their individual or group projects, focusing on the creative use of waste materials.

Afternoon Session: Hands-on project development. Students start creating their art and craft pieces, with guidance and feedback from instructors.

Day 4 (9.30 am to 04.00 pm)

Marketing, Branding, and Presentation Skills

Morning Session: Introduction to marketing strategies for young artists. How to create a personal brand and market sustainable art and craft products.

Afternoon Session: Practical session on developing marketing materials, such as social media posts, portfolios, and presentations. Students prepare to present their projects.

Day 5 (9.30 am to 04.00 pm)

Exhibition and Business Basics

Morning Session: Basics of running a small art and craft business. Topics include pricing, budgeting, and sales strategies. How to present and sell art and craft products at exhibitions and markets.

Afternoon Session: Final exhibition setup. Students present their completed projects in a showcase event, sharing their creative process and the stories behind their work. Networking opportunities and closing remarks. Awards or recognition for standout projects and talents.



Christy Babu Lakoss

**Best Performers Award of Five Day Workshop on Mastering Self
Employment in Craft**



Legal

**Certificate of Five Day Workshop on Mastering Self
Employment in Crafts**



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

Certificate of Participation

This is to certify that

ALEENA ANIL - MIC - 55

has actively participated in the **Entrepreneurship Skill
Development** programme titled

*Five Day Workshop on Mastering Self Employment in
crafts*

organised by

Department of Animation and Graphic Design

from *10.07.2021* to *14.07.2021*


Coordinator


Head of the Department


Principal



Legal

**Attendance Statement of Five Day Workshop on Mastering Self
Employment in Crafts**



Department of Animation and Graphic Design

Rajagiri College of Management and Applied Sciences

Attendance Statement

NAME OF EVENT : Five Day Workshop on Mastering Self Employment in Crafts

DATE

SLNO	NAME	BATCH	10-7-2021	11-7-2021	12-7-2021	13-7-2021	14-7-2021
1	ATHIKA THASNUM	MCC	✓	✓	✓	✓	✓
2	ANAD KR	BAAGD	✓	✓	✓	✓	✓
3	TEENA MONI	M2T	✓	✓	✓	✓	✓
4	RONIN	BAAGD	✓	✓	✓	✓	✓
5	ROSHNI ANNA JACOB	B COM	✓	✓	✓	✓	✓
6	ALEENA ANIL	MTC	✓	✓	✓	✓	✓
7	DIYA FRANCIS	BAAGD	✓	✓	✓	✓	✓
8	VANDHANA V RAO	BBA	✓	✓	✓	✓	✓

FACULTY IN CHARGE

SREELAKSHMI KS






RESOURCE PERSON

CHRISTY BABU LUKOSE




Legal

Report submitted by	Ms Ganga Suresh, BA Animation and Graphic Design, Batch 2018-21, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Sreelakshmi K S, Assistant Professor, Department of Computer Science, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Mr. Renju A C, HoD & Assistant Professor, Department of Animation and Graphic Design, Rajagiri College of Management and Applied Sciences, Kakkanad	

19 July 2021







Fr. Ajeesh Puthussery CMI

PRINCIPAL

Principal

Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

17. Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship Abuse

Programme	Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship Abuse
Date	2 September 2021 to 3 September 2021
No. of Participants	40 Students.
Resource Person	Ms. Keerthy S Babu, Clinical Psychologist
Outcome	Participants in two days' workshop by Ms. Keerthy S Babu were equipped with knowledge and skills to recognize signs of relationship abuse, and provide prevention strategies to promote healthy relationships and support mental health.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Amrutha Antony, Department of Commerce
Student in charge	Ms. Angitha Babu and Mr. Muhammed Suffiyan, Department of Commerce

The "Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship Abuse" was conducted on September 2-3, 2021, at the Conference Hall, organized by Ms. Amrutha Antony, Assistant Professor at RCMAS. The workshop focused on raising awareness about mental health issues related to relationship abuse and equipping participants with strategies to recognize and prevent such behaviours. Ms. Keerthy S Babu, a Clinical Psychologist, served as the resource person, bringing expertise in psychological counselling and intervention.

The workshop schedule spanned from 9:30 AM to 4:00 PM each day, featuring sessions on understanding the dynamics of relationship abuse, identifying warning signs, and promoting healthy relationship behaviours. Ms. Keerthy S Babu, presentations and interactive discussions provided participants with valuable insights into the psychological aspects of abusive relationships and effective intervention techniques. Practical exercises and case studies were



Keerthy S Babu

employed to facilitate a deeper understanding and application of learned concepts.

With 40 participants in attendance, including students, faculty, and professionals from various disciplines, the workshop facilitated meaningful dialogue and knowledge sharing on promoting mental health and preventing relationship abuse. Participants actively engaged in role-playing activities and group discussions aimed at enhancing their ability to support individuals affected by abuse and to advocate for healthier relationship dynamics. By the conclusion of the workshop, participants expressed appreciation for the informative sessions and their commitment to applying newfound knowledge in their personal and professional lives to promote mental well-being and prevent abuse.

In summary, the "Promoting Mental Health" workshop successfully achieved its objectives of increasing awareness about relationship abuse and equipping participants with practical skills to intervene effectively. The collaborative efforts of the faculty coordinator, student coordinators, and the expertise of Ms. Keerthy S Babu ensured a valuable and impactful learning experience that empowered participants to contribute positively to mental health advocacy and support efforts in their communities and beyond.

Photograph of Seminar: Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship



Keerthy

**Poster of Workshop on Promoting Mental Health: Insight into
Recognizing and**



RCMAS

**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Department of Commerce

in association with

Internal Quality Assurance Cell (IQAC)

organises

Workshop

**Insight into Recognizing and
Preventing Relationship Abuse**



Resource Person

**Ms. Keerthy S Babu,
Clinical Psychologist**

Auditorium

09:30 AM To 04:00 PM | 02 & 03 September, 2021

Faculty Coordinator:
Ms. Amrutha Antony 8281300233

Student Coordinator:
A/Pil Isaac 8590609738
Ms. Ganga Pradeep 6282952056



Keerthy

Brochure of Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship Abuse

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES KAKKANAD

DEPARTMENT OF COMMERCE
IN ASSOCIATION WITH IQAC



WORKSHOP ON PROMOTING MENTAL HEALTH: INSIGHT INTO RECOGNIZING AND PREVENTING RELATION ABUSE

A two day workshop focused on raising awareness about mental health issues related to relationship abuse and equipping participants with strategies to recognize and prevent such behaviors.



Ms. Keerthy S Babu
CLINICAL PSYCHOLOGIST

FACULTY COORDINATOR
Ms AMRUTA ANTONY

STUDENT COORDINATOR
AKHIL ISSAC



CONFERENCE HALL | RCMAS

✉ www.rajagiricollege.edu.in

✉ office@rajagiricollege.edu.in

📍 RAJAGIRI VALLEY RD, RAJAGIRI VALLEY P O, KAKKANAD, KERALA 682030

☎ 0484 295 5270, 9048898926

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students

The Department of Commerce, established in 2005, has rapidly expanded to become a hub of academic excellence and professional training. Initially focused on undergraduate education, offering six UG courses and one PG course. With a robust faculty team of 31 members. The Department of Commerce aims to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extracurricular

OBJECTIVE

In summary, the "Promoting Mental Health" workshop will successfully achieve its objectives of increasing awareness about relationship abuse and equipping participants with practical skills to intervene effectively. The collaborative efforts of the faculty coordinator, student coordinators, and the expertise of Ms. Keerthy S Babu will ensure a valuable and impactful learning experience that will empower participants to contribute positively to mental health advocacy and support efforts in their communities and beyond.

DAY 1&2

The workshop schedule will span from 9:30 AM to 4:00 PM each day, featuring sessions on understanding the dynamics of relationship abuse, identifying warning signs, and promoting healthy relationship behaviors. Ms. Keerthy's presentations and interactive discussions will provide participants with valuable insights into the psychological aspects of abusive relationships and effective intervention techniques. Practical exercises and case studies will be employed to facilitate a deeper understanding and application of learned concepts.



Keerthy

Certificate of Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship Abuse



Legal



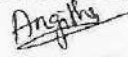
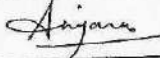

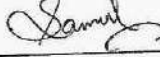
Attendance Statement of Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship Abuse (Day 1)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	02.09.2021 to 03.09.2021
Title of Programme	Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship Abuse
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Conference Hall

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aswin Saji	B. Com Model I Computer Applications	
2	Alen Benny	B. Com Model I Computer Applications	
3	Angitha Babu	B. Com Model I Computer Applications	
4	Anjana Vinod	B. Com Model I Computer Applications	
5	Anna Sebastian	B. Com Model I Computer Applications	
6	Samuel K K Boniface	B. Com Model II Computer Applications	



Legal

7	Manu Krishna	B. Com Model II Computer Applications	<i>Manu</i>
8	Sanjana Shaik	B. Com Model II Computer Applications	<i>Sanjana</i>
9	Sadhurmitha C	B. Com Model II Computer Applications	<i>Sadhur</i>
10	Namitha Johnson	B. Com Model II Computer Applications	<i>Namitha</i>
11	Muhammed Suffiyan	B. Com Model II Computer Applications	<i>Suffiyan</i>
12	Mohammed Ismail I A	B. Com Model II Computer Applications	<i>Ismail</i>
13	Nazal Salam	B. Com Model II Logistics Management	<i>Nazal</i>
14	Eyad Shafa P N	B. Com Model II Logistics Management	<i>Eyad</i>
15	Mohammed Fazil V I	B. Com Model II Logistics Management	<i>Mohammed Fazil</i>
16	Mohammed Jawhar PS	B. Com Model II Logistics Management	<i>Jawhar</i>
17	Muhammed Rehan	B. Com Model II Logistics Management	<i>Rehan</i>
18	Zayan Safar Omar	B. Com Model II Logistics Management	<i>Zayan</i>
19	Akbarsha Shoukath	B. Com Model II Logistics Management	<i>Shoukath</i>
20	Sona Anas	B. Com Model II Logistics Management	<i>Sona</i>
21	Shivadath Veppil Siraj	B. Com Model II Logistics Management	<i>Shivadath</i>
22	Sandra Antony	B. Com Model II Logistics Management	<i>Sandra</i>
23	Alen Kottaram	B. Com Model II Logistics Management	<i>Alen</i>
24	Nikitha Sudeesh	B. Com Model II Logistics Management	<i>Nikitha</i>

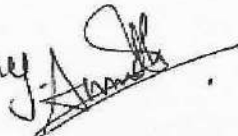


Legal

25	Alwin C Prince	B. Com Model II Logistics Management	<i>Alwin</i>
26	Ann Maria Abraham	B. Com Model II Logistics Management	<i>Ann</i>
27	Muhammed Ishan	B. Com Model II Logistics Management	<i>Ishan</i>
28	Aswin Santhosh Thomas	B. Com Model I Finance and Taxation (SF)	<i>Aswin</i>
29	Arjun Sudhakaran	B. Com Model I Finance and Taxation (SF)	<i>Arjun</i>
30	Sowparnika Nair	B. Com Model I Finance and Taxation (SF)	<i>Sowparnika</i>
31	Riyon Peter V B	B. Com Model I Finance and Taxation (SF)	<i>Riyon Peter</i>
32	Priyadarshini	B. Com Model I Finance and Taxation (SF)	<i>Priyadarshini</i>
33	Mili Anna George	B. Com Model I Finance and Taxation (SF)	<i>Mili Anna</i>
34	Deepthi Anna Alex	B. Com Model I Finance and Taxation (SF)	<i>Deepthi Anna</i>
35	Darsana R Pai	B. Com Model I Finance and Taxation (SF)	<i>Darsana</i>
36	Joel Saji	B. Com Model II Finance and Taxation	<i>Joel</i>
37	Francis John Antony	B. Com Model II Finance and Taxation	<i>Francis</i>
38	P S Ahmad Salman	B. Com Model II Finance and Taxation	<i>Ahmad Salman</i>
39	Muhsin P Nissar	B. Com Model II Finance and Taxation	<i>Muhsin</i>
40	M R Azhar	B. Com Model II Finance and Taxation	<i>M R Azhar</i>



Legal

Ms. Amrutha Antony 

Name of Event Coordinator / Coordinators
with Signature



Legal

**Attendance Statement of Workshop on Promoting Mental Health:
Insight into Recognizing and Preventing Relationship Abuse (Day 2)**









RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	03.09.2021 (Day - 2)
Title of Programme	Workshop on Promoting Mental Health: Insight into Recognizing and Preventing Relationship Abuse
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Conference Hall

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aswin Saji	B. Com Model I Computer Applications	
2	Afen Benny	B. Com Model I Computer Applications	
3	Angitha Babu	B. Com Model I Computer Applications	
4	Anjana Vinod	B. Com Model I Computer Applications	
5	Anna Sebastian	B. Com Model I Computer Applications	
6	Samuel K K Beniface	B. Com Model II Computer Applications	



Legal

7	Manu Krishna	B. Com Model II Computer Applications	<i>Manu</i>
8	Sarjana Shaik	B. Com Model II Computer Applications	<i>Sarjana</i>
9	Sadhurmitha C	B. Com Model II Computer Applications	<i>Sadhu</i>
10	Namitha Johnson	B. Com Model II Computer Applications	<i>Namitha</i>
11	Muhammed Suffiyan	B. Com Model II Computer Applications	<i>Suffiyan</i>
12	Mohammed Ismail I A	B. Com Model II Computer Applications	<i>Ismail</i>
13	Nazal Salam	B. Com Model II Logistics Management	<i>Nazal</i>
14	Eyad Shafa P N	B. Com Model II Logistics Management	<i>Eyad</i>
15	Mohammed Fazil V I	B. Com Model II Logistics Management	<i>Mohammed Fazil</i>
16	Mohammed Jawhar P S	B. Com Model II Logistics Management	<i>Jawhar</i>
17	Muhammed Rehan	B. Com Model II Logistics Management	<i>Rehan</i>
18	Zayan Safar Omar	B. Com Model II Logistics Management	<i>Omar</i>
19	Akbarsha Shoukath	B. Com Model II Logistics Management	<i>Shoukath</i>
20	Sona Anas	B. Com Model II Logistics Management	<i>Sona</i>
21	Shivadath Veppil Siraj	B. Com Model II Logistics Management	<i>Shivadath</i>
22	Sandra Antony	B. Com Model II Logistics Management	<i>Sandra</i>
23	Alen Kottaram	B. Com Model II Logistics Management	<i>Alen</i>
24	Nikitha Sudeesh	B. Com Model II Logistics Management	<i>Nikitha</i>

25	Alwin C Prince	B. Com Model II Logistics Management	<i>Aswas</i>
26	Ann Maria Abraham	B. Com Model II Logistics Management	<i>Ann</i>
27	Muhammed Ishan	B. Com Model II Logistics Management	<i>Ishan</i>
28	Aswin Santhosh Thomas	B. Com Model I Finance and Taxation (SF)	<i>Aswin Santhosh</i>
29	Arjun Sudhakaran	B. Com Model I Finance and Taxation (SF)	<i>Arjun</i>
30	Sowparnika Nair	B. Com Model I Finance and Taxation (SF)	<i>Sowparnika</i>
31	Riyon Peter V B	B. Com Model I Finance and Taxation (SF)	<i>Riyon Peter</i>
32	Priyadarshini	B. Com Model I Finance and Taxation (SF)	<i>Priyadarshini</i>
33	Mili Anna George	B. Com Model I Finance and Taxation (SF)	<i>Mili Anna</i>
34	Deepthi Anna Alex	B. Com Model I Finance and Taxation (SF)	<i>Deepthi Anna</i>
35	Darsana R Pai	B. Com Model I Finance and Taxation (SF)	<i>Darsana</i>
36	Joel Saji	B. Com Model II Finance and Taxation	<i>Joel</i>
37	Francis John Antony	B. Com Model II Finance and Taxation	<i>Francis</i>
38	P S Ahmad Salman	B. Com Model II Finance and Taxation	<i>Ahmad Salman</i>
39	Muhsin P Nissar	B. Com Model II Finance and Taxation	<i>Muhsin</i>
40	M R Azhar	B. Com Model II Finance and Taxation	<i>M R Azhar</i>






Legal

Ms. Amocutha Antony

**Name of Event Coordinator / Coordinators
with Signature**



Legat

Report submitted by	Ms. Angitha Babu and Mr. Muhammed Suffiyan, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Amrutha Antony, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

06 September 2021



Fr. Ajeesh Puthussery CMI

PRINCIPAL

Principal

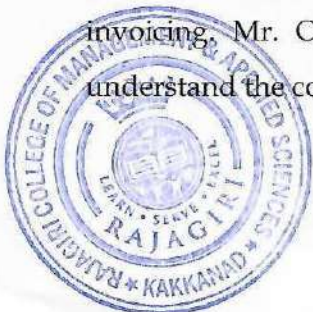
Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

18. Seminar on Comprehensive GST Practices: Empowering Student Entrepreneurs

Programme	Seminar on Comprehensive GST Practices : Empowering Student Entrepreneurs
Date	18 November 2021 to 19 November 2021
No. of Participants	25 Students
Resource Person	Mr. G Omanakuttan, Certified GST Practitioner, Tax Consultant and Advisor
Outcome	The seminar, held on 18-19 November 2021, successfully educated 25 participants on GST fundamentals and advanced practices. Led by Mr. G Omanakuttan, participants gained practical insights into GST registration, compliance, and returns, enhancing their entrepreneurial skills and readiness for the business environment.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Elsa Jacob. Department of Commerce
Student in charge	Mr. Akhil Baiju and Ms. Malavika Hari, Department of Commerce

The seminar on "Empowering Student Entrepreneurs: Comprehensive GST Practices" took place on 18 and 19 November 2021 in the College Auditorium, organized by Ms. Elsa Jacob and Mr. Ashish C Pius, Assistant Professors at RCMAS, and coordinated by Mr. Akhil Baiju and Ms. Malavika Hari, the seminar attracted 25 participants.

Mr. G Omanakuttan, a Certified GST Practitioner and Tax Consultant, led the sessions. Day 1, from 11:00 AM to 12:30 PM, covered the basics of GST, including registration, compliance, and invoicing. Mr. Omanakuttan provided practical insights and examples to help students understand the complexities of GST regulations.



Elsa Jacob



Day 2, from 11:00 AM to 1:30 PM, focused on advanced GST practices, such as filing returns, claiming refunds, and managing audits. Participants engaged in interactive discussions and hands-on activities to reinforce their learning.

The seminar was well-received, equipping student entrepreneurs with essential knowledge and skills to navigate the GST framework effectively. Participants appreciated Mr. Omanakuttan's expertise and the practical approach to GST education.

**Photograph of Seminar on Comprehensive GST Practices:
Empowering Student Entrepreneurs**



Legal

**Poster of Seminar on Comprehensive GST Practices: Empowering Student
Entrepreneurs**



RCMAS

**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**

Department of Commerce

in association with

Internal Quality Assurance Cell (IQAC)

organises

Seminar

Comprehensive GST Practices



Resource Person

Mr. G Omanakuttan



Auditorium



11:00 AM To 12:30 PM | 18 & 19 November , 2021

Faculty Coordinator:

Ms. Elna Jacob 9859068036

Mr. Ashish C Pius 9895308036

Student Coordinator:

Ms. Deepthi Tharol 7025966018

Mr. Tharok Antony 8144973844



Legal

**Certificate of Seminar on Comprehensive GST Practices:
Empowering Student Entrepreneurs**




RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

CERTIFICATE
of Participation

This is to certify that

Basil Varghese, B. Com Model II Finance and Taxation
has actively participated in the **Life Skill Development**
programme titled

Empowering Student Entrepreneurs: Seminar on Comprehensive GST Practices
organised by

Department of Commerce

from *18.11.2021* to *19.11.2021*


Coordinator


Head of the Department


Principal



Legal




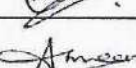

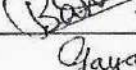

Attendance Statement of Seminar on Comprehensive GST Practices: Empowering Student Entrepreneurs (Day 1)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD








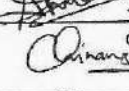

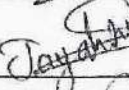
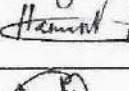

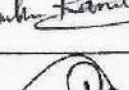
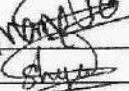



Date	18.11.2021 to 19.11.2021
Title of Programme	Empowering Student Entrepreneurs: Seminar on Comprehensive GST Practices
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Akhil Baiju	B. Com Model II Finance and Taxation	
2	Aleena Joji P	B. Com Model II Finance and Taxation	
3	Eben Abraham	B. Com Model II Finance and Taxation	
4	Ameen Abdul Qadir	B. Com Model II Finance and Taxation	
5	Basil Varghese	B. Com Model II Finance and Taxation	
6	Gayathri S	B. Com Model II Finance and Taxation	
7	S Neha	B. Com Model II Finance and Taxation	






Legal

8	Francis John Antony	Taxation B. Com Model II Finance and Taxation	
9	Muhsin P Nissar	B. Com Model II Finance and Taxation	
10	Joseph David John	B. Com Model II Finance and Taxation	
11	Ritika Anil	B. Com Model II Finance and Taxation	
12	Silpa C P	B. Com Model II Finance and Taxation	
13	Denny Lukose	B. Com Model II Finance and Taxation	
14	Elsa Mary Johnson	B. Com Model II Finance and Taxation	
15	Ginse Kuzhivelil	B. Com Model II Finance and Taxation	
16	Anila Cicily T M	B. Com Model I Finance and Taxation (SF)	
17	Chinna Sabu	B. Com Model I Finance and Taxation (SF)	
18	Deepsikha	B. Com Model I Finance and Taxation (SF)	
19	Jayakrishnan U	B. Com Model I Finance and Taxation (SF)	
20	Hanan Fathima K A	B. Com Model I Finance and Taxation (SF)	
21	Malavika hari	B. Com Model I Finance and Taxation (SF)	
22	Muhammed Rameez A M	B. Com Model I Finance and Taxation (SF)	
23	Mary Rose T Tony	B. Com Model I Finance and Taxation (SF)	
24	Shyam Sidharth	B. Com Model I Finance and	



Legal

		Taxation (SF)	
25	Neha John	B. Com Model 1 Finance and Taxation (SF)	

Mr. Ashish-C. Pius. 
 Ms. Elsa Jacob 

Name of Event Coordinator / Coordinators with Signature



Legal




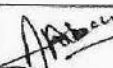

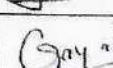

Attendance Statement of Seminar on Comprehensive GST Practices: Empowering Student Entrepreneurs (Day 2)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	19.11.2021 (Day - 2)
Title of Programme	Empowering Student Entrepreneurs: Seminar on Comprehensive GST Practices
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium


LIST OF ATTENDEES



SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Akhil Baiju	B. Com Model II Finance and Taxation	
2	Aleena Joji P	B. Com Model II Finance and Taxation	
3	Eben Abraham	B. Com Model II Finance and Taxation	
4	Ameen Abdul Qadir	B. Com Model II Finance and Taxation	
5	Basil Varghese	B. Com Model II Finance and Taxation	
6	Gayathri S	B. Com Model II Finance and Taxation	
7	S Neha	B. Com Model II Finance and Taxation	



Legal

8	Francis John Antony	Taxation B. Com Model II Finance and Taxation	<i>[Signature]</i>
9	Muhsin P Nisar	B. Com Model II Finance and Taxation	<i>[Signature]</i>
10	Joseph David John	B. Com Model II Finance and Taxation	<i>[Signature]</i>
11	Ritika Anil	B. Com Model II Finance and Taxation	<i>[Signature]</i>
12	Silpa C P	B. Com Model II Finance and Taxation	<i>[Signature]</i>
13	Denny Lukose	B. Com Model II Finance and Taxation	<i>[Signature]</i>
14	Elsa Mary Johnson	B. Com Model II Finance and Taxation	<i>[Signature]</i>
15	Ginse Kuzhivelil	B. Com Model II Finance and Taxation	<i>[Signature]</i>
16	Anila Cicily T M	B. Com Model I Finance and Taxation (SF)	<i>[Signature]</i>
17	Chinna Sabu	B. Com Model I Finance and Taxation (SF)	<i>[Signature]</i>
18	Deepsikha	B. Com Model I Finance and Taxation (SF)	<i>[Signature]</i>
19	Jayakrishnan U	B. Com Model I Finance and Taxation (SF)	<i>[Signature]</i>
20	Hanan Fathima K A	B. Com Model I Finance and Taxation (SF)	<i>[Signature]</i>
21	Malavika hari	B. Com Model I Finance and Taxation (SF)	<i>[Signature]</i>
22	Muhammed Rameez A M	B. Com Model I Finance and Taxation (SF)	<i>[Signature]</i>
23	Mary Rose T Tony	B. Com Model I Finance and Taxation (SF)	<i>[Signature]</i>
24	Shyam Sidharth	B. Com Model I Finance and Taxation (SF)	<i>[Signature]</i>




		Taxation (SF)	
25	Neha John	B. Com Model I Finance and Taxation (SF)	

Ms. Ashish-C. Pius. 
 Ms. Elsa Jacob 

Name of Event Coordinator / Coordinators with Signature



Legal

Report submitted by	Mr. Akhil Baiju and Ms. Malavika Hari, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Elsa Jacob. Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HOD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

22 November 2021





Fr. Ajeesh Puthussery CMI

Principal

PRINCIPAL

Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

19. Stock Trading Workshop for Success in Life: Empowering Entrepreneurial Skills

Programme	Stock Trading Workshop for Success in Life: Empowering Entrepreneurial Skills
Date	02 December 2021 to 03 December 2021
No. of Participants	25 Students
Resource Person	Mr. Vipin G, Assistant General Manager Geojit Financial Services
Outcome	Conducted on 02-03 December 2021 in Classroom 405, this workshop, led by Mr. Vipin G from Geojit Financial Services, provided 25 participants with insights into stock trading strategies and entrepreneurial skills. Attendees gained practical knowledge on market analysis, investment techniques, and financial planning, fostering a foundation for successful trading and entrepreneurship.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Mr. Ashish C Pius, Assistant Professor, RCMAS
Student in charge	Ms. Anu Jojoy and Ms. Jeslin Nicholas, Department of Commerce

The "Stock Trading Workshop for Success in Life: Empowering Entrepreneurial Skills" was conducted on 2 and 3 December 2021 in the College Auditorium. Coordinated by Mr. Ashish C Pius, Assistant Professor at RCMAS, with student coordinators Mr. Roshan Varghese and Mr. Joshua James, the workshop drew 25 participants.

Mr. Vipin G, Assistant General Manager at Geojit Financial Services, led the sessions from 10:30 AM to 12:00 PM on both days. On Day 1, he introduced participants to the basics of stock trading, including market analysis, investment strategies, and risk management. Day 2 focused



(Handwritten signature)

on advanced trading techniques and practical tips for developing entrepreneurial skills in the stock market.

Participants engaged in interactive discussions and hands-on activities, gaining practical knowledge and insights into stock trading. The workshop was well-received, equipping attendees with valuable skills to navigate the stock market and enhance their entrepreneurial potential.

**Photograph of Stock Trading Workshop for Success in Life:
"Empowering Entrepreneurial Skills"**



Legal

Poster of Stock Trading Workshop for Success in Life: "Empowering Entrepreneurial Skills"



The poster features a background of a stock market candlestick chart. At the top center is the RCMAS logo, which includes a crown and the text 'RAJAGIRI' and 'RCMAS'. Below the logo, the text reads 'RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCE' and 'Department of Commerce'. Underneath, it says 'In Association with IQAC'. A teal oval contains the word 'WORKSHOP'. The main title is 'Stock Trading Workshop for Success in Life : "Empowering Entrepreneurial Skills"'. On the left, there are three icons: a location pin for 'Auditorium', a clock for 'Day 1 - 10.30 am to 12.00 pm' and 'Day 2 - 10.30 am to 12.00 pm', and a calendar for '02.12.2021 to 03.12.2021'. On the right, there is a circular portrait of a man with glasses, with a teal banner below it that says 'RESOURCE PERSON' and 'Mr. Vipin G'. At the bottom, there are two columns of text: 'Faculty coordinator Mr. Ashish C Plus 9895308096' and 'Student coordinator Ms. Jeslin Nicholas 9072836130 Ms. Anu Jojo 9072432260'.



Legal

**Brochure of Stock Trading Workshop for Success in Life:
"Empowering Entrepreneurial Skills"**

**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES .
KAKKANAD**
Department of Commerce
In association with
Internal Quality Assurance Cell (IQAC)

**Stock Trading Workshop for Success in Life :
"Empowering Entrepreneurial Skills"**

A Stock Trading Workshop for the Success in Life, organized by the Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkannad, is designed to equip trading students and professionals with the knowledge and skills required to succeed in the world of stock trading. This initiative aims to foster entrepreneurial business development skills through stock trading, fostering a comprehensive understanding of the stock market and its role in achieving financial and life success.

2nd & 3rd of December 2021 | Auditorium, RCMAD

Faculty coordinator
Mr. Ashish P Paul 9895408266

Student coordinator
Ms. Jeebin Prithika
Ms. Anu Jyoti 9079482260

Mr. Vign G
Assistant General Manager
Growth Financial services

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley P.O., Rajagiri Valley P.O., Kakkannad, Kerala - 682039
0484 295 5270, 9048999026 www.rajagiricollege.edu.in
principal@rajagiricollege.edu.in commerce@rajagiri.edu.in

**DAY 1 & DAY 2
(10.30 AM - 12.00 PM)**

Provides a solid foundation in stock trading principles and strategies and developed some key entrepreneurial skills such as risk management, decision making, and strategic thinking.

On first day the basics of stock trading, including market analysis, investment strategies, and risk management. On 2nd day focuses on advanced trading techniques and practical tips for developing entrepreneurial skills in the stock market.

Participants can engage in interactive discussions and hands-on activities, gaining practical knowledge and insights into stock trading. The workshop was well-received, equipping attendees with valuable skills to navigate the stock market and enhance their entrepreneurial potential.

Dear Sir/Ma'am,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the Late Father, a religious congregation founded by St. Kuzhappilly (St. Joseph). Belonging to the Sacred Heart Province of the C.M.I., the college is dedicated to the motto: "Learn, Serve, Lead" and aims to empower the moral, social, and national education of its students.

The Department of Commerce, established in 2007, has rapidly emerged to become a hub of academic excellence and professional training. It is fully licensed as a center for the award of Bachelor of Business Administration (BBA) and Bachelor of Commerce (B.Com) with a special focus on IT. The Department of Commerce aims to combine research capabilities, promote its curriculum, and promote holistic development through various co-curricular and extra-curricular activities.

Members of the Department emphasize our students with knowledge, skills and ethical grounding to excel in the global scenario.

Mission of the department

To cultivate socially responsible commerce professionals capable of addressing global challenges sustainably.



Legal

**Certificate of Stock Trading Workshop for Success in Life:
Empowering Entrepreneurial Skills**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

CERTIFICATE OF PARTICIPATION


This is to certify that Samaya P.K., B.Com Model II Marketing
has actively participated in the **Life Skill Development** programme
titled

Stock Trading Workshop for Success in Life: Empowering Entrepreneurial Skills
organised by

Department of Commerce

from 02.12.2021 to 09.12.2021


Coordinator


Head of the Department




Principal





Attendance Statement of Stock Trading Workshop for Success in Life: Empowering Entrepreneurial Skills (Day 1)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	02.12.2021 to 03.12.2021
Title of Programme	Stock Trading Workshop for Success in Life : "Empowering Entrepreneurial Skills
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Neha Joy	B. Com Model II Finance and Taxation	<i>Neha</i>
2	Muhammed Azhar P A	B. Com Model II Finance and Taxation	<i>Azhar</i>
3	Aditya Madhu	B. Com Model II Finance and Taxation	<i>Aditya</i>
4	Aditya Madhu	B. Com Model II Finance and Taxation	<i>Aditya</i>
5	Anu Jojy	B. Com Model II Finance and Taxation	<i>Anu</i>
6	Lanciya Lixon	B. Com Model I Finance and Taxation (SF)	<i>Lanciya</i>
7	Harikrishnan S	B. Com Model I Finance and Taxation (SF)	<i>Haril</i>



Legal

8	Jeslin Nicholas	B. Com Model I Finance and Taxation (SF)	<i>Jeslin</i>
9	Mathew Aine Sony	B. Com Model I Finance and Taxation (SF)	<i>Mathew Aine Sony</i>
10	Riswana Moideen	B. Com Model I Finance and Taxation (SF)	<i>Riswana</i>
11	Mohammed Suhail Iqbal	B. Com Model II Marketing	<i>Suhail</i>
12	Sumaya P K	B. Com Model II Marketing	<i>Sumaya</i>
13	Leah Mariam Mathew	B. Com Model II Marketing	<i>Leah</i>
14	Navya Saboo George	B. Com Model II Marketing	<i>Navya</i>
15	Jose Roy	B. Com Model II Logistics Management	<i>Jose</i>
16	Muhsin A Mujeeb	B. Com Model II Logistics Management	<i>Muhsin</i>
17	Juzain Kadeeja J	B. Com Model II Logistics Management	<i>Juzain</i>
18	Jithin K Roy	B. Com Model II Logistics Management	<i>Jithin</i>
19	Jonathan Mathew Varghese	B. Com Model I Computer Applications	<i>Jonathan</i>
20	Sreeyuktha Valsan	B. Com Model I Computer Applications	<i>Sreeyuktha</i>
21	Tiya Abraham	B. Com Model I Computer Applications	<i>Tiya</i>
22	Reshma Rachel Benson	B. Com Model I Computer Applications	<i>Reshma</i>
23	Liya Mariam Dani	B. Com Model II Computer Applications	<i>Liya</i>
24	Neha Susan Biju	B. Com Model II Computer Applications	<i>Neha</i>
25	Abhijith Nair	B. Com Model II Computer Applications	<i>Abhijith</i>

Mr. Ashish.C.Pius




Name of Event Coordinator/ Coordinators with Signature



Legal

Attendance statement of Stock Trading Workshop for Success in Life: Empowering Entrepreneurial Skills (Day 2)



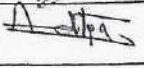
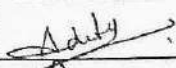
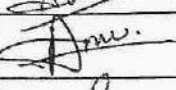
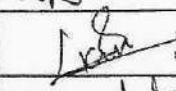
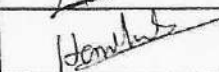


RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	03.12.2021 (Day - 2)
Title of Programme	Stock Trading Workshop for Success in Life : "Empowering Entrepreneurial Skills"
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Neha Joy	B. Com Model II Finance and Taxation	
2	Muhammed Azhar P A	B. Com Model II Finance and Taxation	
3	Aditya Madhu	B. Com Model II Finance and Taxation	
4	Aditya Madhu	B. Com Model II Finance and Taxation	
5	Anu Jojoy	B. Com Model II Finance and Taxation	
6	Lanciya Lixon	B. Com Model I Finance and Taxation (SF)	
7	Harikrishnan S	B. Com Model I Finance and Taxation (SF)	



Legal

8	Jeslin Nicholas	B. Com Model I Finance and Taxation (SF)	<i>Jeslin</i>
9	Mathew Aine Sony	B. Com Model I Finance and Taxation (SF)	<i>Mathew Aine Sony</i>
10	Riswana Moideen	B. Com Model I Finance and Taxation (SF)	<i>Riswana</i>
11	Mohammed Suhail Iqbal	B. Com Model II Marketing	<i>Suhail</i>
12	Sumaya P K	B. Com Model II Marketing	<i>Sumaya</i>
13	Leah Mariam Mathew	B. Com Model II Marketing	<i>Leah</i>
14	Navya Saboo George	B. Com Model II Marketing	<i>Navya</i>
15	Jose Roy	B. Com Model II Logistics Management	<i>Jose</i>
16	Muhsin A Mujeeb	B. Com Model II Logistics Management	<i>Muhsin</i>
17	Juzain Kadeeja J	B. Com Model II Logistics Management	<i>Juzain</i>
18	Jithin K Roy	B. Com Model II Logistics Management	<i>Jithin</i>
19	Jonathan Mathew Varghese	B. Com Model I Computer Applications	<i>Jonathan</i>
20	Sreeyuktha Valsan	B. Com Model I Computer Applications	<i>Sreeyuktha</i>
21	Tiya Abraham	B. Com Model I Computer Applications	<i>Tiya</i>
22	Reshma Rachel Benson	B. Com Model I Computer Applications	<i>Reshma</i>
23	Liya Mariam Dani	B. Com Model II Computer Applications	<i>Liya Mariam</i>
24	Neha Susan Biju	B. Com Model II Computer Applications	<i>Neha</i>
25	Abhijith Nair	B. Com Model II Computer Applications	<i>Abhijith</i>

Mr. Ashish .C. Pius




Name of Event Coordinator / Coordinators with Signature



Legal

Report submitted by	Ms. Anu Jooy and Ms. Jeslin Nicholas, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad
Coordinated by	Mr. Ashish C Pius , Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad



06 December 2021



Fr. Ajeesh Puthussery CMI

Principal

PRINCIPAL

Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039



20. Seminar on HR Analytics for Self-Employment

Programme	Seminar on HR Analytics for Self-Employment
Date	14 and 16 January 2021
No. of Participants	66 Students
Resource Person	Dr. Devi Soumyaja, Assistant Professor, School of Management Studies, CUSAT.
Outcome	Participants gained insights into leveraging HR Analytics for effective self-employment strategies, enhancing their ability to make informed decisions in managing human resources independently.
Organized by	Department of Management, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Neethu Maria Jose, Assistant Professor, Department of Management
Student in charge	Ms. Suhana Moosa, BBA Semester 4, Department of Management

The Department of Management at Rajagiri College of Management and Applied Sciences organized a comprehensive seminar titled "HR Analytics for Self-Employment" on 14 and 16 January 2021. The seminar aimed to equip participants with the knowledge and skills necessary to leverage HR analytics effectively in the context of self-employment.

Dr. Devi Soumyaja, Assistant Professor from the School of Management Studies at CUSAT, served as the esteemed resource person for the seminar. With her expertise in HR analytics and management studies, Dr. Soumyaja conducted insightful sessions that delved into the principles and applications of HR analytics in the realm of self-employment. Her engaging presentations



Legal

and practical examples resonated well with the 66 students who participated eagerly in the event.

The seminar yielded significant outcomes for the participants. Firstly, attendees gained valuable insights into the strategic use of HR analytics for effective self-employment strategies. They learned how to collect, analyse, and interpret data to make informed decisions related to managing human resources independently. This understanding is crucial for entrepreneurs and self-employed individuals who often operate with limited resources and need to optimize workforce management.

Moreover, the seminar enhanced participants' ability to apply analytical tools and techniques to solve HR-related challenges in a self-employment context. Dr. Soumyaja's sessions provided practical frameworks and case studies that enabled students to develop critical thinking skills and innovative approaches to HR management.

The Department of Management, under the guidance of Ms. Neethu Maria Jose, ensured the seamless organization and success of the seminar. Ms. Neethu's leadership and coordination contributed significantly to the event's smooth execution and impactful delivery of content. Ms. Suhana Moosa, a second-year student of BBA, played a crucial role as the student in charge, assisting with logistical arrangements and ensuring active participation from his peers.

In conclusion, the seminar on "HR Analytics for Self-Employment" at Rajagiri College of Management and Applied Sciences was a valuable learning experience for participants. It equipped them with essential skills in HR analytics and strategic decision-making, essential for succeeding in the dynamic landscape of self-employment.



Legat

Photographs of Seminar on HR Analytics for Self-Employment



Legal

Brochure of Seminar on HR Analytics for Self-Employment




RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Department of Management
(in association with)

Internal Quality Assurance Cell (IQAC)
organises

Seminar on HR Analytics for Self-Employment



Resource Person

Dr. Devi Soumyaja, Assistant Professor, School of Management Studies, CUSAT

Faculty Coordinator
Ms. Neethu Maria Jose +91 88485 91009

Student Coordinator
Subana Manon +91 97860 50265

Rajagiri College of Management and Applied Sciences,
Rajagiri Valley Rd, Rajagiri Valley P.O., Kakkannad, Kerala - 682 039

0484 295 5270, 9048899926
info@rajagiricollege.edu.in

www.rajagiricollege.edu.in
management@rajagiricollege.edu.in

Discover the transformative potential of HR analytics to improve business efficiency and decision-making. Gain insights and practical strategies to leverage data effectively in your entrepreneurial journey.

14 and 15 January 2021 | Google meet

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

With a focused vision of imparting solid foundation in Management principles, theories and practices and to equip students for challenging Entrepreneurial and Managerial positions, the Department of Management was established in July 2005.

Since its inception, holistic empowerment of the student community is given utmost importance. Various Curricular and Co-Curricular programs are designed and implemented in the department to enhance the knowledge, skills and attitudes of the students and to prepare them for Higher Studies as well as the Corporate World.

Objective

Participants gain practical knowledge and skills in utilizing Google Apps to enhance productivity, collaboration, and efficiency in academic and professional settings. Additionally, hands-on activities allowed participants to create and share documents in real-time, fostering a collaborative environment.

Day 1 (10:00 AM - 1:00 PM)

Introduction to HR Analytics Fundamentals

The first day of the "Seminar on HR Analytics for Self-Employment" shall introduce participants to the fundamentals of HR analytics. Key concepts include data collection, analysis methods, and the importance of data-driven decision-making. Attendees get to learn how to leverage HR analytics to understand workforce trends and improve self-employment strategies.

Day 2 (10:30 AM - 12:00 PM)

Practical Applications of HR Analytics

On the second day, the seminar shall primarily focus on practical applications of HR analytics. Participants explore case studies and tools to analyze employee performance, recruitment, and retention. Interactive sessions allow attendees to practice developing actionable insights from HR data, enhancing their ability to use analytics for business growth and self-employment success.



Legit

Certificate of Seminar on HR Analytics for Self-Employment



RCMAS

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

Kakkanad

CERTIFICATE OF PARTICIPATION

This is to certify that

ALEENA SUDHEER

has actively participated in the **Life Skill Development**
programme titled

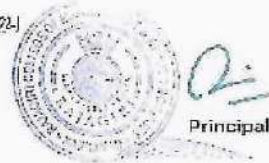
SEMINAR ON HR ANALYTICS FOR SELF EMPLOYMENT
organised by

DEPARTMENT OF MANAGEMENT

from 14 JAN 2021 to 16 JAN 2021


Coordinator


Head of the Department



Principal



Legal

Attendance Statement of Seminar on HR Analytics for Self-Employment (Day 1)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	14.01.2021 & 16.01.2021
Title of Programme	Seminar on HR Analytics for Self-Employment
Department/Organising Cell	Department of Management in association with IQAC
Venue	Google Meet



Legal

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aadil Mohammed	BBA	✓
2	Ahammed Nouffin V S	BBA	✓
3	Aiswarya S S	BBA	✓
4	Aleena D Cruz	BBA	✓
5	Aleena Sudheer	BBA	✓
6	Alfiya P .A	BBA	✓
7	Amal Issac Joseph	BBA	ab
8	Annu Elsa Thomas	BBA	✓
9	Anusha Babu	BBA	✓
10	Ashwin.R	BBA	✓
11	Asna Navas	BBA	✓
12	Aswin Unnikrishnan	BBA	✓
13	Athul Reji	BBA	✓
14	Aysha Hiba	BBA	✓
15	Bharath Krishnan K B	BBA	✓
16	Bibin Roy	BBA	✓
17	Calvin Gomez	BBA	✓
18	Chirag Agarwal	BBA	✓



Legal

19	D Deepanker	BBA	✓
20	Devkrishna J	BBA	✓
21	Divya Mary Moses	BBA	✓
22	Durga Paval	BBA	✓
23	Ebrahim Haris Nasir	BBA	✓
24	Fathima Mina	BBA	✓
25	G Shayani A B Jayawardena	BBA	✓
26	Glenn Jacob Mendez	BBA	✓
27	Goutham Krishna	BBA	✓
28	Hana Usman P	BBA	ab
29	Hayden Andrew D Rozario	BBA	✓
30	Jacob M George	BBA	✓
31	Jerin Varghese M	BBA	✓
32	Karthik Pramod	BBA	✓
33	Karthika Ranjit	BBA	✓
34	Kevin Viju	BBA	✓
35	Lemya Fathima P E	BBA	ab
36	Mishal Sajjad	BBA	✓
37	Muhammed Asif	BBA	✓
38	Muhammed Irfan	BBA	✓
39	Muhammed Raees M J	BBA	✓



Legal

40	Muhammed Zainul A A	BBA	✓
41	Nina Matthew	BBA	✓
42	Niranjandas P V	BBA	✓
43	Paul Mathew	BBA	✓
44	Prahlad V Prabhakar	BBA	✓
45	Reshma Susan Biru	BBA	✓
46	Rifa Naufal	BBA	✓
47	Rimsha Jahan K	BBA	✓
48	Rithik K Collin	BBA	✓
49	Rosebelle Paulson	BBA	✓
50	Salmanul Faris	BBA	✓
51	Sanju Vimal	BBA	a b
52	Shamil Ahammed	BBA	✓
53	Shreya Joji Pallan	BBA	✓
54	Soorya S	BBA	✓
55	Srevin K Fredi	BBA	✓
56	Steve Mathew Varghese	BBA	✓
57	Suhail P Mukthar	BBA	✓
58	Suhana Moosa	BBA	✓
59	Tharun Babu	BBA	✓
60	U Sreevyas Shenoy	BBA	✓



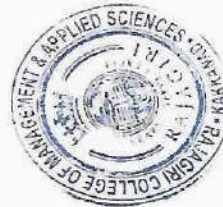
Legal

61	V Mohammed Iza	BBA	✓
62	V Sarath	BBA	✓
63	Vaishnavi B	BBA	✓
64	Vyshnav Shaji	BBA	✓
65	Vyshnavi A P	BBA	✓
66	Yohaana Mathew	BBA	✓

Ms. Neethu Maria



Name of Faculty Coordinator with Signature




Attendance Statement of Seminar on HR Analytics for Self-Employment (Day 2)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	16.01.2021 (Day 2)
Title of Programme	Seminar on HR Analytics for Self-Employment
Department/Organising Cell	Department of Management in association with IQAC
Venue	Google Meet



Legal

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aadil Mohammed	BBA	✓
2	Ahammed Nouffin V S	BBA	✓
3	Aiswarya S S	BBA	✓
4	Aleena D Cruz	BBA	✓
5	Aleena Sudheer	BBA	✓
6	Alfiya P .A	BBA	✓
7	Amal Issac Joseph	BBA	ab
8	Annu Elsa Thomas	BBA	✓
9	Anusha Babu	BBA	✓
10	Ashwin.R	BBA	✓
11	Asna Navas	BBA	✓
12	Aswin Unnikrishnan	BBA	✓
13	Athul Reji	BBA	✓
14	Aysha Hiba	BBA	✓
15	Bharath Krishnan K B	BBA	✓
16	Bibin Roy	BBA	✓
17	Calvin Gomez	BBA	✓
18	Chirag Agarwal	BBA	✓



Legat

19	D Deepanker	BBA	✓
20	Devkrishna J	BBA	✓
21	Divya Mary Moses	BBA	✓
22	Durga Paval	BBA	✓
23	Ebrahim Haris Nasir	BBA	✓
24	Fathima Mina	BBA	✓
25	G Shayani A B Jayawardena	BBA	✓
26	Glenn Jacob Mendez	BBA	✓
27	Goutham Krishna	BBA	✓
28	Hana Usman P	BBA	ab
29	Hayden Andrew D Rozario	BBA	✓
30	Jacob M George	BBA	✓
31	Jerin Varghese M	BBA	✓
32	Karthik Pramod	BBA	✓
33	Karthika Ranjit	BBA	✓
34	Kevin Viju	BBA	✓
35	Lemya Fathima P E	BBA	ab
36	Mishal Sajjad	BBA	✓
37	Muhammed Asif	BBA	✓
38	Muhammed Irfan	BBA	✓
39	Muhammed Raees M J	BBA	✓



Legal

40	Muhammed Zainul A A	BBA	✓
41	Nina Matthew	BBA	✓
42	Niranjandas P V	BBA	✓
43	Paul Mathew	BBA	✓
44	Prahlad V Prabhakar	BBA	✓
45	Reshma Susan Binu	BBA	✓
46	Rifa Naufal	BBA	✓
47	Rimsha Jahan K	BBA	✓
48	Rithik K Collin	BBA	✓
49	Rosebelle Paulson	BBA	✓
50	Salmanul Faris	BBA	✓
51	Sanju Vimal	BBA	a b
52	Shamil Ahammed	BBA	✓
53	Shreya Joji Pallan	BBA	✓
54	Soorya S	BBA	✓
55	Srevin K Fredi	BBA	✓
56	Steve Mathew Varghese	BBA	✓
57	Suhail P Mukthar	BBA	✓
58	Suhana Moosa	BBA	✓
59	Tharun Babu	BBA	✓
60	U Sreevyas Shenoy	BBA	✓



Legal




61	V Mohammed Iza	BBA	✓
62	V Sarath	BBA	✓
63	Vaishnavi B	BBA	✓
64	Vyshnav Shaji	BBA	✓
65	Vyshnavi A P	BBA	✓
66	Yohaana Mathew	BBA	✓

Ms. Neethu Maria



Name of Faculty Coordinator with Signature



Report submitted by	Ms. Suhana Moosa, BBA Semester 4, Department of Management, Rajagiri College of Management and Applied Sciences, Kakkanad.	
Coordinated by	Ms. Neethu Maria Jose, Assistant Professor, Department of Management, Rajagiri College of Management and Applied Sciences, Kakkanad.	
Approved by	Ms. Anila Varghese, HOD & Assistant Professor, Department of Management, Rajagiri College of Management and Applied Sciences, Kakkanad.	

17 January 2021





Fr. Ajeesh Puthussery CMI

PRINCIPAL

Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039

Principal



21. Nationwide Seminar on Vital Life Skills: Insight 2021: Adapting Business and Workforce Strategies After COVID

Programme	National Seminar on Vital Life Skills: Insight 2021: Adapting Business and Workforce Strategies After COVID'
Date	17 January 2021 to 18 January 2021
No. of Participants	38 Students
Resource Person	Mr. Suresh Mathew George, Assistant, St. Thomas College, Kozhancherry & Dr. Jacob Mathew, Ophthalmologist
Outcome	Organized by Ms. Ashlin Maria Joseph on 17-18 January 2021 at Classroom 405, this seminar focused on adapting business and workforce strategies post-COVID. Dr. Jacob Mathew and Mr. Suresh Mathew George shared vital insights with 38 participants, fostering adaptation and resilience in professional spheres amid pandemic challenges.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms Ashlin Maria Joseph, Assistant Professor, RCMAS
Student in charge	Mr. Nevin Samuel Sam and Mr. Alvin Joseph Varghese, Department of Commerce

The National Seminar on "Vital Life Skills: Insight 2021: 'Adapting Business and Workforce Strategies After COVID'" was conducted on 17 and 18 January 2021 in Google Meet - Online. The event, coordinated by Ms. Ashlin Maria Joseph, Assistant Professor at RCMAS, along with student coordinators Mr. Nevin Samuel Sam and Mr. Alvin Joseph Varghese, saw the participation of 38 attendees.

Day 1, held from 11:00 AM to 12:30 PM, featured a session by Mr. Suresh Mathew George, Assistant at St. Thomas College, Kozhancherry. He discussed the shifts in business strategies necessitated by the COVID-19 pandemic. On Day 2, from 10:00 AM to 12:00 PM, Dr. Jacob

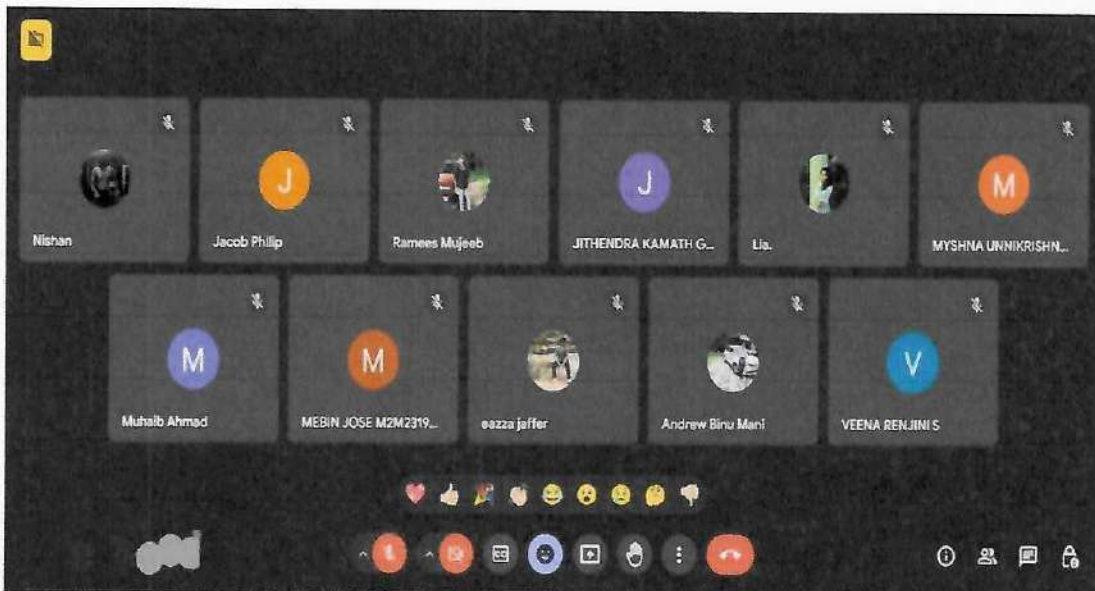


Legal

Mathew, an Ophthalmologist, provided insights into maintaining workforce well-being and resilience during unprecedented times.


The seminar offered valuable perspectives on navigating post-pandemic challenges in business and workforce management, equipping participants with strategies to adapt effectively in a changing landscape.

Photograph of National Seminar on Vital Life Skills: Insight 2021: Adapting Business and Workforce Strategies After COVID



Legend

**Poster of National Seminar on Vital Life Skills: Insight 2021:
'Adapting Business and Workforce Strategies After COVID'**




RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES

RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCE
Department of Commerce
In Association with IQAC


SEMINAR ON



**National Seminar on Vital Life Skills: Insight 2021: 'Adapting
Business and Workforce Strategies After COVID'**



RESOURCE PERSON

Mr Suresh Mathew George ,
Assistant Professor, St.Thomas College, Kozhancherry.

 Google Meet

 17.01.2021 to 18.01.2021  Day 1 - 11 am to 12.30 pm
Day 2 - 10 am to 12 pm

Faculty coordinator **Student coordinator**
Ms. Ashlin Maria Joseph 8848954456 Mr.Nevin Samuel 8075677988
Mr.Alvin Joseph Varghese 8301973319



Legal

Brochure of National Seminar on Vital Life Skills: Insight 2021: ' Adapting Business and Workforce Strategies After COVID'



**DEPARTMENT OF COMMERCE
IN ASSOCIATION WITH
INTERNAL QUALITY ASSURANCE CELL (IQAC)
ORGANISES**

National Seminar on Vital Life Skills: Insight 2021: Adapting Business and Workforce Strategies After COVID

A two day webinar aimed at addressing the significant shifts in business and workforce dynamics following the COVID-19 pandemic.



Contact Us

Ms. Ashita Maria Joseph
8848954456
Mr. Naveen Sambhal 8075677988
Mr. Alvin Joshi Varghese 8801973319

Rajagiri College of Management and Applied Sciences
Kakkanad, Kochi - 682039

Dear Sir/Madam,
Rajagiri College of Management and Applied Sciences, Kakkanad, Kerala, established in 2005, is under the guidance of the CMJ Fathers, a religious congregation founded by St. Kurianose Elias Chazha. Belonging to the Sacred Heart Province of the CMJ, the college is driven by the motto 'Learn, Serve, Excel' and aims to enhance the moral, social, and rational foundation of its students.

The Department of Commerce, established in 2005, has rapidly expanded to become a hub of academic excellence and professional training. Initially focused on undergraduate education, offering six UG courses and one PG course. With a robust faculty team of 31 members, the Department of Commerce aims to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extra-curricular activities.

OBJECTIVE:

The seminar will offer valuable perspectives on navigating post-pandemic challenges in business and workforce management, equipping participants with strategies to adapt effectively in a changing landscape.

DAY 1 : 11:00AM - 12:30PM

Impact Assessment: How COVID-19 Changed Business Dynamics

Overview of how the pandemic has affected various industries and business operations.

Understanding changes in consumer preferences and purchasing habits due to the pandemic.

Exploring the rise of remote work and the acceleration of digital technologies in business.

Assessing the impact of the pandemic on global supply chains and logistics.

Strategies businesses have employed to adapt to new challenges and maintain operations.

DAY 2 : 10:00AM - 12:00PM

Upskilling and Reskilling the Workforce for future readiness.

Understanding the importance of continuous learning and development in a rapidly changing business environment.

Techniques for assessing current skills and identifying areas for improvement.

Designing effective training programs to equip employees with new skills and knowledge.

Utilizing digital tools and platforms for remote and on-the-job training.

Preparing the workforce for emerging trends and technologies in various industries.



Legal

**Certificate for Seminar on National Seminar on Vital Life Skills :
Insight 2021: ' Adapting Business and Workforce Strategies After
COVID'**

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad



CERTIFICATE
OF PARTICIPATION

This is to certify that

Ryan David , B.Com Model II Marketing
has actively participated in the **Entrepreneurship Skill Development**
programme titled
National Seminar on Vital Life Skills: Insight 2021: 'Adapting Business and Workforce Strategies After COVID'
organised by
Department of Commerce
from 17.01.2021 to 18.01.2021


Coordinator


Head of the Department


Principal



Legal

Attendance Statement of National Seminar on Vital Life Skills: Insight 2021: 'Adapting Business and Workforce Strategies After COVID'



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	17.01.2021 to 18.01.2021
Title of Programme	National Seminar on Vital Life Skills: Insight 2021: 'Adapting Business and Workforce Strategies After COVID'
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Online - Google Meet

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Abdulla Harris	B. Com Model II Marketing	✓
2	Amil Sidhik	B. Com Model II Marketing	✓
3	Eliza Paul Biju	B. Com Model II Marketing	✓
4	Jeebu Krishna	B. Com Model II Marketing	✓
5	Manu George	B. Com Model II Marketing	✓
6	Nevin Samuel Sam	B. Com Model II Marketing	✓
7	Ryan David	B. Com Model II Marketing	✓
8	Xawins Vx Vilangat	B. Com Model II Marketing	✓
9	Adithya Kottarathil Rajan	B. Com Model II Logistics Management	✓



Legal

10	Alvin Joseph Varghese Kanalikal	B. Com Model II Logistics Management	✓
11	Deepthi Tharol	B. Com Model II Logistics Management	✓
12	Tharak Antony	B. Com Model II Logistics Management	✓
13	Krishna Priya SS	B. Com Model II Logistics Management	✓
14	Paulu Tharakan Parayil	B. Com Model II Logistics Management	✓
15	Reniya Salim	B. Com Model II Logistics Management	✓
16	Jayakrishnan C J	B. Com Model II Computer Applications	✓
17	Jibin Johnson	B. Com Model II Computer Applications	✓
18	Leeza Ann George	B. Com Model II Computer Applications	✓
19	Renuka V	B. Com Model II Computer Applications	✓
20	Shaan Korah Jacob	B. Com Model II Computer Applications	✓
21	R. Mohan krishnan	B. Com Model II Computer Applications	✓
22	Vrinda Rameesh	B. Com Model II Computer Applications	✓
23	Tom C Symon	B. Com Model II Computer Applications	✓
24	Sudev Sukrithan	B. Com Model II Computer Applications	✓
25	Rose Mary Martin	B. Com Model I Finance and Taxation (SF)	✓
26	Sebastian Paul	B. Com Model I Finance and Taxation (SF)	✓



Legal

27	Srihari Radhakrishnan	B. Com Model I Finance and Taxation (SF)	✓
28	Stefy Thomas	B. Com Model I Finance and Taxation (SF)	✓
29	Rehan Prince	B. Com Model I Finance and Taxation (SF)	✓
30	Maria Thattil	B. Com Model I Finance and Taxation (SF)	✓
31	Aakash Venugopal	B. Com Model I Computer Applications	✓
32	Althaf Kabeer	B. Com Model I Computer Applications	✓
33	Jaimy Chacko	B. Com Model I Computer Applications	✓
34	M R Leyan	B. Com Model I Computer Applications	✓
35	Shriya M	B. Com Model I Computer Applications	✓
36	Zoona Basheer	B. Com Model II Finance and Taxation	✓
37	Shreesha S	B. Com Model II Finance and Taxation	✓
38	Sara Merin Eralil	B. Com Model II Finance and Taxation	✓

Ms. Ashlin Maura Joseph

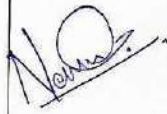


(Signature)



Name of Event Coordinator / Coordinators with Signature



(Signature)

Report submitted by	Mr. Nevin Samuel Sam and Mr. Alvin Joseph Varghese, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms Ashlin Maria Joseph, Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

20 January 2021







Fr. Ajeesh Puthussery CMI

PRINCIPAL

Principal

Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

22. Workshop on Enhancing Fitness and Life Skills: Zumba Fusion

Programme	Workshop on Enhancing Fitness and Life Skills: Zumba Fusion
Date	05 and 06 February 2021
No. of Participants	30 Students.
Resource Person	Mr. Unnathi Khatri Certified Zumba Instructor Fitness Coach and Dance Enthusiast Specialist in Group and Individual Zumba Classes
Outcome	Participants improved fitness, learned new life skills, and embraced a healthier lifestyle.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Aswathy K M. Department of Commerce
Student in charge	Ms. Nayan Biju and Mr. Aryan Shukla, Department of Commerce

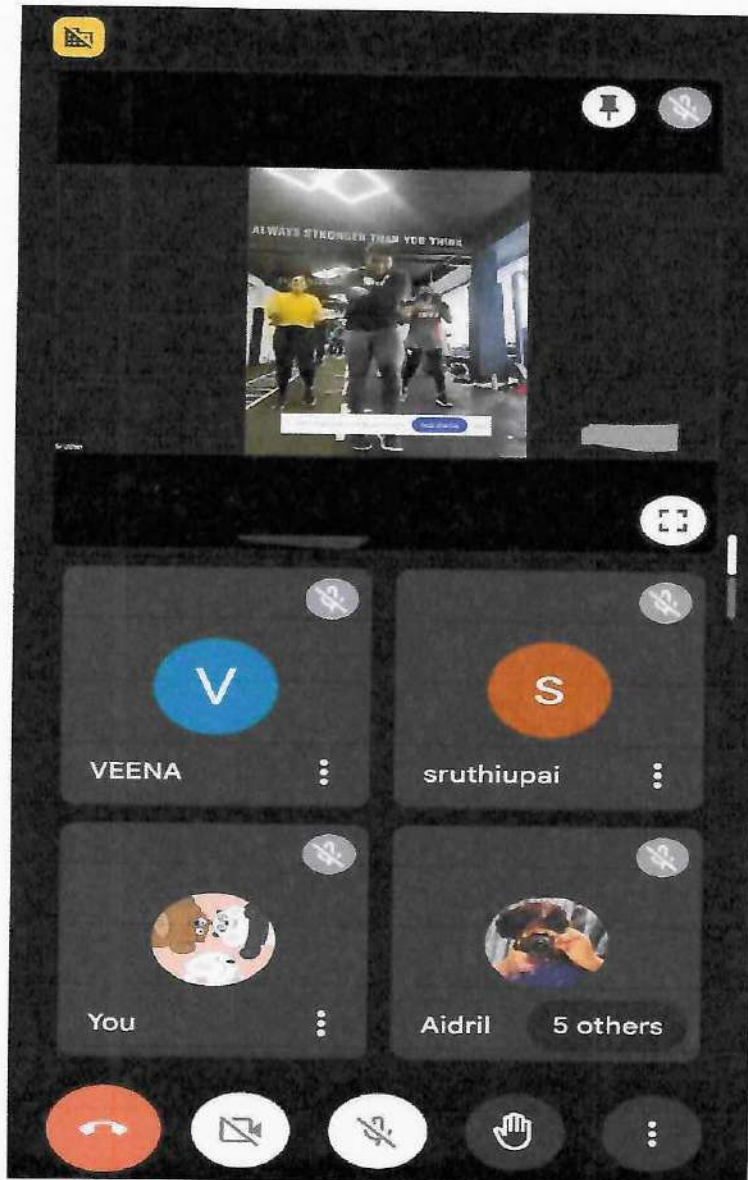
The workshop on "Enhancing Fitness and Life Skills: Zumba Fusion" was conducted online via Google Meet on the 5th and 6th of February, 2021. The sessions ran from 10:30 am to 12:00 pm on both days, attracting 30 participants. Organized by Rajagiri College of Management and Applied Sciences, the workshop was coordinated by Ms. Aswathy K M, Assistant Professor. The student coordinators were Ms. Nayan Biju and Mr. Aryan Shukla.

Mr. Unnathi Khatri, a certified Zumba instructor and fitness coach renowned for his expertise in group and individual Zumba classes, led the sessions. The workshop focused on integrating fitness and life skills through the energetic and engaging medium of Zumba. Participants were guided through various Zumba routines that not only promoted physical fitness but also enhanced their overall life skills. The interactive sessions fostered a positive environment, encouraging participants to adopt a healthier lifestyle and improve their physical and mental well-being.

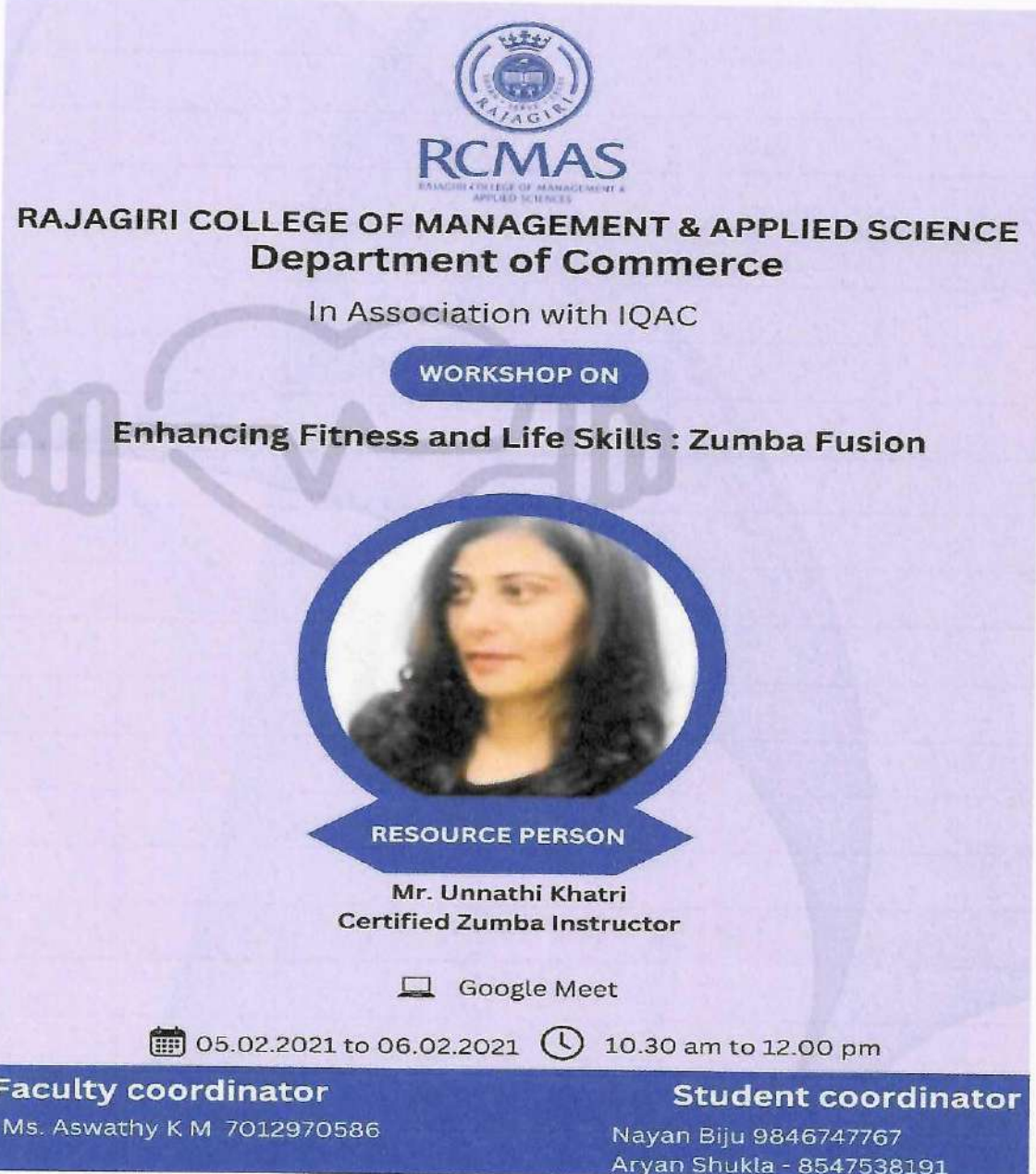


Legal

**Photograph of Workshop on Enhancing Fitness and Life Skills:
Zumba Fusion**



**Poster of Workshop on Enhancing Fitness and Life Skills:
Zumba Fusion**



The poster features a purple background with a faint image of hands holding a heart. At the top center is the RCMAS logo, which includes a crown and the text 'RAJAGIRI' and 'RCMAS'. Below the logo, the text reads 'RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCE Department of Commerce'. It then states 'In Association with IQAC'. A blue rounded rectangle contains the text 'WORKSHOP ON'. Below this, the main title 'Enhancing Fitness and Life Skills : Zumba Fusion' is displayed. A circular portrait of a woman with long dark hair is shown. Below the portrait, a blue arrow-shaped box contains the text 'RESOURCE PERSON'. Underneath, the name 'Mr. Unnathi Khatri' and the title 'Certified Zumba Instructor' are listed. A laptop icon is followed by the text 'Google Meet'. At the bottom, a calendar icon is followed by the dates '05.02.2021 to 06.02.2021' and a clock icon is followed by the time '10.30 am to 12.00 pm'. The bottom section is a dark blue bar with two columns of text: 'Faculty coordinator Ms. Aswathy K M 7012970586' and 'Student coordinator Nayan Biju 9846747767 Aryan Shukla - 8547538191'.

RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCE
Department of Commerce

In Association with IQAC

WORKSHOP ON

Enhancing Fitness and Life Skills : Zumba Fusion

RESOURCE PERSON

Mr. Unnathi Khatri
Certified Zumba Instructor

Google Meet

05.02.2021 to 06.02.2021 10.30 am to 12.00 pm


Faculty coordinator
Ms. Aswathy K M 7012970586

Student coordinator
Nayan Biju 9846747767
Aryan Shukla - 8547538191




Unnathi Khatri

**Brochure of Workshop on Enhancing Fitness and Life Skills:
Zumba Fusion**



**RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD**
Department of Commerce
in association with
Internal Quality Assurance Cell (IQAC)
organises

Workshop: Enhancing Fitness and Life Skills - Zumba Fusion



Mr. Unnathi Kshatri
Certified Zumba Instructor, Fitness Coach and Specialist in Group and Individual Zumba Classes
5 & 6 February 2020 | Google Meet

Faculty Coordinator
Ms. Aswathy K M 7012970586

Student Coordinator
Nayan Biju - 9846747767
Aryan Shukla - 8547538191

Rajagiri College of Management and Applied Sciences, Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkannad, Kerala - 682 039
☎ 0484 295 5270, 9048899926
📧 www.rajagiricollege.edu.in
office@rajagiricollege.edu.in | commerce@rajagiricollege.edu.in

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriaakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

The Department of Commerce, established in 2005, has rapidly expanded to become a hub of academic excellence and professional training. Initially focused on undergraduate education, offering six UG courses and one PG course. With a robust faculty team of 31 members The Department of Commerce aims to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extra-curricular activities.

Objective:

To Engage students with physical fitness through fun and zumba workouts that encourages healthy living and will provide a comprehensive experience that blends physical activity with essential life skills development.

Day 1 (10:30AM - 12:00PM)

Introduction to Zumba Fusion and Discussion on its Benefits

Introduction to Zumba Fusion and how it works,
Demonstration of basic Zumba Fusion routines
Discussion on the physical benefits of Zumba
and Overview of life skills that can be developed through Zumba, such as discipline, self-confidence, etc

Day 2 (10:30AM - 12:00PM)

Advanced Zumba Fusion Techniques and Life Skills Integration

Learning advanced Zumba Fusion routines and techniques, Exercises and activities to foster teamwork and collaboration as well as techniques for using Zumba as a tool for stress management and mental well-being



Unnathi Kshatri

**Certificate of Workshop on Enhancing Fitness and Life Skills:
Zumba Fusion**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

**CERTIFICATE OF
PARTICIPATION**

This is to certify that

Aryan Shukla, B.Com Model I Computer Applications

has actively participated in the **Life Skill
Development** programme titled

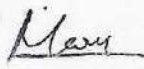
Workshop on Enhancing Fitness and Life Skills : Zumba Fusion.

organised by

Department of Commerce

from 05.02.2021 to 06.02.2021


COORDINATOR


HEAD OF THE DEPARTMENT



Legal

Attendance Statement of Workshop on Enhancing Fitness and Life Skills: Zumba Fusion



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	05.02.2021 to 06.02.2021
Title of Programme	Workshop on Enhancing Fitness and Life Skills : Zumba Fusion
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Online- Google Meet

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Arjun R S	B. Com Model I Computer Applications	✓
2	Aryan Shukla	B. Com Model I Computer Applications	✓
3	Darsana Ramesh	B. Com Model I Computer Applications	✓
4	Diya Akbar	B. Com Model I Computer Applications	✓
5	Gayathri Syamdas	B. Com Model I Computer Applications	✓
6	Femi Mary Abraham	B. Com Model I Computer Applications	✓
7	Sarath S	B. Com Model I Computer	✓




Legal

		Applications	
8	Kajal Halthaf M	B. Com Model I Computer Applications	✓
9	Akbarsha Shoukath	B. Com Model II Logistics Management	✓
10	Muhammed Ishan	B. Com Model II Logistics Management	✓
11	Francis J Chettupuzha	B. Com Model II Logistics Management	✓
12	Joel John	B. Com Model II Marketing	✓
13	Fida Jisam	B. Com Model II Marketing	✓
14	Jeena Annie Yohannan	B. Com Model II Marketing	✓
15	Joshua Joseph	B. Com Model II Marketing	✓
16	Mariyam Anu P M	B. Com Model II Marketing	✓
17	Karthika I	B. Com Model II Marketing	✓
18	Nithyasree P S	B. Com Model II Marketing	✓
19	Nikhil Mathew	B. Com Model II Marketing	✓
20	Nihala Latheef	B. Com Model II Marketing	✓
21	Nayan Biju	B. Com Model II Marketing	✓
22	Mohammed Lahen T K	B. Com Model II Marketing	✓
23	Nezrin V S	B. Com Model II Finance and Taxation	✓
24	Ebin Cherian	B. Com Model II Finance and Taxation	✓
25	Silpa C P	B. Com Model II Finance and Taxation	✓
26	S Neha	B. Com Model II Finance and Taxation	✓
27	Ritika Anil	B. Com Model II Finance and Taxation	✓
28	Rhema Sarah Mathew	B. Com Model II Finance and	✓



Legat



		Taxation	
29	Nicholas Sheebu Mathew	B. Com Model II Finance and Taxation	✓
30	Joseph Devid John	B. Com Model II Finance and Taxation	✓

Ms. Aswathy . K . M. 

Name of Event Coordinator / Coordinators with Signature



Legal

Report submitted by	Ms. Nayan Biju and Mr. Aryan Shukla, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Aswathy KM, Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

8 February 2021







Fr. Ajeesh Puthussery CMI

PRINCIPAL

Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

Principal

23. Workshop on 'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'

Programme	Workshop on 'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'
Date	01 March 2021 to 02 March 2021
No. of Participants	25 Students
Resource Person	Ms. Sangeetha Jose, Behaviour Counsellor, Rajagiri College of Management and Applied Sciences, Kakkanad
Outcome	Conducted on 01-02 March 2021 at Classroom 404, this workshop, led by Ms. Sangeetha Jose, equipped 25 participants with strategies to navigate personal crises and prioritize mental wellness. Attendees gained practical insights and tools for self-care, resilience building, and emotional management, fostering a proactive approach to mental health.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Veena Renjini S, Assistant Professor, RCMAS
Student in charge	Ms. Sowparnika Nair and Mr. Riyon Peter V B, Department of Commerce

The workshop on "Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness" was held on 1 and 2 March 2021 in Google Meet - Online. Organized by Ms. Veena Renjini S, Assistant Professor at RCMAS, and student coordinators Ms. Sowparnika Nair and Mr. Riyon Peter V B, the workshop attracted 25 participants.

Ms. Sangeetha Jose, a behavior counsellor from Rajagiri College of Management and Applied Sciences, Kakkanad, led the sessions from 9:30 AM to 4:00 PM on both days. The first day focused on understanding personal crises and using them as opportunities for self-improvement and growth. Ms. Jose's insights into coping mechanisms and resilience-building were particularly valuable.

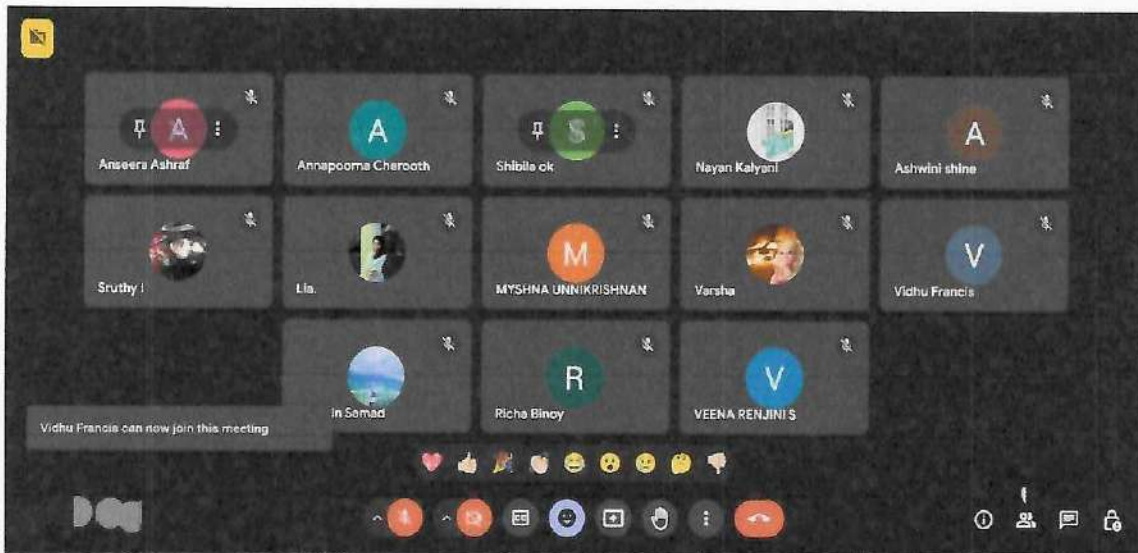


Legal

The second day emphasized mental wellness, teaching strategies for maintaining mental health and well-being. Interactive activities and discussions allowed participants to share their experiences and learn from each other.

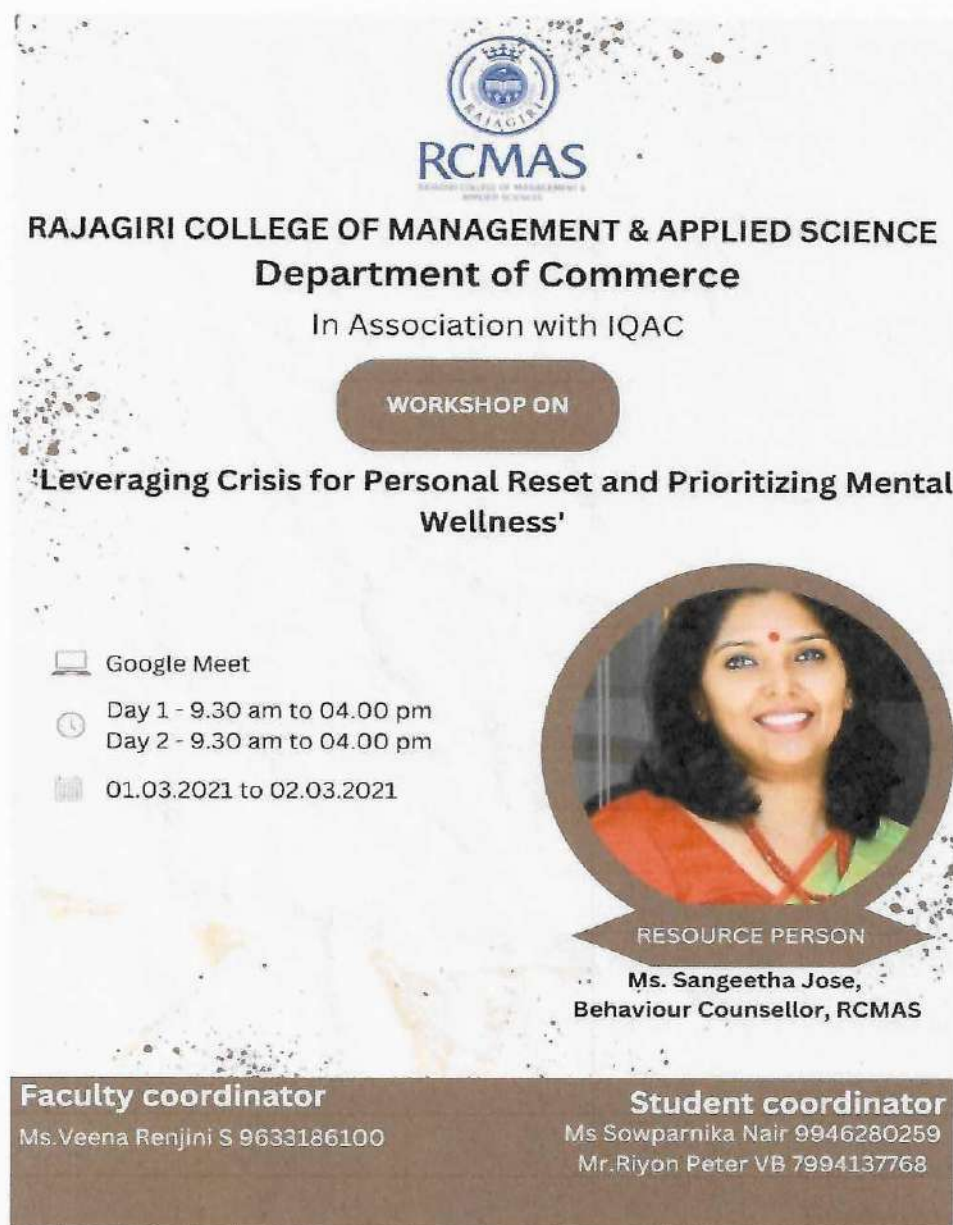
The workshop was highly praised for its relevance and practical approach, equipping attendees with tools to manage stress and prioritize mental wellness effectively.

Photograph of Workshop on 'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'



Legal

Poster of Workshop on 'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCE
Department of Commerce
In Association with IQAC

WORKSHOP ON

'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'

Google Meet
Day 1 - 9.30 am to 04.00 pm
Day 2 - 9.30 am to 04.00 pm
01.03.2021 to 02.03.2021

RESOURCE PERSON
Ms. Sangeetha Jose,
Behaviour Counsellor, RCMAS

Faculty coordinator
Ms. Veena Renjini S 9633186100

Student coordinator
Ms Sowparnika Nair 9946280259
Mr. Riyon Peter VB 7994137768



Legal

Brochure of Workshop on 'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Department of Commerce

in association with

Internal Quality Assurance Cell (IQAC)

organises

Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness



Ms. Sangeetha Jose

Behaviour Counselor, Rajagiri College of Management and Applied Sciences, Kakkannad



1st March and 2nd March 2021
Google Meet

Faculty coordinator
Ms Veena Renjini 9633186100

Student coordinator
Sowparnika Nair (MIT) 9946280269
Riyon Peter (MIT) 7994137768

Rajagiri College of Management and Applied Sciences, Rajagiri Valley Rd, Rajagiri Valley
P.O, Kakkannad, Kerala - 682 039
0484 295 5270, 9048899926 www.rajagiricollege.edu.in
office@rajagiricollege.edu.in english@rajagiricollege.edu.in



The workshop on "Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness" will be held on 1 and 2 March 2021 in Classroom 404. It will be organized by Ms. Veena Renjini S, Assistant Professor at RCMAS, and student coordinators Ms. Hanna Nizakshim and Mr. Eyad Shafa. Ms. Sangeetha Jose, a behavior counsellor from Rajagiri College of Management and Applied Sciences, Kakkannad, will lead the sessions from 9:30 AM to 4:00 PM on both days. The first day will focus on understanding personal crises and using them as opportunities for self-improvement and growth. Ms. Jose's insights into coping mechanisms and resilience-building are expected to be particularly valuable. The workshop is expected to attract 25 participants.

Objectives

- Identify personal crises and view them as growth opportunities.
- Learn effective coping strategies and resilience-building techniques.
- Teach practical strategies for maintaining mental health and well-being.
- Facilitate discussions and activities for sharing experiences and mutual learning.
- Provide practical tools and techniques for managing stress and preventing burnout.

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

Department of Commerce aims to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extracurricular activities.

Vision of the Department

To empower our students with knowledge, skills, and ethical grounding to excel in the global economy.

Mission of the Department:

To cultivate socially responsible commerce professionals capable of addressing global challenges sustainably.



Legal

Certificate of Workshop on 'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES
KAKKANAD

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

**CERTIFICATE
OF PARTICIPATION**

This is to certify that

Abinanthra G Mathira, B.Com Model II Finance and Taxation

has actively participated in the **Life Skill Development**
programme titled

*Workshop on 'Leveraging Crisis for Personal Reset
and Prioritizing Mental Wellness'*


organised by

Department of Commerce

from *01.03.2021* to *02.03.2021*


Coordinator


Head of the Department


Principal



Legal

Attendance Statement of Workshop on 'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	01.03.2021 to 02.03.2021
Title of Programme	Workshop on 'Leveraging Crisis for Personal Reset and Prioritizing Mental Wellness'
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Online - Google Meet

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Abinantha G Mahiera	B. Com Model II Finance and Taxation	✓
2	Albin Biju	B. Com Model II Finance and Taxation	✓
3	Anagha Seby	B. Com Model II Finance and Taxation	✓
4	Denny Lukose	B. Com Model II Finance and Taxation	✓
5	Ebel C Kurian	B. Com Model II Finance and Taxation	✓
6	Sowparnika Nair	B. Com Model I Finance and Taxation (SF)	✓



Legal




7	Riyon Peter V B	B. Com Model I Finance and Taxation (SF)	✓
8	Arjun Sudhakaran	B. Com Model I Finance and Taxation (SF)	✓
9	Sen Suraj	B. Com Model I Finance and Taxation (SF)	✓
10	Bhavana S	B. Com Model I Finance and Taxation (SF)	✓
11	Noyal Sunil	B. Com Model II Marketing	✓
12	Pratheek P Santhosh	B. Com Model II Marketing	✓
13	Razal A	B. Com Model II Marketing	✓
14	Sachu Sony	B. Com Model II Marketing	✓
15	Cisalla Jaison	B. Com Model II Logistics Management	✓
16	Haamid Jaleel	B. Com Model II Logistics Management	✓
17	Joel Francis Philip	B. Com Model II Logistics Management	✓
18	Sanjay Stanly	B. Com Model II Logistics Management	✓
19	Mathew K Maju	B. Com Model I Computer Applications	✓
20	Ignatious C Jacob	B. Com Model I Computer Applications	✓
21	Harikrishnan S Thacholi	B. Com Model I Computer Applications	✓
22	Rohan Renji Jacob	B. Com Model I Computer Applications	✓
23	Sanjana Shaik	B. Com Model II Computer Applications	✓
24	Tayyeba Khurshid Geelani	B. Com Model II Computer Applications	✓
25	Sidharth Sreekumar	B. Com Model II Computer Applications	✓

Ms. Veena Rajini S 

Name of Event Coordinator / Coordinators
with Signature



Legal

Report submitted by	Ms. Sowparnika Nair and Mr. Riyon Peter V B, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Veena Renjini S, Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

04 March 2021




Fr. Ajeesh Puthussery CMI

PRINCIPAL

Principal

Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039





24. Life Skill Enhancement Seminar on Road Safety

Programme	Life Skill Enhancement Seminar on Road Safety
Date	06 August 2019 to 07 August 2019
No. of Participants	47 Students
Resource Person	Mr. Dilip Kumar, Motor Vehicle Department - RTO, Kollam
Outcome	Conducted on 06 August 2019 to 07 August 2019, this seminar focused on enhancing road safety awareness. Led by Mr. Dileep Kumar from the Motor Vehicle Department - RTO, Kollam, the seminar engaged 20 participants. Attendees learned about traffic regulations, defensive driving techniques, and the importance of responsible road behaviour, promoting safer road practices in the community.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Mr. Ajish V Nair, Assistant Professor, RCMAS
Student in charge	Mr. M F Arshin Khan, Department of Commerce

The Life Skill Enhancement Seminar on "Road Safety" was held on 6 and 7 August 2019 in the College Auditorium. Organized by Mr. Ajish V Nair, Assistant Professor at RCMAS, and coordinated by student Mr. M F Arshin Khan, the seminar attracted 20 participants.

Mr. Dileep Kumar from the Motor Vehicle Department - RTO, Kollam, served as the resource person for both days, conducting sessions from 9:30 AM to 12:30 PM. Day 1 focused on understanding road safety regulations, traffic rules, and defensive driving techniques. Mr. Kumar's expertise in motor vehicle regulations and practical tips for safe driving were highly beneficial.



Legal

Day 2 continued with interactive workshops and discussions, addressing specific road safety challenges and promoting responsible driving behaviours among participants. The seminar emphasized the importance of personal responsibility and community awareness in reducing road accidents and promoting safer roads.

Overall, the seminar successfully enhanced participants' life skills in road safety, equipping them with essential knowledge and practical strategies to become responsible and cautious drivers. Participants appreciated the informative sessions and interactive learning environment facilitated by Mr. Kumar.

Photograph of Life Skill Enhancement Seminar on Road Safety




Legal

Brochure of Life Skill Enhancement Seminar on Road Safety



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD
Department of Commerce
in association with
Internal Quality Assurance Cell (IQAC)
organises
Life Skill Enhancement Seminar on Road Safety



Mr. Dileep Kumar
Motor Vehicle Department - RTO, Kollam
6 & 7 August 2019 | Auditorium, RCMAS

Faculty Coordinator
Mr. Ajish V Nair 9895134944

Student Coordinator
Mr. M F Arshin Khan 9947874778

Rajagiri College of Management and Applied Sciences, Rajagiri Valley Rd, Rajagiri Valley P.O, Kakkanad, Kerala - 682 039
0484 295 5270, 9048899924
www.rajagiricollege.edu.in
office@rajagiricollege.edu.in | commerce@rajagiricollege.edu.in

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkanad, Kerala, established in 2005, is under the guidance of the CM Fathers, a religious congregation founded by St. Kuniasse Elias Chavara. Belonging to the Sacred Heart Province of the CMs, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

The Department of Commerce, established in 2005, has rapidly expanded to become a hub of academic excellence and professional training. Initially focused on undergraduate education, offering six UG courses and one PG course. With a robust faculty team of 51 members, the Department of Commerce aims to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extracurricular activities.

Objective:

A practical workshop designed to educate students and professionals on essential road safety practices. Students will foster a deep understanding of safe driving behaviours and accident prevention techniques.

Day 1 (9:30AM - 12:30PM)

Understanding Road Safety Principles,
Overview of road safety and its significance, Learning about essential traffic laws and signals, Techniques for safe driving, including speed management, and Guidelines for pedestrian behavior to ensure safety

Day 2 (9:30AM - 12:30PM)

Practical Application and Emergency Preparedness

Focusing on Strategies for anticipating and avoiding potential road hazards, Ways to advocate for road safety within the community and Developing initiatives to raise awareness and promote road safety in local communities



Legal

Certificate of Life Skill Enhancement Seminar on Road Safety



Legal

**Attendance Statement of Life Skill Enhancement Seminar on
Road Safety (Day 1)**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	06.08.2019
Title of Programme	Life Skill Enhancement Seminar on Road Safety
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Akhil Baiju	B. Com Model II Finance and Taxation	<i>Akhil</i>
2	Ganga Menon	B. Com Model II Finance and Taxation	<i>Ganga</i>
3	Elsa Mary Johnson	B. Com Model II Finance and Taxation	<i>Elsa</i>
4	Rhema Sarah Mathew	B. Com Model II Finance and Taxation	<i>Rhema</i>
5	Ebin Cherian	B. Com Model II Finance and Taxation	<i>Ebin</i>
6	S Neha	B. Com Model II Finance and Taxation	<i>Neha</i>
7	Santhya	B. Com Model II Finance and Taxation	<i>Santhya</i>
8	Devika Dileep	B. Com Model I Finance and Taxation (SF)	<i>Devika</i>
9	Sen Suraj	B. Com Model I Finance and	<i>Sen Suraj</i>



Legal

		Taxation (SF)	
10	Priyadarshini	B. Com Model I Finance and Taxation (SF)	<i>Priya</i>
11	Sreelekshmi R	B. Com Model I Finance and Taxation (SF)	<i>Sreelekshmi</i>
12	Jesil John	B. Com Model I Finance and Taxation (SF)	<i>Jesil</i>
13	Leon George Raju	B. Com Model I Finance and Taxation (SF)	<i>Leon</i>
14	Ludiya Mary Kurian	B. Com Model I Finance and Taxation (SF)	<i>Ludiya</i>
15	Razal A	B. Com Model II Marketing	<i>Razal</i>
16	Visakh P V	B. Com Model II Marketing	<i>Visakh</i>
17	Bhavya Joy	B. Com Model II Marketing	<i>Bhavya</i>
18	Aibel Sony	B. Com Model II Marketing	<i>Aibel</i>
19	Ciciliya Ramju Paul Moyalán	B. Com Model II Marketing	<i>Ciciliya</i>
20	Noyal Sunil	B. Com Model II Marketing	<i>Noyal</i>
21	Mariya Tony	B. Com Model II Logistics Management	<i>Mariya</i>
22	C S Sreekumar	B. Com Model II Logistics Management	<i>Sreekumar</i>
23	Abraham Johns	B. Com Model II Logistics Management	<i>Abraham</i>
24	Rony Sabu	B. Com Model II Logistics Management	<i>Rony</i>
25	Santa Joe Katticareen	B. Com Model II Logistics Management	<i>Santa</i>
26	Tejus Boban	B. Com Model II Logistics Management	<i>Tejus</i>
27	Alex Abraham	B. Com Model II Logistics Management	<i>Alex</i>
28	Ivin Paul	B. Com Model II Logistics Management	<i>Ivin</i>
29	Manu Sebastian	B. Com Model II Logistics Management	<i>Manu</i>
30	Shyam Jacob Sunil	B. Com Model II Logistics Management	<i>Shyam</i>
31	Varghese C Satish	B. Com Model II Logistics Management	<i>Varghese</i>
32	Aswin Saji	B. Com Model I Computer Applications	<i>Aswin</i>
33	Anjana Vinod	B. Com Model I Computer Applications	<i>Anjana</i>



Legal

34	Sanjay Stanly	B. Com Model I Computer Applications	<i>Sanjay</i>
35	Revu B Anna	B. Com Model I Computer Applications	<i>Revu</i>
36	Arjun R S	B. Com Model I Computer Applications	<i>Arjun</i>
37	Aryan Shukla	B. Com Model I Computer Applications	<i>Aryan Shukla</i>
38	Gayathri Syamdas	B. Com Model I Computer Applications	<i>Gayathri</i>
39	M F Arshin Khan	B. Com Model II Computer Applications	<i>Arshin</i>
40	Aby Robin	B. Com Model II Computer Applications	<i>Aby</i>
41	Harunah Ann Varghese	B. Com Model II Computer Applications	<i>Harunah</i>
42	Krishnapriya P	B. Com Model II Computer Applications	<i>Krishnapriya</i>
43	Masoom Siraj	B. Com Model II Computer Applications	<i>Masoom</i>
44	Shyma M S	B. Com Model II Computer Applications	<i>Shyma</i>
45	V Pranav	B. Com Model II Computer Applications	<i>Pranav</i>
46	Anusha Ragesh	B. Com Model II Computer Applications	<i>Anusha Ragesh</i>
47	Jessica Teressa Gomes	B. Com Model II Computer Applications	<i>Jessica</i>

Ms. Arish V. Nair *Arish*

Name of Event Coordinator / Coordinators
with Signature



Legal

**Attendance Statement of Life Skill Enhancement Seminar on
Road Safety (Day 2)**













RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	07.08.2019 (Day 2)
Title of Programme	Life Skill Enhancement Seminar on Road Safety
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Akhil Baiju	B. Com Model II Finance and Taxation	
2	Ganga Menon	B. Com Model II Finance and Taxation	
3	Elsa Mary Johnson	B. Com Model II Finance and Taxation	
4	Rhema Sarah Mathew	B. Com Model II Finance and Taxation	
5	Ebin Cherian	B. Com Model II Finance and Taxation	
6	S Neha	B. Com Model II Finance and Taxation	
7	Santhya	B. Com Model II Finance and Taxation	
8	Devika Dileep	B. Com Model I Finance and Taxation (SF)	
9	Sen Sruaj	B. Com Model I Finance and Taxation (SF)	
10	Priyanshini	B. Com Model I Finance and Taxation (SF)	
11	Sreebhathi R	B. Com Model I Finance and Taxation (SF)	



Legal

		Taxation (SF)	
10	Priyadarshini	B. Com Model I Finance and Taxation (SF)	<i>Priya</i>
11	Sreelekshmi R	B. Com Model I Finance and Taxation (SF)	<i>Sreelekshmi</i>
12	Jesil John	B. Com Model I Finance and Taxation (SF)	<i>Jesil</i>
13	Leon George Raju	B. Com Model I Finance and Taxation (SF)	<i>Leon</i>
14	Ludiya Mary Kurian	B. Com Model I Finance and Taxation (SF)	<i>Ludiya</i>
15	Razal A	B. Com Model II Marketing	<i>Razal</i>
16	Visakh P V	B. Com Model II Marketing	<i>Visakh</i>
17	Bhavya Joy	B. Com Model II Marketing	<i>Bhavya</i>
18	Aibel Sony	B. Com Model II Marketing	<i>Aibel</i>
19	Ciciliya Ramju Paul Moyalan	B. Com Model II Marketing	<i>Ciciliya</i>
20	Noyal Sunil	B. Com Model II Marketing	<i>Noyal</i>
21	Mariya Tony	B. Com Model II Logistics Management	<i>Mariya</i>
22	C S Sreekumar	B. Com Model II Logistics Management	<i>Sreekumar</i>
23	Abraham Johns	B. Com Model II Logistics Management	<i>Abraham</i>
24	Rony Sabu	B. Com Model II Logistics Management	<i>Rony</i>
25	Santa Joe Katticareen	B. Com Model II Logistics Management	<i>Santa</i>
26	Tejus Boban	B. Com Model II Logistics Management	<i>Tejus</i>
27	Alex Abraham	B. Com Model II Logistics Management	<i>Alex</i>
28	Ivin Paul	B. Com Model II Logistics Management	<i>Ivin</i>
29	Manu Sebastian	B. Com Model II Logistics Management	<i>Manu</i>
30	Shyam Jacob Sunil	B. Com Model II Logistics Management	<i>Shyam</i>
31	Varghese C Satish	B. Com Model II Logistics Management	<i>Varghese</i>
32	Aswin Saji	B. Com Model I Computer Applications	<i>Aswin</i>
33	Anjana Vinod	B. Com Model I Computer Applications	<i>Anjana</i>



Legal




34	Sanjay Stanly	B. Com Model I Computer Applications	<i>Sanjay</i>
35	Revu B Anna	B. Com Model I Computer Applications	<i>Revu</i>
36	Arjun R S	B. Com Model I Computer Applications	<i>Arjun</i>
37	Aryan Shukla	B. Com Model I Computer Applications	<i>Aryan Shukla</i>
38	Gayathri Syamdas	B. Com Model I Computer Applications	<i>Gayathri</i>
39	M F Arshin Khan	B. Com Model II Computer Applications	<i>Arshin</i>
40	Aby Robin	B. Com Model II Computer Applications	<i>Aby</i>
41	Hannah Ann Varghese	B. Com Model II Computer Applications	<i>Hannah</i>
42	Krishnapriya P	B. Com Model II Computer Applications	<i>Krishnapriya</i>
43	Masoom Siraj	B. Com Model II Computer Applications	<i>Masoom</i>
44	Shyama M S	B. Com Model II Computer Applications	<i>Shyama</i>
45	V Pranav	B. Com Model II Computer Applications	<i>Pranav</i>
46	Anusha Ragesh	B. Com Model II Computer Applications	<i>Anusha Ragesh</i>
47	Jessica Teressa Gomes	B. Com Model II Computer Applications	<i>Jessica</i>

Ms. Anish V. Nair *Anish*

Name of Event Coordinator / Coordinators
with Signature



Legal

Report submitted by	Mr. M F Arshin Khan, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Mr. Ajish V Nair, Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

09 August 2019



Fr. A.J. Saviance CMI

PRINCIPAL

Principal

Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039

25. Seminar on Green Entrepreneurship: Life Skill Development Initiative

Programme	Seminar on Green Entrepreneurship: Life Skill Development Initiative
Date	25 November 2019 to 26 November 2019
No. of Participants	38 Students
Resource Person	Mr. Bittu John K, Aeronautical Engineer Social Entrepreneur
Outcome	Conducted on 25-26 November 2019, this seminar led by Mr. Bittu John K focused on sustainable business practices. With 38 participants, discussions highlighted environmental stewardship, innovative business models, and practical steps towards eco-friendly entrepreneurship. Attendees gained insights into integrating sustainability into entrepreneurial ventures, fostering a mindset for responsible business practices.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Maria Athira Shalet, Assistant Professor, RCMAS
Student in charge	Ms. Zoon Basheer, Department of Commerce

The seminar on "Green Entrepreneurship: Life Skill Development Initiative" was conducted on 25 and 26 November 2019 in the Conference Hall. Organized by Ms. Maria Athira Shallet, Assistant Professor at RCMAS, and coordinated by Mr. Amblin Varghese, the seminar attracted 38 participants.

Mr. Bittu John K, an Aeronautical Engineer and Social Entrepreneur, served as the resource person for both days, conducting sessions from 10:30 AM to 12:00 PM. Day 1 focused on the fundamentals of green entrepreneurship, emphasizing sustainable business practices and



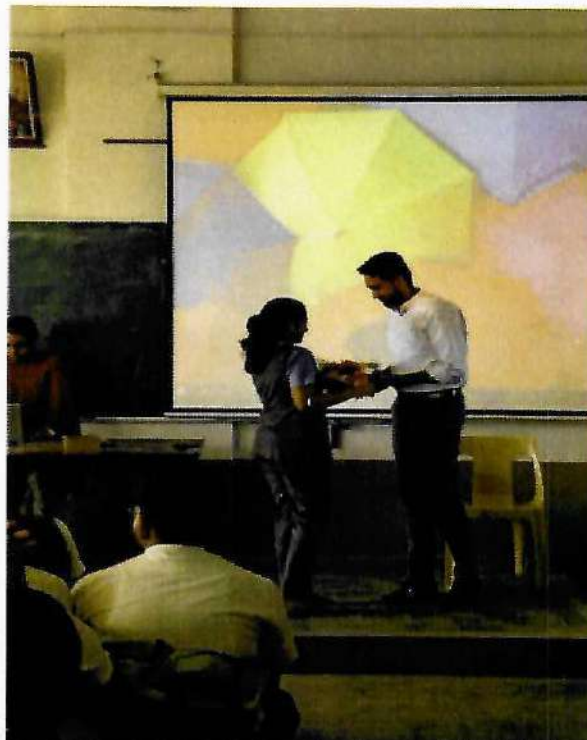
Legal

environmental conservation. Mr. Bittu John K shared his experiences and insights into launching successful green initiatives.

Day 2 continued with practical workshops and case studies, exploring innovative ideas and opportunities in the field of green entrepreneurship. Participants actively engaged in discussions and activities, gaining valuable knowledge and skills to develop sustainable business models.

Overall, the seminar provided a comprehensive platform for participants to explore and enhance their understanding of green entrepreneurship, guided by Mr. Bittu John K's expertise and real-world examples. Attendees appreciated the practical insights and opportunities to network with like-minded individuals in the field.

Photograph of Seminar on Green Entrepreneurship: Life Skill Development Initiative



Legal

**Poster of Seminar on Green Entrepreneurship: Life Skill
Development Initiative**



RCMAS

RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCE

Department of Commerce

In Association with IQAC

Seminar

**Green Entrepreneurship:
Life Skill Development Initiative**



RESOURCE PERSON

**Mr. Bittu John K,
Aeronautical Engineer Social Entrepreneur**

 25.11.2019 to 26.11.2019

 Conference Hall

Faculty coordinator

Ms. Maria Athira Shallet 9400625340

Student coordinator

Ms.Zoona Basheer 9074806926





Brochure of Seminar on Green Entrepreneurship: Life Skill Development Initiative




RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES
KAKKANAD
 Department of commerce
 In association with
Internal Quality Assurance Cell (IQAC)
 Seminar on Green Entrepreneurship
 Life Skill Development Initiative


Mr. Bittu John K
 Aeronautical Engineer-Social Entrepreneurs

Faculty Coordinator:
 Ms. Maria Athira Shalith
 840623540
 Rajagiri College of Management and Applied Sciences,
 Rajagiri Valley P.O., Rajagiri Valley P.O., Kakkannad, Kerala - 682 039
 ☎ 0484 295 5270, 0484 295 3226 🌐 <https://www.rajagiricollege.edu.in>
 📧 office@rajagiricollege.edu.in

Student Coordinator:
 Ms. Zeeba Basheer
 9074806928

Cultivated innovative thinking for sustainable business models in participants
25 & 26 November 2022 / conference hall ,RCMAS

Dear Sir/Madam,

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2008, is under the guidance of the CMAI Fathers, a religious congregation founded by St. Kurienkhan Elise-Chavez. Belonging to the Eccard Heart Province of the CMAI, the college is driven by the motto "Learn, Serve, Save" and aims to enhance the moral, social, and rational formation of its students.

DEPARTMENT OF COMMERCE
Department Profile
About the Department

The Department of Commerce, established in 2008, has rapidly expanded to become a hub of academic excellence and professional training. It offers a range of undergraduate education, offering a list of courses and an IQAC system with a total faculty team of 23 members. The Department of Commerce aims to enhance research opportunities, promote the community, and promote holistic development through various co-curricular and extra-curricular activities.

11. Vision of the Department:
To empower our students with knowledge, skills and ethical grounding to excel in the global economy.

Mission of the Department:

DAY 1 (10:30 am to 12:00pm)

focused on the fundamentals of green entrepreneurship, highlighting sustainable business practices and the importance of environmental responsibility. Mr. John shared his experiences and insights on starting and managing eco-friendly ventures.



DAY 2 (10:30am to 12:00pm)

featured interactive discussions and practical activities aimed at developing entrepreneurial skills with a green focus. Participants explored various green business ideas and strategies for implementing sustainability in their projects.




Objective:
The seminar was well-received, providing valuable knowledge and inspiration for aspiring green entrepreneurs. Participants appreciated Mr. John's expertise and the seminar's emphasis on practical, sustainable business practices.



Legal

**Certificate of Seminar on Green Entrepreneurship: Life Skill
Development Initiative**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
Kakkanad

Certificate of Participation

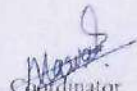
This is to certify that

Danya Ajith - B.Com Model II Computer Applications
has actively participated in the **Entrepreneurship Skill
Development** programme titled

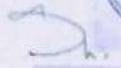
Seminar on Green Entrepreneurship : Life Skill Development Initiative
organised by


Department of Commerce

from 25.11.2019 to 26.11.2019


Coordinator


Head of the Department


Principal



Legal

**Attendance Statement of Seminar on Green Entrepreneurship:
Life Skill Development Initiative (Day 1)**



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	25.11.2019 to 26.11.2019
Title of Programme	Seminar on Green Entrepreneurship: Life Skill Development Initiative
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Conference Hall

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Zoona Basheer	B. Com Model II Finance and Taxation	<i>Zoona</i>
2	V Padmini	B. Com Model II Finance and Taxation	<i>V. Padmini</i>
3	Thulasi Jayaprakash	B. Com Model II Finance and Taxation	<i>Thulasi</i>
4	Sreeshankar B Pulickal	B. Com Model II Finance and Taxation	<i>Sreeshankar</i>
5	Rohith Vinod	B. Com Model II Finance and Taxation	<i>Rohith</i>
6	Athulya Mariya Manu	B. Com Model I Finance and Taxation (SF)	<i>Athulya Mariya</i>
7	Athira V S	B. Com Model I Finance and Taxation (SF)	<i>Athira</i>
8	Cherin John	B. Com Model I Finance and	<i>Cherin John</i>



Legal

		Taxation (SF)	
9	Fathima Filwa	B. Com Model I Finance and Taxation (SF)	<i>Fathima</i>
10	Divya Ann Varghese	B. Com Model I Finance and Taxation (SF)	<i>Divya</i>
11	Jeebu Krishna	B. Com Model II Marketing	<i>Jeebu Krishna</i>
12	Marwa Muhammed Sageer	B. Com Model II Marketing	<i>Marwa</i>
13	Midhun Pradeep	B. Com Model II Marketing	<i>Midhun</i>
14	Neha Ann Thomas	B. Com Model II Marketing	<i>Neha</i>
15	Roopasree S	B. Com Model II Marketing	<i>Roopasree</i>
16	M F Arshin Khan	B. Com Model II Logistics Management	<i>M F Arshin</i>
17	Paulu Tharakan Parayil	B. Com Model II Logistics Management	<i>Paulu</i>
18	Reniya Nazrine	B. Com Model II Logistics Management	<i>Reniya</i>
19	Vineeth Kumar J	B. Com Model II Logistics Management	<i>Vineeth Kumar</i>
20	Sanjay T R	B. Com Model II Logistics Management	<i>Sanjay</i>
21	John Sonny	B. Com Model II Logistics Management	<i>John Sonny</i>
22	Grego Polly	B. Com Model II Logistics Management	<i>Grego</i>
23	John Keynes Stevenson	B. Com Model II Logistics Management	<i>John</i>
24	Avirag Mohan	B. Com Model I Computer Applications	<i>Avirag</i>
25	Anirudh C B	B. Com Model I Computer Applications	<i>Anirudh</i>
26	Hisham Majeed M S	B. Com Model I Computer Applications	<i>Hisham</i>
27	Karthika T S	B. Com Model I Computer Applications	<i>Karthika</i>
28	Manuel Kannat	B. Com Model I Computer Applications	<i>Manuel</i>
29	Anna Lal	B. Com Model II Computer Applications	<i>Anna Lal</i>
30	Aneesha Shaji	B. Com Model II Computer Applications	<i>Aneesha</i>
31	Divya Ajith	B. Com Model II Computer Applications	<i>Divya</i>



Legal

32	Gautam Govind	B. Com Model II Computer Applications	<i>Gautam Govind</i>
33	Jagannath Jeevan	B. Com Model II Computer Applications	<i>Jagannath Jeevan</i>
34	Rachel Niman	B. Com Model II Computer Applications	<i>Rachel</i>
35	Renuka V	B. Com Model II Computer Applications	<i>Renuka</i>
36	Shaan Korah Jacob	B. Com Model II Computer Applications	<i>Shaan</i>
37	Rithika Rajeev	B. Com Model II Computer Applications	<i>Rithika</i>
38	Shane Samuel	B. Com Model II Computer Applications	<i>Shane</i>

Ms. Manica Athira Shallet. *Manica*

Name of Event Coordinator / Coordinators with Signature



Legal

**Attendance Statement of Seminar on Green Entrepreneurship:
Life Skill Development Initiative (Day 2)**

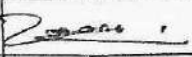
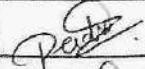



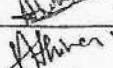
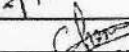



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	26.11.2019 (Day - 2)
Title of Programme	Seminar on Green Entrepreneurship: Life Skill Development Initiative
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Conference Hall

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Zoona Basheer	B. Com Model II Finance and Taxation	
2	V Padmini	B. Com Model II Finance and Taxation	
3	Thulasi Jayaprakash	B. Com Model II Finance and Taxation	
4	Sreeshankar B Pulickal	B. Com Model II Finance and Taxation	
5	Rohith Vinod	B. Com Model II Finance and Taxation	
6	Athulya Mariya Manu	B. Com Model I Finance and Taxation (SF)	
7	Athira VS	B. Com Model I Finance and Taxation (SF)	
8	Cherin John	B. Com Model I Finance and Taxation (SF)	



Legal

		Taxation (SF)	
9	Fathima Filwa	B. Com Model I Finance and Taxation (SF)	<i>Fathima</i>
10	Divya Ann Varghese	B. Com Model I Finance and Taxation (SF)	<i>Divya</i>
11	Jeebu Krishna	B. Com Model II Marketing	<i>Jeebu Krishna</i>
12	Marwa Muhammed Sageer	B. Com Model II Marketing	<i>Marwa</i>
13	Midhun Pradeep	B. Com Model II Marketing	<i>Midhun</i>
14	Neha Ann Thomas	B. Com Model II Marketing	<i>Neha</i>
15	Roopasree S	B. Com Model II Marketing	<i>Roopasree</i>
16	M F Arshin Khan	B. Com Model II Logistics Management	<i>A</i>
17	Paulu Tharakan Parayil	B. Com Model II Logistics Management	<i>Paulu</i>
18	Reniya Nazrine	B. Com Model II Logistics Management	<i>Reniya</i>
19	Vineeth Kumar J	B. Com Model II Logistics Management	<i>Vineeth Kumar</i>
20	Sanjay T R	B. Com Model II Logistics Management	<i>Sanjay</i>
21	John Sonny	B. Com Model II Logistics Management	<i>John Sonny</i>
22	Grego Polly	B. Com Model II Logistics Management	<i>Grego</i>
23	John Keynes Stevenson	B. Com Model II Logistics Management	<i>John</i>
24	Avirag Mohan	B. Com Model I Computer Applications	<i>Avirag</i>
25	Anirudh C B	B. Com Model I Computer Applications	<i>Anirudh</i>
26	Hisham Majeed M S	B. Com Model I Computer Applications	<i>Hisham</i>
27	Karthika T S	B. Com Model I Computer Applications	<i>Karthika</i>
28	Manuel Karnat	B. Com Model I Computer Applications	<i>Manuel</i>
29	Anna Lal	B. Com Model II Computer Applications	<i>Anna Lal</i>
30	Aneesha Shaji	B. Com Model II Computer Applications	<i>Aneesha</i>
31	Divya Ajith	B. Com Model II Computer Applications	<i>Divya</i>



Legal

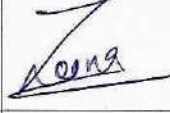


32	Gautam Govind	B. Com Model II Computer Applications	<i>Gautam Govind</i>
33	Jagannath Jeevan	B. Com Model II Computer Applications	<i>Jagannath Jeevan</i>
34	Rachel Ninan	B. Com Model II Computer Applications	<i>Rachel</i>
35	Renuka V	B. Com Model II Computer Applications	<i>Renuka</i>
36	Shaan Korah Jacob	B. Com Model II Computer Applications	<i>Shaan</i>
37	Rithika Rajeev	B. Com Model II Computer Applications	<i>Rithika</i>
38	Shane Samuel	B. Com Model II Computer Applications	<i>Shane</i>

Ms. Mania Athusa Shallet. *Mania*

Name of Event Coordinator / Coordinators with Signature



Legal

Report submitted by	Ms. Zoon Basheer, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Maria Athira Shalet, Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HOD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

28 November 2019





Fr. A.J. Saviance CMI

PRINCIPAL

Principal

Rajagiri College of Management & Applied Sciences
Rajagiri Valley, P. O., Kakkanad - 682 039

26. Workshop on Physical Fitness and Wellness: Drug-Free Living

Programme	Workshop on Physical Fitness and Wellness: Drug-Free Living
Date	22 January 2020 to 23 January 2020
No. of Participants	42 Students
Resource Person	Ms Anita Sumin Joy, Consultant Psychologist, Sunrise Hospital
Outcome	Held on 22-23 January 2020, this workshop engaged 42 participants in discussions led by Ms. Anita Sumin Joy. Attendees explored strategies for maintaining drug-free lifestyles and enhancing physical well-being through practical sessions. Participants gained insights into holistic health approaches, promoting sustainable habits for long-term wellness.
Organized by	Department of Commerce, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Mary Antony, HoD and Assistant Professor, RCMAS
Student in charge	Ms. Namitha Johnson, Department of Commerce

The workshop on "Physical Fitness and Wellness: Drug-Free Living" was conducted on 22 and 23 January 2020 in the College Auditorium. Organized by Ms. Mary Antony, HoD and Assistant Professor at RCMAS, and coordinated by Ms. Namitha Johnson, the workshop attracted 42 participants.

Ms. Anita Sumin Joy, Consultant Psychologist from Sunrise Hospital, served as the resource person for the workshop. Day 1, from 9:30 AM to 12:00 PM, focused on the importance of physical fitness and the detrimental effects of substance abuse on overall health and well-being. Ms. Joy provided insights into addiction prevention and strategies for maintaining a drug-free lifestyle.





Day 2, from 10:30 AM to 1:30 PM, continued with practical sessions on fitness routines, healthy living habits, and personalized wellness plans. Participants engaged in exercises and discussions aimed at promoting physical and mental well-being.

The workshop was highly beneficial, equipping participants with knowledge and skills to adopt a healthy lifestyle free from substance dependency. Attendees appreciated Ms. Anita Sumin Joy's expertise and the workshop's emphasis on holistic wellness practices.

**Photograph of Workshop on Physical Fitness and Wellness:
Drug-Free Living**



Brochure of Seminar on Green Entrepreneurship: Life Skill Development Initiative



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

Faculty coordinator:
Ms. Mary Antony 9447830300

Internal coordinator:
Ms. Reshmi Varma


Rajagiri College of Management and Applied Sciences, Rajagiri Valley P.O., Kakkannad, Kerala - 682 039

T: 0484 2955270, 9447830300 www.rajagiricollege.edu.in
e: principal@rajagiricollege.edu.in / admin@rajagiricollege.edu.in

RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Department of Commerce
in association with
Internal Quality Assurance Cell (IQAC)
organises

Workshop: Physical Fitness and Wellness -
Drug-Free Living



Ms. Anita Suman Joy
Consultant Psychologist, Sunrise Hospital

A two day seminar to Educate participants on wellness practices that enhance overall health and resilience

22 & 23 January 2020 | Auditorium, RCMAS

About The College

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2005, is under the guidance of the CMI Fathers, a religious congregation founded by St. Kurakose Elias Chavara. Belonging to the Sacred Heart Province of the CMI, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and rational foundation of its students.

About The Department

The Department of Commerce, established in 2005, has rapidly expanded to become a hub of academic excellence and professional training. Initially focused on undergraduate education, offering six UG courses and one PG course. With a robust faculty team of 31 members. The Department of Commerce aims to enhance research capabilities, innovate its curriculum, and promote holistic development through various co-curricular and extracurricular activities.

Objective

Drug-Free Living: Physical Fitness and Wellness Workshop is a practical seminar designed to equip students and professionals with the knowledge and skills for a healthy, drug-free lifestyle. Combining fitness strategies with wellness education, this workshop fosters holistic well-being.

Day 1 (9:30AM - 12:00PM)

Understanding Physical Fitness and Healthy Living

Introduction to the importance of physical fitness, Exploring various fitness strategies and their benefits as well as Developing personalized fitness plans and wellness goals

Day 2 (10:00AM - 1:30PM)

Substance Abuse and its Impact

An Overview of substance abuse and its effects on physical and mental health, Understanding the risks and consequences of drug and alcohol use and Strategies for maintaining a drug-free lifestyle



Legal

**Certificate of Workshop on Physical Fitness and Wellness:
Drug-Free Living**



RCMAS

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

Kakkanad

CERTIFICATE OF PARTICIPATION

This is to certify that

Riya Philip, B. Com Model I Computer Applications

has actively participated in the **Life Skill Development**
programme titled

Workshop on Physical Fitness and Wellness : Drug - Free Living
organised by

Department of Commerce

from 22.01.2020 to 23.01.2020

Mary
Coordinator

Mary
Head of the Department



[Signature]
Principal



[Signature]

Attendance Statement of Workshop on Physical Fitness and Wellness: Drug-Free Living (Day 1)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	22.01.2020 to 23.01.2020
Title of Programme	Workshop on Physical Fitness and Wellness : Drug-Free Living
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Akshaydas CG	B. Com Model II Marketing	<i>Akshaydas</i>
2	Ansa Grace Jacob	B. Com Model II Marketing	<i>Ansa</i>
3	Ciciliya Ranju Paul Moyalal	B. Com Model II Marketing	<i>Ciciliya</i>
4	Fardeen Muhammed	B. Com Model II Marketing	<i>Fardeen</i>
5	Fidan Ahammed	B. Com Model II Marketing	<i>Fidan</i>
6	Gokul Krishna N. R.	B. Com Model II Marketing	<i>Gokul</i>
7	M J Mohammed Yazin	B. Com Model II Marketing	<i>Yazin</i>
8	M. N Mohamed Zayan	B. Com Model II Marketing	<i>Zayan</i>
9	Mariam Jomy	B. Com Model II Marketing	<i>Mariam Jomy</i>
10	Muhammed Althaf KJ	B. Com Model II Marketing	<i>Althaf</i>
11	Mariya Bastian	B. Com Model I Computer Applications	<i>Mariya</i>



Legal

12	Monica Shaju	B. Com Model I Computer Applications	<i>Monica Shaju</i>
13	Nidha A Rahiman	B. Com Model I Computer Applications	<i>Nidha</i>
14	Razdan Fazal	B. Com Model I Computer Applications	<i>Razdan</i>
15	Revu B Anna	B. Com Model I Computer Applications	<i>Revu</i>
16	Riya Philip	B. Com Model I Computer Applications	<i>Riya</i>
17	Rizwan Fazal	B. Com Model I Computer Applications	<i>Rizwan</i>
18	Sarath Babu	B. Com Model I Computer Applications	<i>Sarath</i>
19	Steve Paiva	B. Com Model I Computer Applications	<i>Steve Paiva</i>
20	Vivek Nath V	B. Com Model I Computer Applications	<i>Vivek</i>
21	Bijo John Alias	B. Com Model II Computer Applications	<i>Bijo</i>
22	Gopika Krishnan	B. Com Model II Computer Applications	<i>Gopika</i>
23	Gracy Mary Jose	B. Com Model II Computer Applications	<i>Gracy Mary</i>
24	Hiba Maryam Ansar	B. Com Model II Computer Applications	<i>Hiba</i>
25	Jessica Teressa Gomes	B. Com Model II Computer Applications	<i>Jessica</i>
26	Keneth Samuel Santhosh	B. Com Model II Computer Applications	<i>Keneth</i>
27	Manu Krishna	B. Com Model II Computer Applications	<i>Manu</i>
28	Mohammed Ismail I A	B. Com Model II Computer Applications	<i>Ismail</i>
29	Muhammed Suffiyan	B. Com Model II Computer Applications	<i>Suffiyan</i>
30	Namitha Johnson	B. Com Model II Computer Applications	<i>Namitha</i>
31	Mohammed Vazeem	B. Com Model I Finance and Taxation (SF)	<i>Vazeem</i>
32	Muhammed Rameez A M	B. Com Model I Finance and Taxation (SF)	<i>Rameez</i>
33	Niba Ann Philip	B. Com Model I Finance and	<i>Niba Ann</i>



Legal

		Taxation (SF)	
34	Pranav Jothi Kumar	B. Com Model I Finance and Taxation (SF)	<i>Pranav</i>
35	Risa Rafy	B. Com Model I Finance and Taxation (SF)	<i>Risa</i>
36	Rohit Varghese	B. Com Model I Finance and Taxation (SF)	<i>Rohit</i>
37	Sara Koshy	B. Com Model I Finance and Taxation (SF)	<i>Sara</i>
38	Mary Rose T Tony	B. Com Model I Finance and Taxation (SF)	<i>Mary Rose</i>
39	Shyam Sidharth	B. Com Model I Finance and Taxation (SF)	<i>Shyam</i>
40	Steevanson E T	B. Com Model I Finance and Taxation (SF)	<i>Steevanson</i>
41	Yedha Krishnan T S	B. Com Model I Finance and Taxation (SF)	<i>Yedha</i>
42	Roshan Varghese	B. Com Model I Finance and Taxation (SF)	<i>Roshan</i>

Mary
Ms. Mary Anthony.

Name of Event Coordinator/ Coordinators with Signature



Legal




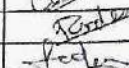

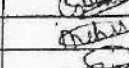
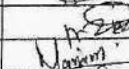




Attendance Statement of Workshop on Physical Fitness and Wellness: Drug-Free Living (Day 2)



RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

Date	23.01.2020 (Day - 2)
Title of Programme	Workshop on Physical Fitness and Wellness : Drug-Free Living
Department/Organising Cell	Department of Commerce in association with Internal Quality Assurance Cell (IQAC)
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Akshaydas CG	B. Com Model II Marketing	
2	Ansa Grace Jacob	B. Com Model II Marketing	
3	Ciciliya Ranju Paul Moyalan	B. Com Model II Marketing	
4	Fardeen Muhammed	B. Com Model II Marketing	
5	Fidan Ahammed	B. Com Model II Marketing	
6	Gokul Krishna N. R.	B. Com Model II Marketing	
7	M J Mohammed Yazin	B. Com Model II Marketing	
8	M. N Mohamed Zayan	B. Com Model II Marketing	
9	Mariam Jomy	B. Com Model II Marketing	
10	Muhammed Althaf KJ	B. Com Model II Marketing	
11	Mariya Bastian	B. Com Model I Computer Applications	



Legal

12	Monica Shaju	B. Com Model I Computer Applications	<i>Monica Shaju</i>
13	Nidha A Rahiman	B. Com Model I Computer Applications	<i>Nidha</i>
14	Razdan Fazal	B. Com Model I Computer Applications	<i>Razdan</i>
15	Revu B Anna	B. Com Model I Computer Applications	<i>Revu</i>
16	Riya Philip	B. Com Model I Computer Applications	<i>Riya</i>
17	Rizwan Fazal	B. Com Model I Computer Applications	<i>Rizwan</i>
18	Sarath Babu	B. Com Model I Computer Applications	<i>Sarath</i>
19	Steve Paiva	B. Com Model I Computer Applications	<i>Steve Paiva</i>
20	Vivek Nath V	B. Com Model I Computer Applications	<i>Vivek</i>
21	Bijo John Alias	B. Com Model II Computer Applications	<i>Bijo</i>
22	Gopika Krishnan	B. Com Model II Computer Applications	<i>Gopika</i>
23	Gracy Mary Jose	B. Com Model II Computer Applications	<i>Gracy Mary</i>
24	Hiba Maryam Ansar	B. Com Model II Computer Applications	<i>Hiba</i>
25	Jessica Teressa Gomes	B. Com Model II Computer Applications	<i>Jessica</i>
26	Keneth Samuel Santhosh	B. Com Model II Computer Applications	<i>Keneth</i>
27	Manu Krishna	B. Com Model II Computer Applications	<i>Manu</i>
28	Mohammed Ismail I A	B. Com Model II Computer Applications	<i>Ismail</i>
29	Muhammed Suffiyan	B. Com Model II Computer Applications	<i>Suffiyan</i>
30	Namitha Johnson	B. Com Model II Computer Applications	<i>Namitha</i>
31	Mohammed Vazeem	B. Com Model I Finance and Taxation (SF)	<i>VAZEEM</i>
32	Muhammed Rameez A M	B. Com Model I Finance and Taxation (SF)	<i>Rameez</i>
33	Niba Ann Philip	B. Com Model I Finance and	<i>Niba Ann</i>



Legal

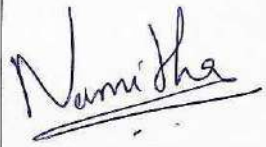
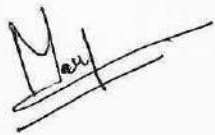

		Taxation (SF)	
34	Pranav Jothi Kumar	B. Com Model I Finance and Taxation (SF)	<i>Pranav</i>
35	Risa Rafy	B. Com Model I Finance and Taxation (SF)	<i>Risa</i>
36	Rohit Varghese	B. Com Model I Finance and Taxation (SF)	<i>Rohit</i>
37	Sara Koshy	B. Com Model I Finance and Taxation (SF)	<i>Sara</i>
38	Mary Rose T Tony	B. Com Model I Finance and Taxation (SF)	<i>Mary Rose</i>
39	Shyam Sidharth	B. Com Model I Finance and Taxation (SF)	<i>Shyam</i>
40	Steevanson E T	B. Com Model I Finance and Taxation (SF)	<i>Steevanson</i>
41	Yedhu Krishnan T S	B. Com Model I Finance and Taxation (SF)	<i>Yedhu</i>
42	Roshan Varghese	B. Com Model I Finance and Taxation (SF)	<i>Roshan</i>

Mary
Ms. Mary Antony.

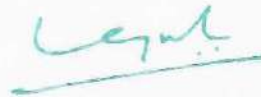
Name of Event Coordinator/ Coordinators with Signature



Legal

Report submitted by	Ms. Namitha Johnson, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Coordinated by	Ms. Mary Antony, HoD and Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	
Approved by	Ms. Mary Antony, HoD & Assistant Professor, Department of Commerce, Rajagiri College of Management and Applied Sciences, Kakkanad	

25 January 2020





Fr. A.J. Saviance CMI

PRINCIPAL

Principal

Rajagiri College of Management & Applied Sciences

Rajagiri Valley. P. O., Kakkanad - 682 039



27. Seminar on Crafting Stories and Shaping News: Creative Entrepreneurship

Programme	Seminar on Creative Entrepreneurship: Crafting stories and Shaping News
Date	19 February 2020 to 20 February 2020
No. of Participants	27 Students
Resource Person	Mr. Pramod Raman, Manorama News, Kochi
Outcome	The seminar explored the evolving landscape of journalism in the digital age through the lens of creativity and entrepreneurship. It inspired participants to understand the intersection of storytelling, news shaping, and entrepreneurial skills as critical components for success in modern media.
Organized by	Department of English, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39, Kerala
Faculty in charge	Ms. Manju R Menon, Assistant Professor, Department of English
Student in charge	Ms. Dona Kenny, BAE VI Semester, Department of English

The Department of English at Rajagiri College of Management and Applied Sciences organized a workshop on Creative Entrepreneurship – Crafting Stories and Shaping News on 19th and 20th February 2020. The seminar highlighted the importance of creativity in journalism, emphasizing how innovative storytelling can captivate audiences in an increasingly competitive media environment. It provided insights into entrepreneurial strategies tailored to journalism, focusing on how journalists can leverage digital platforms and multimedia tools to enhance their storytelling capabilities and build sustainable media ventures. A total of 27 students participated in the seminar. The workshop benefited from the expertise of Mr. Pramod Raman, Manorama News, Kochi.



Manju R Menon

The participants gained valuable insights and practical skills that enriched their understanding of creative entrepreneurship in journalism. They learned to integrate innovative storytelling techniques and multimedia tools into their professional practices, enhancing their ability to adapt to the evolving demands of digital journalism. Networking opportunities facilitated meaningful exchanges among participants, speakers, and industry experts, fostering a community committed to advancing creative and ethical journalism practices.

The organizing committee extends sincere appreciation to Mr. Pramod for his invaluable contributions. Special thanks to Ms. Manju R Menon, and the student coordinator, Ms. Dona Kenny, for their dedicated efforts in ensuring the success of the seminar. The seminar successfully achieved its objectives by providing a platform for exploring the dynamic intersection of creativity, entrepreneurship, and journalism.

**Photographs of Seminar on Crafting Stories and Shaping
News: Creative Entrepreneurship**




Legal

Photographs of Seminar on Crafting Stories and Shaping News: Creative Entrepreneurship




Legal

Brochure of Seminar on Crafting Stories and Shaping News: Creative Entrepreneurship



Faculty Coordinator :
Ms. Manju R Menon
944687462


Student Coordinator :
Dona Kenny
7645218066



**RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES
KAKKANAD**

DEPARTMENT OF ENGLISH
in association with
INTERNAL QUALITY ASSURANCE CELL (IQAC)
organises

**SEMINAR ON CRAFTING STORIES AND SHAPING NEWS:
CREATIVE ENTREPRENEURSHIP**



Resource Person
MR. PRAMOD RAMAN
Manorama News, Kochi

Rajagiri College Of Management and Applied Sciences, Rajagiri Valley Rd, Kakkannad, Kerala 682038

Website: www.rajagiri.edu.in
Email: principal@rajagiri.edu.in
Phone: [04842955270](tel:04842955270)

Auditorium **18 & 19 February 2025**

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2006, is under the guidance of the CMU Fathers, a religious congregation founded by St. Kuriakose Elias Chavara. Belonging to the Sacred Heart Province of the CMU, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance the moral, social, and national foundation of its students.

The Department of English, established in 2015, is dedicated to equipping students with essential skills in Language, Communication, and Journalism. We are proud to announce that we will be hosting a special event "Crafting Stories and Shaping News: Creative Entrepreneurship". The event will take place on 18 & 19 February 2025.

The objective of this seminar is to enhance participants' skills in storytelling and journalism while fostering creative entrepreneurship. Through expert-led sessions and interactive activities, attendees will learn to craft compelling narratives and shape impactful news stories, preparing them for successful careers in the media and communication industries.

DAY 1 (10:30 AM - 12:30 PM)
INTRODUCTION TO NEWS WRITING AND THE FUNCTIONS OF NEWS DESK AND BUREAU

Participants will learn the basics of news writing, including important techniques for creating clear and engaging news stories. The session will also explain the roles and tasks of the news desk and bureau, helping everyone understand how a news organization works.

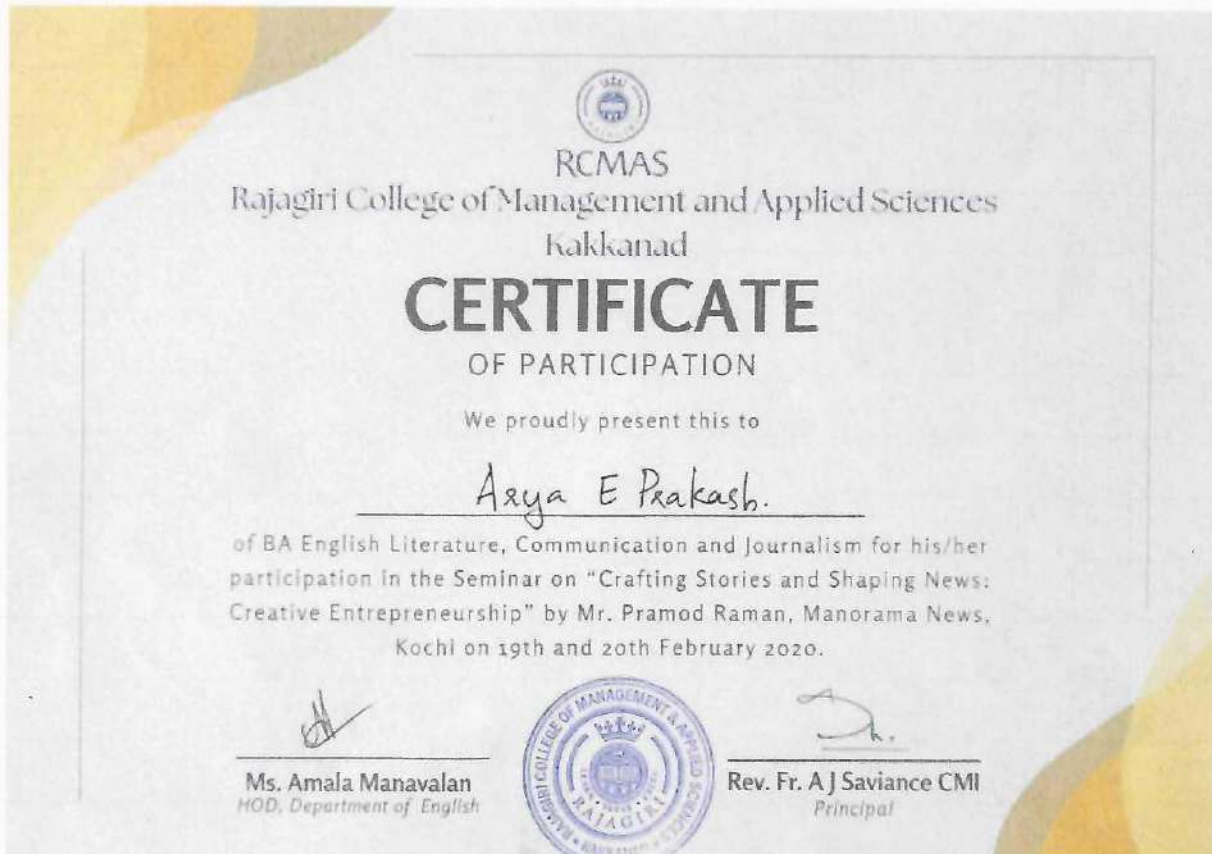
DAY 2 (10:00 AM - 12:00 PM)
A MOCK NEWS WRITING SESSION AND EVALUATION

On the second day, participants will take part in a mock news writing session, where they will write news articles based on given scenarios. Afterward, instructors will review the articles and provide feedback, pointing out strengths and areas that need improvement.



Legal

**Certificate of Seminar on Crafting Stories and Shaping News:
Creative Entrepreneurship**



Legal

Attendance Statement of Seminar on Crafting Stories and Shaping News: Creative Entrepreneurship (Day 1)


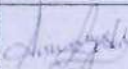


RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	19.02.2020 (Day 1)
Title of Programme	Seminar on Crafting Stories and Shaping Views: Creative Entrepreneurship
Department/Organising Cell	Department Of English in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aarsha B S	BA English Literature, Communication and Journalism (Triple Main)	
2	Aiswaryalakshmi Menon	BA English Literature, Communication and Journalism (Triple Main)	



Legal

3	Akshaya T S	BA English Literature, Communication and Journalism (Triple Main)	<i>Akshaya</i>
4	Ameya Rajarishi	BA English Literature, Communication, and Journalism (Triple Main)	<i>Ameya</i>
5	Archana Vijay	BA English Literature, Communication and Journalism (Triple Main)	<i>Archana</i>
6	Arya E Prakash	BA English Literature, Communication and Journalism (Triple Main)	<i>Arya</i>
7	Athul Krishna K S	BA English Literature, Communication and Journalism (Triple Main)	<i>Athul</i>
8	Athulya S	BA English Literature, Communication and Journalism (Triple Main)	<i>Athulya</i>
9	Dhania Reem Shafiq	BA English Literature, Communication and Journalism (Triple Main)	<i>Dhania</i>
10	Dona Kenny	BA English Literature, Communication and Journalism (Triple Main)	<i>Dona Kenny</i>
11	Drisya A R	BA English Literature, Communication and Journalism (Triple Main)	<i>Drisya</i>
12	Fia Ann Jose	BA English Literature, Communication and Journalism (Triple Main)	<i>Fia Ann Jose</i>




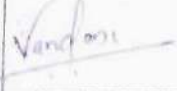


Legal

13	Gowthamy Manohar	BA English Literature, Communication and Journalism (Triple Main)	<i>Gowthamy</i>
14	Gurupriya Raju	BA English Literature, Communication and Journalism (Triple Main)	<i>Gurupriya</i>
15	Jyothis Josekutty	BA English Literature, Communication and Journalism (Triple Main)	<i>Jyothis</i>
16	Mariya Sajeev	BA English Literature, Communication and Journalism (Triple Main)	<i>Mariya Sajeev</i>
17	Megha Muraly M	BA English Literature, Communication and Journalism (Triple Main)	<i>Megha M</i>
18	Nayanthaara Menon	BA English Literature, Communication and Journalism (Triple Main)	<i>Nayanthaara</i>
19	Pratheeksha Susan Jacob	BA English Literature, Communication and Journalism (Triple Main)	<i>Pratheeksha</i>
20	Ria Maria Jose	BA English Literature, Communication and Journalism (Triple Main)	<i>Ria</i>
21	Roslin Jo Mary	BA English Literature, Communication and Journalism (Triple Main)	<i>Roslin Jo Mary</i>
22	Sneha S Abraham	BA English Literature, Communication and Journalism (Triple Main)	Absent-



Legal

23	Sona Joseph	BA English Literature, Communication and Journalism (Triple Main)	
24	Reshma Babu K	BA English Literature, Communication and Journalism (Triple Main)	
25	Amrutha Victoria Antony	BA English Literature, Communication and Journalism (Triple Main)	
26	Sreeparvathy P Menon	BA English Literature, Communication and Journalism (Triple Main)	Absent-
27	Vandana Nampoothiri	BA English Literature, Communication and Journalism (Triple Main)	



Ms. Manju R Menon

Name of Event Coordinator with Signature




Attendance Statement of Seminar on Crafting Stories and Shaping News: Creative Entrepreneurship (Day 2)


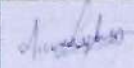


RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD











Date	20.02.2020 (Day 2)
Title of Programme	Seminar on Crafting Stories and Shaping Views: Creative Entrepreneurship
Department/Organising Cell	Department Of English in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Aarsha B S	BA English Literature, Communication and Journalism (Triple Main)	
2	Aiswaryalakshmi Menon	BA English Literature, Communication and Journalism (Triple Main)	



Legal

3	Akshaya T S	BA English Literature, Communication and Journalism (Triple Main)	
4	Ameya Rajarishi	BA English Literature, Communication, and Journalism (Triple Main)	
5	Archana Vijay	BA English Literature, Communication and Journalism (Triple Main)	
6	Arya E Prakash	BA English Literature, Communication and Journalism (Triple Main)	
7	Athul Krishna K S	BA English Literature, Communication and Journalism (Triple Main)	
8	Athulya S	BA English Literature, Communication and Journalism (Triple Main)	
9	Dhania Reem Shafiq	BA English Literature, Communication and Journalism (Triple Main)	
10	Dona Kenny	BA English Literature, Communication and Journalism (Triple Main)	
11	Drisya A R	BA English Literature, Communication and Journalism (Triple Main)	
12	Fia Ann Jose	BA English Literature, Communication and Journalism (Triple Main)	




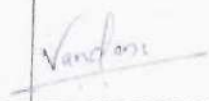




13	Gowthamy Manohar	BA English Literature, Communication and Journalism (Triple Main)	<i>Gowth. Manohar</i>
14	Gurupriya Raju	BA English Literature, Communication and Journalism (Triple Main)	<i>Gurupriya</i>
15	Ivethis Josekutty	BA English Literature, Communication and Journalism (Triple Main)	<i>Ivethis</i>
16	Mariya Sajeer	BA English Literature, Communication and Journalism (Triple Main)	<i>Mariya Sajeer</i>
17	Megha Muraly M	BA English Literature, Communication and Journalism (Triple Main)	<i>Megha M</i>
18	Nayanthaara Menon	BA English Literature, Communication and Journalism (Triple Main)	<i>Nayanthaara</i>
19	Pratheeksha Susan Jacob	BA English Literature, Communication and Journalism	<i>Pratheeksha</i>
20	Ria Maria Jose	BA English Literature, Communication and Journalism (Triple Main)	<i>Ria</i>
21	Roslin Jo Mary	BA English Literature, Communication and Journalism (Triple Main)	<i>Roslin Jo Mary</i>
22	Sneha S Abraham	BA English Literature, Communication and Journalism (Triple Main)	<i>Absent -</i>



Legal

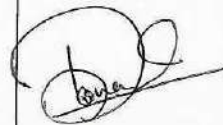
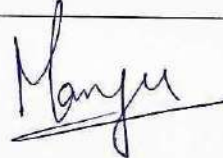

23	Sona Joseph	BA English Literature, Communication and Journalism (Triple Main)	
24	Reshma Babu K	BA English Literature, Communication and Journalism (Triple Main)	
25	Amrutha Victoria Antony	BA English Literature, Communication and Journalism (Triple Main)	
26	Sreeparvathy P Menon	BA English Literature, Communication and Journalism (Triple Main)	Absent-
27	Vandana Nampoothiri	BA English Literature, Communication and Journalism (Triple Main)	



Ms. Manju R Menon

Name of Event Coordinator with Signature




Report submitted by	Ms. Dona Kenny BAE VI Semester, Department of English	
Coordinated by	Ms. Manju R Menon, Assistant Professor, Department of English	
Approved by	Ms. Amala Manavalan, HoD & Assistant Professor, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	

Feb 22, 2020



Legal



Fr. A.J. Saviance CMI

PRINCIPAL

Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039

Principal

28. Workshop on Entrepreneurial Approaches to Executing Entertainment Programs

Programme	Workshop on Entrepreneurial Approaches to Executing Entertainment Programs
Date	24 February 2020 to 25 February 2020
No. of Participants	46 Students
Resource Person	Flowers TV, Kochi
Outcome	The students attained firsthand exposure to the operations and dynamics of an entertainment production facility. The initiative helped to bridge the gap between theoretical learning and practical industry insights, offering participants a comprehensive understanding of entertainment production processes.
Organized by	Department of English, Rajagiri College of Management and Applied Sciences, Rajagiri Valley P. O, Cochin-39
Faculty in charge	Ms. Manju R Menon, Department of English
Student in charge	Ms. Fia Ann Jose, BAE VI Semester, Department of English

The Department of English at Rajagiri College of Management and Applied Sciences organized a Workshop on Entrepreneurial Approaches to Executing Entertainment Programs by visiting the Flowers Entertainment Studio on 24th and 25th February 2020. The workshop enabled the students to gain practical insights into the complexities of entertainment production, from pre-production planning to post - production execution. Active participation in program productions equipped students with essential skills in teamwork, problem-solving, and time management, essential for success in the fast-paced environment of studio production. A total of 46 students participated in the workshop.

The students were able to understand the logistical and technical aspects involved in producing television programs, films, and digital content within a professional studio environment. The workshop provided opportunities for students to engage in interactive sessions with industry professionals, gaining insights into the creative and technical processes of content creation. It also enabled students to actively participate in program productions,



Legal

thereby acquiring practical skills and firsthand experience under the mentorship of experienced industry professionals.

The organizing committee extends sincere appreciation to Flowers Entertainment Studio for the opportunity. Special thanks to Ms. Manju R Menon, and the student coordinator, Ms. Fia Ann Jose, for their dedicated efforts in ensuring the success of the seminar.

The workshop at Flowers Entertainment Studio successfully fulfilled its aim of providing a firsthand exposure to entertainment production processes and bridging theoretical knowledge with practical industry insights. Moving forward, such initiatives will continue to play a crucial role in preparing students for the challenges and opportunities of the entertainment industry, ensuring they are well-equipped to contribute effectively and thrive in professional settings.

Photographs of Workshop on Entrepreneurial Approaches to Executing Entertainment Programs



Legal

Brochure of Workshop on Entrepreneurial Approaches to Executing Entertainment Programs



RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES
KAKKANAD

DEPARTMENT OF ENGLISH
(IN ASSOCIATION WITH)

INTERNAL QUALITY ASSURANCE CELL (IQAC)
ORGANIZES

WORKSHOP ON ENTREPRENEURIAL APPROACHES TO EXECUTING ENTERTAINMENT PROGRAMS

FACULTY COORDINATOR
Ms. Manju R Menon
+91 94468 71462

STUDENT COORDINATOR
Fla Ann Jose
+91 96468 42000

Rajagiri College Of Management and Applied Sciences,
Rajagiri Valley Rd,
Kakkanad, Kerala 682039

904899020, 904899027
e@rajagiricollege.edu.in
www.rajagiricollege.edu.in

Flowers Media Center, WF54-V7W
Achanpady, Piravom,
Kerala 682308

24 & 25 February 2020 10:00am

Rajagiri College of Management and Applied Sciences, Kakkannad, Kerala, established in 2006, is under the guidance of the CMF Fathers, a religious congregation founded by St. Kurianose Elias Chavara. Belonging to the Sacred Heart Province of the CMF, the college is driven by the motto "Learn, Serve, Excel" and aims to enhance its students' moral, social, and rational foundation.

The Department of English, instituted in 2015, focuses on equipping students with essential skills in Language, Communication, and Journalism. It is our pride to announce that we will be hosting a Workshop On Entrepreneurial Approaches To Executing Entertainment Programs. The event will take place from 24 February to 25 February 2020.

COURSE OBJECTIVES

- Develop a compelling entertainment program concept with a well-targeted audience and market differentiation strategy.
- Gain a comprehensive understanding of entertainment industry structure, business models, marketing strategies, and risk management considerations.
- Recognize the financial aspects of entertainment by understanding budgeting, financing, and revenue generation, and profit calculation techniques.
- Explore entertainment program feasibility through effective project management incorporating time, resource, team, marketing, legal, and customer experience considerations.
- Learn to identify market segments to target for entertainment development, awareness, and sales strategy.
- Research the legal aspects of entertainment to understand contracts, licensing agreements, and risk management strategies.

DAY 1

Students will be exposed to all facets of the studio by providing them with a comprehensive understanding of each department's role, from pre-production to post-production.

DAY 2

The second day will be focusing on student's active participation. They will be engaging in workshops, discussions, and interactive activities.



Legal

**Certificate of Workshop on Entrepreneurial Approaches to
Executing Entertainment Programs**



Leena

Attendance Statement of Workshop on Entrepreneurial Approaches to Executing Entertainment Programs (Day 1)


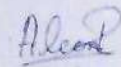


RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	24.02.2020 (Day 1)
Title of Programme	Workshop on Entrepreneurial Approaches to Executing Entertainment Programs
Department/Organising Cell	Department Of English in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Adhvaid M V	BA English Literature, Communication and Journalism (Triple Main)	
2	Aleem Raju	BA English Literature, Communication and Journalism (Triple Main)	





3	Amy Mary Benedict	BA English Literature, Communication and Journalism (Triple Main)	<i>Amy Mary</i>
4	Anand Menon Santhosh Kumar	BA English Literature, Communication and Journalism (Triple Main)	<i>Anand</i>
5	Anargha Mary	BA English Literature, Communication and Journalism (Triple Main)	<i>Anargha</i>
6	Anju S	BA English Literature, Communication and Journalism (Triple Main)	<i>Anju S</i>
7	Ann Treasa Joseph	BA English Literature, Communication and Journalism (Triple Main)	<i>Ann Treasa</i>
8	Arathi E A	BA English Literature, Communication and Journalism (Triple Main)	<i>Arathi E A</i>
9	Ashwin Somanath	BA English Literature, Communication and Journalism (Triple Main)	<i>Ashwin</i>
10	Elsa Mariam Abraham	BA English Literature, Communication and Journalism (Triple Main)	<i>Elsa</i>
11	Fathima Jaleel K	BA English Literature, Communication and Journalism (Triple Main)	<i>Fathima</i>
12	George B Palathinkal	BA English Literature, Communication and Journalism (Triple Main)	<i>Absent</i>



Legal

13	Gouri Lakshmi P J	BA English Literature, Communication and Journalism (Triple Main)	<i>Gauri P J</i>
14	Hiranwathi	BA English Literature, Communication and Journalism (Triple Main)	<i>Hiranwathi</i>
15	Irene Joseph	BA English Literature, Communication and Journalism (Triple Main)	<i>Irene</i>
16	Krishna Priya N V	BA English Literature, Communication and Journalism (Triple Main)	<i>Krishna Priya</i>
17	Krishnaraj T R	BA English Literature, Communication and Journalism (Triple Main)	<i>Krishna</i>
18	Leena Joshy Thomas	BA English Literature, Communication and Journalism (Triple Main)	<i>Leena</i>
19	Mahima Manoj	BA English Literature, Communication and Journalism (Triple Main)	<i>Mahima</i>
20	Manna Menachery	BA English Literature, Communication and Journalism (Triple Main)	<i>Manna</i>
21	Maria Johnson	BA English Literature, Communication and Journalism (Triple Main)	<i>Maria</i>
22	Micheal Joseph	BA English Literature, Communication and Journalism (Triple Main)	<i>Absent</i>



Leena

23	Nandita Binudas	BA English Literature, Communication and Journalism (Triple Main)	<i>Nandita Binudas</i>
24	Rameez A Shihabuddin	BA English Literature, Communication and Journalism (Triple Main)	<i>Rameez A Shihabuddin</i>
25	Renjana S Nair	BA English Literature, Communication and Journalism (Triple Main)	<i>Renjana S Nair</i>
26	Ricky V Mony	BA English Literature, Communication and Journalism (Triple Main)	<i>Ricky V Mony</i>
27	Riya C Martin	BA English Literature, Communication and Journalism (Triple Main)	<i>Riya C Martin</i>
28	Rose Mary	BA English Literature, Communication and Journalism (Triple Main)	<i>Rose Mary</i>
29	Safa Salahudin	BA English Literature, Communication and Journalism (Triple Main)	<i>Safa Salahudin</i>
30	Sara Binoy	BA English Literature, Communication and Journalism (Triple Main)	<i>Sara Binoy</i>
31	Smriti S	BA English Literature, Communication and Journalism (Triple Main)	<i>Smriti S</i>
32	Sreelakshmi P	BA English Literature, Communication and Journalism (Triple Main)	<i>Sreelakshmi P</i>



Legal

33	Sruthy S Jayamon	BA English Literature, Communication and Journalism (Triple Main)	<i>Sruthy S Jayamon</i>
34	Tessy Vincent	BA English Literature, Communication and Journalism (Triple Main)	<i>Tessy Vincent</i>
35	Tiya Elizabeth Thomas	BA English Literature, Communication and Journalism (Triple Main)	<i>Tiya Elizabeth Thomas</i>
36	Vaishnavi M Nair	BA English Literature, Communication and Journalism (Triple Main)	<i>Vaishnavi</i>
37	Ayesha Sageer	BA English Literature, Communication and Journalism (Triple Main)	<i>Ayesha Sageer</i>
38	Bhadra Ajith	BA English Literature, Communication and Journalism (Triple Main)	<i>Bhadra</i>
39	Brinell Mariam Pinto	BA English Literature, Communication and Journalism (Triple Main)	<i>Brinell Mariam Pinto</i>
40	Chris Sandra Cauma	BA English Literature, Communication and Journalism (Triple Main)	<i>Chris Sandra Cauma</i>
41	Fathima Fabi	BA English Literature, Communication and Journalism (Triple Main)	<i>Fathima Fabi</i>
42	Gopika Rajesh	BA English Literature, Communication and Journalism (Triple Main)	<i>Gopika Rajesh</i>



Legal

43	Jasmin Rachel Jacob	BA English Literature, Communication and Journalism (Triple Main)	<i>Jasmin</i>
44	Kalyani S	BA English Literature, Communication and Journalism (Triple Main)	<i>Kalyani S</i>
45	Karthika D R	BA English Literature, Communication and Journalism (Triple Main)	<i>Karthika</i>
46	Leo Roy	BA English Literature, Communication and Journalism (Triple Main)	<i>Leo Roy</i>

Manju
Ms. Manju R Menon

Name of Event Coordinator with Signature



Leo Roy

Attendance Statement of Workshop on Entrepreneurial Approaches to Executing Entertainment Programs (Day 2)





RCMAS
RAJAGIRI COLLEGE OF MANAGEMENT & APPLIED SCIENCES
KAKKANAD

RAJAGIRI COLLEGE OF MANAGEMENT AND APPLIED SCIENCES

KAKKANAD

Date	25.02.2020 (Day 2)
Title of Programme	Workshop on Entrepreneurial Approaches to Executing Entertainment Programs
Department/Organising Cell	Department Of English in association with IQAC
Venue	Auditorium

LIST OF ATTENDEES

SL. NO.	NAME	PROGRAMME	SIGNATURE
1	Adhvaid M V	BA English Literature, Communication and Journalism (Triple Main)	
2	Aleen Raju	BA English Literature, Communication and Journalism (Triple Main)	



Legal

3	Amy Mary Benedict	BA English Literature, Communication and Journalism (Triple Main)	<i>Amy Mary</i>
4	Anand Menon Santhosh Kumar	BA English Literature, Communication and Journalism (Triple Main)	<i>Anand</i>
5	Anargha Mary	BA English Literature, Communication and Journalism (Triple Main)	<i>Anargha</i>
6	Anju S	BA English Literature, Communication and Journalism (Triple Main)	<i>Anju S</i>
7	Ann Treasa Joseph	BA English Literature, Communication and Journalism (Triple Main)	<i>Ann Treasa</i>
8	Arathi E A	BA English Literature, Communication and Journalism (Triple Main)	<i>Arathi EA</i>
9	Ashwin Somanath	BA English Literature, Communication and Journalism (Triple Main)	<i>Ashwin</i>
10	Elsa Mariam Abraham	BA English Literature, Communication and Journalism (Triple Main)	<i>Elsa</i>
11	Fathima Jaleel K	BA English Literature, Communication and Journalism (Triple Main)	<i>Fathima</i>
12	George B Palathinkal	BA English Literature, Communication and Journalism (Triple Main)	<i>Absent</i>



Legal

13	Gouri Lakshmi P J	BA English Literature, Communication and Journalism (Triple Main)	<i>Gouri P J</i>
14	Hiranwathi	BA English Literature, Communication and Journalism (Triple Main)	<i>Hiranwathi</i>
15	Irene Joseph	BA English Literature, Communication and Journalism (Triple Main)	<i>Irene</i>
16	Krishna Priya N V	BA English Literature, Communication and Journalism (Triple Main)	<i>Krishna Priya</i>
17	Krishnaraj T R	BA English Literature, Communication and Journalism (Triple Main)	<i>Krish</i>
18	Leena Joshy Thomas	BA English Literature, Communication and Journalism (Triple Main)	<i>Leena</i>
19	Mahima Manoj	BA English Literature, Communication and Journalism (Triple Main)	<i>Mahima</i>
20	Manna Menachery	BA English Literature, Communication and Journalism (Triple Main)	<i>Manna</i>
21	Maria Johnson	BA English Literature, Communication and Journalism (Triple Main)	<i>Maria</i>
22	Micheal Joseph	BA English Literature, Communication and Journalism (Triple Main)	<i>Absent</i>




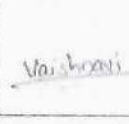
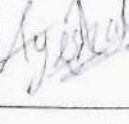
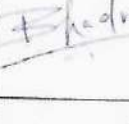
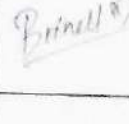

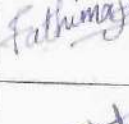



Legal

23	Nandita Binudas	BA English Literature, Communication and Journalism (Triple Main)	<i>Nandita</i>
24	Rameez A Shihabuddin	BA English Literature, Communication and Journalism (Triple Main)	<i>Rameez</i>
25	Renjana S Nair	BA English Literature, Communication and Journalism (Triple Main)	<i>Renjana S</i>
26	Ricky V Mony	BA English Literature, Communication and Journalism (Triple Main)	<i>Ricky</i>
27	Riya C Martin	BA English Literature, Communication and Journalism (Triple Main)	<i>Riya C Martin</i>
28	Rose Mary	BA English Literature, Communication and Journalism (Triple Main)	<i>Rose Mary</i>
29	Safa Salahudin	BA English Literature, Communication and Journalism (Triple Main)	<i>Safa</i>
30	Sara Binoy	BA English Literature, Communication and Journalism (Triple Main)	<i>Sara</i>
31	Smriti S	BA English Literature, Communication and Journalism (Triple Main)	<i>Smriti</i>
32	Sreelakshmi P	BA English Literature, Communication and Journalism (Triple Main)	<i>Sreelakshmi P</i>



Legal

33	Sruthy S Jayamon	BA English Literature, Communication and Journalism (Triple Main)	
34	Tessy Vincent	BA English Literature, Communication and Journalism (Triple Main)	
35	Tiya Elizabeth Thomas	BA English Literature, Communication and Journalism (Triple Main)	
36	Vaishnavi M Nair	BA English Literature, Communication and Journalism (Triple Main)	
37	Ayesha Sageer	BA English Literature, Communication and Journalism (Triple Main)	
38	Bhadra Ajith	BA English Literature, Communication and Journalism (Triple Main)	
39	Brinell Mariam Pinto	BA English Literature, Communication and Journalism (Triple Main)	
40	Chris Sandra Cauma	BA English Literature, Communication and Journalism (Triple Main)	
41	Fathima Fabi	BA English Literature, Communication and Journalism (Triple Main)	
42	Gopika Rajesh	BA English Literature, Communication and Journalism (Triple Main)	



Legal




43	Jasmin Rachel Jacob	BA English Literature, Communication and Journalism (Triple Main)	<i>Jasmin</i>
44	Kalyani S	BA English Literature, Communication and Journalism (Triple Main)	<i>Kalyani S</i>
45	Karthika D R	BA English Literature, Communication and Journalism (Triple Main)	<i>Karthika</i>
46	Leo Roy	BA English Literature, Communication and Journalism (Triple Main)	<i>Leo Roy</i>

Manj
Ms. Manju R Menon

Name of Event Coordinator with Signature



Leo Roy

Report submitted by	Ms. Fia Ann Jose BAE VI Semester, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Coordinated by	Ms. Manju R Menon Assistant Professor, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	
Approved by	Ms. Amala Manavalan, HoD & Assistant Professor, Department of English, Rajagiri College of Management and Applied Sciences, Kakkanad, Cochin-39, Kerala	

27 February, 2020







Fr. A.J. Saviance CMI

PRINCIPAL

Principal

Rajagiri College of Management & Applied Sciences
Rajagiri Valley. P. O., Kakkanad - 682 039